

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



The Start Sheet for the
East Anglian VTTA 25m TT
GERI LANG MEMORIAL CUP

Awarded annually to the best on standard Group member in the last Group 25
Also includes Open Tandem event

Course E2/25 – Sunday 30th July 2017 - Starts at 06:03

Course details E2/25: - START at paint mark on A142 just before slip road to A14 westbound. Take slip road and continue onto A14 westbound, and stay in left lane onto A11 where A14 diverges. Continue to Four Went Ways (12.77m), where take slip road to elevated roundabout and circle to rejoin A11 northbound. Retrace via A11 and A14 to FINISH at the drain cover 60 kerb joints before 'Give way in 100 yards' sign on slip road to A142.

IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

NOTES TO RIDERS - The following local regulations must be adhered to: -

1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.
2. NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous maneuver are liable for disqualification from the event and further disciplinary action by the CTT District Committee.
3. Numbers will be situated in the HQ and riders must sign for them personally. They can be exchanged for a hot or cold drink after the event at the Leisure Centre café, just give them your number.
4. NO cars to stop or park at the start or finish areas, the finish is a clearway.
5. No warming-up by competitors is allowed along any part of the designated course, after the event has started. **NOTE:** NO Riders allowed in the start area more than 5 minutes before starting.
6. **ON FINISHING RIDERS MUST STAY TO THE LEFT HAND SIDE OF THE SLIP ROAD, ANY RIDER MOVING OVER TO THE RIGHT WILL BE DISQUALIFIED, THIS IS FOR YOUR OWN SAFETY**
7. **AT THE TOP OF THE SLIP ROAD GO LEFT, THEN TAKE NEXT LEFT, WINDMILL HILL FOLLOW TO EXNING, AT T JUNCTION GO LEFT INTO EXNING ROAD, THE LEISURE CENTRE IS APPROX. 2.5 MILES.**
8. Please check notice board next to results board on returning number for Doping control.

