



Hounslow and District Wheelers' Open 25 Mile Time Trial:

Promoted for and on behalf of Cycling Time Trials Limited under their Rules and Regulations.

Timekeeper Mr D Ashton. Farnborough & Camberley C.C. **Assistant Timekeeper** Mr T Gilbert
Hounslow & District Wheelers. **Event Secretary** Mr N Stagg 2 Morland Close Hampton TW12 3YX

Sunday 28th May 2017 First Rider **08:07** Course **H25/8** Farnham

HQ address: Bentley Memorial Hall Alton Rd, Bentley GU10 5NB

Awards

1st rider on time £40 + the new Hudson Trophy to hold for 1 year.

2nd rider on time £20.

3rd rider on time £10.

1st Lady on time £40 + The Norman trophy to hold for 1 year.

2nd lady on time £20.

1st Vet on Standard £40.

2nd Vet on Standard £20

3rd Vet on Standard £10.

1st team of 3 riders on time £60 (£20 per rider).

1st team of 2 Ladies on time £40 (£20 per rider).

Lanterne Rouge (1 prize) £20.

Ride safely, we wish you all a pleasant morning's sport.

Nick Stagg

Nick Stagg Event Secretary: 2 Morland Close Hampton TW12 3YX
(M) 07565330944 (E) cyclingstagg@gmail.com,



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First Rider **08:07**

Course **H25/8** Farnham

Course Details : **H25/8 : A31 Bentley-Farnham-Holybourne**

OS Ref

796442 Start at a point in the lead out onto the A31, from the lay-by on the South side at the start of the Bentley by-pass, approximately 800 yards West of the Bull Public House on the North side of the A31, 10 yards short of the last road drain at the lay-by Exit (Western end)
(Start).....0.000

736403 Join the A31 (**Care**) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout,
(Turn)4.704

828459 Circle the roundabout ((**M1, M2, M3**) (**Check**) and take the **Third Exit back onto the A31** to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull PH to the Farnham Roundabout at the junction with the A325
(Turn).....11.907

736403 Circle the Roundabout (**M4, M5, M6**) (**Check**) and take the **Fourth Exit back onto the A31** To retrace past the start point (**14.294 miles**) to go along the Bentley by-pass to the Holybourne Roundabout
(Turn).....18.998

813448 Circle the roundabout (**M1, M2, M3**) (**Check**) and take the **Third exit back onto the A31** to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull PH (**24.405 miles**) to a point **70 yards beyond the County boundary line and 23 yards** Beyond the start of a tarmac path on the North side where **FINISH.....25.000**



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Getting to the Start Area from Bentley Memorial Hall GU10 5NB (Allow 15 minutes riding time):

1. From the hall: Turn left at the cross-roads through Bentley Village and follow this road which runs parallel with the A31.
2. Proceed until joining the A31 via a slip road. Watch out for earlier competitors coming up from behind you, down the hill at 40 m.p.h.
3. Follow the A31 down the hill, East for approximately $\frac{1}{2}$ a mile to the junction (minor X-Roads) just before the Bull PH.
4. Turn (GREAT CARE) across the dual carriageway, retracing along the A31 for approximately $\frac{1}{4}$ mile up the hill to the first lay-by (**Start Point**);
5. On finishing continue to the same break in the carriageway. Turn (GREAT CARE) and proceed along the A31 past the start point (CARE) and leave the A31 at the next slip road (signpost Bentley);
6. Turn right at the 'T' junction and continue over the A31 to return to Bentley Memorial Hall.



