



# East Sussex Cycling Association

2017 President Bob Harber – Brighton Excelsior CC



## ESCA 25m Time Trial – Sunday 10th Sept 2017 – G25/89

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

# Start Sheet

**Event Secretary** Luke de Quay (East Grinstead CC)  
c/o DK Glovesheets, 25 High Street. Dormansland, Surrey RH7 6PU  
Email: lukedequay@gmail.com Mobile: 07410 442157

**Timekeepers** **Richard Blackmore** (East Grinstead CC) & **Mike Labram** (Crawley Wheelers)

## General Information

### Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 6:00am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

### Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane.**

### Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

### Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

### Start

The start is less than a mile from the hall. Proceed out of the car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

### Signing Out

Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

## Prize List

### Fastest Overall

|        |        |
|--------|--------|
| First  | £35.00 |
| Second | £30.00 |
| Third  | £25.00 |
| Fourth | £20.00 |
| Fifth  | £15.00 |
| Sixth  | £10.00 |

### Fastest Lady

Plus extra £15 for 1<sup>st</sup> & £5 for 2<sup>nd</sup> from DK Glovesheets

|        |        |
|--------|--------|
| First  | £20.00 |
| Second | £15.00 |
| Third  | £10.00 |

### Fastest Junior / Espoir

|              |        |
|--------------|--------|
| First Junior | £10.00 |
| First Espoir | £10.00 |

### Fastest Age Category

not winning another individual prize

|             |        |
|-------------|--------|
| Under 35    | £10.00 |
| 35 – 39     | £10.00 |
| 40 – 44     | £10.00 |
| 45 – 49     | £10.00 |
| 50 – 54     | £10.00 |
| 55 – 59     | £10.00 |
| 60 – 64     | £10.00 |
| 65 and over | £10.00 |

### Fastest Team of 3

|        |             |
|--------|-------------|
| First  | £15.00 each |
| Second | £10.00 each |

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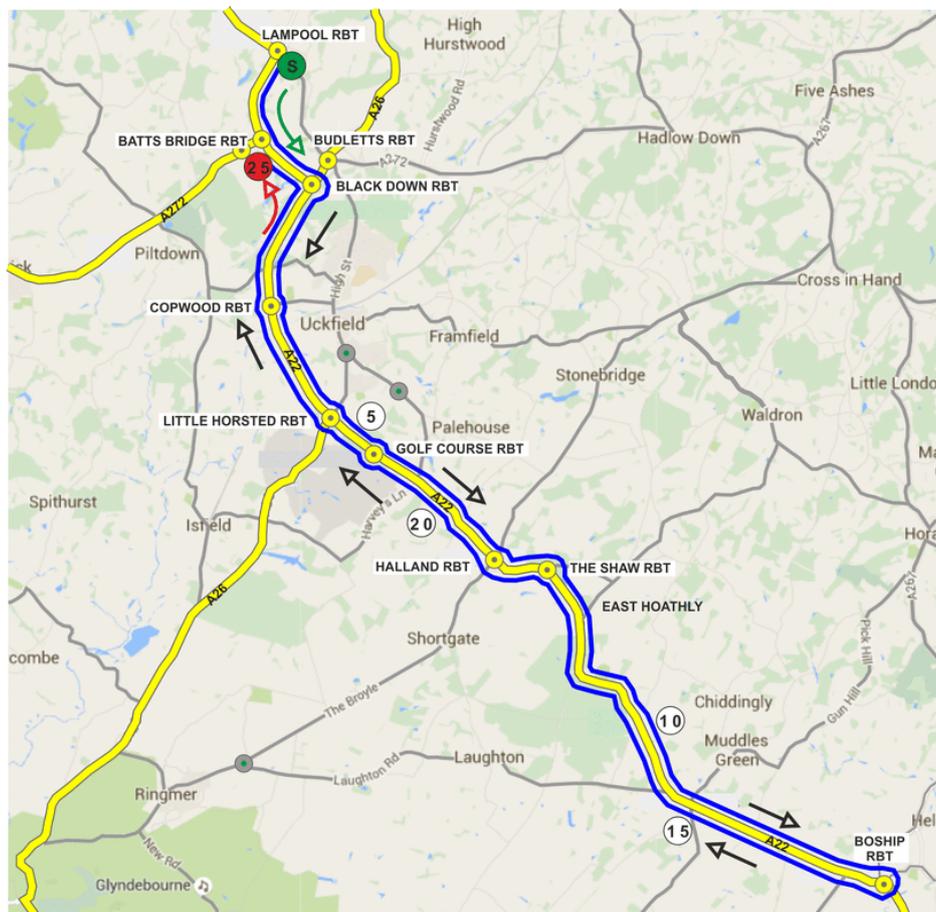
# Course Details