Timekeepers: John Cottee & Wendy Dorling

Event Secretary: Paul Hirst, 85 Peterborough Avenue, Upminster, Essex. RM14 3LL

Mobile: 07704 622446

Start Sheet prepared by Keith West of Questronics Computing Service

VTTA Solo Event

No	Name	Club / Team	Age	Standard	VTTA Group	Start
3	Kevin SMART	Stevenage CC	45	1:07:03		6.03
4	Thierry HUSER	Dulwich Paragon CC	56	1:09:19	London & H/C	6.04
5	Denise HURREN (W)	Sole Bay Cycle Sport	52	1:13:55	East Anglia	6.05
6	Ian CARDY	Chelmer CC	53	1:08:39	East Anglia	6.06
7	John SWANBURY	VC Baracchi	70	1:14:06	East Anglia	6.07
8	Gillian REYNOLDS (W)	Willesden CC	68	1:19:06	London & H/C	6.08
9	Patrick ELLERBECK	St Neots CC	63	1:11:16		6.09
10	Tim KINGSTON	GS Invicta-Eye Level Optical-Herbert cycles	42	1:06:26	Kent	6.10
11	Robert ROYSTON	Sydenham Whs	62	1:10:57	Kent	6.11
12	Graham PEPPERDINE	Verulam CC	54	1:08:52	East Anglia	6.12
13	Danny FROST	Folkestone Velo Club	53	1:08:39	Kent	6.13
14	Stuart FIELD	CC Ashwell	52	1:08:26	East Anglia	6.14
15	Ben BRANDON	Team Bottrill / HSS Hire	50	1:08:02	London & H/C	6.15
16	Chris ROBERTS	Team PedalRevolution.co.uk	72	1:15:09	East Anglia	6.16
17	Gary MATTHEWS	Sole Bay Cycle Sport	56	1:09:19	East Anglia	6.17
18	Wayne GREVE	Shaftesbury CC	49	1:07:50	East Anglia	6.18
19	Tim PHILLIPS	St Ives CC	47	1:07:26		6.19
20	Andre DYASON	Cambridge CC	57	1:09:34	East Anglia	6.20
21	Barry McDONALD	Velo Schils Interbike RT	46	1:07:15	East Anglia	6.21
22	Steven NEILL	Kings Lynn CC	50	1:08:02	East Anglia	6.22
23	James McPHERSON	Hitchin Nomads CC	49	1:07:50	East Anglia	6.23
24	Tony FLYNN	Willesden CC	44	1:06:51	London & H/C	6.24
25	Paul LILLEY	Fenland Clarion CC	57	1:09:34	East Anglia	6.25
26	Jackie FIELD (W)	CC Ashwell	52	1:13:55	East Anglia	6.26
27	Chris DYASON	Cambridge CC	69	1:13:37	East Anglia	6.27
28	Paul EVELEIGH	Lincoln Wheelers CC	56	1:09:19	Notts & E.Mids	6.28
29	Bob LOADER	Sydenham Whs	84	1:25:32	Kent	6.29
30	Andrew WRIGHT	High Wycombe CC	49	1:07:50	London & H/C	6.30
31	Darran BENNETT	Ely & District CC/B&T Motor Repairs	47	1:07:26	East Anglia	6.31
32	Paul SEXTON	CC Breckland	40	1:06:00		6.32
33	Graham LAWS	Ipswich BC	41	1:06:13	East Anglia	6.33
34	Trevor PARRISH	A5 Rangers CC	72	1:15:09	London & H/C	6.34
35	Colin LIZIERI	Cambridge CC	62	1:10:57	East Anglia	6.35
36	John OSBORN	Folkestone Velo Club	46	1:07:15	Kent	6.36
37	Paul DENNINGTON	VC Baracchi	53	1:08:39	East Anglia	6.37
38	Nigel HODGE	Tri- Anglia Triathlon Club	49	1:07:50	East Anglia	6.38
39	Stewart KIRK	CC Sudbury	63	1:11:16	East Anglia	6.39
40	Tim DAVIES	Icknield RC	49	1:07:50	London & H/C	6.40
41	Roger SEWELL	Hounslow & District Whs	70	1:14:06	East Anglia	6.41
42	Stu WRIGHT	Carnac-Planet X	49	1:07:50	Notts & E.Mids	6.42
43	David COOK	Bedfordshire Road RT	61	1:10:38	London & H/C	6.43
44	Lee THOMAS	Team Bottrill / HSS Hire	44	1:06:51	Notts & E.Mids	6.44
45	Jon PULESTON-JONES	Dulwich Paragon CC	45	1:07:03	East Anglia	6.45
46	Craig HARPER	Verulam CC	43	1:06:39	London & H/C	6.46
47	Martin FOORD	Abellio - SFA Racing Team	55	1:09:05	Kent	6.47
48	Bob QUARTON	Wolsey RC	63	1:11:16	East Anglia	6.48
49	Mary TWITCHETT (W)	Cambridge CC	57	1:15:09	East Anglia	6.49
50	Damon DAY	CC Sudbury	51	1:08:14	East Anglia	6.50

