



**Barnesbury Cycling Club**

*Est. 1923*



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Affiliated to: British Cycling, Northumberland & Durham Cycling Association and Cycling Time Trials

# **Barnesbury CC**

## **Present**

### **A 25 Mile Time Trial (Females)**

**(A Medium Counter for the N&DCA BAR Competition)**

## **Sunday 1<sup>st</sup> September 2024**

**Course: M250**

**First Rider: 08:11**

**Official Timekeepers: Peter & Frances Schultz**

Event Secretary: Sharon Dyson

8 Horton Manor

BLYTH, NE24 4SF

Email: [sharonmdyson@gmail.com](mailto:sharonmdyson@gmail.com)

Tel: 07837 607219

Held on behalf of Cycling Time Trials under their rules and regulations



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## **Event Headquarters/Sign-on/Competitor Parking**

Pegswood Miners Welfare Community Centre, Front Street, Pegswood, MORPETH, Northumberland, NE61 6UF. HQs will be open from 6am. Toilets and changing facilities available.

Event HQ What 3 Words: <https://w3w.co/ruffle.baseless.loans>.

There may be parking spaces available at the Pegswood Miners Community Park (<https://w3w.co/fists.bigger.sedated>) which is just a little further away from HQs (nearer the Fire Station). Alternatively, park in the surrounding streets with consideration to residents.

## **Directions to Start Line from Race HQs**

Turn left onto Front Street and proceed past the Co-op (on the right) to the mini roundabout. Go straight over the roundabout and continue onto Dark Lane, passing the entrance to a housing estate (Bluebell Drive) which is on the right. The start line is along the straight road at the second gap in the hedgerow on the left - approximately distance from Race HQs to Start line is 0.6 miles.

## **Signing on**

Each rider must sign on for themselves before collecting their designated number and must sign back out afterwards.

## **Results**

Provisional results will be made available at HQs as soon as they have been received from the Timekeepers and where possible, a prize presentation will take place. Provisional results will be posted on the N&DCA Facebook page (<https://www.facebook.com/groups/281581491874402>) on the afternoon of the event, and full results will be uploaded to the CTT Website.

## **Refreshments**

Refreshments will be available at HQ after the event.



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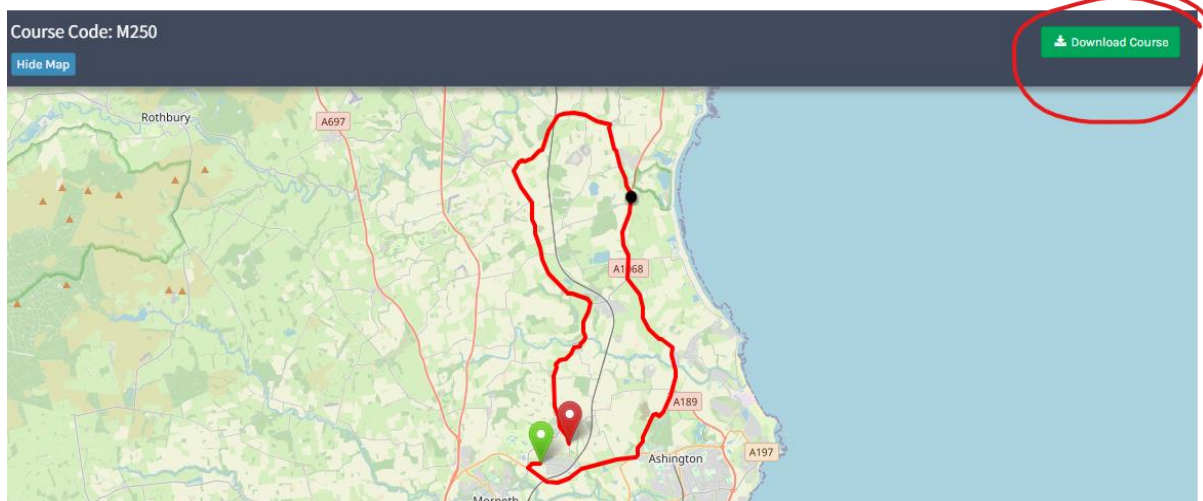
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## Course and Rider Information

