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Sussex Cyclists' Association



2017 PRESIDENT – MICK IRONS – Worthing Excelsior CC

Open 15 miles Time Trial Saturday 10th June 2017 - Course G15/93 *Incorporating Sussex Individual, Veterans and Team Championships*

Event Secretary: Robin Johnson, 7 Gorselands, Billingshurst, West Sussex RH14 9TT
(Brighton Mitre CC). Email: mr_rjohnson@outlook.com
Tel: 01403 783368 (or 07733 132043 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

HQ

Steyning Centre

Fletcher's Croft
Steyning
West Sussex

Postcode BN44 3XZ

Open from 06:00



Plenty of parking is available, free till 0900 then 75p for 1 hour, or park in road by church for free.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

HQ to start: 2.2 miles

Finish to HQ: 1.6 miles

Route to start: Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and then immediately right onto the B2135, and continue to the start (**which is 0.4 miles north of the G25/93 start**). Quiet at the start please as there are nearby houses.

Course Records

Mens:	00:31:52	Pat Wright	2016
Ladies:	00:38:25	Tamar Vanderhaas	2016
Vets	00:32:02	Simon McNamara	2016
Tandem	00:37:05	Jon Frost/David Abbott	2016

PAST WINNERS:

2015 Dominic Maxwell 00:35:37

2016 Pat Wright 00:31:52

2017

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Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

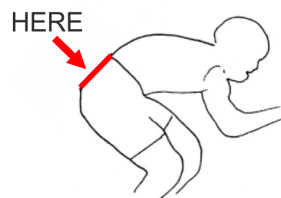
Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

PLEASE REMEMBER TO SIGN OUT AFTER YOU HAVE FINISHED.....

Open 15 miles Time Trial Saturday 10th June 2017

Course G15/93

OFFICIAL TIME KEEPERS

Start: Mick Kilby Lewes Wanderers CC
Finish: Kathleen Collard-Berry ...a3crg

Prizes

1 st	£15+ Champagne (value £25)	1 st Veteran (40-44)	Wine (value £5)
2 nd	£10 + Wine (value £5)	1 st Veteran (45-49)	Wine (value £5)
3 rd	£5 + Wine (value £5)	1 st Veteran (50-54)	Wine (value £5)
4 th	Wine (value £5)	1 st Veteran (55-59)	Wine (value £5)
		1 st Veteran (60-64)	Wine (value £5)
1 st Lady	£8 + Wine (value £5)	1 st Veteran (65-69)	Wine (value £5)
2 nd Lady	Wine (value £5)	1 st Veteran (70-74)	Wine (value £5)
1 st Team	£5 + Wine (value £5) each	1 st Veteran (75-79)	Wine (value £5)
2 nd Team	Wine (value £5) each	1 st Vet on Target	£5 + Wine (value £5)
		2 nd Vet on Target	Wine (value £5)

As Championship events, this race includes a selection of Trophies, Cups and Medals to be awarded to Sussex CA Riders in various categories:

First	Championship Cup for a year, plus Sussex C.A. medal
2 nd	Sussex C.A. medal
3 rd	Sussex C.A. medal
1 st Lady	Sussex C.A. medal
1 st Team	Sussex C.A. medal
1 st Veteran on CTT Target Time	Sussex C.A. medal
2 nd Veteran on CTT Target Time	Sussex C.A. medal
3 rd Veteran on CTT Target Time	Sussex C.A. medal

Cups and medals to be presented at the Annual Sussex Cyclists' Association lunch and prize presentation to be held on Sunday 26th November, 2017. Venue Dial Post Village Hall.
£10 to Robin Johnson no later than 21st November, 2017.

PLEASE NOTE

Prize Presentation

To be held as soon as possible after the event..

Please stay to receive your awards and/or applaud the recipients.