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Sunday 28th May 2017

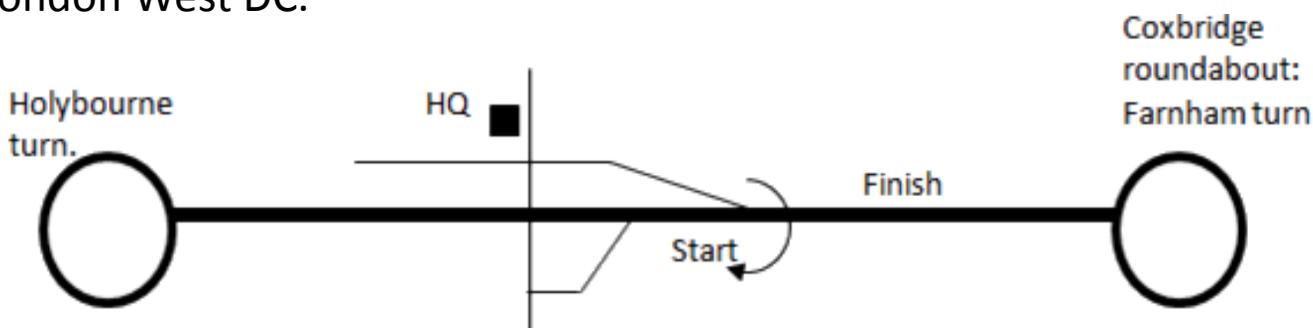
First Rider **08:07**

Course **H25/8** Farnham

HQ address: Bentley Memorial Hall Alton Rd, Bentley GU10 5NB

LOCAL REGULATIONS applicable to the H25/8 course.

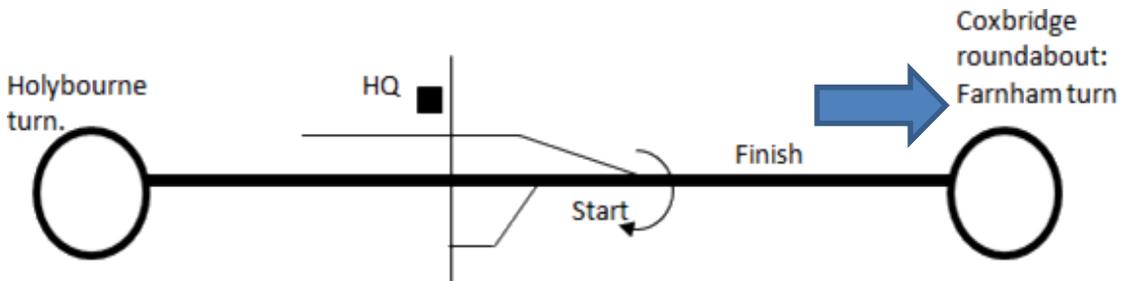
- **Shoulder numbers** must be prominently displayed on the **LEFT ARM**.
- **Any rider seen crossing the central reservation**, before ,during or after the event, except at one of the specific breaks in the reservation made for that purpose may be disqualified and will reported to the London West DC.



- **Any rider seen steering using their Tribars**, when entering, navigating and exiting any part of the Coxbridge (Farnham) roundabout may be disqualified, and will be reported to the London West DC.
- **In the interests of your safety** you must use the **widest part of your handlebars**.
- Cycling Time Trials Limited and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard.
- It is also recommended that a working rear light, either flashing, or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.



Safety Notice.



The (A31) road surface **approaching** Coxbridge roundabout **from the West** is in a poor state of repair. A rider fell here in an event in May 2016, with no other vehicles involved. Take extra care, and under no circumstances attempt to enter the roundabout whilst steering with your triathlon bars. You must use the widest part of your handlebar. This is a D.C. Regulation.



