



VTTA - EAST ANGLIA

10mile Time Trial - RESULT SHEET

**Scratch, Plus on Standard & Team on Standard Event
Promoted for and on behalf of Cycling Time Trials under
their rules and regulations**

Held on Saturday 13th August 2016

Course B10/43

Event Headquarters: Wortwell Community Centre, Wortwell, Norfolk

Event Secretary: Barry Freeman

Shrublands, Nuttery Vale, Hoxne, EYE, Suffolk IP21 5BD

Tel. No. 01379 668749

Timekeepers: Jenny Lusher and Peter Milner

AWARDS

VTTA Medals (These are only awarded to VTTA members)

Fastest on Actual Time - James Trenchard, Godric CC 20.54

Best on Standard - Len Benton, Colchester Rovers CC +5.27

Best team of 3 on Standard - West Suffolk Wh & Tri Club +12.42

(Adrian Rudd +4.23, Ron Back +3.59, Darren Davis +4.20)

Best Woman on Standard - Denise Hurren, Sole Bay Cycle Sport +4.26

Fastest in Age Categories

40 - 44	James Trenchard	Godric CC	20.54
45 - 49	Sean Taylor	Royal Airforce CA	21.28
50 - 54	Adrian Rudd	West Suffolk Wh.	22.36
55 - 59	Bob Watson	Team Velovelocity	22.13
60 - 64	Bob Quarton	Wolsey Road Club	24.57
65 - 69	Chris Dyason	Cambridge CC	23.23
70 - 74	Chris Roberts	Anglia Velo - Veloexcel	23.57
75 - 79	Len Benton	Colchester Rovers CC	25.31
80 - 84	Jim Caplin	Godric CC	30.15

RESULTS IN STANDARD PLUS ORDER

No	Name	Club	Age	Group	Stand	Act. Time	Stan +/-
36	Len Benton	Colchester Rovers CC	78	EA	30.58	25.31	5.27
35	Chris Dyason	Cambridge CC	68	EA	28.42	23.23	5.19
25	Chris Roberts	Anglia Velo - Veloexcel	71	EA	29.14	23.57	5.17
50	James Trenchard	Godric CC	40	EA	25.59	20.54	5.05
10	Bob Watson	Team Velovelocity	55	EA	27.09	22.13	4.56
40	Sean Taylor	Royal Airforce CA	45	EA	26.23	21.28	4.55
20	Robert Golding	Ely & Distirict CC	43	EA	26.13	21.26	4.47
27	Denise Hurren [W]	Sole Bay Cycle Sport	51	EA	28.58	24.32	4.26
21	Adrian Rudd	West Suffolk Wheelers	53	EA	26.59	22.36	4.23
15	Darren Davis	West Suffolk Wheelers	46	EA	26.27	22.07	4.20
16	Chris Womack	Velo Club Baracchi	69	EA	28.52	24.34	4.18
5	Verity Smith [W]	Stowmarket & District CC	40	EA	28.02	23.47	4.15
30	Martin Reynolds	Cambridge CC	53	EA	26.59	22.47	4.12
31	Gary Matthews	Sole Bay Cycle Sport	55	EA	27.09	22.58	4.11
47	John Parks	Stowmarket & District CC	71	EA	29.14	25.14	4.00
32	Ron Back	West Suffolk Wheelers	77	EA	30.40	26.41	3.59
46	Lee Garrod	Sole Bay Cycle Sport	48	EA	26.36	22.48	3.48
11	Martin Holmes	Ely & Distirict CC	49	EA	26.41	23.27	3.14
22	John Swanbury	Velo Club Baracchi	69	EA	28.52	25.51	3.01
26	Bob Quarton	Wolsey Road Club	62	EA	27.51	24.57	2.54
17	Trevor Figgitt	Plomesgate CC	55	none	27.09	24.17	2.52
42	Graham Dilks	Norwich ABC	52	none	26.54	24.06	2.48
19	David Baxter	VTTA EA	64	EA	28.06	25.28	2.38
7	Mandy Bunn [W]	Cycle Club Sudbury	47	none	28.39	26.11	2.28
41	Steve Peck	Newmarket C & TC	58	EA	26.04	24.04	2.00
29	Len Finch	Cycle Club Sudbury	84	EA	33.17	31.20	1.57
28	John Steed	West Suffolk Wheelers	68	none	28.42	26.46	1.56
3	Jim Caplin	Godric CC	81	EA	32.00	30.15	1.45
33	David Fenn	Cycle Club Sudbury	66	EA	28.23	26.51	1.32
6	Anthony Bye	Wisbech Wheelers	61	none	27.44	26.21	1.23
49	Malcolm Savage	Maldon & District CC	69	none	28.52	27.29	1.23
38	Colin Harris	Cycle Club Sudbury	68	none	28.42	27.21	1.21
14	Jan Louise Smith [W]	Gt. Yarmouth CC	49	EA	28.48	27.35	1.13
23	Mark Eastwood	West Suffolk Wheelers	52	none	26.54	26.18	0.36
44	Tony Howard	Colchester Rovers CC	75	EA	30.07	29.54	0.13
9	Alison Holmes [W]	Ely & Distirict CC	47	EA	28.39	28.28	0.11
39	Keith Grasby	CC Breckland	72	EA	29.26	29.19	0.07
48	Barry Lee	Cycle Club Sudbury	70	EA	29.02	28.59	0.03
18	Christine Cooke [W]	Godric CC	57	none	29.32	29.33	-0.01
13	Derek Lusher	Norwich ABC	68	EA	28.42	29.45	-1.03
8	Denese Hallahan [W]	Wisbech Wheelers	61	EA	29.59	30.05	-1.16
24	Roger Selmes	Wolsey Road Club	69	EA	28.52	30.00	-2.08
4	Brian Foster	Norwich ABC	79	EA	31.17	34.10	-2.53

