# START SHEET

## Newbury Velo on behalf of

**London West DC** 

Present:

# RTTC NATIONAL YOUTH CHAMPIONSHIP FINAL

(FOR THE G.H.S. TROPHY)

**SUNDAY 8TH SEPTEMBER 2024** 









# RTTC NATIONAL YOUTH CHAMPIONSHIP FINAL (FOR THE G.H.S. TROPHY)

A CTT representive will be in attendance





#### CHAMPIONSHIP AWARDS

#### **OPFN**

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

#### **FEMALE**

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

#### **TEAM CHAMPIONS**

Gilt RTTC Medallions and Championship Shield

#### **AGE AWARDS**

**OPEN** - age awards to the fastest in each of the following:

12, 13, 14, 15, 16, year old

FEMALE - age awards to the fastest in each of the following:

12, 13, 14, 15, 16, year old

## **George Herbert Stancer OBE (1878-1962)**

The George Herbert Stancer 10 Mile Time Trial Championship is named in tribute to a man of many talents. George Herbert Stancer or GHS as he was known, in his early years was a nationally renowned performer on both cycle and tricycle holding both titles & records.

Throughout his career he was a leading administrator of the sport, taking over the presidency of the C.T.C. in 1920 at a time when the membership was only about 8,500. Almost from the day he took over the membership started to grow again, and he had the satisfaction of seeing it rise to over 50,000 before his retirement in 1945. GHS was also for several years editor of cycling magazine and he continued to be active in the sport until his death in 1962.

After his death a trust fund was established with aim of promoting and encouraging participation amongst the young. To this end the National Schools 10 mile championship was formed and later adopted by the RTTC in 1970.



### NEWBURY VELO

## **CTT National Youth Championships**

Promoted by Newbury Velo for and on behalf of London West DC

Organiser: Rachael Elliott Tel: 07931 722817 Email: racing@newburyvelo.cc

Date: 8 September 2024 Hall opens: 12:30 Start Time: 14:00 Course: H10/3A

**Timekeepers:** David & Kathleen Collard-Berry (...a3crg), Howard Waller (Oxford City CC)

Helpers: Members and friends of Newbury Velo Cycling Club

HQ address: Woodlands St Mary Village Hall, Ermin Street, Hungerford RG17 7SL

**HQ location:** https://goo.gl/maps/LpVwCfyv2o5mQ9YPA

#### PLEASE ENSURE YOU HAVE A WORKING FRONT AND REAR LIGHT

#### 1. Event HQ

The HQ is at **Woodlands St Mary Village Hall**. For any parents who may remember, this was the HQ for the CTT National 10 in 2009 where Michael Hutchinson broke the men's course record (19:34) and it still stands to this day. We would love to see this shattered on the 8th!

Please respect locals (and the sheep) in the small hamlet – use the toilet facilities in the HQ, and avoid parking in the track next to HQ. There is ample room at the venue to park.



#### 2. Parking

Please park in the car park at HQ and the adjoining field. Turbos are allowed at HQ, although you can do a decent road warm-up by turning out of the HQ to the left and riding up and down the B4000.

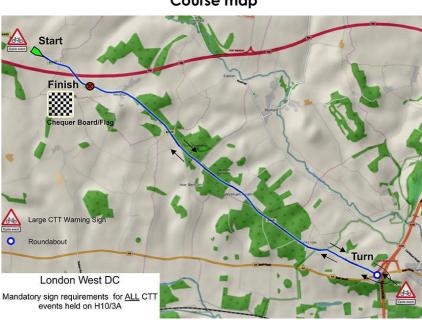
If you are not well or are showing signs of COVID-19 or another respiratory illness then please consider not riding. Lungs are for life, not just for one TT.

#### 3. Sign-On

Sign-on will be open from 12:30 onwards. Please remember to sign in AND out so your result stands. If you will not be attending then please let us know by messaging the organiser, Rachael Elliott, on 07931 722817.