No	Name	Club / Team	Age	Standard	VTTA Group	Start
51	Andrew CLARKE	Mid Shropshire Wheelers	58	1:09:49	Merseyside	6.51
52	Simon DOYLE	Team Salesengine.co.uk	45	1:07:03	London & H/C	6.52
53	Steve SHORE	Southend Wheelers	70	1:14:06	East Anglia	6.53
54	David SAWYER	Wolsey RC	54	1:08:52	East Anglia	6.54
55	Tim BEAVEN	Bicester Millennium CC	43	1:06:39	London & H/C	6.55
56	Michael BRIARS	Finsbury Park CC	42	1:06:26	London & H/C	6.56
57	Chris SPRAY	Ratae RC	50	1:08:02	Notts & E.Mids	6.57
58	Helen GRAVATT (W)	Twickenham CC	53	1:14:09	London & H/C	6.58
59	Karen DENNETT (W)	Bishop's Stortford CC	60	1:16:01	East Anglia	6.59
60	Terry GARLINGE	East London Velo	47	1:07:26		7.00
61	John BRADBURY	CC Sudbury	46	1:07:15	East Anglia	7.01
62	Richard JONES	Abellio - SFA Racing Team	40	1:06:00	Kent	7.02
63	James FARREN	Maldon & District CC	45	1:07:03		7.03
64	Dominic WHITEHEAD	St Ives CC	59	1:10:04	East Anglia	7.04
65	Mark SHEPHERD	Banjo Cycles.com/Raceware/Specialized	46	1:07:15	East Anglia	7.05
66	Julia FREEMAN (W)	Easterley Road Club	53	1:14:09		7.06
67	Chris SYMONDS	North Road CC	43	1:06:39	East Anglia	7.07
68	John ADAMS	Stowmarket & District CC	72	1:15:09	East Anglia	7.08
69	Peter HORSNELL	Chelmer CC	87	1:30:04	East Anglia	7.09
70	Robert WATSON	Team Bottrill / HSS Hire	56	1:09:19	East Anglia	7.10
71	Iain BOARDMAN	Dulwich Paragon CC	43	1:06:39	East Anglia	7.11
72	Simon BOYLE	Orwell Velo	49	1:07:50	East Anglia	7.12
73	Paul FAIRMAN	Abellio - SFA Racing Team	62	1:10:57	Kent	7.13
74	Keith CLARKE	Colchester Rovers CC	72	1:15:09	East Anglia	7.14
75	Richard WILLIAMS	Bigfoot CC	53	1:08:39	Kent	7.15
76	Steve CAVE	Wolsey RC	46	1:07:15		7.16
77	David CLEMENTS	Eastbourne Rovers CC	45	1:07:03	Surrey & Sussex	7.17
78	Sue RUST (W)	Kettering CC	54	1:14:23	East Anglia	7.18
79	Andrew BURNETT	Bicester Millennium CC	54	1:08:52		7.19
80	David EMERY	Dulwich Paragon CC	44	1:06:51	London & H/C	7.20
81	Steve KAYE	Fenland Clarion CC	58	1:09:49	East Anglia	7.21
82	Jon FRIEND	Bedfordshire Road RT	51	1:08:14	East Anglia	7.22
83	Jason DAVIES	West Suffolk Whs & Triathlon Club	46	1:07:15	East Anglia	7.23
84	Douglas WILLIAMS	Colchester Rovers CC	54	1:08:52	East Anglia	7.24
85	Chris TYE	Plomesgate CC	50	1:08:02	East Anglia	7.25
86	Michael BENNETT	Bicester Millennium CC	48	1:07:38	London & H/C	7.26
87	Katie CROWE (W)	Dulwich Paragon CC	41	1:11:28		7.27
88	Ian PIKE (Trike)	Fenland Road Club	49	1:11:57	Notts & E.Mids	7.28
89	Gary JACKSON	Shaftesbury CC	59	1:10:04	East Anglia	7.29
90	Mark NEWTON	Elite Cycling	50	1:08:02	East Anglia	7.30
91	David CRISP	Velo Schils Interbike RT	40	1:06:00	East Anglia	7.31
92	Stuart FAIRWEATHER	Team Velovelocity	40	1:06:00	East Anglia	7.32
93	Zoe WHITESIDE (W)	Team Bottrill / HSS Hire	43	1:11:56	North Lancs & Lakes	7.33
94	Mark THOMAS	Bigfoot CC	54	1:08:52	East Anglia	7.34
95	Paul FRENCH	Bedfordshire Road RT	42	1:06:26	East Anglia	7.35
96	Chris NUDDS	CC Breckland	69	1:13:37	East Anglia	7.36
97	Adrian GORHAM	Kettering CC	55	1:09:05	East Anglia	7.37
98	Ann SHUTTLEWORTH (W)	Chelmer CC	50	1:13:28	East Anglia	7.38
99	John BEER	Kingston Phoenix RC	66	1:12:20	London & H/C	7.39
100	Scott LEVERINGTON	Springfield Financial Racing Team	44	1:06:51	North Lancs & lakes	7.40

