



“Slowest 120” 25 Mile Time Trial - Saturday, 20 May 2017 at 2pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Secretary

Heather Bamforth, 26 Debenham Road, Stretford, Manchester, M32 9DG

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Timekeepers

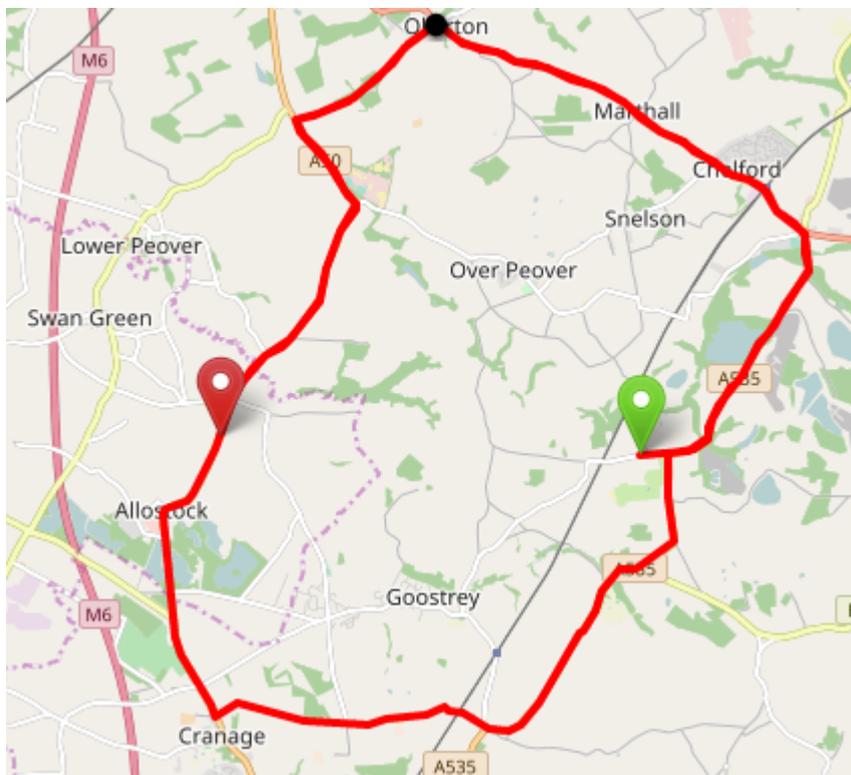
Graham Lawrence and Tony Millington

Event HQ

Goostrey Village Hall, The Old Paddock, Goostrey CW4 8PE Numbers will be at the HQ which will be open from 12.00 noon

Course Details – J2/9

The J2/9 course is as follows:



This map of the course can be found at <https://cyclingtimetrials.org.uk/courses/view/j2-9>



Course Description

0.00 miles	Start on Bomish Lane (Badger Bank to Goostrey) at telegraph pole no 2 approx 300 yards west of the A535. Proceed east to the A535, turn left onto the A535 to...
2.169 miles	Chelford Island, take the second exit left on the A537 and proceed to...
5.219 miles	Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
11.408 miles	Twemlow Lane at Cranage where turn left into Twemlow Lane and proceed to the junction with the A535 at Twemlow Green where turn left onto the A535 and proceed to...
18.064 miles	Chelford Island, take the second exit left on the A537 and proceed to Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to...
25.000 miles	Finish at a J2/9 mark opposite the northern gate post of a field gate almost opposite the entrance to Mount Pleasant Nursing Home, approx 500 yards past the cross-roads after the Drovers Arms public house.

Risk Assessment: a copy of the J2/9 course risk assessment will be available to read at the HQ.

Notes regarding particular junctions

- **Seven Sisters Lane**
Riders must take extra care when exiting Seven Sisters Lane onto the A50.
- **Twemlow Lane**
Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.
- **Chelford Island**
Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg20 [*you MUST NOT be on your aero bars when approaching and/or crossing the roundabout*] and the rules of the road. Riders must be able to brake at the island if traffic conditions require this. Riders must not approach and encircle the island using tri-bars. Remember that traffic already on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

Numbers, Signing On & Signing Off

All Competitors **MUST SIGN ON** when collecting your number (Sign on sheet is in the HQ) and **SIGN OFF** after the event. Body numbers should be positioned at your lower back so that the timekeepers and marshals can see them, with arm numbers being placed on your **RIGHT** shoulder.