#### 4. Course Detail

Start on the B4000, at the junction of the Wickfield Road, half a mile east of Shefford Woodlands. Proceed south-eastwards on the B4000 to the roundabout at the junction with the A4. Circle the roundabout to retrace on the B4000 to a point at the east edge of a field gateway, around 400 metres short of the motorway bridge, where finish. Strava Route: <a href="https://www.strava.com/segments/2658636">https://www.strava.com/segments/2658636</a>



#### Course map

Please take care approaching the turn roundabout as this will be the busiest section for traffic (marshals will be present). Anyone seen flaunting traffic regulations at this point will be reported by marshals which could result in a DQ and a report to the London West District Committee.

**Streetview start:** https://maps.app.goo.gl/jZEfrT3iY5Mmxomf9 **Streetview finish:** https://maps.app.goo.gl/Lg7HRd7U4h4TAgMG6

#### 5. Getting to the start

Please allow 15 minutes to ride to the start. It's 3.1 miles – albeit via a very straightforward journey (see map overleaf).



Map showing directions to the start: distance from parking to start is 3.1 miles.

Please allow 15 minutes to get there.

#### 6. Race Protocol

Riders are not permitted to ride on course once the race has started. There are plenty of other roads where warm up is possible without riding on the course, including going westbound (turning left) out of the event HQ.

You will be checked at the start that you have your number attached correctly, are wearing a helmet and have a working front AND rear light. If any of these are missing you will not be permitted to race. When you cross the line, shout your number as loud as you can. Do not approach the finish timekeeper at any point for any reason.

#### 7. Race Results

Race results will be available at HQ and immediately on Resultsheet and will remain provisional until verified by the official timekeepers. Results will be available live at https://bit.ly/YouthChamps2024 or via the QR code below:



#### 8. Consent form

The parent/guardian of all riders need to complete a consent form in order to be able to ride. To save time on the day, please download the form from the CTT website, fill it out, and bring it along on the day:

https://www.cyclingtimetrials.org.uk/documents/download/3743

#### 9. Refreshments

There will be plenty of cake & coffee available at HQ. Please donate generously as all proceeds go into funding the club's **children's coaching programme**.

#### 10. Start List

The start list is included at the end of this brochure and is also available on the CTT website.

#### 11. Vehicles on course

Time trialling under CTT regulations is unsupported. Riders must not be followed for any reason while racing. Any rider suspected of this will be DQ'd and reported to the CTT. This practice/so-called layby hopping is dangerous for other participants and a nuisance to traffic and will not be permitted under any circumstances (it is not uncommon for riders to be DQ'd because of this). Please keep driving on the course to a minimum to keep the roads safe for the riders.

#### 12. Prize ceremony

There will be a prize ceremony after the conclusion of the event. Please do stay around to congratulate your fellow riders.

When you are warming up and going to the start, PLEASE take care with other pedestrians/cars in the village and be polite and courteous at all times.

## PLEASE STAY AROUND AFTER THE EVENT TO CONGRATULATE AND APPLAUD YOUR FELLOW PRIZEWINNERS

Ride strong, ride fast, RIDE SAFE.

Remember, as long as YOU'VE done the best that YOU can, and enjoyed the event as much as YOU can, YOU are today's winner.



All coffee and cake donations will go straight into funding our children's and disability cycling activities





# NEWBURY VELO

- Organised group rides with competent, qualified, 1st aid trained and DBS checked ride leaders. Road and off-road opportunities available.
- Organised coaching sessions by British Cycling qualified coaches from specialist beginner coaching, ladies' specific, youth and race/ track sessions.
- Frequent velodrome trips for all levels from those that have never ridden velodrome to national track champions.
- Participate in team events in local sportives, time trials and online with Zwift.
- Opportunities to volunteer for national events, coaching and racing. Training offered where appropriate.
- Members only social events.
   Virtual cycling, BBQs, awards evening, and more...
- Off-bike workshops. Bike maintenance, nutrition presentations.

