



## Open 10 Mile Time Trial – Tandems

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

**Saturday 16<sup>th</sup> September 2017 – 17:21hrs**

Thank you for entering our event. Once again, it has been heavily over-subscribed, and unfortunately, I have had to return a large number of entries, and disappoint a great number of people. With this in mind, I would ask that you please let me know as soon as possible, if you are unable to ride, so that I can offer a place to a reserve rider. Please contact **Richard Dixon on 07860 455712**

<b>Event Secretary</b>	Richard Dixon Ash House, 59 The Green Rawcliffe Goole DN14 8QF      Tel: <b>01405 839443</b> or mobile: <b>07860 455712</b>		
<b>Time Keepers</b>	Richard Foster - City Road Club (Hull) Betty Philipson - City Road Club (Hull)	<b>Pusher Off</b>	Pete Read
		<b>Clerk</b>	Julie King
<b>Marshals / Observers</b>	Roy Burne, Steven Roe, Josh Dunham, Nigel Goscinski, Steve Gelder, Julian Read, Dave Percival, Blaine Metcalf, Randle Shenton, Nick Rogers, Greg Kershaw		
<b>Signage</b>	Richard Dixon & Mike Williams	<b>Signing On Officials</b>	Linda Pettitt
<b>Catering</b>	Julie Dixon & Hazel Dixon	<b>Results Board</b>	Mike Williams & Allen Pettitt

### Course V718

Start on the A1034, just south of South Cave village and approximately 30 yards from 30mph speed sign, and 2 yards from lamp post. Proceed south and immediately left onto the slip road to join the A63, Continue east along the A63 where bear left slip road (4.10 miles) signposted Nth Ferriby B1231 to the roundabout where take the 3<sup>rd</sup> exit (M62 Leeds Goole A63) to roundabout (4.50 miles) Take the 3<sup>rd</sup> exit (M62 Leeds Goole A63) to rejoin the A63. Continue west along the A63 to finish at the end of the vehicle check lay-by and adjacent to the start of crash barrier at paint mark (10.00 Miles)

### Headquarters

Village Hall, Newport on the B1230 – HU15 2PP  
Showers and changing facilities are available at the HQ

### Numbers

To be collected from the H.Q. at Newport Village Hall – HU15 2PP  
The HQ will be open from 12:00 hours.  
**Please return your race number after the event, and remember to sign out**

### Refreshments

Mrs Hazel Dixon and Mrs Julie Dixon will be putting on a refreshment buffet, so please make the effort to stay a little longer, it's certainly worth it!!

### Results & Prizes

<b>Fastest Tandem</b>	£20 each rider
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## Special Instructions – PLEASE READ CAREFULLY – They apply to YOU !

- Please **DO NOT** warm up on the course once the event has started. **Any rider who passes the timekeeper, after the first competitor has started, other than when they start their ride, WILL BE DISQUALIFIED FROM THE EVENT .**
- There will be marshal / observers on the course, reporting back to the organiser. **Any riders who are seen to be riding either 'head down', or too far out from the left side, WILL BE DISQUALIFIED FROM THE EVENT.** This behaviour will not be tolerated, and puts the course in future jeopardy.

- Please take care on the slip road up to the turn, and **STAY IN THE LEFT HAND LANE** until near the top, and only move to the middle when safe to do so. **DO NOT RIDE UP THE RIGHT HAND SIDE OF THE ROAD.** Riders will be reported to Yorkshire DC, and may face disciplinary action or disqualification from the event. The Police are looking closely at this issue, so please help us to keep the course for the future.
- Parking is limited at the HQ, so please park with care. Additional parking is on the main road past the village hall, but please **DO NOT** park on the grass verges, or in anyone's gateway. Also take care about not parking on the zig-zag lines adjacent to the pedestrian crossing.
- **The use of turbo-trainers within 100m of a dwelling is prohibited (Yorkshire District ruling) and will be enforced. Any infringement will result in disqualification from the event, and a reserve will then ride in your place. You have been warned!**
- **PLEASE DO NOT GO PAST THE START AREA AND INTO SOUTH CAVE. A MARSHAL WILL BE STATIONED THERE, AND OFFENDERS WILL BE DISQUALIFIED. YOU HAVE BEEN WARNED!!**
- No 'U' turns near the start.
- Once at the start, please wait **OFF THE ROAD** on the footpath or in the gateway behind until called by the start steward.
- Please allow approx. 20 minutes to cycle from the HQ to the start of the course.
- **NO** cars at the start please.
- Please shout your number at the finish.

Please note that once signed on, you agree to abide by the rules of CTT, and of the Yorkshire District, as well as any special local regulations as laid down by the organiser.

### Safety Issues.

- In the interests of your own safety, cycling time trial promoters strongly advise riders to wear a hard shell helmet that meets an internationally accepted standard. Riders under 18 years of age must wear a properly affixed helmet of a recognised standard. It is the responsibility of the rider or parent/guardian to ensure that the correct helmet is worn.
- **Keep your head up at all times whilst riding.**
- The organisers and the CTT both strongly recommend that a working rear light, either flashing or constant, is fitted to the competitor's machine, in a position clearly visible to following road users, and is active whilst the machine is in use.

# Craig Zadoroznyj Photography

Craig will hopefully be out with his camera, taking his usual, superb actions shots. Please support him by visiting his website photo collection after the event, and buying a great photograph - <http://www.craigzadphotos.co.uk/cycling>

1	Phil	Barnes	Team Swift	17:21
	Sharon	Clifford	WCS Racing Team	
2	Simon	Beldon	SLL Racing Team	17:22
	Cliff	Beldon	Selby CC	
3	Richard	Dixon	Team Swift	17:23
	Alex	Deck	Rutland CC	
4	Glenn	Taylor	Shorter Rochford RT	17:24
	Mark	Arnold	CC Desiragear	