



**Dumfries Cycling Club**

**Loch Ken Open Time Trial**

Saturday 19<sup>th</sup> August 2017

**Promoted for and on behalf of Cycling Time Trials under their rules & regulations**

**Organiser:** Cameron Scade, 29 Beck Avenue, Dumfries DG2 7BJ

racedumfriescc@gmail.com    Mob: 0797961906

**Timekeeper:** Mr Gordon Johnston

**Assistant Timekeeper:** Mrs Helen Acklam

**Observer:** Mr John Sturgeon

FIRST RIDER OFF AT 09:01. List of competitors is below.

- Race HQ (Sign on/out) and changing/shower/parking facilities: Stewartry Rugby Club, Hobbell Pavilion Greenlaw, Castle Douglas DG7 2LH, DG7 2LH
- HQ will be open from 07:30. Refreshments will be available after the event.
- **A copy of the CTT Risk Assessment will be displayed at the event HQ.**

**Course details:** The start point is around half a mile north along the A713 from HQ so plan to give yourself enough time to reach the start on time without having to wait for too long.

**Course: WS25/01 - one Lap of Loch Ken (24.82 miles)**

**Start at Townhead of Greenlaw on A713 at point just before junction left to B795.**

**Follow A713 through villages of Crossmichael and Parton and on to Ken Bridge.**

**Left turn at Ken Bridge Hotel to join A712**

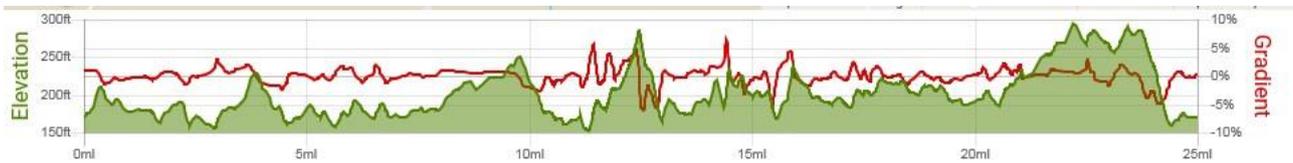
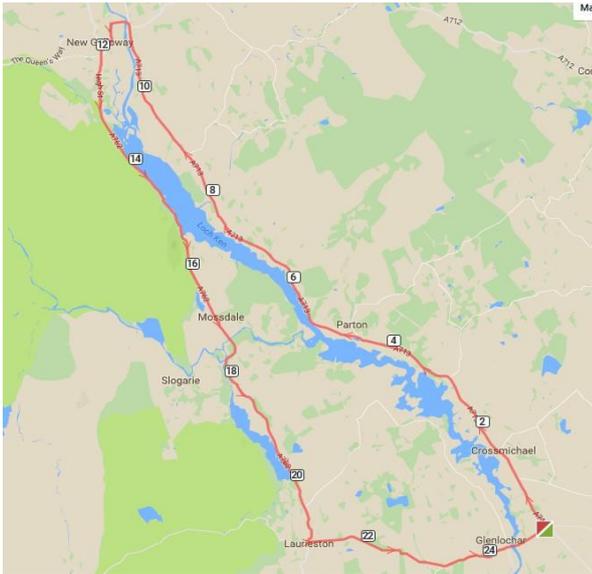
**Bear left in New Galloway to join A762. Proceed through New Galloway and Mosedale towards Lauriston.**

**Left turn in Lauriston to join B795 and proceed to finish at Townhead of Greenlaw.**

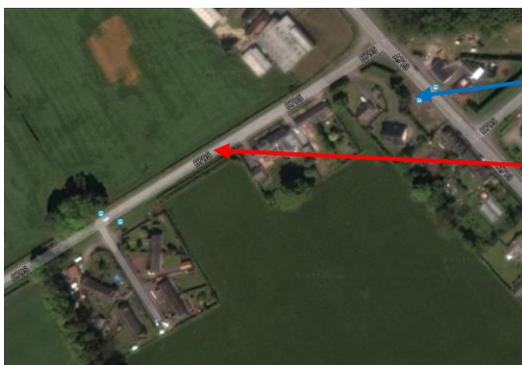
*\*Care should be taken in and around the villages the course passes through, particularly Crossmichael and New Galloway, where there may be an increased likelihood of parked vehicles and pedestrians. Extra care must also be taken on the descent after New Galloway and the descent down to Glenlochar as you approach the finish. Great care must be taken at the finish which is close to the junction onto the A713. Riders will rejoin the A713 to return to HQ.\**

Set in one of the most picturesque areas of Dumfries and Galloway, the Loch Ken course (WS25/01) is a circular, anti-clockwise course, hugging the shores of the Loch with light traffic and some very fast sections. While by no means a hilly course, there is 1000ft of climbing spread across its length. The two main climbs are in New Galloway at approximately half distance and after the Lauriston turn at about mile 21. Gradients stay under 4% and peak around 6% on a few short sections.