- Access to member exclusive benefits.
   Discounts at local businesses, Zwift virtual cycling club kit, discounted custom club kit from Kalas.
- Members' only Facebook and Strava groups where members can share achievements, goals, general banter & support from a wealth of experience from all walks of cycling.
- Help and advice on things to consider when commuting.
- Family-friendly club with rides and events for all the family.
- Activities just for the kids! Children
  of up to 7 can join as a 'Velomite'
  and children of 8-15 can take out
  junior membership. Activities for tiny
  tots on balance bikes all the way up
  racing activities for children with a
  competitive streak.
- Get commuting savvy! Hints and tips to make commuting by bike easy and accessible, from 'what to do if you get a puncture' through to 'choosing the best women's saddle for commuting'.

# BUT MORE THAN THIS, IT'S A PLACE FOR EVERYONE WHO ENJOYS THEIR CYCLING

#### FOR MORE INFORMATION OR TO JOIN

email: info@newburyvelo.cc or visit: www.newburyvelo.cc www.facebook.com/newburyvelo





|        | Start    |                       |                               |           |           |
|--------|----------|-----------------------|-------------------------------|-----------|-----------|
| Number | Time     | Name                  | Club / Team                   | Cat / Age | Machine   |
| 1      | 14:01:00 | Holly Tregear         | Kernow Racing Team            | F 14      | TT Bike   |
| 2      | 14:02:00 | Emma Smith            | Fenland Clarion CC            | F 14      | TT Bike   |
| 3      | 14:03:00 | Olivia Smallshaw      | 360cycling                    | F 13      | Road Bike |
| 4      | 14:04:00 | Matthew Smith         | Fenland Clarion CC            | 14        | TT Bike   |
| 5      | 14:05:00 | Rosie Wingate         | Liv CC Halo Films             | F 14      | TT Bike   |
| 6      | 14:06:00 | Osian Phillips        | Maindy Flyers Cycling Club    | 12        | TT Bike   |
| 7      | 14:07:00 | Eloise Ward           | Lee Valley Youth CC           | F 14      | Road Bike |
| 8      | 14:08:00 | Sebastian Mugford     | VC Deal                       | 13        | TT Bike   |
| 9      | 14:09:00 | Isla Woolf            | Matlock CC                    | F 14      | TT Bike   |
| 10     | 14:10:00 | Alice Tulett          | Thanet RC                     | F 12      | TT Bike   |
| 11     | 14:11:00 | Freddie Collier       | Lee Valley Youth CC           | 14        | Road Bike |
| 12     | 14:12:00 | Samuel Baker          | Palmer Park Velo              | 13        | Road Bike |
| 13     | 14:13:00 | Esmee Bone            | Welwyn Whs                    | F 14      | TT Bike   |
| 14     | 14:14:00 | Finley Child          | Beeston Cycling Club          | 15        | TT Bike   |
| 15     | 14:15:00 | Henry Jago            | Lee Valley Youth CC           | 15        | TT Bike   |
| 16     | 14:16:00 | Meryn Kitching        | Mid Devon Cycling Club        | 14        | Road Bike |
| 17     | 14:17:00 | Ayesha Vose           | ESV Manchester                | F 16      | TT Bike   |
| 18     | 14:18:00 | Lily-Ann Scott        | Team RL 360 I.O.M.            | F 15      | TT Bike   |
| 19     | 14:19:00 | Skye Martingale       | Type One Style                | F 15      | TT Bike   |
| 20     | 14:20:00 | Jamie Brough          | Matlock CC                    | 14        | TT Bike   |
| 21     | 14:21:00 | Edward Fraile-Whysall | Mid Devon Cycling Club        | 16        | TT Bike   |
| 22     | 14:22:00 | Thomas Wilks          | Sotonia CC                    | 14        | Road Bike |
| 23     | 14:23:00 | Katie Lawson          | Secret Training CC            | F 14      | TT Bike   |
| 24     | 14:24:00 | Frederick Farr        | Matlock CC                    | 14        | TT Bike   |
| 25     | 14:25:00 | Daniel Minay          | Team RL 360 I.O.M.            | 13        | TT Bike   |
| 26     | 14:26:00 | Jacob Booth           | Spalding CC                   | 15        | TT Bike   |
| 27     | 14:27:00 | Mujtaba Taimur        | VC de Londres                 | 13        | TT Bike   |
| 28     | 14:28:00 | Jacob Start           | Mid Devon Cycling Club        | 15        | TT Bike   |
| 29     | 14:29:00 | Harry Tozer           | Fenland Clarion CC            | 16        | TT Bike   |
| 30     | 14:30:00 | Roch Morgan           | Derby Mercury RC              | 15        | TT Bike   |
| 31     | 14:31:00 | Charles Langford      | Southend Wheelers             | 16        | TT Bike   |
| 32     | 14:32:00 | Mabli Phillips        | Maindy Flyers Cycling Club    | F 16      | TT Bike   |
| 33     | 14:33:00 | Freya Johnson         | Gosforth RC                   | F 16      | TT Bike   |
| 34     | 14:34:00 | Maia Howell           | Matlock CC                    | F 15      | TT Bike   |
| 35     | 14:35:00 | Finlay Burns          | Maindy Flyers Cycling Club    | 14        | TT Bike   |
| 36     | 14:36:00 | Carys Blowers         | Liv CC Halo Films             | F 16      | TT Bike   |
| 37     | 14:37:00 | Dexter Townsend       | Mid Devon Cycling Club        | 16        | TT Bike   |
| 38     | 14:38:00 | Thomas Woolf          | Matlock CC                    | 16        | TT Bike   |
| 39     | 14:39:00 | William Brown         | Clancy Briggs Cycling Academy | 16        | TT Bike   |





