



PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS AND CHAMPIONSHIP CONDITIONS

Event Sec: Martyn Heritage-Owen – 28 Clos Tyla Bach, Cardiff, CF3 0EJ.

Many thanks to all the helpers, officials from all the major clubs in South Wales without whom such a great championship would not have been possible. Can I also pay tribute to the way everyone conducted themselves both during competition and after at the presentation. The feedback I've had had been absolutely uplifting. Finally, I'm grateful to Stewart Smith for his invaluable support and to Sheila Hardy for her gracious words and to Dave Barry for all the help when we were setting up.

Many thanks to Denise Lawson and all the staff at Secret Training for their generous sponsorship of a bottle and hydration for all competitors and STRIP Personal care kits for the podiums. <http://www.secret-training.com/> For details of some of their current offers see the the links further down.

Women – Winners

Pos	Name	Team	Time	Award
1	Hayley Simmonds	Team WNT Pro Cycling	00:50:10	Champion
2	Rachael Elliott	DRAG2ZERO	00:51:43	2nd & Team
3	Anna Turvey	Tyneside Vagabonds CC	00:51:45	3rd
4	Kate Allan	DRAG2ZERO	00:51:50	Team
6	Alice Lethbridge	DRAG2ZERO	00:52:40	Team
13	Liz Powell	Mike Vaughan Cycles	00:55:06	1st A
21	Angela Carpenter	...a3crg	00:56:33	1st B
15	Bronwen Ewing	Rye & District Wheelers CC	00:55:15	1st C
32	Sarah Matthews	...a3crg	00:57:52	1st D
89	Alison Vessey	Mickey Cranks CC	01:06:18	1st E
96	Diane Hynam	Bynea Cycling Club	01:14:50	1st F
95	Cheryl Trueman	Team Swift	01:12:28	1st G
97	Gill Henshaw	Velo Club Long Eaton	01:15:48	1st I

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**Team****A fabulous new competition record!**

Place	Team	Name	Ind Time	Time
1	DRAG2ZERO	Rachael Elliott	00:51:43	02:36:13
		Kate Allan	00:51:50	
		Alice Lethbridge	00:52:40	
2	...a3crg	Laura Bartlett	00:55:57	02:50:22
		Angela Carpenter	00:56:33	
		Sarah Matthews	00:57:52	
3	Team Bottrill / HSS Hire	Karen Ledger	00:56:27	02:52:46
		Karina Bowie	00:57:10	
		Wendy Gooding	00:59:09	
4	VeloSistas TT Team	Stephanie Post	00:54:59	02:54:06
		Andrea Parish	00:59:10	
		Nadine Cannon	00:59:57	
5	Born to Bike - Bridgtown Cycles	Katja Rietdorf	00:57:18	02:54:11
		Lynne Biddulph	00:58:17	
		Susan Semple	00:58:36	
6	Bynea CC	Diane Wilson-Evans	01:04:35	03:24:18
		Amanda Davies	01:04:53	
		Diane Hynam	01:14:50	

Women's Championship (full result)

Pos	Name	Team	Age	Time
1	Hayley Simmonds	Team WNT Pro Cycling		00:50:10
2	Rachael Elliott	DRAG2ZERO		00:51:43
3	Anna Turvey	Tyneside Vagabonds CC		00:51:45



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SOUTH WALES DC and



Pos	Name	Team	Age	Time
4	Kate Allan	DRAG2ZERO		00:51:50
5	Eileen Burns	Ballymena Road Club		00:52:29
6	Alice Lethbridge	DRAG2ZERO		00:52:40
7	Katie Greves	AS Test Team		00:53:10
8	Molly Patch	Fusion RT Fierlan		00:53:35
9	Victoria Smith	AeroCoach		00:54:00
10	Kimberley Morrison	North Norfolk Whs		00:54:25
11	Stephanie Post	VeloSistas TT Team		00:54:59
12	Anna Morris	Loughborough Students CC		00:55:05
13	Liz Powell	Mike Vaughan Cycles	A	00:55:06
14	Jessica Rhodes-Jones	Beacon Roads CC		00:55:07
15	Bronwen Ewing	Rye & District Wheelers CC	C	00:55:15
16	Hannah Macdonald	Liverpool Century RC		00:55:17
17	Anna Weaver	Manchester Tri Club		00:55:23
18	Laura Bartlett	...a3crg		00:55:57
19	Karen Ledger	Team Bottrill / HSS Hire	A	00:56:27
20	Ruth Summerford	Eastbourne Rovers CC		00:56:28
21	Angela Carpenter	...a3crg	B	00:56:33
22	Claire Steels	Peterborough CC		00:56:44
23	Crystal Spearman	NOPINZ		00:56:49
24	Gina Riley	Chester RC		00:56:54
24	Nicki Carr	VC Equipe - Flix Oral Hygiene		00:56:54
26	Karina Bowie	Team Bottrill / HSS Hire	B	00:57:10
27	Katja Rietdorf	Born to Bike - Bridgtown Cycles	B	00:57:18
28	Verity Smith	Stowmarket & District CC	A	00:57:24
29	Susan Triplow	Essex Roads CC	C	00:57:30
30	Michelle Arthurs	Norwood Paragon CC		00:57:50
31	Christina Murray	Army Cycling Union	A	00:57:51

