

Eastbourne Rovers Cycling Club

Cliff Sharp 25 mile Memorial Time Trial

Sunday 6th August 2017 – Course G25/89

Promoted for and on behalf of Cycling Time Trials under their rules and regulations



Event Secretary

Peter Moon

73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
Tel: 01323 485180 Mob: 07949 112107
Email: little.brook@btinternet.com

Timekeepers

Graham Lade (Eastbourne Rovers CC)

Jane Lade (Eastbourne Rovers CC)

Cash Prizes – Awarded at the HQ immediately following the event

Fastest Overall

First	£35.00
Second	£30.00
Third	£25.00
Fourth	£20.00
Fifth	£15.00
Sixth	£10.00

Fastest Lady

First	£20.00
Second	£15.00

Team of 3

First	£15.00 each
Second	£10.00 each

Fastest Age Category

Not winning another prize

Under 30s	£10.00
30s	£10.00
40s	£10.00
50s	£10.00
60s	£10.00
70s and over	£10.00

Improvement percentage on 2016 Eastbourne Rovers 25

First	£20.00
Second	£15.00

General Info

Event HQ Farwarp Village Hall, Nursery Lane TN22 3BD – Open from 5:30am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

Car Parking There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. Please do not block horsebox access for the property at the top of Nursery Lane.

Race Numbers The numbers will be available at the event HQ when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Start The start is less than a mile from the hall. Proceed out of the car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

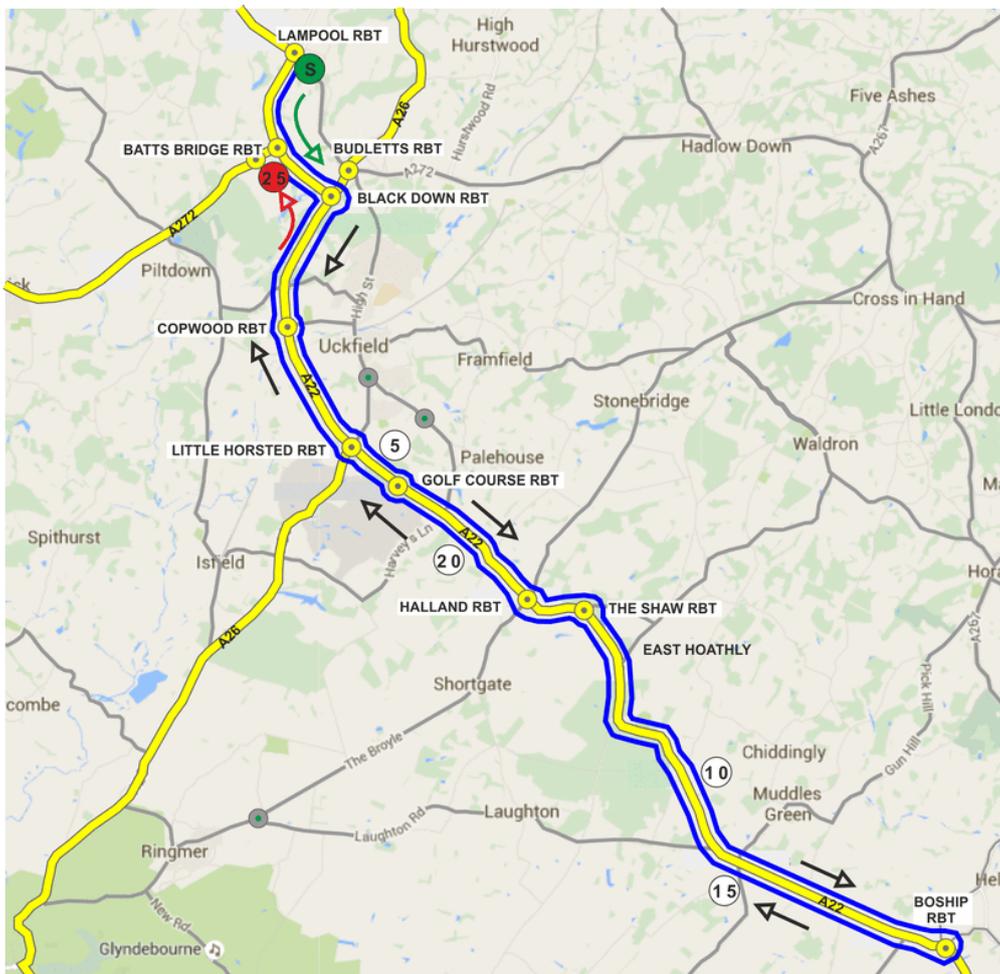
Signing Out Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