## G25/89 – Maresfield – Halland – Lower Dicker – Halland – Maresfield – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website [www.sussexca.org.uk/g2589.html](http://www.sussexca.org.uk/g2589.html)

| OS Ref   | Course G25/89  | Distance |
|----------|--|----------|
| TQ461252 | <b>START</b> on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.   | 00.00m   |
| TQ511165 | Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. <b>RIGHT</b> 2nd exit following Uckfield by-pass via Copwood RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT | 07.52m   |
| TQ572172 | <b>RIGHT</b> 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where <b>TURN</b> (Check)  | 13.08m   |
| TQ511165 | <b>4th exit</b> to retrace though Golden Cross and Whitesmith to The Shaw RBT  | 18.63m   |
| TQ468231 | <b>LEFT</b> 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via Copwood RBT to Black Down RBT   | 24.40m   |
| TQ461236 | <b>LEFT</b> 1st exit and follow Maresfield by-pass to <b>FINISH</b> at red arrow on curb opposite drain in lay-by before Batts Bridge RBT  | 25.00m   |



## Additional Safety Instructions

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- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

### Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.



### This is a qualifying event for

**ESCA Points Competition** 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

**ESCA Trophies** Counts towards the fastest junior, fastest lady, fastest rider under 60 minutes, highest veteran plus on standard and the fastest team of three from an ESCA affiliated club over 25 miles – the best performance at either this, or the **April 25**, will be eligible for these awards at the annual prize presentation in January 2018.

**ESCA BAR** Qualifying event for all the Best All Rounder competitions.

**Brian Phillips Trophy** Donated by East Grinstead CC in memory of their teammate Brian Phillips who tragically died during the 8-up team time trial event in Viareggio in March 2011 – the trophy will be awarded at the annual prize presentation in January 2018 to the overall winner of the open event.

**BBAR** Qualifying event for the British Best All Rounder competition.

### Keep up to date with what's going on with time trialling in Sussex ...

**East Sussex CA** Website [www.eastsussexca.org.uk/](http://www.eastsussexca.org.uk/)  
Facebook Group [www.facebook.com/groups/EastSussexCA/](https://www.facebook.com/groups/EastSussexCA/)

**Sussex CA** Website [www.sussexca.org.uk/](http://www.sussexca.org.uk/)  
Facebook Group [www.facebook.com/groups/SussexCA/](https://www.facebook.com/groups/SussexCA/)

Visit our website [www.eastsussexca.org.uk](http://www.eastsussexca.org.uk) Find us on Facebook [www.facebook.com/groups/EastSussexCA](https://www.facebook.com/groups/EastSussexCA)

