



# SEAMONS CYCLING CLUB



## Inc VTTA M/CR & NW Presents their Open 25 Mile Time Trial (Cheshire Points Series 16 of 20) On Saturday 29<sup>th</sup> July 2017 @ 2.00pm

The event is 'Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations'.

### Event Secretary:

Charles Carraz. 36 Barkers Lane, Sale, Cheshire M33 6RG. H: 0161 4786894 M: 0778 9747116 Email: seamonsttsec@hotmail.co.uk

### Event HQ:

**Allostock Village Hall**, Chapel Lane, Cheshire, WA16 9LN. Signposted off the A50 Holmes Chapel to Knutsford road (3 miles north of Holmes Chapel).

### Time Keepers:

Graham Lawrence (start) and Celia Elliott (finish)

### Prize List: (1 prize per rider except team prize)

	<b>Overall</b>	<b>Ladies</b>	<b>Vets on Std</b>	<b>Handicap</b>	<b>Junior</b>	<b>Team of 3</b>
1st	£50	£50	£50	£40	£20	£20
2nd	£40	£40	£40	£30		
3rd	£30	£30	£30	£20		
4th	£20	£20	£20	£10		
5th	£10	£10	£10			

The overall winner receives the Dennis Chapman trophy for one year and two tickets to the Seamons CC dinner in February.

The fastest M&NW VTTA rider with the best aggregate standard times from both the Nova CC & VTTA 25 and the Seamons CC 25 to hold the VTTA Manchester & North West Group 25 Mile Championship Cup for 12 months.

There have been a numerous road works this year on the course. In case the J2/9 is unavailable, please make yourself familiar with the J4/8 as an alternative. <http://manchesterctt.org.uk/j4-8RevMarch2017.pdf>

### COURSE J 2/9 25 miles

#### START

At A "JS2" mark in Bomish Lane (Jodrell Bank to Goostrey road). At a telegraph pole No 2 approx. 300yds west of the A535.

Proceed East to the A535 and forward on the A535 to:-

**CHELFORD ISLAND 2.169 m**

2nd exit left on the A537 to Seven Sisters lane at:-

**OLLERTON CROSS ROADS 5.219 m**

left along the lane to the A50 and left on the A50 to Twemlow Lane at:-

**CRANAGE 11.408 m** left into and along the lane to join the A535 at

Twemlow Green, left to:-

**CHELFORD ISLAND 18.064 m**

2nd exit left on the A537 to Seven Sisters Lane at

**OLLERTON CROSS ROADS 21.052 m**

left along the lane to the A50 and, left on the A50 to:-

**FINISH 25.000 m**

At a "JF2" mark opposite the right hand field gate post opposite and just before the entrance to the Mount Pleasant Nursing Home approx. 200 yards after Mangoletsi Car dealership.

Directions to the start:

The start is 4.5 miles from the HQ so please allow sufficient time to get there. From the HQ, carry on to the end of Chapel Lane. Turn right on to the A50 London Road and first left on to New Plat Lane. Go left on to the Main Road and proceed through Goostrey Village and turn left at the church on to Blackden Lane. Bear right on to Bomish Lane and continue to the start, shortly after Jodrell Bank.

Directions from the finish:

Turn right shortly after the finish on to Chapel Lane.

#### SAFETY NOTES

1. No parking at the start or finish. Vehicles must not be parked, however briefly, in any part of the access area to Mount Pleasant Nursing Home, opposite the finish.
2. Riders must not stop at the finish but should continue on to the event headquarters where times will be displayed.
3. Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road.
4. Riders must be able to brake and stop at the island if traffic conditions require this. Riders **MUST NOT** approach and encircle the island using tri-bars. Remember - traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.
5. Care At Road Junctions. Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.
6. Riders must take **extra care when exiting from Seven Sisters Lane** onto the A50. **Observers will report riders** who breach this rule.
7. Riders must take care when turning left into Seven Sisters Lane and Twemlow Lane not to swing right into the path of following traffic.
8. Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.
9. **IN THE INTERESTS OF YOUR OWN SAFETY**, Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety. In accordance with Regulation 15 **ALL JUNIOR & JUVENILE** competitors must wear Protective Hard Shell Helmets.
10. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

#### GENERAL NOTES

1. Riders must sign the signing on sheet and collect their number at the HQ before starting.
2. Riders must return their number to the HQ after riding and sign out.
3. Refreshments will be available at the HQ after the event.
4. Please note the HQ is booked for another event at 6.00pm.