### M250 Pegswood-Ashington-Broomhill-Acklington-Ulgham-Pegswood

START to the west of Pegswood on Dark Lane approximately 150yds from the speed de-restriction sign at the second gap in the hedgerow on the left (dropped curb into farmers field). Proceed to the Whorral Bank roundabout (R/A) and take the first exit onto the A197 in the direction of Ashington. Continue over the R/A to the outskirts of Ashington, through the pedestrian crossing (riders see safety notes) and take the left onto the A1068 to continue north over the Linton and Ellingham R/As. At Widdrington South R/A bear right in the direction of Amble, then straight on at Widdrington North R/A along the A1068 until the left turn onto the B1330 via Red Row, South Broomhill and Broomhill (be aware of traffic calming measures). Take left turn onto B6345 via Acklington until the marshalled left turn onto the unclassified road via Stobswood, Widdrington Station and take double right turn\*\* onto the B1337 to Ulgham. Continue through Ulgham via Longhirst (traffic calming priorities), then turn left onto Butcher's Lane (unclassified road) for approximately half a mile to FINISH adjacent to metal farm gate and drainage culvert on the right hand side of the road.

It is the rider's responsibility to navigate the course in full, so if you are not familiar with it, try to allow time to recce it in full beforehand. The gpx file for the course can be downloaded onto your device from the CTT Website.





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Please note that the Geordiemans Full and Half Triathlons are taking place on the same morning, and competitors doing the bike leg in this event will share some of the same stretches of road as competitors in the time trial. The road section in question is from the Widdrington South roundabout (where riders in the triathlon will have the right of way onto our TT course), up through Red Row, South Broomhill, Broomhill and Acklington at which point the riders in the triathlon will turn off right towards Morwick. As a point of safety, do not attempt to overtake anyone on the approach to this junction in case the rider in front turns RIGHT to follow the triathlon route.



(Red arrow indicates route going straight on for riders in the 25 Mile TT, Blue arrow indicates the route riders in the Triathlon will take). (Signpost reads Warkworth 3 Miles/Morwick 1.5 Miles).



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## General Safety Notes and Requirements

- Vehicles of competitors/officials/marshals/helpers to be parked safely and without hindrance to other road users.
- All officials/marshals/helpers to wear fluorescent jackets or high visibility clothing.
- Marshals are to be briefed as to the extent of their roles/duties prior to the event.
- A marshal's sole duty is to clearly indicate the route the rider is to follow before the rider reaches the marshal point (the rider may be unfamiliar with the course). This is done by either pointing out the direction of travel or holding a directional arrow/marker – marshals should not shout instruction or attempt to control the traffic in any way or interfere with its movement on the highway (Guidance Note 11).
- Whenever possible, marshals should be able to communicate with the organiser by mobile phone in case of accident/emergency

## Rider Safety Notes

- Note NE District Regulation re. Right Hand Turns (marked \*\* in Course Details above). Riders shall not cut corners at right-hand turn junctions on courses i.e. they must observe road markings and not move to the right-hand side of the road being turned out of or into. Any rider reported not following this District Regulation shall automatically be disqualified from the event. Organisers of events on courses with right-hand turns shall instruct marshals on any corner affected by this local regulation to record the race number(s) of rider(s) in breach of the regulation.
- On approach to Ashington there are two pedestrian crossings. These MAY be marshalled in the hope that they will not be activated during your passing. If the light is RED, riders MUST stop as a legal requirement.
- There are two S-Bends on the way to the Linton roundabout – the first one is a tight right-hand bend and the second a left-hand bend. Riders to adjust their speed and remain on the correct side of the road.
- There are 6 occasions on the course where narrow road traffic calming is in place. 2 are priority to riders and 4 have the priority to oncoming traffic. Take note of any warning notices and/or Marshals at these points.
- On occasions where roads narrow and/or cars are parked, riders to take extra care.
- No U-turns to be made in the vicinity of the timekeeper(s).
- No dismounting in the finish area. Riders to continue straight ahead along Butcher's Lane to return to Pegswood.