No	Name	Club / Team	Age	Standard	VTTA Group	Start
101	Chris FORD	High Wycombe CC	54	1:08:52		7.41
102	Martin BULLEN	Peterborough CC	65	1:11:58	Nth Midlands	7.42
103	Mark ENDERSBY	Anglia Velo	43	1:06:39	East Anglia	7.43
104	Chris JOLLIFFE	Crawley Wheelers	59	1:10:04	Wessex	7.44
105	Abid HUSSAIN	Icknield RC	41	1:06:13	London & H/C	7.45
106	Mark INGRAM	Fenland Clarion CC	54	1:08:52	East Anglia	7.46
107	Stephen MURPHY	Shaftesbury CC	61	1:10:38	East Anglia	7.47
108	Daniel HOMER	London Phoenix CC	47	1:07:26	London & H/C	7.48
109	Murray KIRTON	A5 Rangers CC	76	1:17:41	Midlands	7.49
110	David PROCTER	Team Velovelocity	55	1:09:05	East Anglia	7.50
111	Grant ORSBORN	Bedfordshire Road CC	57	1:09:34	London & H/C	7.51
112	Dan BROMILOW	Ely & District CC/B&T Motor Repairs	44	1:06:51	East Anglia	7.52
113	James DOY	Sole Bay Cycle Sport	51	1:08:14	East Anglia	7.53
114	Carl MURLEY	Wisbech Whs	53	1:08:39	East Anglia	7.54
115	Andrew GRANT	Cambridge CC	64	1:11:36	East Anglia	7.55
116	John GOLDER	Chelmer CC	64	1:11:36	East Anglia	7.56
117	Susan TRIPLOW (W)	Essex Roads CC	50	1:13:28	East Anglia	7.57
118	Rebecca MURLEY (W)	Wisbech Whs	42	1:11:43	East Anglia	7.58
119	Dena FORD (W)	High Wycombe CC	51	1:13:41		7.59
120	Adam BIDWELL	Kingston Wheelers CC	40	1:06:00	Surrey & Sussex	8.00
121	John MITCALF	Bedfordshire Road RT	43	1:06:39		8.01
122	John MANLOW	Ely & District CC/B&T Motor Repairs	48	1:07:38	East Anglia	8.02
123	Jan ERTNER	Cambridge CC	51	1:08:14	East Anglia	8.03
124	Patrick CHARLTON	Wolsey RC	59	1:10:04	East Anglia	8.04
125	Lee TURNER	Sigma Sport.co.uk	48	1:07:38	East Anglia	8.05
126	Jon TALBOT	Wisbech Whs	45	1:07:03	East Anglia	8.06
127	Sam DAY	CS Grupetto	43	1:06:39	Kent	8.07
128	David CAREY	Maldon & District CC	46	1:07:15		8.08
129	Ian TURNER	Southborough & Dist. Whs	68	1:13:10	Kent	8.09
130	David LANGLANDS	Team Bottrill / HSS Hire	51	1:08:14	Notts & E.Mids	8.10
131	Steven BASS	Maldon & District CC	49	1:07:50	East Anglia	8.11
132	Gavin HINXMAN (Trike)	DRAG2ZERO	49	1:11:57	East Anglia	8.12
133	Michael WOOD	CC Breckland	65	1:11:58	East Anglia	8.13
134	Stu LEVENE	Whitewebbs CC	48	1:07:38		8.14
135	Keith DORLING	Team Bottrill / HSS Hire	58	1:09:49	East Anglia	8.15
136	Robert GOLDING	Ely & District CC/B&T Motor Repairs	44	1:06:51	East Anglia	8.16
137	Darren PRESTON	Team Secret Squirrel	42	1:06:26	East Anglia	8.17
138	Nicholas COE	Verulam Really Moving	59	1:10:04	East Anglia	8.18
139	Michael FRY	Glendene CC	56	1:09:19	East Anglia	8.19
140	Kevin TYE	VeloRefined.com Aerosmiths	55	1:09:05	Kent	8.20
141	Andrew HALLIDAY	Westerley Cycling Club	45	1:07:03	London & H/C	8.21
142	Richard CARRINGTON	West Suffolk Whs & Triathlon Club	42	1:06:26	East Anglia	8.22
143	Andy YEOMAN	Bishop's Stortford CC	46	1:07:15		8.23
144	Nik ALLEN	Worthing Excelsior CC	46	1:07:15	Surrey & Sussex	8.24

TANDEM EVENT

No	Name	Club / Team	Age	Standard	VTTA Group	Start
145	John ISZATT Dean LUBIN	Team Vision Racing - Silverhook	58 47	1:01:46	East Anglia	8.25

