



PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

Result of Sunday 23rd July 2017 - R25/3H

Timekeepers - Start: Alf Williams, Finish: Robin Field

Event Sec: Martyn Heritage-Owen – 28, CF3 0EJ. Email: coaching@realteam.co.uk. Mob: 0778 606 7819

Well what a day! 102 personal bests despite the odd squall topped off by superb Team Competition Record for the local Velosistas trio of Stephanie Post, Andrea Parish and Nadine Cannon for a new record of 2:46:49 a 36 second improvement. Well done ladies!

Thanks once again to my team of helpers, the Haycox's, Timekeepers and Sharon for a great spread as usual.

I apologise for the formal result sheet being later than I'd hoped, the small matter of a successful National 25 mile championship to promote and my next event on the 20th to organise. If you are coming to that the big news is Marcin is down to ride!!

A separate email has gone to all those prize winners I haven't caught up with yet.

Prize List – Men

Place	Name	club	CAT	LTS	Time	PB	Prize
1	Chris Bartley	AS Test Team	M	00:48:24	00:46:38	Yes	1st
2	James Rix	Crawley Wheelers	V	00:47:33	00:47:13	Yes	1st Vet
3	Lewis Keightley	Team Bottrill / HSS Hire	M	00:48:05	00:47:18	Yes	2nd
4	Phil Williams	Liverpool Phoenix CC (Aintree)	M	00:49:44	00:47:46	Yes	3rd
6	Gavin Hinxman	DRAG2ZERO	V	00:49:28	00:48:29	Yes	2nd Vet
7	Rob Pears	Bath Cycling Club	V	00:48:14	00:48:33	No	3rd Vet

Prize List - BAR/Overflow.

No	Name	club	Cat	LTS	Time	PB	Prize
1	Tom Temple	Primera-Teamjobs	Jun		00:50:19	Debut	1st
2	Josh Griffiths	Bristol South Cycling Club	Jun	00:51:06	00:50:37	Yes	Jun
3	Andrew Kirby	University of Bristol CC (UOBCC)	M	00:58:45	00:50:52	Yes	2nd
4	Kate Allan	DRAG2ZERO	W	00:51:51	00:51:10	Yes	1st Woman
5	Daniel Barnett	Ely Race Club	M	00:59:54	00:52:05	Yes	3rd
7	Stephanie Post	VeloSistas TT Team	W	00:55:56	00:53:12	Yes	2nd Woman
8	Lauren Creamer	NCC Group-Kuota-Torelli	W	00:56:35	00:54:20	Yes	3rd Woman

