

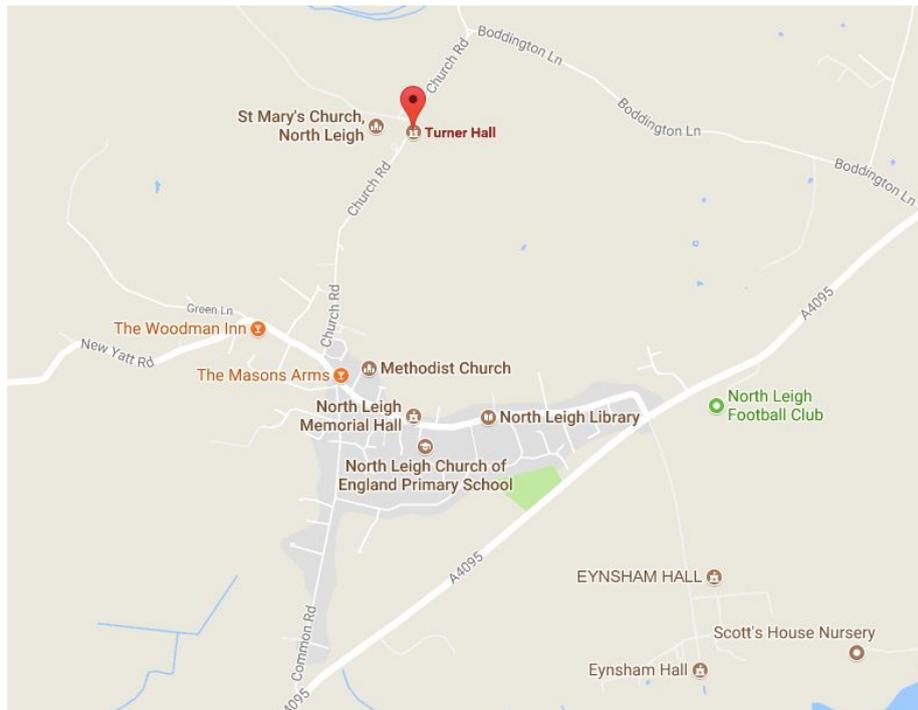


H10/181 Open 10 Mile Time Trial

Saturday 19th August 2017, 4PM

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

**Event HQ - Turner Hall (Near St Mary Church), Church Road, North Leigh, Nr. Witney, OX29 6TX
(open from 3PM)**



For map & directions to St Mary Church - <http://www.achurchnearyou.com/north-leigh-st-mary>

Event secretary - Richard Gildea, 24 Tweed Drive, Didcot, OX11 7XH

Phone: 07900578233

Email: timetrials@didcotphoenix.co.uk

Timekeepers

Marion Fountain

Ron Smith

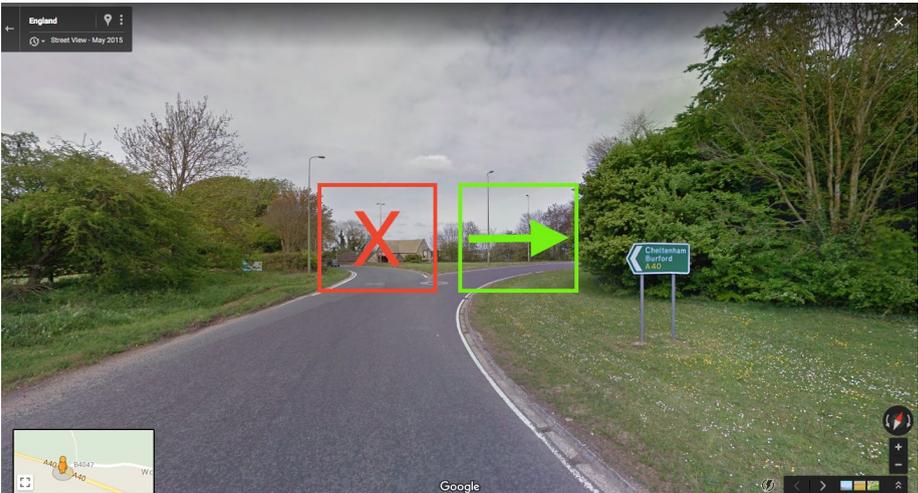
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DPCC

