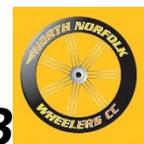




NORTH NORFOLK WHEELERS CYCLE CLUB



EVENT SECRETARY NIGEL WALSH, Mobile 07788584773 Email nigw@btinternet.com

CLUB WEBSITE www.nnwheelers.co.uk

Promoted for and on behalf of Cycling Time Trials under their rules and regulations on Saturday 20th May 2017

Course B100/9 Start time 12:00 hours

TIMEKEEPERS Andy Moore (CC Breckland)/John Chambers (NNW)

PUSHER OFF John Chambers and Ady Jay (NNW)

RESULTS BOARD Mark Harman (NNW)

MARSHALLS (x2 Shifts) John Dimascio (NNW)
John Hayward (NNW)
Henry Woodley (NNW)
Teresa Harman (NNW)
Mike Padfield (NNW)
Nigel Walsh (NNW)
Guy Thorold (NNW)
David Carrier (NNW)
Charlie Nurse (NNW)

MARSHALLING POINTS :

- 1) Hillington - left hand turn from A148 to B1153 heading south direction Grimston and Gayton
- 2) Gayton – left hand turn from B1153 to B1145 heading east
- 3) Left hand turn from B1145 to A1065 heading north east direction to Fakenham
- 4) Fakenham roundabout - left hand turn from A1065 back onto A148 towards Kings Lynn

REFRESHMENTS Sarah and Ady Jay (NNW)

COURSE DETAILS B100/9 (Fakenham – Hillington – Gayton – Fakenham Circuit)

START in layby on A148 approx. 1.2 miles west of the A148/A1065 Hempton roundabout at Fakenham. Proceed west along the A148 through East Rudham to Hillington where turn left onto the B1153, continue through Grimston to Gayton where turn left (**GIVE WAY SIGN – EXTREME CARE!**) onto the B1145. Proceed east to the junction with the A1065 where turn left and proceed to the A148/A1065 roundabout at Hempton/Fakenham, take the 1st exit onto the A148 to go past the start at end of 1st circuit (33.908 miles) Complete 2nd circuit (67.815 miles). Start 3rd circuit and continue as before to **FINISH** at pull in on left, north of Shereford Road on A1065, 0.5 miles before Fakenham/Hempton roundabout (100 miles).

Please be mindful that this is a sporting course – there is some surface break-up and the usual bumps, lumps and pot-holes to be expected on B classification roads. It is also single carriageway, so be visual and mindful of traffic using this road.

Please report to the start within good time.

COURSE RECORD 3:41:16 Michael Hutchinson (Bio RT) Year 2000

EVENT HEADQUARTERS Sculthorpe Village Hall, Moor Lane, Sculthorpe, Fakenham NR21 9PY

The hall is in the heart of the village so please be respectful of the facilities and the location.

The hall has a good-sized car park, please park with consideration. There is plenty of additional street parking on The Street when you pull off the A148. There is restricted street parking in Moor Lane.

SPONSORED BY PRETTY CORNER TEA GARDENS and BLACK BIKES

