

Team Swift

12 Hours, 100, 50 & 8 Miles Time Trials

Sunday 30 July 2017

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary

Keith Lawton 1 Pinfold Court, Sherburn in Elmet. LS25 6LD
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Assistant Event Secretary

Mike Williams 10 Manor Garth Skidby, Cottingham, Hull. HU16 5UF
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Start Timekeeper

Geoff Backshall

Circuit Timekeepers

Keith/Joyce Webb (A), George Barker (B), Mick Phillips (C),
Betty Philipson (D), Phil Hurt (E)

Finish Timekeeper (50 miles)

Mike Penrice

Finish Timekeeper (100 miles)

Geoff Backshall

Chief Marshal

Mike Williams

HQ (Open from 05:00)

Melbourne Cricket Pavilion and Scout Hut
Situating at the east end of Melbourne Village (Y042 4RD)

Parking

In the marked area on the field. **DO NOT PARK ON THE DRIVEWAY**

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Start

This is located on the road just outside the HQ, approximately 3.5 miles southwest of the A1079 York to Hull road. Allerthorpe Lane end/Roundabout is approx. 9 miles down the A1079 from the A64 (York By Pass)

Numbers, Signing-On and Food

These will be at the HQ

Please fix with pins and not tape.

You need to ensure that you return, following your ride, to sign out.

You must sign in and out yourself. **Failure to sign out will result in a DNF** being recorded against a rider's name

Course Marking

Direction arrows will be displayed at all turns. Riders and helpers should look out for these.

Cycle Event warning signs will be placed for the benefit of other road users as defined in the course Risk Assessment.

Marshals

Marshals will be placed around the course to direct you to the next marshal point, they are not there to stop traffic in your favour. **All marshals will be issued with a long sleeved Hi-Vis jacket. Please wear this for your own safety and the benefit of the riders.**

Camping/Overnight Parking

Please note that this is not allowed at the HQ

Feeding Station

Food/Drinks/Sponges will be available adjacent to the start on each lap. Riders may have to stop to collect what they require.

Use of Motor vehicles (Not allowed in the 50)

Regulation 22 (use of motor vehicles) **allows** for assistance with a competitor's reasonable feeding and other requirements. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Such vehicle should be driven at normal traffic speed. Riders should read the regulations and instruct their helpers that disqualification can result if obstruction or annoyance is caused to other competitors

The enclosed form should be handed in at signing on.

Drivers of supporting vehicles should take care not to cause obstruction whenever they park. Please take extra care on the finishing circuit, especially when parking up when your riders time has expired. **DO NOT PARK ON PRIVATE PROPERTY.**

Rider Notes

Riders encounter Allerthorpe Roundabout twice on each circuit. When emerging from Allerthorpe Lane encircle the roundabout and return into Allerthorpe Lane (except when on the finishing circuit). When approaching the roundabout on the A1079 proceed straight across (2nd exit), staying on the A1079.

Riders must obey all the rules of the road and all CTT regulations. During the event riders will pass through several villages. Please remain alert and beware of parked cars etc. at the side of the road.

Please note that Southfield Lane is narrow for the first mile or so. Please be aware of the Cricket Field on Sutton Lane. If there is a match on there are likely to be a number of parked cars on the verge.

Awards

	Men	Women
12 Hours		
1st	£40.00	£40.00
2nd	£30.00	
3rd	£20.00	
Tandem	£15.00	each. If covering more than 220 miles
100 Miles		
1st	£25.00	£25.00
2nd	£20.00	£20.00
3rd	£15.00	
Tandem	£10.00	each. If faster than 4:30:00
50 Miles		
1st	£25.00	£25.00
2nd	£20.00	£20.00
3rd	£15.00	

VTTA (Yorkshire Group) (VTTA Members only)

1st overall on Standard (Any Age)

Holds the “**John Pickles Memorial Trophy**” for one year.

