

## Course Details

Riders numbers will be available at the HQ  
Please Sign On when collecting your number

**New CTT Regulation**

**ALL RIDERS MUST SIGN OFF AT THE END OF THE EVENT**

### COURSE F20/10 - 10 MILES

Please note that it is approximately 2½ miles from the HQ to the start.

**Start** (GR 358126) on A10 southbound car riageway at southern end of lay-by approximately half a mile south of Rush Green elevated roundabout (junction of A10 and A414) at 6<sup>th</sup> cats eye north of post marked 51/28. Proceed south past exits for A414 Harlow and A1170 Hoddesdon, to:-

**Turn** (4.8 miles) at Tur nford elevated roundabout. (signposted Br oxbour ne, Wormley, Turnford A1170). Take second exit onto slip road to join A10 northbound. Continue north on A10 past exits for A1170 Hoddesdon and A414 Harlow, to:-

**Finish** at fir st cat's-eye south of northern end of island in lay-by, approx. half a mile south of Rush Green elevated roundabout.

**N.B.** On finishing riders must not stop, but continue riding to take first exit (A414) to Rush Green elevated RAB and make their way back to the event HQ.

**Local Regulation:** Please note that ther e must be no par king of motor vehicles in the vicinity of the start and finish points apart from that of the timekeepers' or other event officials.

In order to avoid milling about and congestion at the start riders should not go to the start more than 5 minutes before their due time. The timekeeper or other club official should ensure that riders do not congest or obstruct the lay-by for other users.

There will be marshals on the course but the onus of keeping to the course is on the rider.

### Local Regulation No. 3

No cars other than those of the timekeepers and other event officials are to be parked in the vicinity of the start or finish points.

### NOTES :

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. Competitors under the age of 18 years **MUST** wear such a helmet.

**It is recommended** that a r ear light, either flashing or constant, is fitted to the machine and is active whilst the machine is in use.

Our thanks to the Whitewebbs Ladies for providing the refreshments on the day.

# Whitewebbs Cycling Club

**10 mile Time  
Trial for the  
Fred Meekcoms Memorial Trophy**

Course :- F20/10

Saturday 1st July 2017

**Headquarters & Changing Rooms - Please use them  
Great Amwell Parish Hall  
Hillside Lane, Amwell, Hertfordshire SG12 9SH**

Event Secretary :-  
Nigel Taylor  
8 Netley Dell  
Letchworth  
Hertts, SG6 2TF

Timekeepers :-  
Mike Bannister  
Beds RC  
&  
Frank Turner  
Hitchin Nomads

Tel: 01462 670242  
On the day mobile  
07827512747



## PRIZES

1st £30                      2nd £20                      3rd £15  
1<sup>st</sup> Team £30              1<sup>st</sup> Lady £12              Fastest Veteran £12

Please Note: Only one prize per rider

**Promoted for and on behalf of Cycling Time Trials  
under their Rules & Regulations**