Prizes

Men (by Time)		Women (by time)		Vets (on standard)	
First	£25	First	£25	First	£25
Second	£15	Second	£15	Second	£15
Third	£10	Third	£10	Third	£10

Course Description

OS_Ref	Description	Dist
373093	<p>START on the A40 Witney by-pass at the western end of the first lay-by after the Cogges exit and about a mile west of the Hill Farm over-bridge and the eastern end of the dual carriageway, 177 yards west of and beyond kilometre post 106.9 by the last green cats eye before the end of the lay-by</p>	0
29708	<p>Proceed westwards past the Central Witney and A415 exit and entry slip roads (Care of traffic leaving and entering from the left, and the exit slip road to Brize Norton (Care of leaving traffic on the left) past the 5 mile point in the last lay-by before the turn and continue towards the Asthall roundabout. (Great Care. Look behind, signal and cross to the outside lane on the approach)</p> 	5.676
288101	<p>TURN by circling the Asthall roundabout, past the exit to the A40,</p>  <p>the entrance from that road and the junction with the B4047 to take the third exit back onto the A40 eastbound past the P sign on the corner. (Check).</p>	5.792



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Proceed eastwards on the A40 past the slip road from the Brize Norton and Minster Lovell (Care of traffic entering from the left) Continue past the exit to Central Witney and A415 junction slip road (Care of traffic leaving to the left) and cross the bridge over that junction. Pass the end of the slip road from that junction. (Care of traffic entering from the left). FINISH at a drain where the next metal barrier first attains its full height, about 25 yards east of and beyond a green "A40" sign on the verge

10.000

Risk assessment:

<http://www.lwdcriskassessments.co.uk/Courses/H10%20181%20Witney%20By-Pass%2010/H10%20181%20LWDC%20RA.pdf>

Course map:

<http://www.lwdcriskassessments.co.uk/Courses/H10%20181%20Witney%20By-Pass%2010/H10%20181%200course.pdf>

Strava segment:

<https://www.strava.com/segments/1112757>

Course records:

Fastest Male	Club	Ride date	Time
Tejvan Pettinger	Sri Chinmoy Cycling Team	14th June 2014	19:24
Fastest Female	Club	Ride date	Time
Jasmijn Muller	Kingston Wheelers CC	31 May 2014	22:32

In the interests of your own safety, Cycling Time Trials and the Event Promoter advise you to wear a hard shell helmet that meets an internationally accepted safety standard.

It is also recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Local Regulations applicable to this event:

LWDC 1 Reporting of breaches of Local Regulations

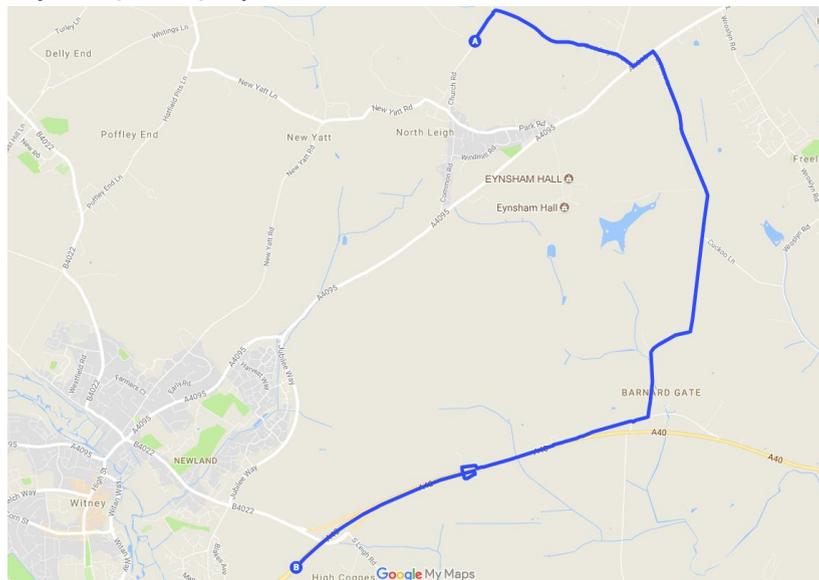
All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

LWDC 2 Parking Restrictions

No vehicles, except those of the timekeeper (s) and other event officials, shall be parked in the vicinity of the start and finish points.