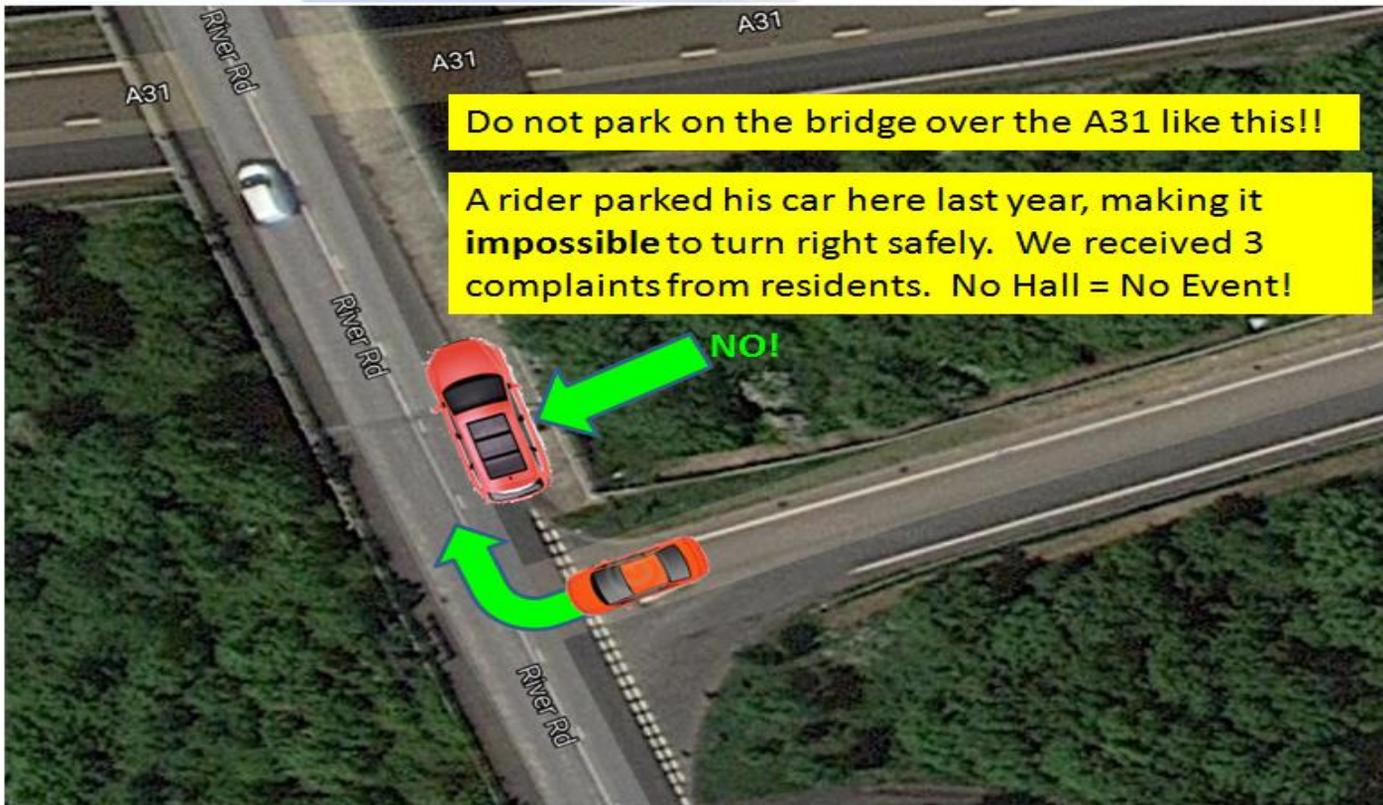
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Course **H25/8** Farnham

2018? No HQ = No Event



Headquarters: **GU10 5NB** Bentley Memorial Hall.

- **No bicycles** to be taken into the Hall.
- Only leather or soft rubber soled shoes may be worn in the hall. No cleated cycling shoes (even if recessed 'SPD') to be worn in the hall **If you are not sure, just wear your socks!**
- **NO turbo-training in the car park** You must be at least 50 metres **SOUTH** of the crossroads.
- Numbers and signing on will be **at the Headquarters.**
- **Allow 15 minutes to reach the start area.**



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LONDON WEST DC

EVENT PARKING

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should **NOT PARK** on the Eastern side between Main Rd and the new estate