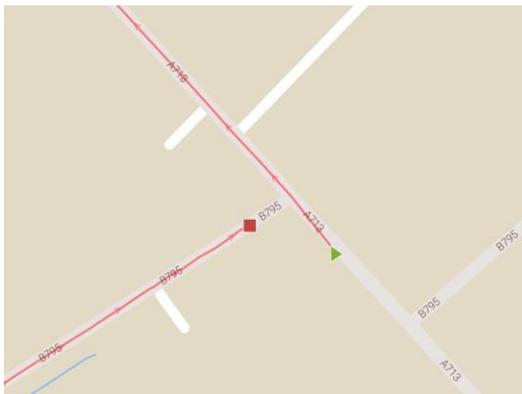
Total elevation for the course is approx. 1076ft



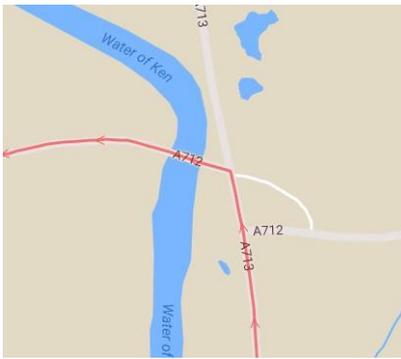
Course profile and gradient



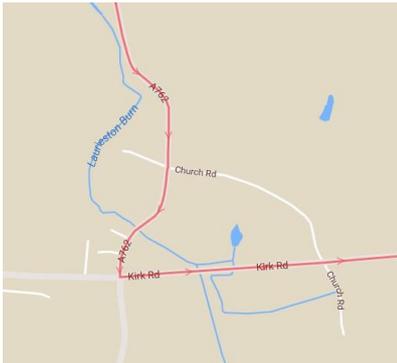
Start and finish area



Start and finish area



**Left turn at Ken Bridge for New Galloway**



**Left turn at Lauriston towards finish**

Cars are parked at owners' risk. Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users. Ample parking is available at Stewartry Rugby Club. **Please do not park in the vicinity of the start/finish area.**

**Take extra care on descents and at junctions.**

**Particular caution must be taken at the finish area where riders meet a T Junction with the A713 soon after finishing.**

- Please note that all competitors are required to sign the signing out sheet in person when returning their number. Failure to do will result in the competitor being recorded as DNF.
- Competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.
- Warming up on the course is not permitted during the duration of the event.
- Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.
- Riders must keep to the left-hand side of the road except when overtaking.
- Riders must NOT ride with their heads down.
- Riders must not take pace from faster riders passing (drafting). It is the responsibility of the rider who has been passed to drop back.

**Failure to comply with the above may lead to disqualification.**

In addition to the above Riders must give their number at the finish. Please position your body number centrally below the waist to ensure it is visible from the rear whilst in normal riding position

**HELMETS: All competitors under the age of 18 and/or Juniors must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See regulation 15). Cycling Time Trials strongly recommends ALL competitors wear such a helmet. Cycling Time Trials recommends that a working rear light, either constant or flashing, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.**

**AWARDS** (provisional) One rider, one prize:

Overall:	1st £15	2nd £10	3rd £8
Vets 60+	1st £15	2nd £10	3rd £8
Vets 50 – 59	1st £15	2nd £10	3rd £8
Vets 40 – 49	1st £15	2nd £10	3rd £8
Women	1st £15	2nd £10	3rd £8
Junior	1st £10		

Start sheet follows...