The shortest distance from the HQ to the start is 5.5 miles. Leave at least 25 – 35 minutes:

- From the hall, turn right and right again onto Boddington Lane and follow to junction with A4095 (approx 1 mile)
- Turn left and after a short distance turn right onto Cuckoo Lane and follow for approx 2 miles through Barnard Gate to A40.
- Turn right heading West onto the cycle path alongside the A40 to the bridge at Hill Farm (approx 1.5 miles).
- Take the bridge over the A40 to join the westbound carriageway, take care crossing the cattle grids on both sides of the bridge. Exercise extreme caution as you rejoin the A40. From here it is 1 mile to the start, passing the Witney East (B4022) slip road: *take care!*



Returning from the finish it is recommended that you join the cycle track to Barnard Gate where you can retrace your start route to the HQ.

Any riders attempting to cross the central reservation A40 or U-turn on the main road will be disqualified and may be reported the London West District Committee.

Numbers, refreshments and toilets will be available at the HQ.

Competitors must sign on before taking their number which can be exchanged later for a free drink

REMEMBER THAT YOU MUST SIGN OUT AT HQ AFTER COMPLETING YOUR RIDE OR ELSE YOU MAY BE RECORDED AS DNF!

Start Number	Start Time	Rider	Club	Gender	Category
1	16:01	Peter Oliver Mark Cox	Fairly United Cycling Team (tandem)	Male Male	Vet Vet
2	16:02	Graeme King Ruth Freestone King	45 RC (tandem)	Male Female	Vet Vet
3	16:03	MICK FOUNTAIN	Didcot Phoenix CC	Male	Vet
4	16:04	Chris Summers	Sotonia CC	Male	Vet
5	16:05	Harri James	Didcot Phoenix CC	Male	Senior
6	16:06	Matthew Thomas	Cowley Road Condors CC	Male	Senior
7	16:07	Alex Hayden	G.S. Henley	Male	Senior
8	16:08	Dave Loader	Bath Road Club	Male	Vet
9	16:09	Rachel Green	Cheltenham & County Cycling Club	Female	Vet
10	16:10	Michael Bennett	Bicester Millennium CC	Male	Vet
11	16:11	Martin Stanley	Didcot Phoenix CC	Male	Vet
12	16:12	Chris Jolliffe	Crawley Wheelers	Male	Vet
13	16:13	Joanna Wells	Hounslow & District Whs	Female	Vet
14	16:14	Jeff King	Oxonian CC	Male	Vet
15	16:15	Mike Appleyard	Lancashire RC	Male	Vet
16	16:16	Simon McGowan	Didcot Phoenix CC	Male	Vet
17	16:17	Adam Evans	Banjo Cycles.Com/Raceware/Specialized	Male	Vet
18	16:18	Ian Radburn	Oxonian CC	Male	Vet
19	16:19	Leslie Howson	Hounslow & District Whs	Male	Senior
20	16:20	Robert Willcocks	Royal Air Force Cycling Association	Male	Senior
21	16:21	Steve Mead	Didcot Phoenix CC	Male	Vet
22	16:22	Jason Costello	Team Swindon Cycles	Male	Vet
23	16:23	James Roberson	South Bucks RC	Male	Vet
24	16:24	Jules Birch	Mickey Cranks Cycling Club	Female	Vet
25	16:25	James Barlow	Didcot Phoenix CC	Male	Senior
26	16:26	Matt Hayden	G.S. Henley	Male	Vet
27	16:27	Tony Flynn	Willesden CC	Male	Vet
28	16:28	Nicholas Cosgreave	Farnborough & Camberley CC	Male	Vet
29	16:29	Bob Brabbins	Victoria/Ciclos.Com/CC	Male	Vet
30	16:30	Tim Beaven	Bicester Millennium CC	Male	Vet
31	16:31	Piers Barnett	G.S. Henley	Male	Senior
32	16:32	Philip Fowler	Oxonian CC	Male	Vet