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First Rider **08:07**

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#	START TIME	Rider		club/team	cat	Vets Std
7	08:07	Leslie	Howson	Hounslow & District Whs	S	n.a.
8	08:08	Nigel	Bicknell	Farnham RC	V	01:14:36
9	08:09	Helena	Hayes	London Women's Racing CC	S	n.a.
10	08:10	Rick	Froud	Alton CC/Owens Cycles	V	01:07:38
11	08:11	david	rich	Fareham Wheelers CC	V	01:06:51
12	08:12	Peter	Rowe	Southborough & Dist. Whs	V	01:08:26
13	08:13	Adrian	Watkins	Tornado Road Cycling Club	V	01:07:50
14	08:14	colin	crocker	Sotonia CC	V	01:12:44
15	08:15	Michael	Draper	Charlottesville Cycling Club	V	01:10:21
16	08:16	James	Nicholson	Pure Motion Cycling Club	S	n.a.
17	08:17	Colin	Gray	Norwood Paragon CC	V	01:09:05
18	08:18	John	Froud	Festival Road Club	V	01:18:26
19	08:19	CHRIS	SUMMERS	Sotonia CC	V	01:11:58
20	08:20	James	Ayton	Portsmouth North End CC	S	n.a.
21	08:21	Andrew	Green	Bec CC	V	01:06:26
22	08:22	Phil	Morris	Hampshire RC	V	01:09:49
23	08:23	Roger	Chapman	Farnham RC	V	01:11:16
24	08:24	Graham	Morrison	Newbury RC	V	01:06:39
25	08:25	David	Wells	Petersfield Triathlon Club	V	01:06:00
26	08:26	Jon	Wiggins	Frome and District Wheelers	S	n.a.
27	08:27	Maurice	Joseph	Paceline RT	S	n.a.
28	08:28	ben	fielden	GS Stella	V	01:16:59
29	08:29	Martin	Whitty	...a3crg	V	01:07:50
30	08:30	Peter	Horsfield	Redmon CC	V	01:12:20
31	08:31	Nigel	Sign	Fareham Wheelers CC	V	01:10:21
32	08:32	David	Haggart	De Laune CC	V	01:09:19
33	08:33	Alec	Mayes	Ashford Whs	V	01:14:36
34	08:34	oliver	berney	Royal Sutton CC	V	01:07:38
35	08:35	Nick	McCormick	Epsom CC	V	01:08:39
36	08:36	Jack	Hambleton	Clapham Chasers	S	n.a.
37	08:37	Ollie	Mitchell	...a3crg	S	n.a.
38	08:38	Tim	Fowler	VTTA (London & Home Counties)	V	01:08:14
39	08:39	Deanna	Ferrett (W)	Hampshire RC	LV	01:12:49
40	08:40	Daniel	Kempe	Bristol South Cycling Club	V	01:08:14



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#	START TIME	Rider		club/team	cat	Vets Std
41	08:41	Martin	Booker	Worthing Excelsior CC	V	01:07:38
42	08:42	Graham	Martin	A5 Rangers CC	V	01:06:39
43	08:43	Greg	Harding	Farnham RC	V	01:09:05
44	08:44	Mark	Harris	Team Trident	S	n.a.
45	08:45	Joanna	Knight (W)	Bristol South Cycling Club	V	01:15:09
46	08:46	Daniel	Homer	London Phoenix CC	V	01:07:15
47	08:47	Matthew	Wakefield	Tooting BC	V	01:07:03
48	08:48	andrew	vaughan	Bonito Squadra Corse	V	01:07:26
49	08:49	David	Powis	Dorking Cycling Club	S	n.a.
50	08:50	Gary	Ferrett	Hampshire RC	V	01:08:52
51	08:51	Simone	Dailey (W)	...a3crg	L	n.a.
52	08:52	Chris	Jolliffe	Crawley Wheelers	V	01:10:04
53	08:53	Joanna	Wells (W)	Hounslow & District Whs	V	01:14:53
54	08:54	jackie	dodd (W)	Kingston Phoenix RC	LV	01:14:38
55	08:55	Daniel	Sharp	Charlotteville Cycling Club	V	01:06:51
56	08:56	Martin	Jones	Fareham Wheelers CC	V	01:10:38
57	08:57	zoe	taylor (W)	...a3crg	LV	01:11:56
58	08:58	MARK	SILVER (Trike)	Hounslow & District Whs	V	01:13:49
59	08:59	Sally	White (W)	High Wycombe CC	LV	01:08:26
60	09:00	Laura	Bartlett (W)	...a3crg	L	n.a.
61	09:01	Chris	Lord	Brighton Excelsior CC	V	01:11:36
62	09:02	Darryl	Barr	...a3crg	V	01:07:38
63	09:03	Paul	Haywood	Epsom CC	V	01:06:26
64	09:04	Richard	Miles	Bognor Regis CC	V	01:10:21
65	09:05	Jamie	Pine	Nuun-Sigma Sport-London RT	S	n.a.
66	09:06	Andrew	Fowkes	Hillingdon Triathletes	V	01:06:51
67	09:07	Rob	Sherrin	...a3crg	V	01:07:50
68	09:08	Lyndon	Thompson	New Forest CC	V	01:07:38
69	09:09	Sam	Clarke	Team Bottrill / HSS Hire	S	n.a.
70	09:10	paul	byford	Crawley Wheelers	V	01:08:14
71	09:11	Martin	Winter	Twickenham CC	V	01:08:39
72	09:12	Roger	Sewell	Hounslow & District Whs	V	01:13:37
73	09:13	Martin	O'Sullivan	Teddington and Turing Velo	V	01:06:26
74	09:14	David	Wright	Cotswold Veldrijden	V	01:08:39
75	09:15	Paul	Coles	73Degrees CC	V	01:06:39
76	09:16	paul	holdsworth	Hounslow & District Whs	V	01:08:39
77	09:17	Jerry	Bromyard	...a3crg	V	01:10:57
78	09:18	stuart	peckham	New Forest CC	V	01:07:15
79	09:19	Edward	Smith	Islington Cycling Club	S	n.a.
80	09:20	Oliver	Mytton	Verulam Really Moving	S	n.a.