Sponsored Clubs (whose full names are too long to fit in the Club Field)

Warrington Road Club – Horton Light Engineering/RS Cyclesport

Vision Racing – Delamere Dairy/GRM Property Consultants/Swinerton Cycles

<u>No</u>	<u>Time</u>	<u>Rider</u>	<u>Club</u>	<u>H'cap</u>	<u>VTTA Std</u>	<u>-</u>
1	14:01	Paul Barber	Seamons CC	0:14:20	01:10:04	V
2	14:02	David Jones	Wrexham RC	0:10:40	01:07:26	V
3	14:03	Andrew Pyatt	Janus RC	0:14:20	01:07:03	V
4	14:04	Rob Bailey	Cheshire Roads Club	0:21:00	01:10:57	V
5	14:05	Anthony Blair	Manchester Bicycle Club	0:06:00	01:07:15	V
6	14:06	Steven Hazeldine	Stone Wheelers CC	0:09:00	01:08:14	V
7	14:07	Andy Whitehead	Seamons CC	0:12:40	01:08:52	V
8	14:08	Jon Dance	ABC Centreville	0:16:30	01:06:26	V
9	14:09	Martin Ince	Salford Cycling Club	0:26:00	-	S

10	14:10	Nigel Wood	Vision Racing	0:03:20	01:08:52	V
11	14:11	Kevin Corden	Stone Wheelers CC	0:07:20	-	S
12	14:12	Paul Basson	ABC Centreville	0:10:20	01:07:03	V
13	14:13	Simon Williams	Ashley Touring CC	0:14:20	-	S
14	14:14	Mike Kilburn	Seamons CC	0:20:40	01:09:49	V
15	14:15	Andrew Smith	Seamons CC	0:05:40	-	S
16	14:16	Kelvin Milward	Congleton CC	0:08:40	01:09:05	V
17	14:17	Ronan O'Cualain	Seamons CC	0:12:40	01:06:00	V
18	14:18	Paul Jennings	Lyme Racing Club	0:17:00	01:14:06	V
19	14:19	Jan Scotchford	North Lancs RC	0:22:20	01:13:41	FV
20	14:20	Alan Chorley	Seamons CC	0:03:00	01:07:15	V
21	14:21	Robbie Harcourt	Salford Cycling Club	0:06:40	01:08:52	V
22	14:22	Chris Warner	Stone Wheelers CC	0:10:20	01:09:19	V
23	14:23	Stephen Cooke	Walsall Roads Cycling Club	0:14:00	01:09:49	V
24	14:24	Benjamin Davies	Withington Wheelers	0:20:20	01:06:13	V
25	14:25	Victoria Smith	AeroCoach	0:05:40	-	FS
26	14:26	Andy Bennett	Onimpex-Bioracer RT	0:08:20	01:08:02	V
27	14:27	Nigel Modlinsky	Seamons CC	0:12:40	01:06:51	V
28	14:28	Robert Bath	Black Horse Velo CC	0:17:20	01:08:52	V
29	14:29	Greg Vallance	Glossop Kinder Velo Cycling Club	0:21:00	01:08:39	V
30	14:30	John Morgan	Coveryourcar.co.uk RT	0:02:40	01:06:13	V
31	14:31	Mark Maguire	Vision Racing	0:07:20	-	S
32	14:32	Alan Orme	Frodsham Wheelers	0:07:20	01:08:14	V
33	14:33	Paul Mannion	Manchester Tri Club	0:14:00	01:08:39	V
34	14:34	Paul Neale	Velo-m	0:20:00	01:07:15	V
35	14:35	Ben Norbury	Congleton CC	0:05:20	-	S
36	14:36	Adam Darby	Salford Cycling Club	0:08:20	-	S
37	14:37	David Fox	Warrington Road Club	0:12:20	01:08:52	V
38	14:38	Rachel Hall	Manchester Tri Club	0:17:00	-	FS
39	14:39	Rob Kirk	Withington Wheelers	0:24:20	01:08:26	V
40	14:40	Barry Charlton	Swinnerton Cycles	0:02:20	01:08:14	V
41	14:41	Andy Ashurst	Manchester Wheelers	0:07:00	01:08:26	V
42	14:42	John Cripps	Leigh Premier Road Club	0:10:00	-	S
43	14:43	Claire Harrison	Vision Racing	0:14:00	01:11:56	FV
44	14:44	Matthew Riddiough Boylan	Glossop Kinder Velo Cycling Club	0:19:20	-	S
45	14:45	Mark Pryal	Seamons CC	0:21:40	01:07:26	V
46	14:46	Stephen l'Anson	Buxton CC/Sett Valley Cycles	0:08:00	01:10:38	V
47	14:47	Mark Nicholls	Pro Vision Cycle Clothing	0:12:20	01:07:03	V
48	14:48	Barry Armstrong	Seamons CC	0:16:00	01:11:36	V
49	14:49	David Steele	Lyme Racing Club	0:24:00	01:18:26	V
50	14:50	Darren Maironis	Velotik Racing Team	0:01:40	01:06:51	V
51	14:51	Robin Green	Runcorn CC	0:06:40	01:07:15	V
52	14:52	Andy Robinson	Vision Racing	0:09:40	01:07:38	V
53	14:53	Steve Simpson	Element Cycling Team	0:13:40	01:06:39	V
54	14:54	Richard Berry	North Shropshire Wheelers	0:19:20	01:09:49	V
55	14:55	Chris Siepen	Seamons CC	0:04:20	-	S
56	14:56	John Spearman	Seamons CC	0:08:00	01:06:51	V
57	14:57	Alex McNicol	Congleton CC	0:12:20	-	S
58	14:58	Stephen Wilkinson	Team Wheelguru	0:15:40	01:10:21	V