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- Road surface conditions may change depending on the season, weather, or condition of the road. It is the rider's responsibility to ride in such a manner that allows them to ride safely and with consideration to other road users at all times.
- Head down riding is prohibited and will result in disqualification.
- It is the responsibility of the rider to check the On-The-Day Risk Assessment to be aware of any extra hazards or changes they should be aware of.
- Every competitor **MUST** have, fixed to their machine, both a front and rear-facing, working light (either constant or flashing). These must be clearly visible (Regulation 14).
- Every rider **MUST** wear a helmet that conforms to current Safety Standards (Regulation 15), and it is their responsibility to ensure it fits correctly and is in good condition/undamaged.

To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations. If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist so as to be clearly visible from the rear when the rider is in his/her normal riding position. Position number as shown.



## Prize List

| Position              | Amount |
|-----------------------|--------|
| 1 <sup>st</sup> Place | £20.00 |
| 2nd Place             | £15.00 |
| 3rd Place             | £10.00 |
| Fastest Newcomer      | £10.00 |

One rider one prize.



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## Start Sheet

| Bib | Start Time | Name              | Club                        |
|-----|------------|-------------------|-----------------------------|
| 71  | 08:11      | Tracey Sample     | Alnwick & District Tri Club |
| 72  | 08:12      | Jane Massey       | Tyneside Vagabonds          |
| 73  | 08:13      | Eleanor Dixon     | Outlands                    |
| 74  | 08:14      | Anita Dabbs       | VO2 MAX Race Team           |
| 75  | 08:15      | Rebecca Whitfield | Outlands                    |
| 76  | 08:16      | Andrea Simmons    | Gosforth RC                 |
| 77  | 08:17      | Agnes Wolkowska   | Outlands                    |
| 78  | 08:18      | Vicky Cuthbertson | Sun City Tri                |
| 79  | 08:19      | Sarah Allen       | Outlands                    |
| 80  | 08:20      | Melanie Hall      | North Tyneside Riders CC    |
| 81  | 08:21      | Denise Drummond   | Alnwick & District Tri Club |

## Trophies and History

### The Johnny Rankin Trophy

Awarded to the winner of the Barnesbury Open 25 Time Trial.

In 1950, the Barnesbury promoted its first "Invitation 25" in an attempt to encourage the best riders resident in Tyneside, Teesside, Cumberland and the North of Yorkshire to compete on local courses, and it was this that prompted Johnny Rankin to give to the Club an ornate silver cup for presentation to the winner of the event. After the "hour" had been beaten several times locally, the event was discontinued and the trophy was subsequently awarded to the winner of the Barnesbury Open 25. In 1970, Johnny suggested the trophy be modernised and the present silver trophy was made from the original.

Johnny Rankin joined the Barnesbury in late 1923 and gave many years of dedication to the Club and the sport and continued to do so until his death. Johnny also took an active role in the N&DCA.

### Barnesbury CC- The Stan Sadler Trophy

The Stan Sadler Trophy is awarded to the fastest novice in the Club 25 mile time trial. To be classed as a novice you must not have won any championships (for any club) or Barnesbury trophies before. This silver 3 handled bowl was presented to the club by Mr W Stan Sadler in 1939. Stan joined the Barnesbury in 1926. Although Stan's great cycling love was touring, he also enjoyed racing and bicycle polo. Stan took an active interest in Club affairs and held various positions including Dance Secretary and Vice President. Stan was always interested in encouraging young members and it was this that gave him the idea of presenting to the Club a perpetual trophy for competition among the novices.

### Barnesbury CC- The Jack Burnley Trophy

The Jack Burnley trophy is awarded to the fastest Barnesbury rider on handicap time, who completes the Barnesbury Open 25. This trophy was presented to the Club by Mrs Burnley in memory of her husband Jack. Jack was a popular and enthusiastic Club member for many years having joined in 1936. Jack also held several official positions in the Club including Dance Secretary and was a Club Auditor until his death in 1958.