East Anglian VTTA awards

Actual Fastest

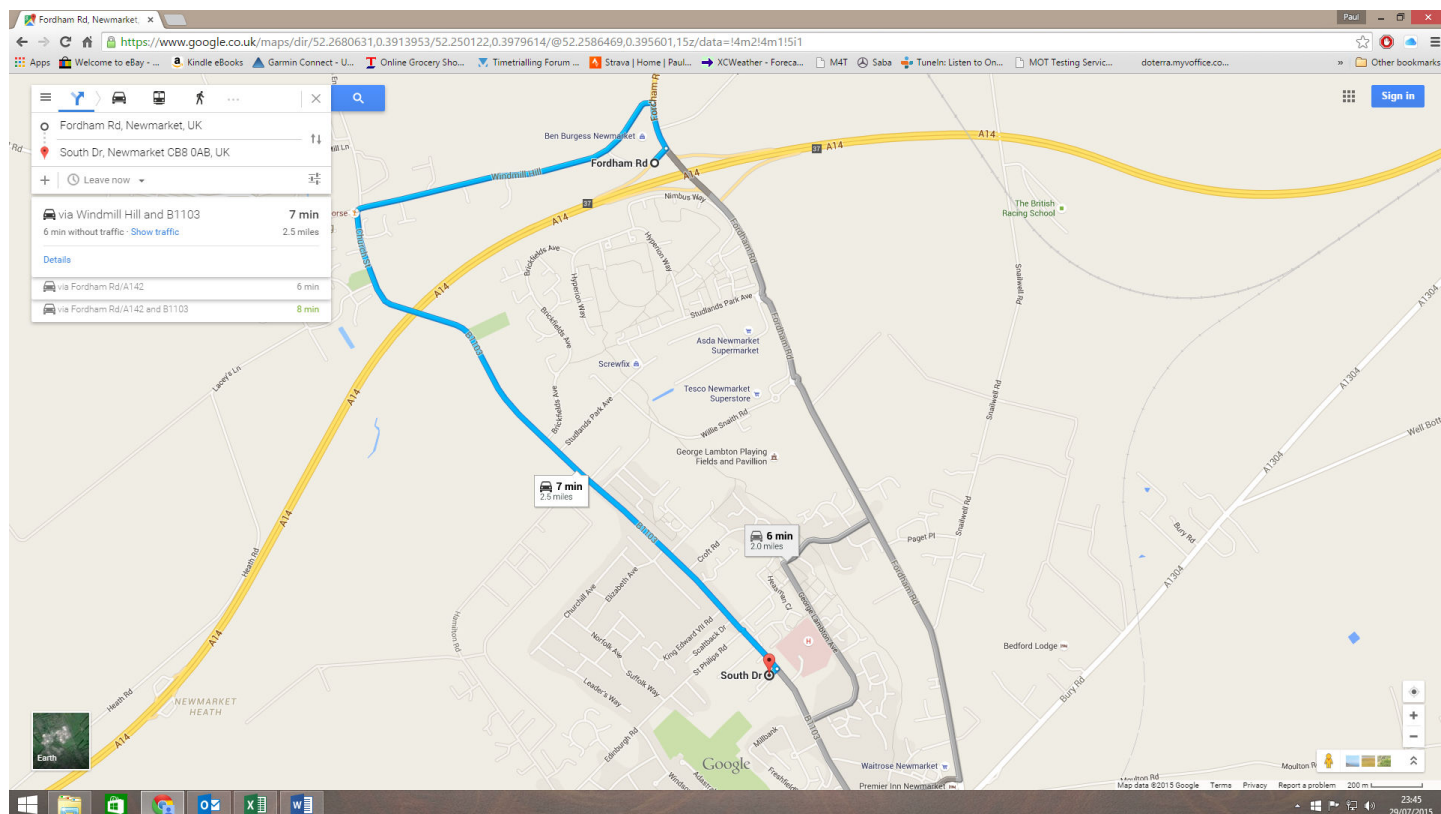
1st Best on Standard

1st Lady on Standard

Fastest age groups: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-79, & 80+

Club team of three on Standard

GERI LANG MEMORIAL CUP - for East Anglian Group members only



EVENT HQ – Small Gym at Newmarket Leisure Centre, Exning Road, Newmarket, Suffolk, CB8 0EB. To get to the HQ, turn off the A14 and turn northwards on the A142. Turn left into Windmill Hill. At T junction turn left into Exning Road and the Leisure Centre is on your right approximately 2.5 miles along Exning Road. There is adequate parking, but please be considerate and park sensibly.

Note: The Start is approximately 2.5 miles from the HQ, please allow enough time to get to the start on time. The route to the Start is different to that from the Finish but it will be well signed and you should follow those signs. There are adequate areas near the start to park & warm up.

Changing facilities and showers are available in the Leisure Centre, please do not change in the car park.