Full Result - Overflow, Women's BAR, Jun

No	Name	Club	Cat	LTS	Time	PB
1	Tom Temple	Primera-Teamjobs	Jun		00:50:19	Debut
2	Josh Griffiths	Bristol South Cycling Club	Jun	00:51:06	00:50:37	Yes
3	Andrew Kirby	University of Bristol Cycling Club (UOBCC)	M	00:58:45	00:50:52	Yes
4	Kate Allan	DRAG2ZERO	W	00:51:51	00:51:10	Yes
5	Daniel Barnett	Ely Race Club	M	00:59:54	00:52:05	Yes
6	Ted Cross	Yorkshire Road Club	M		00:52:34	Debut
7	Stephanie Post	VeloSistas TT Team	W	00:55:56	00:53:12	Yes
8	Lauren Creamer	NCC Group-Kuota-Torelli	W	00:56:35	00:54:20	Yes
9	Bronwen Ewing	Rye & District Wheelers CC	WV	00:53:57	00:54:28	No
10	Angela Carpenter	...a3crg	WV	00:55:22	00:54:32	Yes
11	James Coxon	Bike Doctor	MV	01:02:02	00:54:54	Yes
12	Laura Bartlett	...a3crg	W	00:55:12	00:55:00	Yes
13	Rowan Ellis	1st Chard Wheelers	Juv	00:56:42	00:55:23	Yes
14	Oliver Walker-Hayes	University of Bristol Cycling Club (UOBCC)	M	00:58:40	00:55:31	Yes
15	Josh Townsend	Bynea Cycling Club	M	01:02:54	00:55:55	Yes
16	Michelle Arthurs	Norwood Paragon CC	W	01:00:35	00:56:03	Yes
17	Andrea Parish	VeloSistas TT Team	WV	00:55:51	00:56:21	No
18	Jonathan Peters	Team Milton Keynes	M	01:01:50	00:56:56	Yes
19	Simon Diggins	North Lancs RC	MV	01:01:33	00:57:05	Yes
20	Sue Rust	Kettering CC	WV	00:58:54	00:57:07	Yes
20	Jenny Simmonds	London Dynamo	WV	00:57:06	00:57:07	No
22	Paul Freegard	Chippenham & District Wheelers	MV	00:59:41	00:57:09	Yes
23	Caitlin Peters	i-Team Cyclists Club	Fjuv	00:58:27	00:57:15	Yes
24	Nadine Cannon	VeloSistas TT Team	W	00:57:01	00:57:16	No
25	David Lancaster	VC 10	MV	00:59:16	00:57:18	Yes
26	David Cullen	Bristol South Cycling Club	M		00:57:25	Debut
27	Anthony Mansell	Ogmore Valley Wheelers CC	MV		00:57:32	Debut
28	Dena Ford	High Wycombe CC	WV	00:58:10	00:57:33	Yes
29	Dan Field	Royal Air Force Cycling Association	MV	01:01:27	00:57:41	Yes
30	Andrew Jones	Cardiff Triathletes	M	01:02:47	00:58:01	Yes
31	Phil Guy	North Shropshire Wheelers	MV	00:58:13	00:58:32	No
32	Nigel Croxford	High Wycombe CC	MV	00:59:12	00:58:36	Yes
33	Ray Perkins	Clevedon & District Road Club	MV	01:00:57	00:58:40	Yes
34	Emma Angove	Chippenham & District Wheelers	W	01:00:46	00:58:59	Yes
35	Kirsty Murray	Pembrokeshire Velo	WV	00:58:21	00:59:08	No
36	Stephen Ratcliffe	Brecon Wheelers	MV	01:01:08	00:59:10	Yes
37	Nicholas Forbes	Bynea Cycling Club	MV	01:01:37	00:59:34	Yes
38	Robin Spacie	Gower Riders Cycling Club	M		00:59:40	Debut
39	Andy Cole	Frome and District Wheelers	MV	01:00:29	00:59:44	Yes
40	Dave Poulter	Wrekinsport CC	MV	00:59:12	00:59:50	No
41	Clare Greenwood	Bush Healthcare CRT	WV	00:58:33	00:59:52	No
42	Susan Shook	Bush Healthcare CRT	WV	00:57:48	00:59:55	No
43	David Singleton	Acme Whs (Rhondda) CC	MV	00:59:37	00:59:56	No
44	Michelle Fishbourne	Abercynon Road Club	WV	00:59:32	00:59:58	No
45	Dean Ward	1st Chard Wheelers	M	00:58:46	01:00:07	No
46	Simon Westlake	Merthyr CC	MV	01:02:36	01:00:11	Yes
47	Richard Bowditch	Lyme Racing Club	MV	01:03:40	01:00:19	Yes