North Midlands & VTTA (North Mids Group)

Fastest NM affiliated Club member holds the

“**Trevor Wilkinson Trophy**” for one year

VTTA (North Mids) group member Best on Standard holds the “**Brian Beardsley Cup**” for one year.

V12Hr (2012)	Inter.	Lap1	Lap2	Lap3	Lap4	Lap5
Start outside HQ (Melbourne Scout Hut) on North Side of road, opposite Power Pole.						
Proceed eastwards to Allerthorpe Roundabout/junction A1079	3.857	3.857	44.448	85.039	125.630	166.221
Encircle roundabout and retrace to pass HQ to Rossmoor Junction. LEFT	5.757	9.614	50.205	90.796	131.387	171.978
Proceed on B1228 to Bubwith X/Roads. LEFT	6.181	15.795	56.386	96.977	137.568	178.159
On A163 to Southfield Lane. LEFT	3.011	18.806	59.397	99.988	140.579	181.170
Proceed through Seaton Ross, on Church Lane and Mill Lane to Everingham. LEFT	5.241	24.047	64.638	105.229	145.820	186.411
to Junction with A1079. LEFT	2.417	26.464	67.055	107.646	148.237	188.828
Allerthorpe Roundabout. STRAIGHT ON (2nd exit)	3.731	30.195	70.786	111.377	151.968	192.559
to Sutton Lane.	1.825	32.020	72.611	113.202	153.793	194.384
LEFT on unclassified road to Sutton Village. LEFT	4.064	36.084	76.675	117.266	157.857	198.448
Through Sutton to Rossmoor. Straight on	2.554	38.638	79.229	119.820	160.411	201.002
through Melbourne (Past Original Start)	1.953	40.591	81.182	121.773	162.364	202.955
Continue to repeat circuit a further 4 times or as directed by the course marshal						
through Melbourne (Past Original Start.)	202.955					

Commence Finishing Circuit		
through Melbourne (Past Original Start.)	202.955	
to Timekeeper A , (Principal) adjacent to hydrant next to gateway opposite approx 100 yds after road leading to Everingham and Seaton Ross (Sumo UK junction).	0.531	203.486
Continue to Timekeeper B , situated outside Allerthorpe Village Hall	2.687	206.173
Allethorpe Roundabout. Left, 1st exit	0.639	206.812
to SuttonLane. LEFT on unclassified road to	1.819	208.631
Timekeeper C , Situated at Northern end of gateway leading to woodland 150yds after passing under pylons and 200 yds before road junction on the left.	0.885	209.516
Timekeeper D , adjacent to Public Footpath sign 100 yds before Sutton on Derwent sign.	2.828	212.344
Sutton Village. Left Turn	0.351	212.695
Timekeeper E , at Power pole L0957-2 . Aprox 110 yards East narrow lane and 200 east of narrow bridge.	1.867	214.562
Rossmoor Junction. Straight On	0.687	215.249
through Melbourne (Past HQ)	1.953	217.202
to Timekeeper A , (Principal) adjacent to hydrant next to gateway opposite "East Riding Farm Produce" approx 100 yds after road leading to Everingham and Seaton Ross.	0.531	217.733

Number of completed circuits

		1	2	3	4	5	6	7
TKA	203.486	217.733	231.980	246.227	260.474	274.721	288.968	303.215
TKB	206.173	220.420	234.667	248.914	263.161	277.408	291.655	305.902
TKC	209.516	223.763	238.010	252.257	266.504	280.751	294.998	309.245
TKD	212.344	226.591	240.838	255.085	269.332	283.579	297.826	312.073
TKE	214.562	228.809	243.056	257.303	271.550	285.797	300.044	314.291

Riders should continue riding to the next timekeeper after their time expires before stopping.

There is not a finishing circuit timekeeper outside the HQ

Course Record 301.71 miles, Nik Bowdler 2012

V350 (50 miles event)

Start outside HQ (Melbourne Scout Hut) on North Side of road, opposite Power Pole.