RESULTS ON ACTUAL TIME

No	Name	Club	Age	Group	Act. Time	Age Group
50	James Trenchard	Godric CC	40	EA	20.54	40-44
20	Robert Golding	Ely & Distirict CC	43	EA	21.26	
40	Sean Taylor	Royal Airforce CA	45	EA	21.28	45-49
15	Darren Davis	West Suffolk Wheelers	46	EA	22.07	
10	Bob Watson	Team Velovelocity	55	EA	22.13	55-59
21	Adrian Rudd	West Suffolk Wheelers	53	EA	22.36	50-54
45	David Crisp	Cycle Club Sudbury	39	NA	22.44	
30	Martin Reynolds	Cambridge CC	53	EA	22.47	
46	Lee Garrod	Sole Bay Cycle Sport	48	EA	22.48	<i>[incl.1 min late start]</i>
31	Gary Matthews	Sole Bay Cycle Sport	55	EA	22.58	
35	Chris Dyason	Cambridge CC	68	EA	23.23	65-69
11	Martin Holmes	Ely & Distirict CC	49	EA	23.27	
5	Verity Smith [W]	Stowmarket & District CC	40	EA	23.47	
25	Chris Roberts	Anglia Velo - Veloexcel	71	EA	23.57	70-74
41	Steve Peck	Newmarket C & TC	58	EA	24.04	
42	Graham Dilks	Norwich ABC	52	none	24.06	
17	Trevor Figgitt	Plomesgate CC	55	none	24.17	
27	Denise Hurren [W]	Sole Bay Cycle Sport	51	EA	24.32	
16	Chris Womack	Velo Club Baracchi	69	EA	24.34	
26	Bob Quarton	Wolsey Road Club	62	EA	24.57	60-64
47	John Parks	Stowmarket & District CC	71	EA	25.14	
19	David Baxter	VTTA EA	64	EA	25.28	
36	Len Benton	Colchester Rovers CC	78	EA	25.31	75-79
43	David Young	West Suffolk Wheelers	31	NA	25.49	
22	John Swanbury	Velo Club Baracchi	69	EA	25.51	
7	Mandy Bunn [W]	Cycle Club Sudbury	47	none	26.11	
23	Mark Eastwood	West Suffolk Wheelers	52	none	26.18	
6	Anthony Bye	Wisbech Wheelers	61	none	26.21	
32	Ron Back	West Suffolk Wheelers	77	EA	26.41	
28	John Steed	West Suffolk Wheelers	68	none	26.46	
33	David Fenn	Cycle Club Sudbury	66	EA	26.51	
38	Colin Harris	Cycle Club Sudbury	68	none	27.21	
49	Malcolm Savage	Maldon & District CC	69	none	27.29	
14	Jan Louise Smith [W]	Gt. Yarmouth CC	49	EA	27.35	
9	Alison Holmes [W]	Ely & Distirict CC	47	EA	28.28	
48	Barry Lee	Cycle Club Sudbury	70	EA	28.59	
39	Keith Grasby	CC Breckland	72	EA	29.19	
18	Christine Cooke [W]	Godric CC	57	none	29.33	
13	Derek Lusher	Norwich ABC	68	EA	29.45	
44	Tony Howard	Colchester Rovers CC	75	EA	29.54	
24	Roger Selmes	Wolsey Road Club	69	EA	30.00	
8	Denese Hallahan [W]	Wisbech Wheelers	61	EA	30.05	
3	Jim Caplin	Godric CC	81	EA	30.15	80-84
29	Len Finch	Cycle Club Sudbury	84	EA	31.20	
4	Brian Foster	Norwich ABC	79	EA	34.10	
12	Michael Fry	Glendene CC	55	EA	DNS	
34	Daniel Pheasant	VTTA EA	43	EA	DNS	
37	Roger Graham	CC Breckland	70	EA	DNS	

Congratulations to all award winners who gained a good 'plus' on a warm afternoon, but bit of a breeze against them on the return.

A thank you to all riders who entered the event and to the Time Keepers, VTTA members who marshalled and the many Godric CC members who helped at the HQ and with the marshalling.

A special thank you goes to John and Connie Tapper, who managed the Result Board.

As can be seen from the results 9 veterans rode who were not members of the VTTA, which is a pity as it still only costs £10 for a year's subscription. Members can win VTTA Medals to remind themselves of their efforts.

Hope to see you all next year?

Encourage your club mates to ride - I look forward to a much larger field.

Barry Freeman - Event Secretary