No	Name	Club	Cat	LTS	Time	PB
48	Gareth Hill	Abercynon Road Club	MV	01:00:10	01:00:27	No
49	Jon Airey	Ross on Wye & Dist CC	MV	01:02:13	01:00:31	Yes
50	Russell Boon	Avonlea/Treasure RT	MV	00:59:36	01:00:38	No
51	Daniel Chapman	Gower Riders Cycling Club	M	01:23:00	01:00:46	Yes
52	Gemma Waterjohns	Somerset Road Club	W	01:03:04	01:01:03	Yes
53	James Roberson	South Bucks RC	MV	01:12:20	01:01:18	Yes
54	Kari Jones	Ride Bike Wales	W	00:59:17	01:01:25	No
55	Tracy Rowlinson	Lyme Racing Club	WV	01:00:12	01:01:42	No
56	Geoff Edgerton	North Shropshire Wheelers	MV	01:01:21	01:02:19	Yes
57	John Beaven	1st Chard Wheelers	MV	01:01:11	01:02:34	No
58	Roger Gardner	Leamington C & AC (Tandem)	MV	01:04:24	01:02:47	Yes
58	Tanis Hand	Leamington C & AC	WV	01:04:24	01:02:47	Yes
60	Kevin Bessant	Bynea Cycling Club	MV	01:04:14	01:03:09	Yes
61	Alan Doney	Portsmouth Triathletes	MV	01:01:48	01:03:25	No
62	Michael Cox	North Lancs RC	MV	01:04:06	01:03:41	Yes
63	Trudy Sharam	Lea Valley CC	WV	01:04:53	01:03:50	Yes
64	Sharon Clifford	WCS Racing Team	WV	01:00:40	01:03:51	No
65	Robert Jolliffe	New Forest CC	MV	01:06:13	01:04:26	Yes
66	John Howells	Corinium Cycle Club	MV	01:09:02	01:05:48	Yes
67	Gerry Peppin	Corinium Cycle Club	MV	01:03:32	01:06:10	No
68	Tony Emery	Dursley Road Club	MV	01:05:20	01:06:53	No
69	Michael Collins	Bristol South Cycling Club	MV	01:05:51	01:07:07	No
70	John Thompson	Severn Road Club (Trike)	MV	01:04:53	01:07:46	No
71	Michael Gelder	Tricycle Association SW Region (Trike)	MV	01:10:08	01:08:52	Yes
72	Julie Stephens	Ross on Wye & Dist CC	WV	01:07:45	01:09:37	No
73	Kevin Grant	Frome and District Wheelers	MV	01:12:11	01:10:45	Yes
74	Diane Hynam	Bynea Cycling Club	WV	01:08:33	01:10:45	No
	Neil Hughes-Hutchings	Morden CRC	M	00:58:40	DNF	
	Joe Hawksworth	Bristol South Cycling Club	M		DNF	
	Paul Cann	Salt and Sham Cycle Club	MV	01:16:51	DNF	
	Robert Lucas	Port Talbot Whs CC	MV	00:59:31	DNS	
	Stephen Warwick	Didcot Phoenix CC	MV	01:02:28	DNS	
	Peter Warwick	Didcot Phoenix CC	MV	01:00:54	DNS	
	Dean David	Bynea Cycling Club	M	01:00:30	DNS	
	Derek Morgan	Gannet CC	MV	01:04:34	DNS	
	Paul Birkin	Buxton CC/Sett Valley Cycles	MV	00:59:12	DNS	
	Christopher Owram	Chepstow Cycling Club	M	01:00:25	DNS	
	Lee Thomas	Team Bottrill / HSS Hire	MV	01:04:14	DNS	
	Craig Macdonald	Ogmore Valley Wheelers CC	MV	00:59:06	DNS	
	Alan Allcock	Didcot Phoenix CC	MV	00:59:02	DNS	
	Martin Lee	Bury Clarion CC	MV	00:59:55	DNS	
	Brian Parker	Abercynon Road Club	MV	01:04:04	DNS	
	Martin Wallis	Team Wallis Race Team	MV	00:59:02	DNS	
	Simon Fairclough	Cwmearn Paragon Road Club	M	00:59:43	DNS	
	Adrian Tasker	Stafford RC	MV	01:01:11	DNS	
	Mark Collins	Salt and Sham Cycle Club	M	01:08:22	DNS	
	James Morris	NFTO Race Club	Jun	01:01:50	DNS	
	Thomas Cornwell	In-Gear Quickvit Trainsharp RT	Jun	00:55:37	DNS	