Car Parking

Car parking at the village hall is for competitors only. There will be signage on the day directing all spectators and supporters to the overflow car park. Please note parking on the road outside the HQ (on Main Road) is not permitted.

There is NO PARKING at either the Start or finish. Vehicles must not be parked, however briefly, in the access to Mount Pleasant Nursing Home at the finish.

Anyone who is perceived by our observers to be having the benefit of a following car will be reported.

Directions to Start

The start is approx. 1 mile from HQ. Turn right out of HQ car park and first left at the church (Church Bank). Bear right at fork after 600 yards then follow Bomish lane (ignoring all side roads) for ½ mile to start. There will be signs directing riders from the HQ to the start. Allow AT LEAST 15 minutes to ride to the start.

CTT Regulations

- **Care at Road Junctions:** Riders must exercise care at all junctions. Any competitor whose riding causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.
- **No U Turns:** Riders must not make U turns within sight of the start or finish. Observers are watching.
- **Keep your head up** and observe local regulations pertaining to the course at all times
- **Pace must not be given or received:** The onus is on the overtaken rider to avoid this. Marshalls do not have the authority to control road users, so take care. Observers will be posted to ensure compliance with CTT Regulations.
- **Helmets:** in the interests of safety Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets with an internationally accepted safety standard. In accordance with Regulation 15 ALL Juvenile & Junior competitors must wear Protective Hard Shell Helmets.
- **Rear Light:** It is recommended that a working rear light, either flashing or constant, is fitted to the Machine in a position visible to following road users and is active whilst the machine is in use.
- **Clothing:** please be aware that tri-suits are not permitted in CTT events – shoulders must be covered.



Prize List

There will be equal prize money for both men and women in this event, with the overall prize list for both men and women as follows:

1 st	2 nd	3 rd	1 st U23 (including juniors)	Fastest Team (2 riders)
£40	£30	£20	£15	£10 each

In addition to the overall, we will have the following spot prizes:

Finish time nearest to 01:10:00	£10
Finish time nearest to 01:20:00	£10
"Lanterne Rouge"	£10

One rider, one prize, except team event

Notes

This event may be subject to doping control.

Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as DNF. Race numbers required for doping control will be displayed adjacent to the result board.

Sponsored Clubs

- Warrington RC: RS Cyclesport / Horton Light Engineering
- Buxton CC: Sett Valley Cycles
- Vision Racing: Delamere Dairy/GRM Property Conslts/Swinnerton Cycles

Event Secretary

Heather Bamforth, 26 Debenham Road, Stretford, Manchester, M32 9DG; Tel: 07979577707