Proceed eastwards to Allerthorpe Roundabout/junction A1079 3.857

Encircle roundabout and retrace to pass HQ to Rossmoor Junction.**LEFT** 9.614

Proceed on B1228 to Bubwith X/Roads. **LEFT** 15.795

On A163 to Southfield Lane. **LEFT** 18.806

Proceed through Seaton Ross, on Church Lane and Mill Lane to Everingham. **LEFT** 24.047

to Junction with A1079. **LEFT** 26.464

Allerthorpe Roundabout. **STRAIGHT ON** (2nd exit) 30.195

to Sutton Lane. 32.020

LEFT on unclassified road to Sutton Village. **LEFT** 36.084

Through Sutton to Rossmoor. Straight on 38.638

through Melbourne (Past Original Start) 40.591

Proceed eastwards to Allerthorpe Roundabout/junction A1079 44.448

Encircle roundabout and retrace to **50 FINISH** at Power Pole P0071 approx 150 yards before Rossmoor junction **50.000**

V370 (100 miles event) as above then

to Rossmoor Junction.**LEFT**

Proceed on B1228 to Bubwith X/Roads. **LEFT** 56.386

On A163 to Southfield Lane. **LEFT** 59.397

Proceed through Seaton Ross, on Church Lane and Mill Lane to Everingham. **LEFT** 64.638

to Junction with A1079. **LEFT** 67.055

Allerthorpe Roundabout. **STRAIGHT ON** (2nd exit) 70.786

to Sutton Lane. 72.611

LEFT on unclassified road to Sutton Village. LEFT	76.675
Through Sutton to Rossmoor. Straight on	79.229
through Melbourne (Past Original Start)	81.182
Proceed eastwards to Allerthorpe Roundabout/junction A1079	85.039
Encircle roundabout and retrace to pass HQ to Rossmoor Junction. LEFT	90.796
Proceed on B1228 to Bubwith X/Roads. LEFT	96.977
On A163 to Southfield Lane. LEFT to finish road approx 800 yards north of A163	100.000

This event is run in memory of
Ron & May Kitching
 and incorporates the VTTA (Yorkshire),
 North Midlands & VTTA (North Mids.) 12 Hours Events

12 Hours Event					
No.	Name	Club	TOS	Cat	STD
1	Paul Heggie	Birdwell Wheelers	06:01	V 63	181.17
2	Sean Quinn	Law Wheelers	06:02	V 44	207.05
3	Andrew Watson	Knottingley Velo	06:03	V 47	203.30
4	Chris Yianni	Withington Wheelers	06:04	V 54	194.68
5	Peter Watson	Harrogate Nova CC	06:05	28	
6	Cliff Beldon	Selby CC	06:06	V 70	166.79
7	Wayne Randall	Barnsley Road Club	06:07	V 54	194.68
8	Mark Lansdown	Albarosa CC	06:08	V 60	186.17
9	Jonathon Snowden	Vive Le Velo	06:09	V 45	205.77
10	Daniel Shackleton	ABC Centreville	06:10	V 46	204.53
11	Andy Whitehead	Rockingham CC	06:11	V 51	198.44
12	Michael Hutchings	Harrogate Nova CC	06:12	V 51	198.44
13	Alan Morris	Hinckley Cycle Racing Club	06:13	V 56	192.02
14	Richard Witney	Rutland Cycling Club	06:14	V 46	204.53
15	Norman Griffin	Vive Le Velo	06:15	V 59	187.71
16	John Bennett	Barnsley Road Club	06:16	V 45	205.77
17	Ian Garbett	Holmfirth C C	06:17	V 43	208.35
18	Sonya Drummond	Dundee Thistle	06:18	W V 44	188.19
19	J Damian Bourke	Knottingley Velo	06:19	V 53	195.95
20	Joe Le Sage	Rutland Cycling Club	06:20	V 44	207.05
21	Lawrence Burrows	Vive Le Velo	06:21	32	
22	Blaine Metcalf	Team Swift	06:22	25	
23	Lee Ibbitson	Stocksbridge CC/Full Gas Bikes/Irwin Mitchell Solicitors	06:23	V 50	199.66
24	Tim Swindin	City RC (Hull)	06:24	V 50	199.66
25	Graham Jones	Edinburgh Road Club	06:25	V 52	197.21
26	Ed Neilson	Vive Le Velo	06:26	V 40	212.59
27	Andy Wickham	North Bucks RC	06:27	V 47	203.30
28	Michael Coulter	East Lancashire RC	06:28	V 48	202.08
29	Philip Mason	Otley CC	06:29	V 57	190.63
30	Derek McMillan	SVTTA	06:30	V 57	190.63
31	Angus Wilson	Dundee Thistle	06:31	V 48	202.08
32	James Darren Gough	Barnsley Road Club	06:32	V 48	202.08
33	Julian Ormandy	Direct Power Cycling Team	06:33	V 41	211.12
34	Craig Boddice	City RC (Hull)	06:34	34	
35	Andrew Askwith	Bridlington CC	06:35	V 52	197.21
36	Bob Symons	Salt and Sham Cycle Club	06:36	V 62	182.91
37	Steve Burrows	Vive Le Velo	06:37	V 58	189.19
38	Gary Simpson	Jackpot Racing	06:38	V 49	200.87
39			06:39		
40	Dave Lazenby	Baines Racing Silverstone Cycle	06:40	V 53	195.95
41			06:41		
42			06:42		
43			06:43		
44			06:44		
45	Mark Nulty	Glossop Kinder Velo Cycling Club	06:45	32	
46	Doug Hart	Ilkley CC	06:46	V 44	207.05
47			06:47		
48	Frank Healy & Alisa Healy	Ravensthorpe CC/The Racing Chance Foundation	06:48	Tandem	
49			06:49		
50			06:50		
51			06:51		