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SOUTH WALES DC and



Pos	Name	Team	Age	Time
32	Sarah Matthews	...a3crg	D	00:57:52
33	Danuta Tinn	Maidenhead & District CC	C	00:57:53
34	Christie Jones	Hereford & Dist Whs CC		00:58:00
35	Lynne Biddulph	Born to Bike - Bridgtown Cycles	B	00:58:17
36	Zoe Chandler	Stratford Cycling Club		00:58:21
37	Katie Crowe	Dulwich Paragon CC	A	00:58:29
38	Susan Semple	Born to Bike - Bridgtown Cycles	C	00:58:36
39	Kirsty Murray	Pembrokeshire Velo	A	00:58:41
40	Tina Reid	Trainsharp	C	00:58:42
41	Amira Mellor	Matrix Pro Cycling		00:58:49
42	Becky Schofield	Tri- Anglia Triathlon Club		00:58:50
43	Julie Chasin	Twickenham CC	A	00:58:53
44	Alex Smethurst	Team Swift		00:59:03
45	Claire Emons	Newbury RC	B	00:59:06
46	Charlotte Mallinmartin	Cambridge University CC		00:59:09
46	Wendy Gooding	Team Bottrill / HSS Hire	C	00:59:09
48	Andrea Parish	VeloSistas TT Team	B	00:59:10
49	Deborah Moss	Chorley Cycling Club	B	00:59:20
50	Francesca Hall	Clay Cross RT		00:59:27
51	Fiona Sharp	York Cycleworks		00:59:29
52	Emma Angove	Chippenham & District Whs		00:59:38
53	Janet Bassett	CC Ashwell		00:59:41
54	Jennifer Smart	VC Norwich	A	00:59:52
55	Nadine Cannon	VeloSistas TT Team		00:59:57
56	Zoe Whiteside	Team Bottrill / HSS Hire	A	00:59:58
57	Kelly Murphy	Team Ford Ecoboost		01:00:09
58	Louisa Cooper	Bournemouth Jubilee Whs		01:00:12
58	Zoe Betteridge	southfork racing.co.uk		01:00:12

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Pos	Name	Team	Age	Time
60	Sarah Short	Bonito Squadra Corse	C	01:00:26
61	Joanne Jago	Performance Cycles CC		01:00:28
62	Sophie Household	Vertex Biemme RT		01:00:32
63	Amy Pritchard	Giant Camden Team Liv		01:00:36
64	Debbie Bradley	Team Bottrill / HSS Hire	A	01:00:39
65	Rachael Mellor	Holmfirth C C	C	01:00:40
66	Hope Kerry	Team Lusso		01:00:54
67	Karen Taylor	Vertex Biemme RT	C	01:00:59
68	Claire Lee	Momentum Cycles RC	B	01:01:10
69	Trish Chalk	Velo Club St Raphael		01:01:55
70	Michelle Fishbourne	Abercynon Road Club	C	01:02:05
71	Becky Smith	Mid Devon CC	A	01:02:22
71	Helen Gravatt	Twickenham CC	C	01:02:22
73	Kate Robinson	Berkshire Tri Squad		01:02:26
74	Claire Clementson	Wigan Whs CC	A	01:02:31
75	Theresa Taylor	Preston CC	D	01:02:50
76	Kari Jones	VeloSistas TT Team		01:03:29
77	Rachel Przybylski	Charlotteville Cycling Club		01:03:31
78	Hannah Fawcett	Liverpool Braveheart BC		01:03:35
79	Janet Fairclough	St Helens CRC	D	01:03:43
80	Jo Buckland	Velo Club St Raphael	C	01:03:57
81	Jacqueline Hobson	Born to Bike - Bridgtown Cycles	C	01:04:18
82	Chelsea Mccloskey-Lambert	Manchester Wheelers		01:04:31
83	Diane Wilson-Evans	Bynea Cycling Club	D	01:04:35
84	Amanda Davies	Bynea Cycling Club	B	01:04:53
85	Sharon Clifford	WCS Racing Team	D	01:05:05
86	Trudy Sharam	Lea Valley CC	A	01:05:18



