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PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

Thursday 6th July 2017 R10/9 – 7.46pm

Timekeepers - Start: Martyn Heritage-Owen, Finish: Robin Field

EVENT SEC: Heather Dennis, Southfield, 68 Cog Rd, Sully. Cardiff CF64 5TE Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.

Event Headquarters - West Camp Community Centre, Cowbridge Rd, St Athan. CF62 4NA (Open from 6.00pm). NB: SAT NAV will take you to the other side of the base.

From Cardiff head towards Llantwit Major. Two miles after passing the village of St.

Athan take the right turn - just before the traffic lights. See link below for guidance.

Race HQ on Google Maps - https://goo.gl/maps/opJd2h41n8r

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ, IN THE INTERESTS OF YOUR OWN SAFETY CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A <u>HARD SHELL HELMET</u> THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REGULATION 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

Course Description R10/9 St Athans

OS References: Sheet 170 - Start and finish 989683 Start opposite 50mph sign on B4235 near RAF St Athan Main Entrance in line with the drain. Proceed Eastwards on B4235 to circle roundabout with A4226 (Penmark/Rhoose airport access). Retrace to finish 55 Yards before start at eastern end of lay-by.

Prize List: In each of the following categories Men - 1st £20, 2nd £15, Woman - 1st £20, 2nd £15

One rider one prize. Prizes will be posted.

Please do not use adhesive tape to affix your race number, use the pins provided.

Free tea or coffee on return of your number. A selection of cakes will be available for very reasonable prices.

| bib | start_time | Name | Club | Cat | LTS |
|-----|------------|---------------------|-----------------------------|-----|----------|
| 46 | 19:46 | Karl Wills | Pontypool Road Cycling Club | VD | 00:21:26 |
| 47 | 19:47 | Terry Anthony | Ogmore Valley Wheelers CC | VF | 00:23:04 |
| 48 | 19:48 | Michael Battersby | Cardiff Triathletes | VD | 00:25:23 |
| 49 | 19:49 | Kevin Thomas | Pontypool Road Cycling Club | VB | 00:25:56 |
| 50 | 19:50 | Andy Davies | Cardiff Jif | М | 00:21:01 |
| 51 | 19:51 | Chris Fishbourne | Abercynon Road Club | VA | 00:21:55 |
| 52 | 19:52 | Andrew Hayward | Cwmcarn Paragon Road Club | VB | 00:23:00 |
| 53 | 19:53 | Simon Fairclough | Cwmcarn Paragon Road Club | М | 00:24:01 |
| 54 | 19:54 | Bill Snowdon | Cardiff Triathletes | VE | 00:28:04 |
| 55 | 19:55 | Paul Hayward | Cwmcarn Paragon Road Club | VB | 00:20:50 |
| 56 | 19:56 | Dean Ware | Merthyr CC | М | 00:22:06 |
| 57 | 19:57 | Marco Marletta | Cardiff Jif | VC | 00:22:57 |
| 58 | 19:58 | john Aspell | Forza Cycles | VB | 00:24:21 |
| 59 | 19:59 | Nigel Williams | Ogmore Valley Wheelers CC | VC | 00:27:55 |
| 60 | 20:00 | David Wilson-Evans | Bynea Cycling Club | VE | 00:20:41 |
| 61 | 20:01 | Gareth Rees | Cwmcarn Paragon Road Club | М | 00:22:12 |
| 62 | 20:02 | Roger Wood | Pontypool Road Cycling Club | VE | 00:23:46 |
| 63 | 20:03 | Diane Wilson-Evans | Bynea Cycling Club | WD | 00:24:17 |
| 64 | 20:04 | Helen Priest | Cardiff Ajax CC | WA | 00:26:55 |
| 65 | 20:05 | Christopher Gibbard | Bynea Cycling Club | М | 00:20:03 |
| 66 | 20:06 | Stephanie Post | VeloSistas TT Team | W | 00:22:17 |
| 67 | 20:07 | Rob Sanderson | Cardiff Ajax CC | М | 00:22:35 |
| 68 | 20:08 | Michelle Fishbourne | Abercynon Road Club | WC | 00:24:28 |
| 69 | 20:09 | Gillian Hopkins | Cardiff Triathletes | W | 00:30:00 |
| 70 | 20:10 | Chris Massey | Team Bottrill / HSS Hire | VB | 00:20:00 |
| 71 | 20:11 | Nathan Leaves | NFTO Race Club | М | 00:21:39 |
| 72 | 20:12 | Kari Jones | VeloSistas TT Team | W | 00:24:00 |
| 73 | 20:13 | Kyle Jones | Maindy Flyers Youth Cycling | Juv | 00:25:41 |
| | 20.44 | | Union Cycliste Ystrad | | |
| 74 | 20:14 | Gethin Davies-Jones | Mynach | VC | 00:25:53 |
| 75 | 20:15 | Ioan Smallwood | Cardiff Ajax CC | M | 00:19:40 |
| 76 | 20:16 | Lewis Donovan | Bike Doctor | Jun | 00:21:50 |
| 77 | 20:17 | Leon Evans | Cardiff Ajax CC | VA | 00:22:19 |
| 78 | 20:18 | Nigel Taylor | Cardiff Ajax CC | VA | 00:22:33 |
| 79 | 20:19 | Ryan O'Rourke | Monmouthshire Wheelers | M | 00:22:48 |
| 80 | 20:20 | Christopher Jones | Ride Bike Wales | VB | 00:19:00 |