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# Order of Start

| Race No | Start Time | Rider            | Club                           | Cat   | Age |
|---------|------------|------------------|--------------------------------|-------|-----|
| 2       | 07:02:00   | Richard Woodward | East Grinstead CC              | V     | 55  |
| 3       | 07:03:00   | Paul Thomas      | Brighton Mitre CC              | VPara | 56  |
| 4       | 07:04:00   | Paul O'Kane      | Chew Valley Cycling Club       | S     | 35  |
| 5       | 07:05:00   | Carl Richardson  | Trainsharp                     | V     | 53  |
| 6       | 07:06:00   | Noel Miles       | East Grinstead Tri Club        | V     | 41  |
| 7       | 07:07:00   | Samuel Ramsey    | Lewes Wanderers CC             | V     | 53  |
| 8       | 07:08:00   | Samuel Haymes    | Dulwich Paragon CC             | J     | 17  |
| 9       | 07:09:00   | JOHN BUSH        | Maidenhead & District CC       | V     | 57  |
| 10      | 07:10:00   | Nick Wilson      | Rye & District Wheelers CC     | V     | 54  |
| 11      | 07:11:00   | Brett Davis      | Lewes Wanderers CC             | V     | 44  |
| 12      | 07:12:00   | simon powell     | Redhill CC                     | V     | 50  |
| 13      | 07:13:00   | MARK GIDNEY      | Southborough & Dist. Whs       | V     | 55  |
| 14      | 07:14:00   | Nathan Russell   | Eastbourne Rovers CC           | S     | 29  |
| 15      | 07:15:00   | Michael Valks    | Lewes Wanderers CC             | V     | 46  |
| 16      | 07:16:00   | Mark Edwards     | Eastbourne Rovers CC           | V     | 43  |
| 17      | 07:17:00   | Donald Parker    | Brighton Mitre CC              | V     | 68  |
| 18      | 07:18:00   | Andrew Thomas    | Southborough & Dist. Whs       | V     | 53  |
| 19      | 07:19:00   | Darren Bird      | Mid Sussex Triathlon Club      | S     | 37  |
| 20      | 07:20:00   | Richard Gifford  | In-Gear Quickvit Trainsharp RT | V     | 54  |
| 21      | 07:21:00   | Stephen Morgan   | Tooting BC                     | V     | 49  |
| 22      | 07:22:00   | Sean Quinney     | Lewes Wanderers CC             | V     | 48  |
| 23      | 07:23:00   | Ion Tsakalis     | Brighton Mitre CC              | V     | 52  |
| 24      | 07:24:00   | Lee McGeever     | Brighton Excelsior CC          | V     | 48  |
| 25      | 07:25:00   | Michael Davey    | Eastbourne Rovers CC           | V     | 40  |
| 26      | 07:26:00   | Krzysiek Lachor  | Clapham Chasers                | S     | 39  |
| 27      | 07:27:00   | Matthew Evans    | Southborough & Dist. Whs       | V     | 55  |
| 28      | 07:28:00   | adam rogers      | Eastbourne Rovers CC           | V     | 42  |
| 29      | 07:29:00   | Matt Woodhart    | Brighton Mitre CC              | V     | 40  |
| 30      | 07:30:00   | Tom Glandfield   | Lewes Wanderers CC             | V     | 44  |
| 31      | 07:31:00   | Damen Foord      | Direct Power Cycling Team      | S     | 33  |
| 32      | 07:32:00   | James Stone      | Brighton Excelsior CC          | V     | 48  |
| 33      | 07:33:00   | Chris Pope       | East Grinstead CC              | S     | 32  |
| 34      | 07:34:00   | Olivia Webb      | Eastbourne Rovers CC           | FV    | 48  |
| 35      | 07:35:00   | Ben Houston      | East Grinstead CC              | V     | 40  |
| 36      | 07:36:00   | Ruth Summerford  | Eastbourne Rovers CC           | FS    | 26  |
| 37      | 07:37:00   | Sally Turner     | GS Stella                      | FS    | 37  |
| 38      | 07:38:00   | Gina McGeever    | Lewes Wanderers CC             | FV    | 45  |
| 39      | 07:39:00   | Rebecca Wilson   | Rye & District Wheelers CC     | FV    | 52  |
| 40      | 07:40:00   | Pete Morris      | Team ASL                       | S     | 39  |
| 41      | 07:41:00   | John Glaysher    | ...a3crg                       | S     | 39  |
| 42      | 07:42:00   | Lisa Davis       | Lewes Wanderers CC             | FV    | 42  |
| 43      | 07:43:00   | Emily McLoughlin | East Grinstead Tri Club        | FS    | 25  |
| 44      | 07:44:00   | Clare Parkholm   | Lewes Wanderers CC             | FV    | 46  |
| 45      | 07:45:00   | Rupert Robinson  | Crawley Wheelers               | V     | 45  |
| 46      | 07:46:00   | Katie Crowe      | Dulwich Paragon CC             | FV    | 41  |