59	14:59	Harry Davies	Manchester Tri Club	0:23:40	01:15:09	V
60	15:00	Joseph Dobson	Manchester Bicycle Club	0:01:20	-	S
61	15:01	Alistair Stanway	Weaver Valley CC	0:06:40	01:07:50	V
62	15:02	Mike Cotgreave	Westmead Team 88	0:09:40	01:15:43	V
63	15:03	Alice Leclercq	Boot Out Breast Cancer Cycling Club	0:13:20	-	FS
64	15:04	John Verbickas	Seamons CC	0:18:20	01:15:09	V
65	15:05	Mostyn Bullock	Buxton CC/Sett Valley Cycles	0:04:40	01:08:14	V
66	15:06	Martin Wiggan	Seamons CC	0:08:00	01:06:51	V
67	15:07	Peter Howarth	Stretford Wheelers CC	0:12:00	01:09:34	V
68	15:08	Mike Wolstenholme	Macclesfield Wheelers	0:15:40	01:16:20	V
69	15:09	Sian Owen	Macclesfield Wheelers	0:22:40	-	FS
70	15:10	Jack Schofield	Congleton CC	0:01:00	-	S
71	15:11	Mark Fenton	Stone Wheelers CC	0:06:40	01:08:02	V
72	15:12	Philip Kelly	Born to Bike - Bridgtown Cycles	0:09:40	01:08:14	V
73	15:13	Rich Brown	Knutsford Tri Club	0:13:00	-	S
74	15:14	Graham Trevena	Macclesfield Wheelers	0:18:00	01:08:52	V
75	15:15	Robin Brennan	Preston CC	0:04:20	01:08:02	V
76	15:16	Christian Fox	Manchester Wheelers	0:07:40	01:06:51	V
77	15:17	Daniels Kucerjavijs	Mossley Cycle Racing Team	0:12:00	-	J
78	15:18	Mark Cleverley	Cheshire Mavericks Cycle Club	0:15:20	01:07:50	V
79	15:19	Teddy Weyman	Rapha Cycling Club	0:14:40	-	S
80	15:20	Adam Robinson	Vision Racing	0:00:40	-	S
81	15:21	Paul Johnstone	Preston CC	0:06:20	01:07:38	V
82	15:22	David Wright	Warrington Road Club	0:09:40	01:09:49	V
83	15:23	Clive Wilkinson	Birkenhead North End CC	0:13:00	01:08:39	V
84	15:24	Mark Wilkinson	Team Wheelguru	0:18:00	-	J
85	15:25	Richard Longstaff	Newcastle Racing Club Vekta Velosport	0:17:20	01:06:51	V
86	15:26	Steve Downey	Team Aspire	0:10:40	-	S
87	15:27	Steven Whittington	ABC Centreville	0:11:00	01:06:51	V
88	15:28	Pauline Atkinson	Seamons CC	0:15:20	01:14:38	FV
89	15:29	Karen Radband	Team Glow	0:21:40	-	FS
90	15:30	David Crawley	Velotik Racing Team	0:00:40	01:06:13	V
91	15:31	John Nottingham	Seamons CC	0:12:40	01:08:02	V
92	15:32	Tony Perrin	Stone Wheelers CC	0:09:20	01:09:19	V
93	15:33	Mike Cole	Huddersfield RC	0:12:40	01:15:09	V
94	15:34	Paul Furness	Seamons CC	0:17:40	01:06:39	V
95	15:35	Daniel Mathers	Seamons CC	0:04:00	01:06:51	V
96	15:36	Stephen Sladin	Congleton CC	0:07:20	01:08:02	V
97	15:37	Steven Drew	Leigh Premier Road Club	0:11:00	01:07:03	V
98	15:38	Alan Peter Meinhardt	Pro Vision Cycle Clothing	0:14:40	01:08:14	V
100	15:40	Jonathan Gildea	Para-T	0:00:20	-	S
101	15:41	Brian Sunter	Condor RC	0:06:00	01:16:20	V
102	15:42	James Robinson	Vision Racing	0:09:00	-	E
103	15:43	Alistair Rutherford	Secret-training CC	0:06:40	-	S
105	15:45	Adrian Hughes	Seamons CC	0:03:40	01:08:02	V
106	15:46	Basil leRoux	Seamons CC	0:10:00	01:06:26	V
107	15:47	Robert Pollen	Ashley Touring CC	0:07:20	-	S
108	15:48	Phil Robinson	Janus RC	0:04:00	01:07:38	V
109	15:49	Ian Haddock	Warrington Road Club	0:05:20	-	S
110	15:50	Matt Gibson	JLT Condor	0:00:00	-	E