## Dumfries CC Loch Ken Open TT – 19 August 2017

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Emma Westmancott	Dumfries CC	Female	Senior
2	09:02:00	Hannah Dines	Storey Racing	Female	Senior
3	09:03:00	Brian Morrell	Dumfries CC	Male	Vet
4	09:04:00	William Ramsay	Loudoun Road Club	Male	Vet
5	09:05:00	Lewis Martin	Classic Racing Team	Male	Junior
6	09:06:00	Dan Kendall	Rock to Roll CC	Male	Senior
7	09:07:00	Thomas Gooding-Hill	Ayr Roads CC	Male	Vet
8	09:08:00	Deirdre O'Reilly	Glasgow Wheelers	Female	Vet
9	09:09:00	David Robinson	Loudoun Road Club	Male	Vet
10	09:10:00	Mark Skilling	Carrick CC	Male	Vet
11	09:11:00	Joe Hands	Velo Club Vitesse	Male	Senior
12	09:12:00	Stewart McGregor	Fechan flyers	Male	Vet
13	09:13:00	Ewen MacRury	Knutsford Tri Club	Male	
14	09:14:00	Donald McCalley	Dumfries CC	Male	Vet
15	09:15:00	Ewen MacGillivray	RT 23	Male	Senior
16	09:16:00	Calum MacDonald	Ayr Roads CC	Male	Senior
17	09:17:00	Jamie Little	Classic Racing Team	Male	Senior
18	09:18:00	Robert Clements	Law Wheelers	Male	Vet
19	09:19:00	Margaret McPhillips	Stockport Clarion CC	Female	Vet
20	09:20:00	Morgan Anderson	Pro Vision Cycle Clothing	Male	Espoir
21	09:21:00	Neil Withington	Beacon Wheelers	Male	Senior
22	09:22:00	Pamela Craig	RT 23	Female	Senior
23	09:23:00	David Keenan	Dumfries CC	Male	Senior
24	09:24:00	Owen Ross	Carrick CC	Male	Senior
25	09:25:00	Chris Stewart	Dooley's RT	Male	Vet
26	09:26:00	Jim Sutherland	Loudoun Road Club	Male	Vet

27	09:27:00	Joe McFadyen	Dundee Wheelers CC	Male	Vet
28	09:28:00	Stephen Makin	Falkirk B C	Male	Vet
29	09:29:00	Jason McCulloch	Loudoun Road Club	Male	Espoir
30	09:30:00	Eddie Addis	RT 23	Male	Senior
31	09:31:00	Ian Sim	GTR	Male	Senior
32	09:32:00	Stuart Garner	Dumfries CC	Male	Senior
33	09:33:00	Scott-Alexander McKendrick	Fullarton Wheelers	Male	Vet
34	09:34:00	Les Stephenson	Border City Whs CC	Male	Vet
35	09:35:00	Mark McPhillips	Stockport Clarion CC	Male	Vet
36	09:36:00	Derek Skinner	Fullarton Wheelers	Male	Vet
37	09:37:00	Alan Fraser Robinson	Velo Club Cumbria	Male	Vet
38	09:38:00	Garry Collins	Dumfries CC	Male	Vet
40	09:40:00	Gavin Shirley	Dooley's RT	Male	Senior
41	09:41:00	Sean Quinn	Law Wheelers	Male	Vet
42	09:42:00	Stevie Watters	Fullarton Wheelers	Male	Vet
43	09:43:00	Glenn Marland	Dumfries CC	Male	Vet
44	09:44:00	Ally Hume	Loudoun Road Club	Male	Senior
45	09:45:00	Michael Robb	Carrick CC	Male	Senior
46	09:46:00	Paul Robinson	Loudoun Road Club	Male	Vet
47	09:47:00	Willie Stephen	Velo Club Vitesse	Male	Vet
48	09:48:00	David Jordan	Dumfries CC	Male	Vet
50	09:50:00	Kenneth Armstrong	Carrick CC	Male	Senior
51	09:51:00	Stephen Spellacy	Dumfries CC	Male	Vet
52	09:52:00	David Fulton	Carrick CC	Male	Vet
53	09:53:00	Colin Sinclair	Royal Albert CC	Male	Vet
54	09:54:00	Craig Kirkpatrick	Dumfries CC	Male	Senior

55	09:55:00	John Dunlop	Loudoun Road Club	Male	Senior
56	09:56:00	Alastair McGibbon	Ayr Roads CC	Male	Senior
57	09:57:00	Andrew McKinlay	Velo Club Vitesse	Male	Vet
58	09:58:00	Darren Carruthers	Glasgow Green CC	Male	Senior
59	09:59:00	Esther Hamill	Dumfries CC	Female	Vet
60	10:00:00	Douglas Watson	Icarus Racing	Male	Vet
61	10:01:00	Mark Warters	Ayr Roads CC	Male	Vet

62	10:02:00	Michael Allen	Fullarton Wheelers	Male	Vet
63	10:03:00	Ross Strachan	Loudoun Road Club	Male	Vet
64	10:04:00	Kevin Jamieson	Dumfries CC	Male	Vet
65	10:05:00	Gordon Murdoch	Icarus Racing	Male	Vet
66	10:06:00	Brian MacRury	Congleton CC	Male	Vet
67	10:07:00	Alex McAllister	Ayr Roads CC	Male	Vet
68	10:08:00	Mike Ferguson	Johnstone Wheelers	Male	Vet
69	10:09:00	Lindsay Foster	Hitchin Nomads CC	Male	Vet
70	10:10:00	Chris Smart	GTR	Male	Senior