

ESSEX ROADS



CYCLING CLUB

Open 25 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

SPOCO South East Group Counter

to be held on

Monday 28th August 2017

Course E11/25 — Start at 7.00 am

Timekeepers:

Tony Brown and Laura Carter

Awards:

Scratch: 1st – £40; 2nd – £20; 3rd – £10. Lady: 1st - £20, 2nd - £10

Fastest Club Team of Three: £10 each.

Event headquarters:

Blackmore Village Hall, Nine Ashes Road, Essex CM4 0QW

This is the village communal area, please park in a sensible manner and do not take advantage of the excellent facilities in the headquarters. No changing in full view of residents and please respect the local residents by keeping any noise to a minimum. Thank you.

Event secretary: Leonard Gordon, 7 Cambridge Close, Basildon, Essex, SS16 6UW Telephone: 07807 839204

COURSE DETAILS 11/25 Blackmore

START in Chelmsford Road, approx 1.5 mile north Blackmore opposite EP20. Proceed north to Little Oxney where left onto A414 (1st exit). Proceed along A414 to turn around Four Wantz roundabout, Ongar (4th exit) (10.75m). Retrace along A414 over two roundabouts to turn around Widford Church roundabout, A1016 junction (4th exit) (20.16m). Retrace to Little Oxney roundabout and left into Blackmore Road, through Highwood village to FINISH at field entrance 40 yards north of 'Bend' sign, 800 yards north of start.

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

Cycling Time Trials and the Event Promoter recommend the use of a flashing rear light whilst competing.

LONDON EAST LOCAL REGULATIONS

- 1** Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2** No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3** No parking at either the start or finish points, other than the time keepers car.
- 4** Body numbers will be available at the event headquarters
- 5** Body numbers should be returned after the event and the start sheet signed in the signing-off box. Failure to do this will result in your result being marked as 'DNF'.

All riders should return to the headquarters as drug testing may be in force at this event.

RIDERS BRIEFING NOTICE

Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing.

No	Start	CTT id	Name	Club	SPOCO Status
03	7:03	6232	Gill Carter	Essex Roads CC	SenLadyVet
04	7:04	15467	Kelvin Fleuty	Maldon & District CC	Senior
05	7:05	2988	John Bradbury	CC Sudbury	Vet
06	7:06	6192	Jon Wadie	Basildon CC	Vet
07	7:07	271	Geoff Bores	Ford CC	SupVet
08	7:08	6938	Stewart Fung	Redbridge CC	Vet
09	7:09	5505	Colin White	Colchester Rovers CC	KingVet
10	7:10	3092	Richard Price	London Phoenix CC	Senior
11	7:11	814	Richard Parrotte	Shaftesbury CC	SenVet
12	7:12	18975	Dominick Burke	CC Sudbury	Senior
13	7:13	6905	Paul Dewberry	Colchester Rovers CC	SenVet
14	7:14	8954	Antonio Paolino	Essex Roads CC	KingVet
15	7:15	6403	Thomas Platts	Aspire Velo Racing Team	Senior
16	7:16	4450	Ian Damant	Becontree Wheelers CC	SenVet
17	7:17	1958	Keith Dalton	Ford CC	SenVet
18	7:18	792	Kevin Orrin	Chelmer CC	SenVet
19	7:19	9960	Julie Shuttleworth	Team Shuttle	SupLadyVet
20	7:20	3549	Matthew Saunders	Team Vision Racing - Silverhook	Senior
21	7:21	3472	Anna Dearing	Chelmer CC	LadyVet
22	7:22	7433	Gregory Smith	Finsbury Park CC	Vet
23	7:23	18581	David Martin	Becontree Wheelers CC	SenVet
24	7:24	5386	Paul Shuttleworth	Team Shuttle	SupVet
25	7:25	10119	Kieran Brady	Richardsons-Trek RT	Senior
26	7:26	874	Richard Kemp	Redbridge CC	SupVet
27	7:27	1465	Tony Capon	Becontree Wheelers CC	SenVet
28	7:28	5030	Colin Doe	Ford CC	SupVet
29	7:29	7075	Jeanette Degiorgio	Crest CC	SupLadyVet
30	7:30	5221	Philip Murrell	Finsbury Park CC	Vet
31	7:31	3200	Robert Royston	Sydenham Whs	SupVet
32	7:32	10585	Adam Young	Walden Velo	Vet
33	7:33	4957	Brian Farrow	Maldon & District CC	SenVet
34	7:34	11921	Dominic Ross	Finsbury Park CC	SenVet
35	7:35	6547	Colin Lewin	Velo Schils Interbike RT	Vet
36	7:36	3561	David Carey	Maldon & District CC	Vet
37	7:37	1928	Simon Constable	Basildon CC	Senior
38	7:38	3416	Dan Carter	Essex Roads CC	Vet
39	7:39	5602	Colin Edmond	Maldon & District CC	SupVet
40	7:40	3984	Peter Harding	Chelmer CC	Senior
41	7:41	1191	Julia Freeman	Easterley Road Club	SenLadyVet
42	7:42	9942	Jack Steven	East London Velo	Senior
43	7:43	1391	Peter Stiff	Southend Wheelers	SenVet
44	7:44	2095	James Bromley	Becontree Wheelers CC	SenVet
45	7:45	3171	Dominic Bray	Finsbury Park CC	Vet
46	7:46	3758	Paul Ruffy	Essex Roads CC	Senior
47	7:47	2328	Lisa Hurrell	Maldon & District CC	Lady
48	7:48	10505	Ellen Dyverfeldt	Lea Valley CC	Lady
49	7:49	759	Richard Pimlott	Finsbury Park CC	SenVet
50	7:50	4224	Terry Garlinge	East London Velo	Vet
51	7:51	11664	Timothy Chilvers	Maldon & District CC	Senior
52	7:52	14112	Gunther Zechmann	Phoenix Cycling Club	Senior
53	7:53	3454	Jonathan Hemming	Addiscombe CC	Vet
54	7:54	15361	Barry Holderness	Essex Roads CC	Vet
55	7:55	5795	Daniel Ryan	North Road CC	Senior
56	7:56	5217	Andrew Turnock	Finsbury Park CC	Vet
57	7:57	9080	Nicholas Candy	North Road CC	Junior
58	7:58	11971	Nigel Fitzroy	Chelmer CC	SenVet
59	7:59	7744	Phil Bailey	Basildon CC	SenVet
60	8:00	2818	Paul Hart	Southend Wheelers	Senior