No	Name	Club	Cat	LTS	Time	PB
	Sara Jones	Bynea Cycling Club	W		DNS	
	Jo Buckland	Velo Club St Raphael	WV		DNS	
	Trish Chalk	Velo Club St Raphael	W	01:02:00	DNS	
	Sally Harmer	Pembrokeshire Velo	WV	01:11:16	DNS	
	Claire Clementson	Wigan Whs CC	WV	00:59:53	DNS	
	Victoria Smith	AeroCoach	W	00:54:06	DNS	
	Nicki Carr	VC Equipe - Flix Oral Hygiene	W	00:57:12	DNS	

Full Result - Main Event

Place	Name	Club	CAT	LTS	Time	PB
1	Chris Bartley	AS Test Team	M	00:48:24	00:46:38	Yes
2	James Rix	Crawley Wheelers	V	00:47:33	00:47:13	Yes
3	Lewis Keightley	Team Bottrill / HSS Hire	M	00:48:05	00:47:18	Yes
4	Phil Williams	Liverpool Phoenix CC (Aintree)	M	00:49:44	00:47:46	Yes
5	Luke Cornish	Cwmcarn Paragon Road Club	M	00:49:45	00:48:00	Yes
6	Gavin Hinxman	DRAG2ZERO	V	00:49:28	00:48:29	Yes
7	Rob Pears	Bath Cycling Club	V	00:48:14	00:48:33	No
8	Adam Bidwell	Kingston Wheelers CC	V	00:49:20	00:48:45	Yes
9	Oliver Bridgewood	Spokes BPC Racing	M	00:50:07	00:49:03	Yes
10	Anthony Jones	Towy Racing Cycling Club (TRCC)	V	00:49:50	00:49:38	Yes
11	George Fox	Team Bottrill / HSS Hire	M	00:48:44	00:49:45	No
12	Tom Pritchard	Hampshire RC	M	00:50:20	00:49:46	Yes
13	Graeme Boswell	Cardiff Ajax CC	V	00:50:39	00:49:52	Yes
14	Stephen Vanes	Successcycling.co.uk	M	00:51:01	00:50:01	Yes
15	Hugh Brshaw	University of Bristol Cycling Club	M	00:56:18	00:50:08	Yes
16	Tony Chapman	Frome and District Wheelers	V	00:50:35	00:50:11	Yes
17	Richard Harrison	DRAG2ZERO	M	00:48:56	00:50:17	No
18	Keith Ainsworth	Langsett Cycles Race Team	V	00:51:18	00:50:24	Yes
19	Ross Davies	Dambusters	M	00:50:45	00:50:42	Yes
20	Michael Cross	Yorkshire Road Club	V	00:51:10	00:50:46	Yes
21	Steven Cottington	Bath Cycling Club	V	00:51:24	00:50:58	Yes
22	Dael Sidwell	Hinckley Cycle Racing Club	V	00:50:17	00:51:16	Yes
23	Tom Bertenshaw	Severn Road Club	M	00:52:42	00:51:27	Yes
24	Jon Elliott	Maidenhead & District CC	M	00:54:55	00:51:43	Yes
25	Andy Davies	Cardiff Jif	M	00:52:30	00:51:45	Yes
26	Jonathan Barnes	Herefordshire Cycling Club	M	00:57:39	00:51:48	Yes
27	Nathan Leaves	NFTO Race Club	M	00:54:24	00:51:49	Yes
28	Tim Davies	Icknield RC	V	00:52:55	00:51:51	Yes
29	Thomas Pfeiffer	Dulwich Paragon CC	V	00:53:24	00:51:52	Yes
30	Colin Wallace	Merthyr CC	V	00:52:59	00:52:30	Yes
31	Nick Young	Yeovil Cycling Club	V	00:53:13	00:52:31	Yes
32	Andrew Overton	Successcycling.co.uk	V	00:53:00	00:52:38	Yes
33	Paul Winchcombe	Chippenham & District Wheelers	V	00:55:12	00:52:41	No
33	Arwel Davies	Towy Racing Cycling Club (TRCC)	V	00:53:00	00:52:41	Yes
35	Phil Willoughby	Towy Racing Cycling Club (TRCC)	M	00:54:03	00:52:47	Yes
36	Rod Hicks	Port Talbot Whs CC	V	00:54:05	00:52:50	Yes