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Course Details

OS Ref	Course G25/89	Dist
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m



The course, courtesy of Mike O’Gorman (SCA) can also be viewed or downloaded from the Garmin site at the link <https://connect.garmin.com/modern/course/8600740>

Additional Safety Instructions:

- Competitors must not cross the A22 at the start and finish areas
- Competitors must exercise extra care when negotiating roundabouts

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Order of Start

Race No.	Start Time	Rider	Club	Cat	Age	2016 Rovers 25
6	6:36	Carl Richardson	Trainsharp	V	53	-
7	6:37	Samuel Ramsey	Lewes Wanderers CC	V	53	1:00:02
8	6:38	Clive Jackson	Central Sussex CC	V	65	-
9	6:39	Paul Thomas	Brighton Mitre CC	V	56	-
10	6:40	Michael Davey	Eastbourne Rovers CC	S	39	0:59:52
11	6:41	Neil Harris	PMR @ Toachim House	S	35	0:55:23
12	6:42	Steve Grout	Epsom CC	V	55	-
13	6:43	Mark Gidney	Southborough & Dist. Whs	V	55	-
14	6:44	John Mankelow	Lewes Wanderers CC	V	69	1:06:48
15	6:45	David Rumm	Southborough & Dist. Whs	V	50	-
16	6:46	Damen Foord	Direct Power Cycling Team	S	33	-
17	6:47	Johan Stegers	Lewes Wanderers CC	V	54	-
18	6:48	Fabien Large	Direct Power Cycling Team	Jv	15	1:06:01
19	6:49	Steve McMenamin	Crawley Wheelers	V	50	-
20	6:50	Steve Dennis	East Grinstead CC	V	54	0:54:12
21	6:51	Chris Wolton	Southborough & Dist. Whs	S	32	0:56:20
22	6:52	Brett Davis	Lewes Wanderers CC	V	44	-
23	6:53	Ben Fielden	GS Stella	V	75	1:08:57
24	6:54	Oliver Walker	South Eastern RC	S	38	1:09:59
25	6:55	Chris Lord	Brighton Excelsior CC	V	64	-
26	6:56	Mark Baker	Abellio - SFA Racing Team	V	43	-
27	6:57	Andrew R Green	Bec CC	V	42	-
28	6:58	Jonathan Melville	Epsom CC	S	19	-
29	6:59	Alan Walker	South Eastern RC	V	70	-
30	7:00	Rory Barrett	Southborough & Dist. Whs	S	33	-
31	7:01	Iain Brogden	Eastbourne Rovers CC	V	48	-
32	7:02	Peter Baker	Lewes Wanderers CC	V	59	-
33	7:03	Nigel Perry	San Fairy Ann CC	V	53	-
34	7:04	Peter Eames	Eastbourne Rovers CC	V	54	1:10:41
35	7:05	Paul Smith	VeloRefined.com Aerosmiths	V	45	0:58:34
36	7:06	Adrian Blacker	Norwood Paragon CC	V	53	-
37	7:07	Simon Powell	Redhill CC	V	50	-
38	7:08	Peter Davies	Brighton Mitre CC	V	60	-
39	7:09	Chris Parker	Hastings & St. Leonards CC	V	61	-
40	7:10	Paul Thompson	Epsom CC	V	51	-
41	7:11	Neil Couchman	Southborough & Dist. Whs	S	39	0:56:37
42	7:12	David Clements	Eastbourne Rovers CC	V	45	1:00:31
43	7:13	Russell Thorne-Jones	Crawley Wheelers	V	44	-
44	7:14	Nathan Russell	Eastbourne Rovers CC	S	29	-
45	7:15	David Pollard	In-Gear Quickvit Trainsharp RT	V	60	-
46	7:16	Mark Jones	GS Stella	V	57	-
47	7:17	Sam Bennett	7 Oaks Tri	V	44	1:01:08
48	7:18	Bruce English	Eastbourne Rovers CC	V	52	1:06:05