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Pos	Name	Team	Age	Time
87	Louise Georgi	Giant CC - Halo Films	C	01:05:25
88	Joanna Butcher	Chelmer CC	B	01:05:58
89	Alison Vessey	Mickey Cranks Cycling Club	E	01:06:18
90	Helen Tudor	Oswestry Paragon CC	B	01:06:29
91	Dianne Tierney	Guernsey Velo Club	A	01:06:53
92	Deborah Sheridan	Warwickshire Road Club	E	01:07:33
93	April Lewis	Born to Bike - Bridgtown Cycles	D	01:09:50
94	Anna Covey	Southampton University RC		01:10:06
95	Cheryl Trueman	Team Swift	G	01:12:28
96	Diane Hynam	Bynea Cycling Club	F	01:14:50
97	Gill Henshaw	Velo Club Long Eaton	I	01:15:48
98	Philippa Crocker	Dursley Road Club	C	01:19:40
DNS	Vicky Jowett	Albarosa CC		
DNS	Lucy Austin	Army Cycling Union		
DNS	Florence Cox	Equipe Flamme Rouge		
DNS	Sally Turner	GS Stella		
DNS	Dena Ford	High Wycombe CC	C	
DNS	Sarah Croucher	Momentum Cycles RC		
DNF	Lauren Creamer	NCC Group-Kuota-Torelli		
DNF	Charlotte Chapman	Nova Raiders CC		
DNS	Christine Rowley	Poole Whs	B	
DNS	Susan Boe	Royal Air Force CA		

Photographs

http://www.kimroy-photography.co.uk/gallery2/main.php?g2_itemId=682766



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Junior Championship

Boys Awards

Name	Team	Time	Award
Cavan Walker	Prologue Race Team	00:48:52	Champion
Harrison Wood	Mid Devon CC	00:49:18	2nd & 1st 17
Lyster Romero	TBW Bottecchia Wigmore RT	00:49:42	3rd & 1st 18
George Elliott	Innovation Racing	00:52:50	1st 15
Joshua Tarling	West Wales Cycle Racing Team	00:57:39	1st 13

Team

Team	Name	Time	Award
Innovation Racing	George Elliott	00:52:50	2:47:11
	Alex Coates	00:55:29	
	Joel Ackers	00:58:52	

Girls (Full result)

Pos	Name	club	Age	Time	Award
1	Pfeiffer Georgi	Liv CC - Epic Coaching	16	00:54:51	Champion
2	Caitlin Peters	i-Team Cyclists Club	15	00:59:21	2nd & 1st 15
3	Savannah Hewson	Liv AWOL	17	01:02:08	3rd & 1st 17
4	Hannah Bayes	Liv AWOL	17	01:03:28	

Boys (Full Result)

Pos	Name	Team	Age	Time
1	Cavan Walker	Prologue Race Team	16	00:48:52
2	Harrison Wood	Mid Devon CC	17	00:49:18
3	Lyster Romero	TBW Bottecchia Wigmore RT	18	00:49:42
4	Samuel Tillet	Giant CC - Halo Films	18	00:50:32
5	Tom Temple	Primera-Teamjobs	17	00:50:45
6	James Tillet	Giant CC - Halo Films	18	00:50:57
7	Harry Buxton	T.H.R.E. Datawolves R.T.	16	00:51:13
8	Adam Robertson	Verulam CC	18	00:51:20



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Pos	Name	Team	Age	Time
9	Zak Coleman	Team PedalRevolution.co.uk	18	00:51:33
10	Josh Griffiths	Bristol South Cycling Club	17	00:51:37
11	Devon Round	Mid Shropshire Wheelers	17	00:51:38
12	Tom Roper	Beacon Wheelers	18	00:52:07
13	Ieuan Woods	Banks/Catford CC Equipe	16	00:52:08
14	Bevan Jones	Manilla Cycling	18	00:52:43
15	Thomas Cornwell	In-Gear Quickvit Trainsharp RT	16	00:52:45
16	George Elliott	Innovation Racing	15	00:52:50
17	Euan Backus	Zappi Racing Team	15	00:53:07
18	David Norman	Team Jewson - MI Racing - Poly Pipe - McCann	17	00:53:08
19	Ross Prescott	LJMU Cycling Team	18	00:53:35
20	Sam Morris	Revolutions Racing	18	00:53:41
21	Tristan Pilling	Middleton CC	15	00:54:06
22	Tom Portsmouth	VC de Londres	15	00:54:35
23	Oliver Rowlands	Newport Phoenix CC	15	00:55:10
24	Alex Coates	Innovation Racing	16	00:55:29
25	Joshua Tarling	West Wales Cycle Racing Team	13	00:57:39
26	Kieran Morris	Mid Shropshire Wheelers	16	00:57:44
27	Joel Ackers	Innovation Racing	15	00:58:52
28	Peter Hewson	Hillingdon Slipstreamers	15	01:01:22
	Harry Butterworth	Scarborough Paragon CC	14	DNF
	Gabriel Chinn	Performance Cycles CC	18	DNF
	Zach Bridges	Cardiff Jif	16	DNS

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