	100 Miles Event				
52	JP Pretorius	Hull Thursday RC	06:52	35	
53	Rob Duddington	Barracuda Tri Club	06:53	V 44	
54	Georgia Collins	Tyneside Vagabonds CC	06:54	W 28	
55	Steven Fullerton	Darlington Cycling Club	06:55	V 49	
56	Rob Wild	Velo Club Long Eaton	06:56	34	
57	Virginia Mcgee	Charlottesville Cycling Club	06:57	W V 54	
58	John Hobbah	Yorkshire Road Club	06:58	V 52	
59	Michael Williamson	GS Metro	06:59	26	
60	Greg Melia	Clifton CC York	07:00	32	
61	Jon Longworth	Bury Clarion CC	07:01	V 47	
62	Danny Sampson	Selby CC	07:02	V 45	
63	Steve Gelder	Team Swift	07:03	V 48	
64	Tania Tucker	Tyneside Vagabonds CC	07:04	W V 42	
65	Stewart Pickard	Vive Le Velo	07:05	V 49	
66	Simon Ward	Scarborough Paragon CC	07:06	V 44	
67	Alasdair Bruce	Yorkshire Road Club	07:07	V 60	
68	Mike Potter	Scarborough Paragon CC	07:08	V 58	
69	Fiona Sharp	York Cycleworks	07:09	W 38	
70	Gary Hunt	Hartlepool CC	07:10	V 54	
71	John Bradbury	CC Sudbury	07:11	V 46	
72	Stephen Littlewood	Sherwood CC	07:12	V 53	
73	Richard Anderson	Border City Whs CC	07:13	27	
74	Ian Phythian	Petuaria RC	07:14	V 51	
75	Randle Shenton	Team Swift	07:15	V 59	
76	Philip Graves	NOPINZ	07:16	28	
77	Brian Mundy	Sheffrec CC	07:17	V 46	
78	David Robinson	Tyneside Vagabonds CC	07:18	V 56	
79	Shaun Teasdale	Stockton Wheelers CC	07:19	V 44	
80	Steve Ayres	Bronte Whs	07:20	38	
81	Mike Furby & E Furby	Valley Striders Cycling Club	07:21	Tandem	
82			07:22		

