

Cambridge Cycling Club

Open 25 mile time trial promoted for and on behalf of Cycling Time Trials under their rules and regulations

START SHEET

Sunday, September 17th, 2017

Course F2A/25

- Event Organiser: Chris Dyason (Cambridge CC) 2 Primes Corner, Histon, Cambridge CB24 9AG
cdyason@hotmail.com 07970-093019
- Manager on the day: Nick Jackson 07906-098934 (Organiser can't be present, sorry)
- Timekeepers: Frida Wezal and Michael Keen (both Lea Valley RC)
- Headquarters: Hardwick Sports & Social Club, The Pavilion, Egremont Road, Hardwick, Cambridge CB23 7XN
- Course: START (GR389596) on St Neots Road west of Madingley RAB about 626yds west of RAB at a point 6yds west of 'Comberton 2' sign and 95yds west of road leading to Comberton. Proceed eastwards to Madingley RAB where take 1st exit onto A428 westbound, past Hardwick and Cambourne flyover junctions to:
TURN (6.56m) at Caxton Gibbett RAB (junction with A1198). Retrace A428 eastbound and about 1 mile past Hardwick flyover bear left onto A1303 sliproad, signed Cambridge, follow over A428 to:
TURN (12.86m) at Madingley RAB taking 4th exit to rejoin A428 and retrace westbound to:
TURN (19.13m) at Caxton Gibbett RAB. Retrace A428 eastbound and again bear left onto A1303 sliproad, signed Cambridge, to:
FINISH on sliproad 15yds past 'Bend' sign.
- HQ to start: Turn left out of HQ onto Egremont Road, then left at T-junction onto Cambridge Road. At the next T-junction turn right onto St Neots Road and follow to the start. Just over a mile of flat road.
- Finish to HQ: Continue to RAB where take 3rd exit, signed Comberton, Hardwick. Stay on this road for about a mile, passing the start area, then turn left into Cambridge Road where signed Hardwick, Toft. Right into Egremont Road and HQ is on the right.
- Parking: No parking at the finish or on the road close to the start.
- Warming up: No warming up along the course by competitors once the event has started. No U-turns on the road directly leading to the start.

Prizes:	Fastest	£50.00
	2 nd	£30.00
	3 rd	£20.00
	4 th	£15.00
	5 th	£10.00
	Fastest woman	£40.00
	2 nd	£25.00
	Best veteran on Standard	£50.00
	2 nd	£30.00
	3 rd	£20.00
	4 th	£15.00
	5 th	£10.00
	Best improvement on LTS	£25.00
	2 nd	£20.00
	3 rd	£15.00
	4 th	£10.00
Fastest team (each)	£15.00	

One prize per rider applies except for team award.

Safety note: LED rear lights – it is strongly recommended that a working rear light is used by all riders, flashing or constant. It could save your life.

Cycling helmets: CTT and the event promoter strongly advise you wear a hard-shell helmet that meets internationally accepted safety standards.

All competitors under the age of 16 and/or juniors must wear properly affixed protective helmets which must be hard/soft shell construction. Helmets must conform to recommended standard such as SHELL B95, ANZI Z90.4, AUS/NZS 2063:96, DIN 33-954m, CPSC or EN1078

It is the responsibility of the rider (or parent/guardian if the rider is under 18 years of age) to:

- a) Select a standard of protective headgear that offers protection against head injury and does not restrict the rider's vision or hearing.
- b) Ensure that the headgear is properly fitted, is undamaged and in good condition.

At the HQ: The HQ is in a residential area so please be considerate of local residents trying to have a Sunday lie-in!

Numbers: Will be at the HQ an hour before the first start. Riders must return their numbers and sign out after the event.

Refreshments: All riders will get a free tea or coffee and cakes will be available on a donation basis. All receipts will be donated to the East Anglian Air Ambulance Service.