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## **Cleveland Coureurs/VTTA (North) Open 25mile Time Trial** **Incorporating Teesside District 25mile Championship**

To be held on Sunday 28<sup>th</sup> July 2024, promoted for and on behalf of Cycling Time Trials under their Rules & Regulations.

**Organiser:** Gavin Russell, 2, Antrim Ave, Fairfield, Stockton-on-Tees, TS19 7JF  
Tel: 01642 654419. Mob (on day only): 07543546815. Email: gavin\_russell@hotmail.co.uk

**Timekeepers:** Don Urwin & David Oliver

**Handicapper:** Gavin Russell

**Headquarters: Crathorne Reading Rooms. Unfortunately, there is no parking available at the HQ. Please do not park in Crathorne Village as it causes obstruction for large heavy agricultural/articlar vehicles. For parking, please use the lane leading to the Rountons over the A19, but park on the west side of bridge.**

### ***Event Information***

- i) *All numbers are available at the Event Headquarters. All riders will be required to sign in, when collecting their number. A notice will be on display, adjacent to the signing on sheet, identifying any significant risks that may have been identified on the day of the event, which may affect the rider's or official's safety.*
- ii) *Each rider must sign out at the completion of their ride, when returning their number. Failure to sign out will result in a DNF being recorded in the results.*
- iii) *If a dope control has been established for the event, notices will be displayed local to the signing on sheet, indicating the numbers of the riders to be tested. It is the rider's responsibility to check whether his number is listed, as failure to report to the control in a reasonable time could result in an adverse finding being recorded against a competitor, with the consequence of a ban being issued.*
- iv) *No cars other than the Event Officials are to be parked at the start or finish*
- v) *No U turns are to be undertaken within sight of the start or finish.*
- vi) *Riders are not to warm up on any part of the course, whilst the event is being held.*
- vii) ***Hard shell helmet use is mandatory for all competitors.***
- viii) ***A working front & red rear light must be affixed to a competitor's cycle at the start. No lights = No Ride. We do have a limited supply of spare lights that may be borrowed, should you forget yours. These will be available at the sign on &/or at the start.***

After returning to the HQ, you are invited to share a "cuppa" & cake/biscuits with your fellow competitors, whilst viewing the "good old fashioned" result board.

**Course: T252/3:** Start at de-restriction sign at south end of Crathorne on old A19 (5 yds south of farm entrance) and proceed onto A19 southbound. Continue on A19 to bear left off A19 signed Knayton ¼ ml, Borrowby 1¼ ml, (12.16mls) Proceed up slip road to turn left over bridge crossing A19, to crossroads, where left to rejoin A19 northbound. Continue northwards to finish at end of footpath, just prior to bridge over A19 (Crathorne/Rounton Road) (25.00 mls)

**Awards:** In an initiative to try and address the cost-of-living crisis, including the rising costs of time trialing, with a reduced entry fee, there are no prizes awarded by the organizer for this event. Any surplus from this event will go towards the engraving and provision of Teesside district competition plaques and medals.

**Results:** All results will be posted onto the Cycling Time Trials website and the Teesside District website – [teessidectt.org.uk](http://teessidectt.org.uk) and also on the Teesside Cycling Time Trials Facebook page. (Cycling Time Trials - Teesside).

**Note- First Rider Off at 09.03 Hrs**

<u>No</u>	<u>First Name</u>	<u>Surname</u>	<u>Club/Team/ Association</u>	<u>Category</u>	<u>Age</u>	<u>Age Adjust-ment</u>
1						
2						
3	Tony	Main	Cleveland Wheelers CC	TT Bike	68	
4	Deborah	Jefferies (W)	Manilla Cycling	R/Bike	43	06:31
5	Dougie	Nisbet	Durham Triathlon Club	TT Bike	61	
6	Paul	Dawson	VTTA (North)	TT Bike	63	05:48
7	Harry	Cowley	Chester RC	TT Bike	76	12:50
8	Steven	Madeley	Darlington Cycling Club	TT Bike	63	05:48
9	George	Young	Clifton CC York	TT Bike	73	10:52
10	Phil	Wright	Hartlepool CC	TT Bike	69	08:36
11	Mike	Cole	Huddersfield RC	TT Bike	79	15:03
12	Peter	Macklam	Yorkshire Road Club	TT Bike	81	16:42
13	James	Boddy	Moonglu CC	TT Bike	44	
14	Mark	Philipson	City RC (Hull)	TT Bike	67	07:35
15	Sarah	Foulds (W)	Team VC	TT Bike	43	06:31
16	Stephen	Boxall	Houghton CC	TT Bike	43	00:21
17	David	Nichol	Ferryhill Whs	TT Bike	72	10:16
18	Sandra	Burrows (W)	Vive Le Velo	TT Bike	58	09:06
19	Theresa	Taylor (W)	Springfield Financial RT	TT Bike	64	12:10
20	Sue	Cheetham (W)	North Lancashire RC	TT Bike	61	10:25
21	Duncan	Smart	Scarborough Paragon CC	TT Bike	56	03:16
22	Jymmy	Trevor	City RC (Hull)	Tricycle	52	07:07
23	David	Ballantyne	EMC Cycling	TT Bike	62	
24	Mike	Potter	Scarborough Paragon CC	TT Bike	65	
25	David	Hird	Hambleton RC	TT Bike	48	
26	Martin	Rasmussen	Tyneside Vagabonds CC	TT Bike	56	
27	David J	Gibson	Border City Whs CC	TT Bike	64	
28	Steven	Robinson	Stockton Wheelers CC	TT Bike	44	
29	James	Poulsom	Orien.cc	R/Bike	52	02:08
30	Andrew	Sandercock	LFGSS CC	TT Bike	35	
31	Andrew	Vaughan	City RC (Hull)	TT Bike	58	03:55
32	Steven	Fullerton	Darlington Cycling Club	TT Bike	56	03:16
33	Paul	Brierley	Huddersfield RC	TT Bike	57	03:35
34	Mike	Westmorland	Border City Whs CC	TT Bike	79	15:03
35	Sue	McFarlane (W)	Army Cycling	TT Bike	44	06:35
36	Sam	Leng	AIMS Cycling	TT Bike	33	
37	Mark	Burtonshaw	Harrogate Nova CC	TT Bike	66	07:07
38	Randle	Shenton	Border City Whs CC	TT Bike	66	07:07
39	Will	Trevor	City RC (Hull)	TT Bike	20	