Place	Name	Club	CAT	LTS	Time	PB
37	Danny Baker	National Ventilation - LSEA CRT / Notaro Windows	V	00:54:58	00:52:52	Yes
37	Mark Woolford	Trainsharp	V	00:53:25	00:52:52	Yes
39	Steve Potts	Velo Club St Raphael	V	00:52:11	00:52:57	No
40	Clive Franklin	Somerset Road Club	V	00:53:45	00:53:07	Yes
41	Terry Icke	Velo Club St Raphael	V	00:52:38	00:53:13	No
41	Michael Waterjohns	Somerset Road Club	V	00:54:51	00:53:13	Yes
43	Chris Fishbourne	Abercynon Road Club	V	00:54:19	00:53:14	Yes
44	Steve Curry	Ogmore Valley Wheelers CC	V	00:54:15	00:53:17	Yes
45	Nigel Clementson	Wigan Whs CC	V	00:51:56	00:53:31	No
46	Lee Francis	Velo Club Bristol - Webbs Cycles	M	00:56:46	00:53:33	Yes
47	Jim Trevor	Hull Thursday RC	V	00:53:09	00:53:48	No
48	Stephen Taylor	Pembrokeshire Velo	V	00:54:52	00:53:56	Yes
49	Simon Holder	Kingfisher Triathletes	V	00:53:46	00:54:12	No
50	Chris Lee	Merthyr CC	V	00:54:23	00:54:15	Yes
51	Chris Ford	High Wycombe CC	V	00:54:01	00:54:24	No
52	Mike Lindsay	Pembrokeshire Velo	V	00:54:16	00:54:32	No
53	Steve Hancock	Calder Clarion	MV	00:58:25	00:54:42	Yes
54	Paul Jones	Ystwyth CC	V	00:57:50	00:54:48	Yes
55	Owain Roberts	Port Talbot Whs CC	M	00:55:34	00:54:56	Yes
56	Phil Barnes	Team Swift	V	00:53:41	00:55:07	No
57	Chris Hall	Born to Bike - Bridgtown Cycles	V	00:56:09	00:55:16	Yes
58	Andrew Clarke	Mid Shropshire Wheelers	V	00:54:28	00:55:45	No
59	Paul Stephens	Ross on Wye & Dist CC	V	00:55:59	00:55:51	Yes
60	Terry Anthony	Ogmore Valley Wheelers CC	V	00:57:57	00:55:59	Yes
61	Dean Prosser	Hereford & Dist Whs CC	V	00:57:58	00:56:02	Yes
62	Jon Vickery	Cwmearn Paragon Road Club	V	00:54:43	00:56:04	No
63	Adrian Gorham	Kettering CC	V	00:56:35	00:56:13	Yes
64	Stuart Evans	Port Talbot Whs CC	V	00:55:24	00:56:14	No
65	Marco Marletta	Cardiff Jif	V	00:57:21	00:56:33	Yes
66	Andrew Hayward	Cwmearn Paragon Road Club	V	00:56:14	00:56:40	No
67	Michael Cope	Kettering CC	V	00:57:34	00:56:50	Yes
68	Jonathan Thomas	Epsom CC	V	00:54:40	00:56:51	No
69	Andrew Newey	Ribble Valley C&RC	M	00:57:13	00:57:11	Yes
70	Mark German	1st Chard Wheelers	V	00:57:21	00:57:19	Yes
71	Alan Cooper	Avonlea/Treasure RT	V	00:58:05	00:58:07	No
72	Shay Giles	VC Elan - Harry Perry Cycles	V	00:55:59	00:58:21	No
73	Simon Kinsey	Acme Whs (Rhondda) CC	V	00:57:59	00:58:27	No
74	Roger Taylor	Frome and District Wheelers	V	00:57:12	00:59:17	No
75	Gareth Chislett	CC Blaenau Gwent	V	00:57:12	00:59:41	No
76	Alistair Morgan	Pontypool Road Cycling Club	V	00:58:00	01:00:16	No
77	John Shehan	Bynea Cycling Club	V	00:58:08	01:01:18	No
	Michael Portlock	Merthyr CC	V	00:52:30	DNF	
	Tom Cox	Northover VT / Rudy Project	V	00:55:08	DNF	
	Henrik Persson	Kingston Wheelers CC	M	00:50:25	DNS	
	Ben Phillips	Towy Racing Cycling Club (TRCC)	M	00:50:23	DNS	
	Joe Schvartz	Team Swindon Cycles	V	00:54:01	DNS	
	Richard Coomer	Pembrokeshire Velo	M	00:52:23	DNS	

