# Welsh C A: Welsh Championship

# Open 50 mile Time Trial: Saturday 28th September 2024, course R50/1b

### **Timekeepers**

to BAR lunch

Start: Martyn Heritage-Owen (Bush Healthcare CRT) Finish: Robin Field (Cardiff Byways CC)



### <u>Organizer</u>

to BAR lunch

Bob Jones 2 Little Orchard DINAS POWYS Glam CF64 4NH mob. 07873-353207

# **RESULTS SHEET**

		We	lsh C A (o	Champ open to all		p Awar	ds		
3 <sup>rd</sup> solo Open	2 <sup>nd</sup> solo Open		1 <sup>st</sup> solo Open		1 <sup>st</sup> solo Female		2 <sup>nd</sup> solo Female		3 <sup>rd</sup> solo Female
Alexander Royle, Manchester BC – 1:42:07	Anthony Jones, Velo Myrddin CC – 1:41:35		Jake Sargent, Team Bottrill – 1:37:52		Kate Allan, Team Bottrill – 1:48:02		Claire Hann, Bristol South CC – 1:55:32		Michelle Lee, Royal Dean Forest CC– 1:59:49
WCA medallion	WCA	medallion	WCA med trophy for Champion invite to BA	1 year, 's Cap,	trophy fo	on's Cap,	WCA me	edallion	WCA medallion
		Team	b Team of 3 Bottrill – 5:1 , D Halliday,	0:40	2 <sup>nd</sup> Club Team of 3 solos. Gloucester City CC – 5:51:19 (T Radley, T Lake, R Whittle)		(		
		WCA	medallion e	each.	ach. WCA medallion each		each.		
		1 <sup>st</sup> Vet on Age-adjusted time		2 <sup>nd</sup> Vet o Age-adju	on 3 <sup>rd</sup> Vet on asted time Age-adjus				a-cyclist
Kev Satterthwaite, Gorilla Coffee CC – 2:00:34		Anthony Jones, Velo Myrddin CC – 1:37:37		Karl Norris, 360VRT - 01:40:24		Stuart Day, Team Echelon – 1:42:06			looper, Cwmcarn n CC – 2:31:36
WCA medallion, Champion's Cap, invite		WCA medallion, Champion's Cap,		WCA medallion		WCA medallion		WCA medallion, Champion's Cap, invite	

There are separate PDF files for: Results & Prizes (segregated), Time Splits, Team competition, VTTA age-adjusted results (all ages!), LTS improvements, and a Scoreboard (results in order of starting).

See:- https://www.cyclingtimetrials.org.uk/race-details/27074

invite to BAR lunch

## **Open Event Awards**

1 <sup>st</sup> LTS improvement	2 <sup>nd</sup> LTS improvement	3 <sup>rd</sup> LTS improvement						
-6:18 (2:13:42) Gethin Davies-Jones, Caerphilly Triers - £30	-6:01 (2:04:19) Michelle Lindley, Poole Wheelers CC - £25	-5:53 (1:43:05) Jack Troake, Mid Devon CC - £20						
New Course Records								

Kate Allan, Team Bottrill, 1:48:02 = £30; Jake Sargent, Team Bottrill, 1:37:52 = £30

(Previous Course Records: O - 1:38:29, Jake Sargent 11/05/2024; F - 1:49:24, Angela Carpenter 14/05/2022)

# THANKS

Out of 76 entries there were 53 finishers, 1 DNFp, 22 DNS's.

Weather conditions were mainly overcast, but fine and dry with a very light westerly wind. Temperatures in the low teens were warm in the sun, but cool whenever cloudy. There didn't appear to be any problem road surfaces on the course, nor any hedge-trimming debris.

Conditions were considerably better than in last year's championship, and the same riders were several minutes quicker this time: 21 riders improved their LTS, the top 5 of them by around 6 minutes.

The fastest riders in both Open and Female classes took full advantage of conditions to set new course records - Kate Allen with 1:48:02 took 00:01:22 from the previous Female Course and Wales 50 mile comp record (by Angela Carpenter in 2022), Jake Sargent with 1:37:52 set a new LTS best and took 00:00:37 from the previous Open course record he himself set in May (since 2023 the Open class 50 mile Wales comp record is with Josh Tarling on R50/5).

### AND THANKS ESPECIALLY

to everyone who devoted their free time to make this a successful event:-

Bob Jones, Cardiff 100 miles RCC (signage fixer), Martyn Heritage-Owen, Bush Healthcare CRT (Start TK) Bob Jones (Start marshals & pusher-off), Tudor Thomas, Bynea CC (Observer & recorder at Mitchel Troy) Robin Field, Cardiff Byways CC (Finish TK) with Fran Field (recorder), Bob Jones (marshal & observer at the Abergavenny roundabout turn), Ed Malarzcyk Cwmcarn Paragon CC (marshal & observer on the Hardwick Gyratory), Roger Sims Cwmcarn Paragon CC (marshal & observer on the Hardwick Gyratory), Bob Jones (Broom Wagon), Reg Pharoah, Cardiff Ajax CC (HQ steward) Iain Bell, Abergavenny RC (HQ assistant steward)

#### **HQ** Arrangements -

Particular thanks to Sarah Hoddy, Abergavenny Scout Group, for making the venue available.