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Race No.	Start Time	Rider	Club	Cat	Age	2016 Rovers 25
49	7:19	Paul Valks	Lewes Wanderers CC	V	73	-
50	7:20	Paul Byford	Crawley Wheelers	V	51	0:58:24
51	7:21	Paul Batten	Crawley Wheelers	S	33	-
52	7:22	David Clark	Eastbourne Rovers CC	V	48	0:57:52
53	7:23	Mark Thomas	Bigfoot CC	V	54	-
54	7:24	Mick Claydon	Ashford Whs	V	49	1:03:54
55	7:25	Phil Allen	South Downs Bikes / Casco Europe	S	39	-
56	7:26	Anita Turner	Eastbourne Rovers CC	WV	47	-
57	7:27	Emma Juden	San Fairy Ann CC	WV	41	1:09:30
58	7:28	Olivia Webb	Eastbourne Rovers CC	WV	48	1:12:31
59	7:29	Sharon Chladek	Crawley Wheelers	WV	51	-
60	7:30	Christian Yates	East Grinstead CC	V	54	-
61	7:31	Rupert Robinson	Crawley Wheelers	V	45	-
62	7:32	Stephen Morgan	Tooting BC	V	49	-
63	7:33	David Twin	Sydenham Whs	V	53	-
64	7:34	Richard Young	Brighton Triathlon Club	V	47	-
65	7:35	Pete Morris	Team ASL	S	39	0:54:05
66	7:36	Nathan Gosling	Guernsey Velo Club	S	36	-
67	7:37	Nick Gritton	Sydenham Whs	V	52	-
68	7:38	Neil McInerney	7 Oaks Tri	V	50	-
69	7:39	Kevin Beament	Sydenham Whs	V	42	-
70	7:40	Mark Newton	Elite Cycling	V	50	0:55:56
71	7:41	Mark Bashford	East Grinstead CC	S	33	0:56:37
72	7:42	Mark Bernhardt	GS Stella	V	54	-
73	7:43	Hugh Pelling	Old Portlians CC	V	53	-
74	7:44	Tim Wells	Eastbourne Rovers CC	V	46	-
75	7:45	Matt Kuwertz	Southborough & Dist. Whs	V	42	-
76	7:46	Richard Birtwhistle	Sydenham Whs	V	61	-
77	7:47	Nick McCormick	Epsom CC	V	54	-
78	7:48	Richard Woodward	East Grinstead CC	V	55	-
79	7:49	Peter Gray	Old Portlians CC	V	63	1:01:57
80	7:50	Rob Stephenson	Southborough & Dist. Whs	V	45	-

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Guidelines

Please note the following CTT regulations and recommendations

Helmets CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Parental Consent Forms All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.

Lights It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Warming up Competitors are requested not to warm up on the course after the first rider has started.

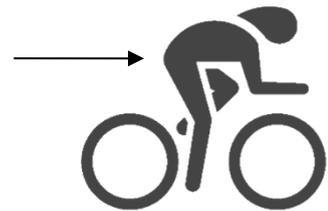
Competitors' Vehicles No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

Official Observers Official observers will be stationed around the course.

Results No times will be given out at the finish.

Race Numbers The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.

Please pin your number here



Signing Out Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.