Place	Name	Club	CAT	LTS	Time	PB
	Adrian Lane	1st Chard Wheelers	M	00:52:23	DNS	
	Adrian Humpage	Lyme Racing Club	V	00:54:00	DNS	
	Michael Bennett	Bicester Millennium CC	V	00:55:20	DNS	
	Andrew Perkins	Mid Devon CC	V	00:50:16	DNS	
	Philip Murrell	Finsbury Park CC	V	00:52:18	DNS	
	Mattj Smith	Port Talbot Whs CC	V	00:54:00	DNS	
	Mike Broadbent	Swansea Wheelers/CS Abertawe	V	00:55:19	DNS	
	Jeremy Archer	RT 316	V	00:50:16	DNS	
	Randle Shenton	Team Swift	V	00:53:57	DNS	
	Gary Duncan	Paramount CRT	V	00:52:11	DNS	
	Paul Cannon	Porth & District CC	V	00:53:48	DNS	
	Robert Taylor	Echelon Cycling	M	00:55:05	DNS	
	Ian Piper	Minehead Cycling Club	V	00:57:35	DNS	
	Lee Morgan	Team Bottrill / HSS Hire	V	00:49:45	DNS	
	Nic Cleave	Swansea Wheelers/CS Abertawe	V	00:51:42	DNS	
	Martin Tolley	Stafford RC	V	00:57:22	DNS	
	Adrian Hughes	Seamons CC	V	00:51:40	DNS	
	Ben Brandon	Team Bottrill / HSS Hire	V	00:53:30	DNS	
	Daryl Godden	Gloucester City Cycling Club	V	00:55:55	DNS	
	Greg Parker	Velo Club St Raphael	V	00:49:27	DNS	
	Richardkarl Bowditch	Lyme Racing Club	V	00:54:45	DNS	
	Charles Crookes	Rutland Cycling Club	V	00:57:20	DNS	
	David Bucknall	Royal Dean Forest Cycle Club	V	00:51:01	DNS	
	Luke Smith	Bristol South Cycling Club	V	00:54:33	DNS	
	Aaron Ward	Team Bottrill / HSS Hire	M	00:48:39	DNS	
	Alan Murchison	DRAG2ZERO	V	00:50:52	DNS	
	Dean Robson	Northover VT / Rudy Project	M	00:48:33	DNS	
	Barry Charlton	Swinnerton Cycles	V	00:50:49	DNS	
	Iain Cade	Bath Cycling Club	M	00:54:12	DNS	
	Mark Denney	Poole Whs	V	00:50:38	DNS	
	Jon Brumfield	Poundbury Cyclesport	V	00:56:13	DNS	
	Paul Coles	73Degrees CC	V	00:52:39	DNS	
	Liam Maybank	Twickenham CC	V	00:47:01	DNS	
	Howard Shaw	Eastbourne Rovers CC	M	00:50:35	DNS	
	Tony Harvey	Mid Shropshire Wheelers	V	00:52:01	DNS	
	Nick Brown	Team NBCC	V	00:52:51	DNS	
	Joshua Williams	Team Bottrill / HSS Hire	M	00:46:41	DNS	