33	16:33	Colin Crocker	Sotonia CC	Male	Vet
34	16:34	Des Crinion	Willesden Triathlon Club	Male	Senior
35	16:35	Mark Woolford	Trainsharp	Male	Vet
36	16:36	Carl Bond	Kenton RC	Male	Vet
37	16:37	Stuart Carver	North Hampshire RC	Male	Vet
38	16:38	Graham Morrison	Newbury RC	Male	Vet
39	16:39	Michael1 Murkin	Swindon Road Club	Male	Vet
40	16:40	Ian Greenstreet	Newbury RC	Male	Vet
41	16:41	Peter Hatt	Velo Club St Raphael	Male	Vet
42	16:42	Stewart House	Arctic Tacx RT	Male	Vet
43	16:43	Jonathan Whitear	Oxford City RC	Male	Vet
44	16:44	Brian Newton	Team Echelon	Male	Vet
45	16:45	Rachael Elliott	DRAG2ZERO	Female	Senior
46	16:46	Nick Parris	G.S. Henley	Male	Vet
47	16:47	James Hunt	Oxonian CC	Male	Vet
48	16:48	Dominic Spalding	Mickey Cranks Cycling Club	Male	Vet
49	16:49	Philip Burgin	Newbury RC	Male	Vet
50	16:50	Chris Boddy	Didcot Phoenix CC	Male	Senior
51	16:51	Rob Yeatman	Fairly United Cycling Team	Male	Senior
52	16:52	Daniel Sharp	Charlotteville Cycling Club	Male	Vet
53	16:53	Anna Woodcock	Oxonian CC	Female	Senior
54	16:54	Jo Wilkie	Ride 24/7	Female	Senior
55	16:55	Simon Barbour	AS Test Team	Male	Senior
56	16:56	Alan Allcock	Didcot Phoenix CC	Male	Vet
57	16:57	Darren Alexander	Team Cherwell	Male	Vet
58	16:58	Philip Strongman	Oxonian CC	Male	Vet
59	16:59	Richard Ballinger	Mickey Cranks Cycling Club	Male	Vet
60	17:00	Richard Harrison	DRAG2ZERO	Male	Vet
61	17:01	Jim Curry	VC Equipe - Flix Oral Hygiene	Male	Vet
62	17:02	Peter Warwick	Didcot Phoenix CC	Male	Vet
63	17:03	Lee Heron	Banbury Star Cycling Club	Male	Vet
64	17:04	Arja Scarsbrook	Team Echelon	Female	Vet
65	17:05	Richard Gildea	Didcot Phoenix CC	Male	Senior
66	17:06	Andrew Payne	Maidenhead & District CC	Male	Vet
67	17:07	Claire Emons	Newbury RC	Female	Vet

68	17:08	Chris Green	Oxonian CC	Male	Vet
69	17:09	Annie Gowing	Mickey Cranks Cycling Club	Female	Vet
70	17:10	Nick English	AeroCoach	Male	Senior
71	17:11	Richard Howes	Coventry Road Club	Male	Vet
72	17:12	Mark Boyles	Banbury Star Cycling Club	Male	Vet
73	17:13	Jenny Simmonds	London Dynamo	Female	Vet
74	17:14	Simon Evans	Didcot Phoenix CC	Male	Vet
75	17:15	Angus MacInnes	Royal Air Force Cycling Association	Male	Vet
76	17:16	Simon Inman	OVB	Male	Vet
77	17:17	Nigel Croxford	High Wycombe CC	Male	Vet
78	17:18	Robert West	AeroCoach	Male	Vet