| 40 | 14:40:00 | Billy Ladle     | Secret Training CC              | 14   | TT Bike |
|----|----------|-----------------|---------------------------------|------|---------|
| 41 | 14:41:00 | Elijah Storti   | Welwyn Whs                      | 15   | TT Bike |
| 42 | 14:42:00 | Noah Bush       | Beeston Cycling Club            | 15   | TT Bike |
| 43 | 14:43:00 | Iris Gray       | Welwyn Whs                      | F 16 | TT Bike |
| 44 | 14:44:00 | Bayley Woodger  | Mid Devon Cycling Club          | 15   | TT Bike |
| 45 | 14:45:00 | James Canham    | Racing Team Dawson              | 16   | TT Bike |
| 46 | 14:46:00 | Otto Allison    | Charlotteville Cycling Club     | 15   | TT Bike |
| 47 | 14:47:00 | Sam Martin      | Beeston Cycling Club            | 15   | TT Bike |
| 48 | 14:48:00 | Freddie Winkley | Secret Training CC              | 14   | TT Bike |
| 49 | 14:49:00 | Toby Tombs      | Lee Valley Youth CC             | 15   | TT Bike |
| 50 | 14:50:00 | Millie Salmon   | Clifton CC York                 | F 16 | TT Bike |
| 51 | 14:51:00 | Asher Gray      | Welwyn Whs                      | 13   | TT Bike |
| 52 | 14:52:00 | Noah Wheller    | Preston Park Youth Cycling Club | 16   | TT Bike |
| 53 | 14:53:00 | Douglas Tulett  | Thanet RC                       | 15   | TT Bike |
| 54 | 14:54:00 | Leon Atkins     | 258 Protege                     | 15   | TT Bike |





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#### NOTES TO COMPETITORS

#### NUMBERS: CHAMPIONSHIP CONDITION 2(i)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

#### **USE OF MOTOR VEHICLES**

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

#### **REGULATION 14(j)**

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

#### **REGULATION 14(k)**

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

#### **REGULATION 15**

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

#### **REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET**

- (a)The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- (b)In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.
- N.B. Extenuating circumstances may be considered.

#### THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is upto you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay