



## Western Time Trials Association

### 100 mile time trial U86/100

18/6/17

This is a counting event in both the WTTA and National Best All Rounder competitions  
Promoted for and on behalf of Cycling Time Trials  
under their Rules and Regulations

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Time Keepers  
Ian & Bridget Boon  
Severn RC  
Peter Rogers  
Team Tor 2000

#### Prizes (One prize per rider, except for team)

##### Overall

1 <sup>st</sup>	3:59:49	Matt Burden	73Degrees CC	£40
2 <sup>nd</sup>	4:11:01	Tom Bertenshaw	Severn Road Club	£30
3 <sup>rd</sup>	4:13:50	Richard Babbage	Exeter Whs CC	
4 <sup>th</sup>	4:14:38	Paul Ransome	Carnac-Planet X	
5 <sup>th</sup>	4:16:18	Mark Brock	Team Tor 2000 (Kalas)	
6 <sup>th</sup>	4:18:57	Tony Chapman	Frome and District Wheelers	

##### Women

1 <sup>st</sup>	4:36:46	Ruth Burrows	Mid Devon CC	£30
2 <sup>nd</sup>	4:53:41	Joanne Jago	Performance Cycles CC	
3 <sup>rd</sup>	5:05:29	Iwona Szmyd	Royal Dean Forest Cycle Club	

##### Vet on Standard

1 <sup>st</sup> Vet	+0:46:18	Matt Burden	73Degrees CC	
2 <sup>nd</sup> Vet	+0:41:10	Chris Broad-Drake	Swindon Road Club	£30
3 <sup>rd</sup> Vet	+0:38:42	Richard Babbage	Exeter Whs CC	
4 <sup>th</sup> Vet	+0:36:14	Mark Brock	Team Tor 2000 (Kalas)	
5 <sup>th</sup> Vet	+0:34:22	Paul Winchcombe	Chippenham & District Wls	

##### Team

1 <sup>st</sup> Team	9:15:43	Frome	Tony Chapman Jon Wiggins	£20 each
2 <sup>nd</sup> Team	9:33:26	Royal Dean Forest CC	Anthony White Iwona Szmyd	
3 <sup>rd</sup> Team	9:48:04	Cheltenham & County CC	Robert Turner Paul Haig	
4 <sup>th</sup> Team	11:24:49	G.S. Henley	Sam Tomkins Paul Jones	

##### Commentary

Two weeks before the WTTA 100, I was riding the 73 Degree event, probably one of the last opens in my career. Matt Burden, as a 73 Degree rider, was marshalling – he had not ridden this year, such is his relaxed nature. But since the WTTA 100 has moved to the roads round Mintey and Malmesbury, the event has been Matts. Every loop Matt has done has been the fastestest, he is the only person ever to break 4 hours. So when chatting at the 73 Degree event, tried to persuade Matt to enter – and a few days later there was his entry, but not sure if he would ride a road bike or his timertrial bike, the latter not having been ridden this year.

However rumours were about, that Matt still went out for early morning rides, just rolling along for hour after hour, at never below 20mph.

And so to the morning of the WTTA 100, for the first loop – I was marshalling the SE corner close to the M4, and so when on the first loop Matt came through on his TT bike – and he was going well, the race was on.

But so was last years winner, Tony Chapman – on my wrist watch I couldn't say who was ahead. This continued through to the second loop, with both riders so close – it was hard to call who was ahead. But whilst the third loop was being ridden – rumours came of Tony having been spotted back at the HQ, yet he did appear having ridden the third loop – but about 10 minutes off his earlier pace. So Tony had clearly had issues, and this meant that Tony was no longer on the running for the win – as Matt continued his endless pace, never really slowing. As usual having rode through the field, he just went out front - and pulled away, crossing the finish line 11 seconds under 4 hours.

Now with Tony out of the race for the prizes, who would come second. Tom

Bertenshaw, looked possible, but so did Paul Ransom and Richard Babbage (#21 and #22 – they kept changing places); it was a tight race. However by the 4<sup>th</sup> lap, if Tom could maintain his speed – he looked like taking second, and this was how it turned out; with Richard and Paul taking 3<sup>rd</sup> and 4<sup>th</sup> position respectively. I have to apologise to these last two riders, being fast, they were off in the 12 fast riders at the end of the field – but unfortunately they were closely matched, which meant little distance separated these two, as they started just a minute apart.

And so to the women, on the road these hard started near the beginning, just after the slowest men. They caught the slow men quickly, and so for the first lap went out front (until #11 Anthony White, and Matt Burden came through on the second lap). On paper, Ruth Burrow was going to be hard to beat – and this form she lived up to, as loop by loop – she pulled away from the other women, never challenged for the win. Her time of 4:36:46 is the fastest by a woman on this course, and by quite some distance. It was a stunning ride.

Behind Ruth though, all the other women were doing fine rides – none going out the back, all doing very credible rides given the lumpy nature of the course; all without exception rose to the challenge of the course.

On the vets on standard prize, I didn't expect Matt to win – indeed it's hard to think of him as a vet, as he still seems to be improving! So anyway, although Matt won, it wasn't where I saw interest during the event; to mind mind it was watching vet60 rider Chris Broad Drake, just riding so steadily for loop after loop. Paul Wincombe wasn't far behind, but a tad younger. So Chris always looked good, it was just a question of if the young vet 40 riders, could make up the lower standard, by going out front. Well Matt did just that, but as overall winner, the prize flows down. And Chris just came out ahead of the younger riders (Richard Babbage and Matt Brock) – but a close ride between the vets of various ages.

Finally to the team prize, I always like teams of three, but Bristol South were the only club with enough for a team of three (indeed almost enough riders entered for two teams of three!) Now as I like competition, this meant that the team prize, had to change and the choice of teams of two – at least meant teams were on the start sheet.

Now Bristol South were the favourites – they had 5 riders, so just by weight of numbers they would do well. But the unexpected happened, 4 of the 5 riders either didn't start, or didn't manage to finish – and so Bristol South had no team. I had no idea who would be in with a chance.

So what happened, brought a smile to my face, Tony Chapman – after his first two blistering loops, had punctured close to the HQ. Back to the HQ, he changed wheel (or tyre) – but then back to the course he continued. This explained his 10 minute slower lap. But Tony kept riding, his later loops did slow somewhat – but his 4:18:57 was still a good ride. The other Frome rider (Jon Wiggins) also wasn't doing badly with his 4:56:46 – and these two riders managed to get the team prize. I'm glad that Tony won something, as you'll see from the lap times below – he is the only man to have beaten Matt on a loop time.

Speaking of the lap times, I am grateful to Bridget and Peter for taking the lap times – if gives good insight into how riders varied during the event. Mary Jane should also be thanked, for arranging all the marshals, as well as manning the HQ for the entire event.

I should thank all the marshalls though:

Severn RC: The Boons

Team Tor 2000: Peter Rogers

Dursley RC: Tony Emery, Mike Halgarth (also Anfield)

VTTA: Bernie Brown

Bristol South: Mary Jane & Rob Hutchinson, Mark Bradley, Kim Smales

Clevedon & District RC: Brian Griffiths (also VTTA)

Somer Valley: Bob Latchem

And finally a few words about the future of the event, I've been running it since 2011 – as I cared about keeping the 100m going in the west. It's the longest distance event we have left, and I think my favourite racing distance – (well my 4:04 ride was my best ever ride). But now I'm out of the back of the field, it's time to stand down from organising – I'm no longer in touch with the sport. I'm grateful though that Emma Angove has offered to take the event on from next year – and I wish her all the best and hope that the event continues for years to come.

