


Allen Valley
VELO

HILLCLIMB

22.09.24

**Allen Valley Velo presents
MH24 CTT Hill Climb.**

Promoted for and on behalf of Cycling Time Trials under its rules & regulations.
This is a Northumberland & Durham Cycling Association Event.

Sunday 22nd September 2024

First Rider: 10:01

Timekeepers:

Timekeepers: Peter Schultz & Frances Schultz.

Event secretary: Peter McGlynn pete@solutiongroup.co.uk 07538 200 226

Event Sign on and Parking:

Catton Village Hall,

Catton

Northumberland.

NE47 9QH

HEALTH - PLEASE READ CAREFULLY

- An elevated resting heart rate or exceptionally quick to react heart rate during warm-up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warm-up.

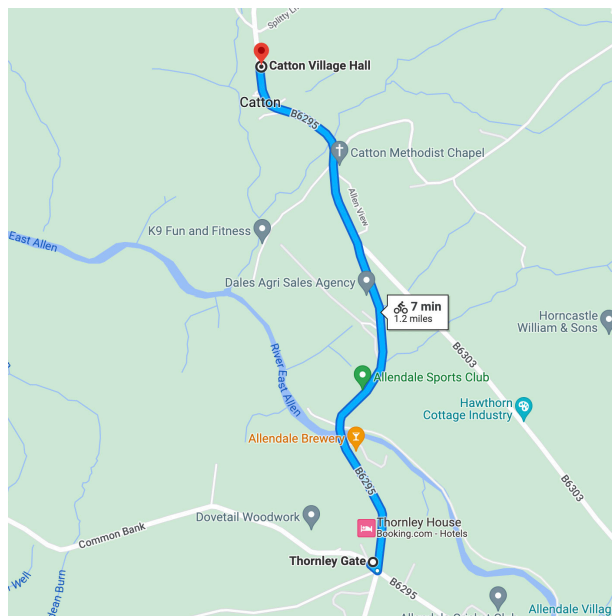
PARKING, SIGN ON AND START LOCATION.

There is ample parking on the road outside the village hall, but please park considerately and with sufficient space. Sign on will be available from 9:00am. Catton Village Hall is on the road into Allendale just passed The Crown pub on the opposite side of the road. Approximately 1 mile from the start (mainly downhill!). When leaving the hall ride down the hill through the village turn right at the junction (signposted Allen Mills Ltd) down the hill past the sports club, over the bridge then up the small hill to the start straight across the crossroads.

Please ensure that numbers are returned after the event and remember to sign off, otherwise your time won't be recorded in the official results.



Catton Village Hall



Route to start from Village Hall

COURSE.

The MH24 course, is situated on the minor road from Thornley Gate, Allendale Town to Carrshield. It starts at the drain cover alongside the field gate on minor road 100 metres south of the T junction with the B6295 at Thornley Gate. The route proceeds south on the minor road towards Carrshield for 2.5 miles. The route finishes at a Black and White pole, at the end of a lay-by on the right.

<https://www.strava.com/routes/2856885924325146792>

COURSE SAFETY NOTES.

The opening section is in a very poor condition and requires attention. A safe line can be found but eyes must be kept on the road in front. We have been applying pressure on NCC to improve the road to no avail. Red flags will be located here.

Pay attention to the on the day risk assessment, located at sign on as this may detail additional hazards.

RIDER INSTRUCTION.

- Your machine must have a working rear light (flashing or constant) and white front light to race (No light no ride!).
- Helmets must be worn (No helmet no ride!).
- No U turns to be made by riders in the vicinity of the timekeeper at the start.
- Riders take extra care at junctions, turns, blind summits, on steep descents with bends, and through built-up areas.
- Riders must stay on the correct side of the road at all times.
- Head down riding is strictly forbidden.
- No dismounting by riders in finishing area.
- Riders should note that the course is entirely on minor rural roads.
- Please shout your number as you pass the finishing timekeeper.
- If you forget to sign out, you will be recorded as a "DNF" on the results sheet.
- Junior riders should bring a completed Parental Consent form in order to be allowed to ride.
- To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations.
- If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist so as to be clearly visible from the rear when the rider is in his/her normal riding position.

This event may be subject to a Doping Control. Race numbers required for Doping Control will be displayed at sign out. If your number is displayed, you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required, you must report to Doping Control after finishing without delay.

PRIZES (all given out after the event).

Open

1st £30, 2nd £20, 3rd £10

Female

1st £30, 2nd £20, 3rd £10

Junior

1st £15

Youth

1st £15

Vet40

£10

Vet50

£10

Vet60

£10

Vet70

£10

A spot prize will be awarded to one lucky rider!