	50 Miles Event				
83	Jason Procter	Valley Striders Cycling Club	07:23	V 47	
84	John Hatfield	Ravensthorpe CC	07:24	V 70	
85	Darren Caines	Bronte Whs	07:25	V 50	
86	Alan Sides	Rotherham Wheelers Cycling Club	07:26	V 73	
87	Brian Ward	Scarborough Paragon CC	07:27	V 82	
88	Tony Morris	Thurcroft CC	07:28	V 75	
89	Liz Ball	Valley Striders Cycling Club	07:29	W V 64	
90	Stephen Lloyd	Bronte Whs	07:30	V 48	
91	John Baines	Yorkshire Road Club	07:31	V 79	
92	Liam Rees	Ilkley CC	07:32	38	
93	Nik Blesic	Ravensthorpe CC	07:33	V 46	
94	Liz Hills	Otley CC	07:34	W V 40	
95	Tony Stott	VTTA (Yorkshire)	07:35	V 72	
96	Sheldon Howcroft	Otley CC	07:36	V 56	
97	Gavin Laffoley	Fife Century Road Club	07:37	Espoir 20	
98	Philip Worbey	Cyclesense CC	07:38	V 54	
99	Carol O'connor	Calder Clarion	07:39	W V 52	
100	Mark Symons	City RC (Hull)	07:40	V 56	
101	Mel Sykes	3 RT	07:41	W 34	
102	Patrick O'connor	Calder Clarion	07:42	V 52	
103	Dave Bennett	Darlington Cycling Club	07:43	V 69	
104	Claire Jessop	Otley CC	07:44	W V 47	
105	Ian Mitchelson	Albarosa CC	07:45	V 44	
106	Alex Smethurst	Team Swift	07:46	W 25	
107	Joseph Alderson	Albarosa CC	07:47	27	
108	Nikola Matthews	Boot Out Breast Cancer Cycling Club	07:48	W 35	
109	Lindsay Rawling	Ilkley CC	07:49	W 38	
110	Adrian Stott	Jackpot Racing	07:50	V 43	
111	Mark Burtonshaw	Team Swift	07:51	V 59	
112	Greg Kershaw	Drighlington BC	07:52	38	
113	Richard Walker	Hull Thursday RC	07:53	V 48	
114	Susan Sanders	Drighlington BC	07:54	W V 43	
115	Richard Sharp	York Cycleworks	07:55	35	
116	David Percival	Team Swift	07:56	V 40	
117	Maria Mulleady	Team Swift	07:57	W 38	
118	Elaine Garvican	Tri Training Harder	07:58	W 37	
119	Wayne Fuller	Rotherham Wheelers Cycling Club	07:59	V 72	
120	Jim Trevor	Hull Thursday RC	08:00	V 45	

8 Miles Time Trial

Starting at 16:01

Course V365

	Approx	Total
Start outside HQ (Melbourne Scout Hut) on South Side of road, adjacent to Power Pole.		
Proceed westwards to Rossmoor Junction. LEFT	1.90	1.90
Proceed south on B1228 to junction with Ash Lane. LEFT	1.20	3.10
Proceed eastwards on Ash Lane to Seaton Common. LEFT	3.00	6.10
Proceed to Ryham Gate. LEFT	0.50	6.60
Continue Northwest to junction with Melbourne to Allerthorpe Road. LEFT	1.40	8.00
To Finish at original starting point outside HQ.	0.40	8.40

Awards

	Men	Women
8.5 Miles		
1st	£10.00	£10.00

No.	Name	Club	TOS	Cat
121	Pauline Mitchell	Cliff Pratt Racing	16:01	W V 43
122	Sam Leng	Malton Whs	16:02	26
123	Darren Yarwood	VC Beverley	16:03	V 43
124	Debra Charlesworth	Cliff Pratt Racing	16:04	W V 45
125	Nick Rogers	Team Swift	16:05	39