Starting Order

Number	Start Time	Firstname	Lastname	Club	Category
1	14:01:00	James	Lawley	Barrow Central Wheelers	
2	14:02:00	David	Hurst	Congleton CC	
3	14:03:00	Derek	Black	Wigan Whs CC	
4	14:04:00	Alan	Leonard	Manchester Tri Club	
5	14:05:00	Jo	Stevens	Team JMC	
6	14:06:00	Lynn	Smith	Seamons CC	
7	14:07:00	Polly	Wilding	Congleton CC	
8	14:08:00	Samantha	Hewitt	Ashley Touring CC	
9	14:09:00	Sarah	Gregson	The Racing Chance Foundation	Espoir
10	14:10:00	michael	stretch	Macclesfield Wheelers	
11	14:11:00	Sally	Moston	Stockport Tri Club	
12	14:12:00	Sarah	Roberts	Glossop Kinder Velo Cycling Club	
13	14:13:00	Emma	Walker	Manchester Wheelers	
14	14:14:00	Emma	Naylor	University of Bath Cycling Club	Espoir
15	14:15:00	Emma	Medus	Manchester Tri Club	
16	14:16:00	Helen	Ryan	Saddleworth Clarion CC	
17	14:17:00	Rachel	Smith	Ravensthorpe CC	
18	14:18:00	Serena	Gorton	Cyclesport International RT	
19	14:19:00	Karen	Helsby	The Racing Chance Foundation	
20	14:20:00	Sarah	Lewis	The Racing Chance Foundation	
21	14:21:00	Jess	Hobson-Taylor	York Cycleworks	
22	14:22:00	Hannah	Bruce	Manchester Tri Club	
23	14:23:00	Rebecca	Gregson	The Racing Chance Foundation	Junior
24	14:24:00	Joanne	Harcourt	Stretford Wheelers CC	
25	14:25:00	Anna	Lewis	Graham Weigh Racing	
26	14:26:00	katie	helsby	The Racing Chance Foundation	Junior
27	14:27:00	Lynne	Skellern	Macclesfield Wheelers	
28	14:28:00	Hannah	McEwan	The Racing Chance Foundation	Espoir
29	14:29:00	Kate	Giddings	Liverpool Century RC	
30	14:30:00	Amanda	Young	Lyme Racing Club	
31	14:31:00	Natasha	Smith	The Racing Chance Foundation	
32	14:32:00	Hope	Kerry	Team Lusso	
33	14:33:00	Jeanette	Barber	Seamons CC	
34	14:34:00	Monica	Dew	Storey Racing	Espoir
35	14:35:00	Crystal	Lane	Bonito Squadra Corse	
36	14:36:00	Holly	Carter	Manchester Wheelers	
37	14:37:00	Paul	Barber	Seamons CC	
38	14:38:00	Philip	Dowson	The Racing Chance Foundation	
39	14:39:00	Wayne	Jones	Stretford Wheelers CC	
40	14:40:00	Benn	Jones	Weaver Valley CC	
41	14:41:00	Trevor	Thirsk	Stretford Wheelers CC	
42	14:42:00	Lee	Wood	Congleton CC	
43	14:43:00	Doug	Arnold	Liverpool Century RC	
44	14:44:00	Stephen	Lucas	Weaver Valley CC	
45	14:45:00	Liam	Kwan	Stretford Wheelers CC	
46	14:46:00	Matthew	Sim	University of Bath Cycling Club	Espoir
47	14:47:00	James	Helsby	The Racing Chance Foundation	Espoir



Number	Start Time	Firstname	Lastname	Club	Category
48	14:48:00	Gavin	Lynch	Glossop Kinder Velo Cycling Club	
49	14:49:00	Andrew	Pyatt	Janus RC	
50	14:50:00	Mel	Stelfox	Stretford Wheelers CC	
51	14:51:00	Ian	Bracegirdle	Stretford Wheelers CC	
52	14:52:00	Andrew	Woolley	Weaver Valley CC	
53	14:53:00	Alan	Ottiwell	Warrington Road Club	
54	14:54:00	John	Leach	Rossendale RC	
55	14:55:00	Damian	Field	Liverpool Century RC	
56	14:56:00	Rod	Goodfellow	North Lancs RC	
57	14:57:00	Mark	Brown	Seamons CC	
58	14:58:00	Rob	Harper	Manchester Tri Club	
59	14:59:00	Chris	Reynolds	Liverpool Century RC	
60	15:00:00	Daniel	Parish	Vision Racing	Junior
61	15:01:00	Derek	Schofield	Rossendale RC	
62	15:02:00	Andrew	Harrison	Withington Wheelers	
63	15:03:00	Mark	Horsley Frost	Buxton CC	
64	15:04:00	Adam	Darby	Salford Cycling Club	
65	15:05:00	David	Wright	Warrington Road Club	
66	15:06:00	Ian	Galbraith	Drighlington BC	
67	15:07:00	Daniel	Burrows	Wigan Whs CC	
68	15:08:00	Gary	Rhodes	Drighlington BC	

The Racing Chance Foundation would like to thank friends and members of the Racing Chance Foundation and Stretford Wheelers CC for their assistance in promoting this event. We would also like to thank the riders for supporting our new event.