PARIA

OUTIANOS HILL CLIMB RACING DATE 20 OCT 202410:00

0.43 MILES 10.4% AVERAGE 12.8% MAXIMUM



EXPOS LIGH

VELO-TOOL.











OMTLANDS

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

TO GO

CEGS CONSE

THANKS

Firstly, thank you for signing up to the inaugural Outlands Hill Climb. This event marks the first CTT event organised by Outlands with the aim of further promoting the club within the cycling communities and celebrating the NE cycling scene and beyond.

We've had some really nice feedback from people already surrounding our event and the way we do things, we hope that Sunday furthers that and brings everyone together for the right reasons, celebrating what we all love to do.

I don't know loads about HC racing but with nearly 92 people signed up to ride i'm pretty sure it's going to be one hell of a morning! **BRING YOUR FAMILIES**, we've got foam fingers, bells, face paints, coffee vans and a couple of little surprises to.

Thanks to Nick for all his work putting this together. It's not true what you all say about him. Thanks for supporting our club, see you on Sunday.

Dan



20 OCT 2024 Hammer Square Bank (MH13)

EVENT SECRETARY:

NICK MUNRO NICK.MUNRO762@GOOGLEMAIL.COM 07983831420

TIMEKEEPER: PETER SHULTZ TIMEKEEPER: FRANCES SHULTZ

EVENT HQ

Kibblesworth Village Millennium Centre Grange Terrace Kibblesworth Gateshead NE11 OXN

There is limited parking in the HQ car park. Please be considerate when parking and warming up in the car park or the local area. The quickest route from the HQ to the course can be found below* There is additional parking in Beamish at Eden Place Picnic (///sheds.reduce.blazers).

SIGN ON

Sign On Opens: 08:30 Presentation: 11:15 Results: Provisional results available via Results Sheet.

Each rider must sign for themselves and nobody else before collecting their number. Once the course has been completed, remember to sign out and return your number.

NOTE: Riders who do not sign-out will be recorded as a "DNF" on the official results sheet.

Juvenile and Junior riders must hand in a completed parental consent form to be permitted to race.

LINKS

https://resultsheet.app/events_list_desktop

https://www.strava.com/routes/3277263262952703142

COURSE

The event will be held on the MH13 course; 0.43 miles 10.4% average 12.8% maximum

Start - ///whispers.folders.forensic Finish - ///tribes.jammy.animated

Course Records Open: Karl Denton, 1:52.0 (2012) Female: Ingrid Shepherd, 2:32.09 (2015)

NOTE: No riding on the course once racing starts.

RULEZ

• No competitor shall be allowed to start unless they have affixed to their bike a working FRONT AND REAR light (either constant or flashing). The front light should be WHITE, and the rear light RED. Lights should be illuminated and clearly visible to other road users.

 No competitor shall be allowed to start unless they are wearing a properly affixed helmet of hard/soft shell construction conforming to recognised safety standards.

• No U Turns to be made by riders in the vicinity of the Timekeeper at the START or FINISH.

• No warming up on the course once the event has started.

• Vehicles of Competitors / Officials / Marshals / Helpers to be parked safely and without hindrance to other road users.

All riders are responsible for their own safety.

• Head down riding is strictly forbidden.

• Please shout your number as you pass the Timekeeper on the finish line.

• To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations. If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist to be clearly visible from the rear when the rider is in his/her normal riding position.

6/6

SAEFTY INFORMATION The event will be taking place on an open road so be aware of other traffic. The hill is under tree cover which can make the surface slippy. Be cautious when descending.

SPECTATORS Bring all your family and friends, get on the Hill and make some noise

If you've got this far without being bored, well done. Have a good day and

BELL