40	David	Taylor	Huddersfield RC	TT Bike	69	08:36
41	Martin	Gargett	Halifax Imperial Wheelers	TT Bike	51	01:53
42	Steve	Burrows	Vive Le Velo	TT Bike	65	06:39
43	Neil	Cooper	Liverpool Century RC	TT Bike	57	
44	Malcolm	Steer	Zurbaran Racing	TT Bike	59	
45	James	Meadows	Cleveland Wheelers CC	TT Bike	35	
46	Peter	Greenwood	Clayton Velo	TT Bike	72	10:16
47	Ray	Hall	Protech Velo	TT Bike	63	05:48
48	Grant	Whiteside	Harrogate Nova CC	TT Bike	50	01:38
49	Russ	Richardson	Zurbaran Racing	TT Bike	67	07:35
50	Dominic	Hill	Bec CC	R/Bike	50	
51	Christopher	Isats	Berwick Wheelers CC	TT Bike	50	
52	Ben	Watson	ADDFORM Vive Le Velo	TT Bike	35	
53	Josef	Murray	Protech Velo	R/Bike	28	
54	Phillip	Tyas	Barnsley Road Club	TT Bike	42	00:13
55	Dave	Nolan	trainSharp	TT Bike	51	01:53
56	Andrew	Miller	ADDFORM Vive Le Velo	TT Bike	46	00:49
57	Philip	Kennell	GS Metro	TT Bike	57	03:35
58	Julian	Ramsbottom	Team Bottrill	TT Bike	52	02:08
59	Kris	Whitelaw	Vector Racing	TT Bike	41	00:06
60	Adam	Duggleby	ADDFORM Vive Le Velo	TT Bike	39	

**If anyone has joined the VTTA since receiving this start sheet, can they please inform the organizer, so they can be allocated the age related adjustment times which will be displayed on Result Board**

### **North Group Handicap Competition**

#### **Eligible Riders**

No	Name		H/c
4	Deborah	Jefferies	30:00
6	Paul	Dawson	15:30
8	Steven	Madeley	10:30
10	Phil	Wright	16:00
15	Sarah	Foulds	13:00
16	Stephen	Boxall	03:30
17	David	Nichol	05:00
32	Steven	Fullerton	07:30
44	Malcolm	Steer	05:00
47	Ray	Hall	04:30
49	Russ	Richardson	04:00
57	Philip	Kennell	00:45
59	Kris	Whitelaw	SCR

# Teesside District 25mile Championship

## District Championship Awards: (Open to all Teesside District Riders)

**Fastest:** Engraved Plaque

**Fastest Teesside Lady:** Engraved Plaque

**Fastest VTTA Rider in Age Adjusted Time:** Engraved Plaque (Men & Women)

**Fastest in following Age Groups:** District Medal in Each Group (Men & Women)  
30-34, 35-39, 40-44, 55-59, 60-64, 65-69 & 70-74

**Team Award:** District Medal to each member of fastest team of 2.

## Eligible Riders

No	Name		Club/ Association/Team	Age	Age Category
3	Tony	Main	Cleveland Whls CC	68	65-69
4	Deborah	Jefferies	Manilla Cycling	43	40-44W
6	Paul	Dawson	VTTA (North)	63	60-64
8	Steven	Madeley	Darlington CC	63	60-64
10	Phil	Wright	Hartlepool CC	69	65-69
17	David	Nichol	Ferryhill Whls CC	72	70-74
32	Steven	Fullerton	Darlington CC	56	55-59
36	Sam	Leng	AIMS Cycling	33	30-34
44	Malcolm	Steer	Zurbaran Racing	59	55-59
45	James	Meadows	Cleveland Whls CC	35	35-39
49	Russ	Richardson	Zurbaran Racing	67	65-69



## 2024 Teesside District Road Bike Specification

To compete in the 2024 road bike category in any of the Teesside District open event, the following specification is appropriate to the conditions of inclusion:

### The Rider:

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuit is permitted
3. No riding with elbows or forearms on the handlebars (known as “puppy paws”). If witnessed, the competitor may be disqualified.

### The Machine:

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be used.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 90mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category.

**Final Note to all riders: Please do not place any objects down the front of your jerseys/skinsuits, as this may contravene the CTT regulation 16(c).**

The Organizer would very much like to thank those who have assisted in making this event possible and to those competitors who continue to support the time trials on Teesside.

Gavin Russell  
Event Organizer