Lottery Prizes

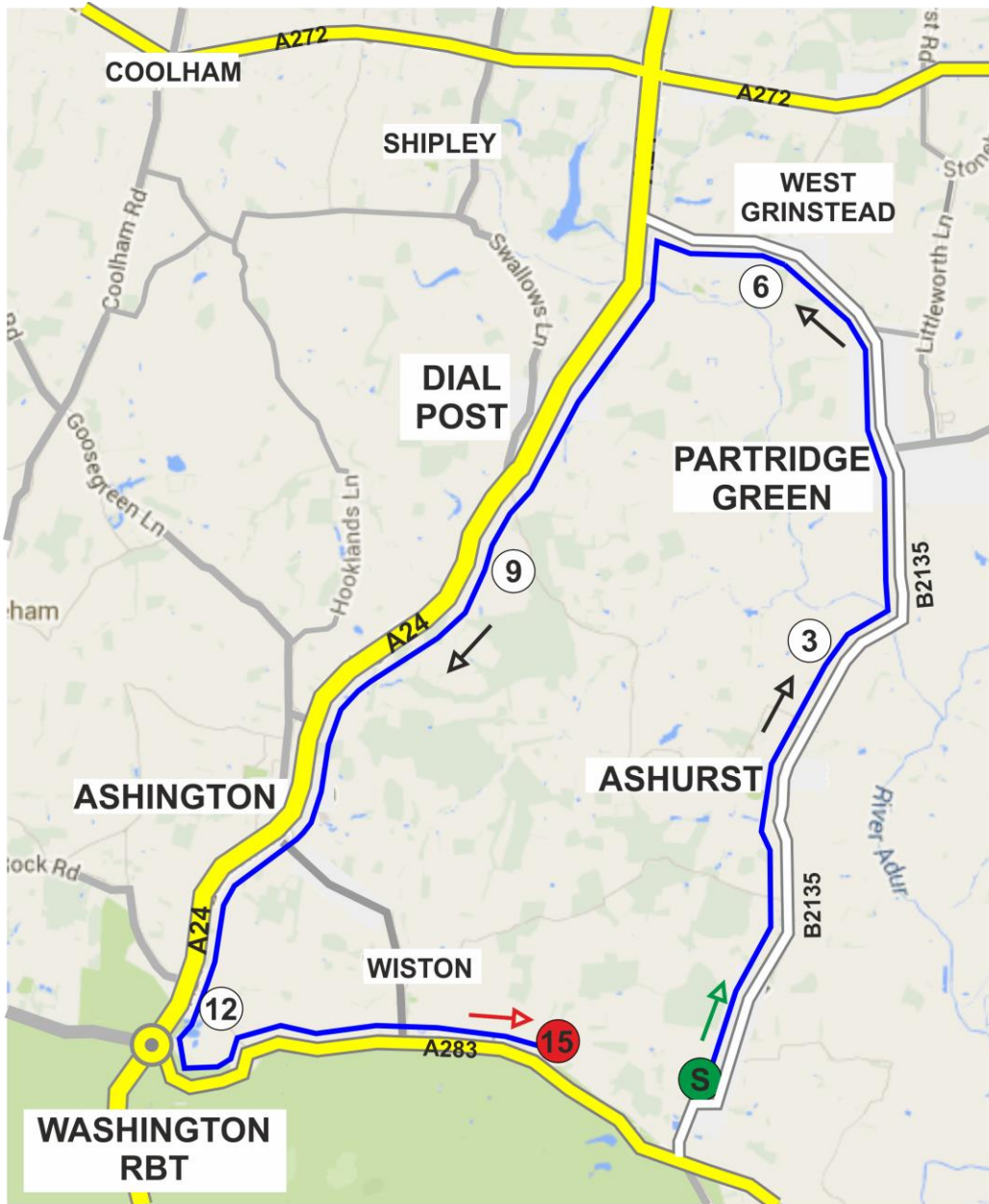
To be awarded at the prize presentation.

A bottle of wine, value £5, to each of the first two names drawn.

To be eligible, be present and be a finisher.

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Course G15/93



OS REF (TQ)	COURSE DIRECTIONS – G15/93	MILES	
174134	START on B2135 at reflective marker pole in unclassified road, 10 yards south of Post Box and 0.40 mile north of G25/93 Start by Wappingthorn House. (Marker pole is the one nearest B2135 and has a little yellow paint.)	0.00	0.00
165214	Proceed north on B2135 via Ashurst and Partridge Green to T junction with A24 at West Grinstead	6.31	6.31
120134	LEFT and follow A24 south to Washington RBT (roundabout) (CHECK)	5.81	12.12
161130	LEFT 1 st exit and follow A283 via Wiston crossroads to FINISH 0.15 mile (265 yards) before G10/97 Start, 226 yards west of entrance to Hattes Farm, at drain cover, marked in yellow	2.88	15.00