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|    |          |                  |                                 |     |    |
|----|----------|------------------|---------------------------------|-----|----|
| 47 | 07:47:00 | Pip Jenkins      | Southborough & Dist. Whs        | FS  | 29 |
| 48 | 07:48:00 | Peter Barling    | Lewes Wanderers CC              | S   | 34 |
| 49 | 07:49:00 | Lee Holdaway     | Hastings & St. Leonards CC      | V   | 62 |
| 50 | 07:50:00 | Steve Dennis     | East Grinstead CC               | V   | 54 |
| 51 | 07:51:00 | stephen comben   | Lewes Wanderers CC              | S   | 39 |
| 52 | 07:52:00 | Colin Barton     | Worthing Excelsior CC           | V   | 56 |
| 53 | 07:53:00 | Daniel Ellis     | Eastbourne Rovers CC            | S   | 36 |
| 54 | 07:54:00 | George Windsor   | VTTA (Surrey & Sussex)          | V   | 76 |
| 55 | 07:55:00 | Peter Hooper     | Eastbourne Rovers CC            | S   | 32 |
| 56 | 07:56:00 | Peter Baker      | Lewes Wanderers CC              | V   | 59 |
| 57 | 07:57:00 | paul cloudsdale  | Bigfoot CC                      | V   | 44 |
| 58 | 07:58:00 | Peter Owen       | Norwood Paragon CC              | V   | 56 |
| 59 | 07:59:00 | Chris Parker     | Hastings & St. Leonards CC      | V   | 61 |
| 60 | 08:00:00 | Nick Dwyer       | Lewes Wanderers CC              | V   | 54 |
| 61 | 08:01:00 | David Clements   | Eastbourne Rovers CC            | V   | 45 |
| 62 | 08:02:00 | steve Avery      | Bigfoot CC                      | V   | 58 |
| 63 | 08:03:00 | David Sawyer     | Wolsey RC                       | V   | 54 |
| 64 | 08:04:00 | Tim Wells        | Eastbourne Rovers CC            | V   | 46 |
| 65 | 08:05:00 | Robert Rollings  | Lewes Wanderers CC              | S   | 31 |
| 66 | 08:06:00 | Gee Shek         | East Grinstead CC               | V   | 41 |
| 67 | 08:07:00 | Aidan McConville | Lewes Wanderers CC              | S   | 38 |
| 68 | 08:08:00 | John McGlashan   | Redmon CC                       | V   | 66 |
| 69 | 08:09:00 | Paul Valks       | Lewes Wanderers CC              | V   | 73 |
| 70 | 08:10:00 | Neil Harris      | PMR @ Toachim House             | S   | 36 |
| 71 | 08:11:00 | Tony Reeves      | GS Stella                       | V   | 46 |
| 72 | 08:12:00 | keith walker     | Wigmore CC                      | V   | 52 |
| 73 | 08:13:00 | Hugh Pelling     | Old Portlians CC                | V   | 53 |
| 74 | 08:14:00 | Mikey Weavers    | East Grinstead CC               | Esp | 19 |
| 75 | 08:15:00 | Chris Wolton     | Southborough & Dist. Whs        | S   | 32 |
| 76 | 08:16:00 | David Clark      | Eastbourne Rovers CC            | V   | 48 |
| 77 | 08:17:00 | Colin Toppin     | Brighton Excelsior CC           | V   | 44 |
| 78 | 08:18:00 | Matthew Sim      | University of Bath Cycling Club | Esp | 20 |
| 79 | 08:19:00 | Michael Gates    | Chew Valley Cycling Club        | S   | 34 |
| 80 | 08:20:00 | Marc Townsend    | Eastbourne Rovers CC            | S   | 36 |

### Refreshments

Refreshments are available in the hall after the event  
A small monetary donation would be appreciated