#	Name	Club	cat	Result	Plus	Lap Times					Lap Rank				
						L1	L2	L3	L4	L5	R1	R2	R3	R4	R5
1	Matt Burden	73Degrees CC	V	3:59:49	+0:46:18	0:48:25	0:47:09	0:48:50	0:47:59	0:47:26	2	1	1	1	1
2	Tom Bertenshaw	Severn Road Club	S	4:11:01		0:49:32	0:49:24	0:50:18	0:51:01	0:50:46	3	3	4	4	2
3	Richard Babbage	Exeter Whs CC	V	4:13:50	+0:38:42	0:49:34	0:50:43	0:50:01	0:51:11	0:52:21	4	6	2	5	4
4	Paul Ransome	Carnac-Planet X	S	4:14:38		0:51:04	0:50:32	0:50:07	0:49:54	0:53:01	7	4	3	2	6
5	Mark Brock	Team Tor 2000 (Kalas)	V	4:16:18	+0:36:14	0:51:30	0:50:36	0:50:47	0:51:37	0:51:48	8	5	5	6	3
6	Tony Chapman	Frome and District Wheelers	V	4:18:57	+0:32:34	0:48:22	0:48:15	0:58:47	0:50:48	0:52:45	1	2	16	3	5
7	Luke Smith	Bristol South Cycling Club	V	4:24:20	+0:30:13	0:51:31	0:52:08	0:51:58	0:53:39	0:55:04	9	7	7	9	8
8	Chris Broad-Drake	Swindon Road Club	V	4:27:39	+0:41:10	0:54:17	0:52:56	0:51:51	0:52:55	0:55:40	12	9	6	8	11
9	Anthony White	Royal Dean Forest Cycle Club	V	4:27:57	+0:24:35	0:51:58	0:52:34	0:54:16	0:52:44	0:56:25	10	8	8	7	12
10	Paul Winchcombe	Chippenham & District Wheelers	V	4:30:15	+0:34:22	0:53:12	0:53:10	0:54:50	0:55:12	0:53:51	11	10	10	11	7
11	Andrew Diffey	Somer Valley Cycling Club	V	4:36:19	+0:20:17	0:54:36	0:53:59	0:54:36	0:56:18	0:56:50	14	11	9	13	13
12	Ruth Burrows	Mid Devon CC	WS	4:36:46		0:56:00	0:55:30	0:55:16	0:54:24	0:55:36	16	12	11	10	10
13	Richard Giles	Serpentine Running Club	S	4:39:46		0:55:32	0:57:30	0:55:31	0:56:00	0:55:13	15	14	12	12	9
14	Adrian Killworth	Welland Valley CC	V	4:45:20	+0:09:13	0:54:31	0:55:52	0:57:59	0:58:19	0:58:39	13	13	13	15	15
15	Robert Turner	Cheltenham & County Cycling	V	4:48:49	+0:07:47	0:56:55	0:57:45	0:58:33	0:58:37	0:56:59	17	15	15	16	14
16	Joanne Jago	Performance Cycles CC	WS	4:53:41		0:59:50	0:58:22	0:59:13	0:57:28	0:58:48	22	16	17	14	16
17	Jon Wiggins	Frome and District Wheelers	S	4:56:46		0:59:00	1:00:04	0:58:20	1:00:10	0:59:12	20	18	14	18	17
18	Paul Haig	Cheltenham & County Cycling	V	4:59:15	-0:02:39	0:58:30	0:59:03	1:00:02	0:59:50	1:01:50	18	17	18	17	21
19	Iwona Szmyd	Royal Dean Forest Cycle Club	WS	5:05:29		1:00:56	1:00:29	1:01:02	1:01:57	1:01:05	23	19	20	20	19
20	Sam Tomkins	G.S. Henley	S	5:06:07		1:01:22	1:01:25	1:02:20	1:01:45	0:59:15	24	20	21	19	18
21	Andrew Weighill	New Forest CC	S	5:06:43		0:59:27	1:02:12	1:01:01	1:02:27	1:01:36	21	21	19	21	20
22	Paul Jones	G.S. Henley	V	6:18:42 <sup>1</sup>	-1:32:35	1:08:21	1:13:46	1:21:20	1:14:10	1:18:06	25	23	23	22	22
23	Bob Symons	Salt and Sham Cycle Club	V	6:32:21	-1:20:21	1:11:41	1:13:41	1:18:39	1:22:13	1:26:07	26	22	22	24	24
24	Michael Fountain	Didcot Phoenix CC	V	6:52:42	-1:03:01	1:20:00	1:24:14	1:24:03	1:20:39	1:23:46	27	24	24	23	23
	Emma Bexson	Stratford Cycling Club	WV	DNF-PUNC		0:58:39					19				
	Nick Livermore	Bristol South Cycling Club	S	DNF-PUNC		0:50:42					5				
	Gareth Baines	Bristol South Cycling Club	S	DNF-PUNC											
	Josh Griffiths	Bristol South Cycling Club	J	DNF-PUNC											
	Paul Jones	Bristol South Cycling Club	V	DNF-PUNC											
	Lloyd Dobson	VeloVitesse/ALLCAP/James	S	DNF-PUNC											
	Peter Garnett	Swindon Road Club	V	DNF-PUNC		0:50:46					6				