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#	START TIME	Rider		club/team	cat	Vets Std
81	09:21	Gregory	Woodford	Reading CC	V	01:09:19
82	09:22	Andrew	Phipps	Royal Navy & Royal Marines CA	V	01:09:05
83	09:23	Damian	Poulter	Hounslow & District Whs	V	01:06:39
84	09:24	Drew	Hosie	...a3crg	V	01:08:39
85	09:25	John	Dowling	Hemel Hempstead CC	V	01:10:21
86	09:26	Felix	Wilkinson	Veloton	E	n.a.
87	09:27	Gawie	Nienaber	Farnham RC	V	01:10:04
88	09:28	Peter	Perrin	Bournemouth Arrow CC	V	01:08:02
89	09:29	den	tapping	...a3crg	V	01:10:21
90	09:30	Simon	Henderson	Thanet RC	V	01:08:52
91	09:31	Stephen	Whitewick	VeloRefined.com Aerosmiths	V	01:09:19
92	09:32	Edward	Renwick	Oxford City RC	S	n.a.
93	09:33	Mark	Jones	GS Stella	V	01:09:34
94	09:34	Peter	Lloyd	A5 Rangers CC	S	n.a.
95	09:35	Nic	Stevenson	Westerley Cycling Club	S	n.a.
96	09:36	Michael	Naulls	Velo Club Venta	V	01:07:15
97	09:37	Ben	Brandon	Team Bottrill / HSS Hire	V	01:08:02
98	09:38	James	Cadman	Hounslow & District Whs	S	n.a.
99	09:39	pete	wilson	Bournemouth Arrow CC	V	01:11:36
100	09:40	stephen	williamson	...a3crg	V	01:07:15
101	09:41	Eddie	Allen	Redmon CC	S	n.a.
102	09:42	Andrew	Rivett	Velo Club St Raphael	V	01:07:03
103	09:43	nick	austin	Sotonia CC	S	n.a.
104	09:44	Daniel	Ryan	North Road CC	S	n.a.
105	09:45	Matt	Peel	Redhill CC	S	n.a.
106	09:46	Richard	Weatherstone	GS Stella	V	01:08:02
107	09:47	Geoff	Perry	Born to Bike - Bridgtown Cycles	V	01:09:34
108	09:48	Mark	Duncan	VC Meudon	V	01:06:51
109	09:49	cliff	voller	Newbury RC	V	01:12:20
110	09:50	Ben	Anstie	73Degrees CC	V	01:06:00
111	09:51	Lee	Turner	Sigma Sport.co.uk	V	01:07:38
112	09:52	Steve	Mead	Didcot Phoenix CC	V	01:08:14
113	09:53	Paul	Thompson	Epsom CC	V	01:08:14
114	09:54	Tom	Foster	Team CRANC	S	n.a.
115	09:55	Nicolas	Stagg	Hounslow & District Whs	V	01:07:15
116	09:56	Jeff	Roberts	High Wycombe CC	V	01:08:26
117	09:57	Gregory	Bassam	London Phoenix CC	S	n.a.
118	09:58	Trevor	Leeding	Worthing Excelsior CC	V	01:08:14
119	09:59	David	Hanbury	Crabwood CC	V	01:14:36
120	10:00	Lewis	Keightley	Team Bottrill / HSS Hire	S	n.a.



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This event may be subject to a Doping Control

It is your responsibility to check

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

**Remember, it is up to you to check and ensure that
you comply**

If required you must report to Doping Control after finishing without delay





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I see you forgot to **sign out** today!



It is your responsibility to **sign out**!

Please bring your race numbers back to HQ and sign out.

Did not sign out = D.N.F.