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Course G15/93

Order of start

1	07:01:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	69
2	07:02:00	Frances	Bromley	Buxton CC/Sett Valley Cycles	Female	Espoir	21
3	07:03:00	David	Steel	Hereford & Dist Whs CC	Male	Veteran	70
4	07:04:00	Alan	Tilbury	Brighton Mitre CC	Male	Veteran	62
5	07:05:00	Howard	Bayley	Blazing Saddles	Male	Veteran	42
6	07:06:00	Leon	Fielding	...a3crg	Male	Veteran	41
7	07:07:00	Stu	Nisbett	Crawley Wheelers	Male	Veteran	43
8	07:08:00	Joscelin	Lowden	APRIRE Bicycles/HSS Hire	Female	Senior	29
9	07:09:00	Peter	Davies	Brighton Mitre CC	Male	Veteran	60
10	07:10:00	Steven	Kane	Brighton Excelsior CC	Male	Senior	28
11	07:11:00	Kevin	Plummer	South Downs Bikes / Casco Europe	Male	Veteran	51
12	07:12:00	Mike	O'Gorman	Worthing Excelsior CC	Male	Veteran	65
13	07:13:00	Paul	Batten	Crawley Wheelers	Male	Senior	33
14	07:14:00	John	Beer	Kingston Phoenix RC	Male	Veteran	66
15	07:15:00	Nick	Dwyer	Lewes Wanderers CC	Male	Veteran	53
16	07:16:00	Rupert	Robinson	Crawley Wheelers	Male	Veteran	45
17	07:17:00	Dominic	Maxwell	Worthing Excelsior CC	Male	Veteran	44
18	07:18:00	Sarah	Phelps	Crawley Wheelers	Female	Senior	29
19	07:19:00	Karen	McGrath	Worthing Excelsior CC	Female	Veteran	55
20	07:20:00	Mark	Emsley	Team ASL	Male	Senior	28
21	07:21:00	David	Shepherd	GS Stella	Male	Veteran	56
22	07:22:00	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran	48
23	07:23:00	Angela	Radden- Rutt	The Cycleroom	Female	Senior	37
24	07:24:00	Alan	Robinson	Central Sussex CC	Male	Veteran	76
25	07:25:00	Stephen	Williamson	...a3crg	Male	Veteran	46

26	07:26:00	Phil	Allen	South Downs Bikes / Casco Europe	Male	Senior	39
27	07:27:00	Christian	Yates	East Grinstead CC	Male	Veteran	54
28	07:28:00	Jon	Fry	Horsham Cycling	Male	Veteran	46
29	07:29:00	Peter	Barling	Lewes Wanderers CC	Male	Senior	34
30	07:30:00	Tom	Pritchard	Hampshire RC	Male	Senior	36
31	07:31:00	Paul	Barnard	South Downs Bikes / Casco Europe	Male	Senior	32
32	07:32:00	Tony	Reeves	GS Stella	Male	Veteran	45
33	07:33:00	Callum	Middleton	Lewes Wanderers CC	Male		23
34	07:34:00	Mark	Vowells	CC Bexley	Male	Veteran	64
35	07:35:00	Simon	McNamara	South Downs Bikes / Casco Europe	Male	Veteran	42
36	07:36:00	Nik	Allen	Worthing Excelsior CC	Male	Veteran	45
37	07:37:00	Mike	Marchant	Southdown Velo	Male	Veteran	60
38	07:38:00	Tamar	Vanderhaas	Lewes Wanderers CC	Female	Veteran	41
39	07:39:00	Anthony	Brown	Horsham Cycling	Male	Veteran	61
40	07:40:00	Mark	Smith	Crawley Wheelers	Male	Veteran	43
41	07:41:00	Colin	Barton	Worthing Excelsior CC	Male	Veteran	56
42	07:42:00	Laura	Bartlett	...a3crg	Female	Senior	34
43	07:43:00	Nolan	Heather	Worthing Excelsior CC	Male	Veteran	41
44	07:44:00	Peter	Owen	Norwood Paragon CC	Male	Veteran	56
45	07:45:00	Tom	Glandfield	Lewes Wanderers CC	Male	Veteran	44

SUSSEX CA CYCLE JUMBLE SALE

Please come and support the Association Cycle Jumble Sale on Saturday 19th August.
 Steyning Centre, Steyning, BN44 3XZ. It's from 09:00 to 12:30. Tables are £8.00 from 07:00
 Contact: Robin Johnson 01403 783368 for booking a table or for donations of old equipment.