



Sussex Cyclists' Association



22.8 MILES HARDRIDERS TIME TRIAL

(ROUTE AMENDED DUE TO ROADWORKS - see Course Sheet)

(Promoted by Central Sussex Cycling Club for and on behalf of Cycling Time Trials under their rules and regulations)

SUNDAY 4TH MARCH 2018

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| Timekeepers: | Start: Mr M Kilby; Lewes Wanderers CC |
| | Finish: Mr R Blackmore; East Grinstead CC |
| | Prime: Mr M Irons; Worthing Excelsior CC |

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| Event Secretary: | Mr Clive Jackson |
| | Ashfold Barn, Horsham Road |
| | Handcross, West Sussex, Rh17 6DT |
| Phone | (01444)401139 |
| Mobile | 07885 284 628 |

| <u>Awards</u> | <u>S.C.A. Awards</u> |
|--|------------------------------|
| Male Riders: 1st - £25, 2nd - £20, 3rd - £15 | 1st Medal |
| Prime: 1st - £20, 2nd - £15, 3rd - £10 | 1st Vet. on Standard - medal |
| Vet: On Standard - £15, 2nd - £10 | 1st Woman - medal |
| Female Riders: 1st - £25, 2nd - £20, 3rd - £15 | 1st Team of Three - medal |

Fastest Team of Three: £10 each

Headquarters:

Handcross Sports Pavilion, High Street, Handcross, RH17 6BR (Open from 0730am)
Please sign on at the headquarters to receive your race numbers.

Safety Notes:

- Details of any Additional Hazards not listed on the start sheet will be displayed at the Signing On Point. All competitors must read these details when they sign on.
- Competitors are requested not to warm up on the course after the first competitor has started.
- Competitors must exercise extra care when joining the A281, when riding through Cuckfield Village and Whitemans Green, and when negotiating all roundabouts.
- In Cowfold take extra care at mini-roundabouts as traffic on the A272 has priority. Additionally be aware of Co-op entrance prior to mini-roundabout here.
- Note: Cowfold has pedestrian crossing lights which must be obeyed.

London South District Regulation: No vehicles, except those of the time keepers and race officials, shall be parked in the vicinity of the start and finish areas.

- To get to the start, turn right out of the HQ and follow the B2114 to Staplefield.
- After finishing, continue along B2110 to mini-roundabout where the HQ can be seen to the right.
- No times will be given at the finish.

CTT regulations require the compulsory use of helmets for the Under 18's. In the interests of your own safety, Cycling Time Trials and event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

COMPETITORS MACHINES. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Attention all competitors:

Please note that from 2017 all competitors are now required to personally sign the signing out sheet when returning their number. Failure to do this will result in the competitor being recorded as DNF.