



# SOUTHERN COUNTIES CYCLING UNION

1898-2018

PRESIDENT – JAN SOMMERFELD

## 26<sup>th</sup> Weekend of Sporting Events

Promoted for and of behalf of Cycling Time Trials under their rules and regulations

Open 10 Miles Time Trial Saturday 17<sup>th</sup> March 2018

**Course G10/46**

**Qualifying event for SPOCO South East (but register prior to event) and Sussex CA SPOCO**

Open 25 Miles Time Trial Sunday 18<sup>th</sup> March 2018

**Course G25/43**

**Qualifying event for Sussex CA SPOCO**

Event secretary – Robin Johnson (Brighton Mitre CC), 7 Gorselands, Billingshurst, West Sussex, RH14 9TT, 01403 783368

**07733 132043 on day of event.**

**Email: mr\_rjohnson@outlook.com**

## HQ

[Oakwood Hill Village Hall](#)  
Honeywood Lane Oakwood  
Hill  
RH5 5PY



Parking is limited at the village hall. Then use ONLY the East side of the road, South of the Village Hall with all the wheels off the road. Please ensure that your vehicle is OFF the road – it might be YOU that gets baulked on the initial circuit.

Thank you in advance for not wearing cycling shoes or CLEATS in the Village hall.

Numbers at HQ ONLY.

After the event, please remember to return to the HQ with your number to sign out after your ride.  
You can exchange your number for a FREE drink.

10 Mile Event – HQ to start 0.04 miles, and 0.46miles from the finish

25 Mile Event – HQ to start 0.04 miles, and 0.38 miles from the finish.

## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

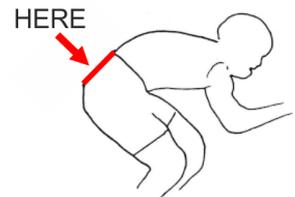
**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



## Additional Safety Instructions

The location of Oakwood Hill Village Hall relative to the course means that there is nowhere off the course for warming up. Competitors are therefore requested to use one of the following options:-

- Turn LEFT out of the hall and ride down Honeywood Lane to the junction with Horsham Road. LEFT into Horsham Road down to Rowhook. Return to the hall by the same route, taking care not to obstruct Competitors already racing.
- Follow route as above but continue through Rowhook to A29; LEFT on A29 to Ruckmans Lane; LEFT up Ruckmans Lane to junction with Honeywood Lane; LEFT to return to hall (this circuit is approximately 6.5 miles).

Competitors must exercise extra care when passing the start area and when joining the A29.

When crossing Honeywood Lane to reach the start Competitors MUST take care not to impede earlier Competitors racing up Honeywood Lane.

After finishing Competitors should go straight on past the Start to Oakwood Hill Village Hall, taking care not to obstruct any Competitors still racing in Honeywood Lane.

# Open 10 miles Time Trial Saturday 17<sup>th</sup> March 2018

Course G10/46

## OFFICIAL TIME KEEPERS

Start: Mike Labram                      Crawley Wheelers

Finish :Kathy Collard-Berry              A3crg

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### Course Records – “10”

Scratch:	21:28	Elliott Porter	2014
Vets	22:11	Pete Tadros	2014
Ladies:	24:42	Suzetta Guerrini	2014

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## Prizes

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1 <sup>st</sup>	£30 + Champagne (value £30)	1 <sup>st</sup> Veteran (40-44)	Wine (value £5)
2 <sup>nd</sup>	£20 + Wine (value £5)	1 <sup>st</sup> Veteran (45-49)	Wine (value £5)
3 <sup>rd</sup>	£12+ Wine (value £5)	1 <sup>st</sup> Veteran (50-54)	Wine (value £5)
4 <sup>th</sup>	£8 + Wine (value £5)	1 <sup>st</sup> Veteran (55-59)	Wine (value £5)
5 <sup>th</sup>	Wine (value £5)	1 <sup>st</sup> Veteran (60-64)	Wine (value £5)
		1 <sup>st</sup> Veteran (65-69)	Wine (value £5)
		1 <sup>st</sup> Veteran (70-74)	Wine (value £5)
		1 <sup>st</sup> Veteran (75-79)	Wine (value £5)
		1 <sup>st</sup> Veteran (80-84)	Wine (value £5)
1 <sup>st</sup> Lady	£15 + Wine (value £5)		
2 <sup>nd</sup> Lady	£10 + Wine (value £5)		
3 <sup>rd</sup> Lady	£7 + Wine (value £5)		
		Fastest Road Bike (no tri-bars)	Wine (value £5)
1 <sup>st</sup> Team	£10 + Wine (value £5) each		
2 <sup>nd</sup> Team	Wine (value £5) each		
		1 <sup>st</sup> 20 min ride on this course	£20

**Prize Presentation**      To be held as soon as possible after the event.

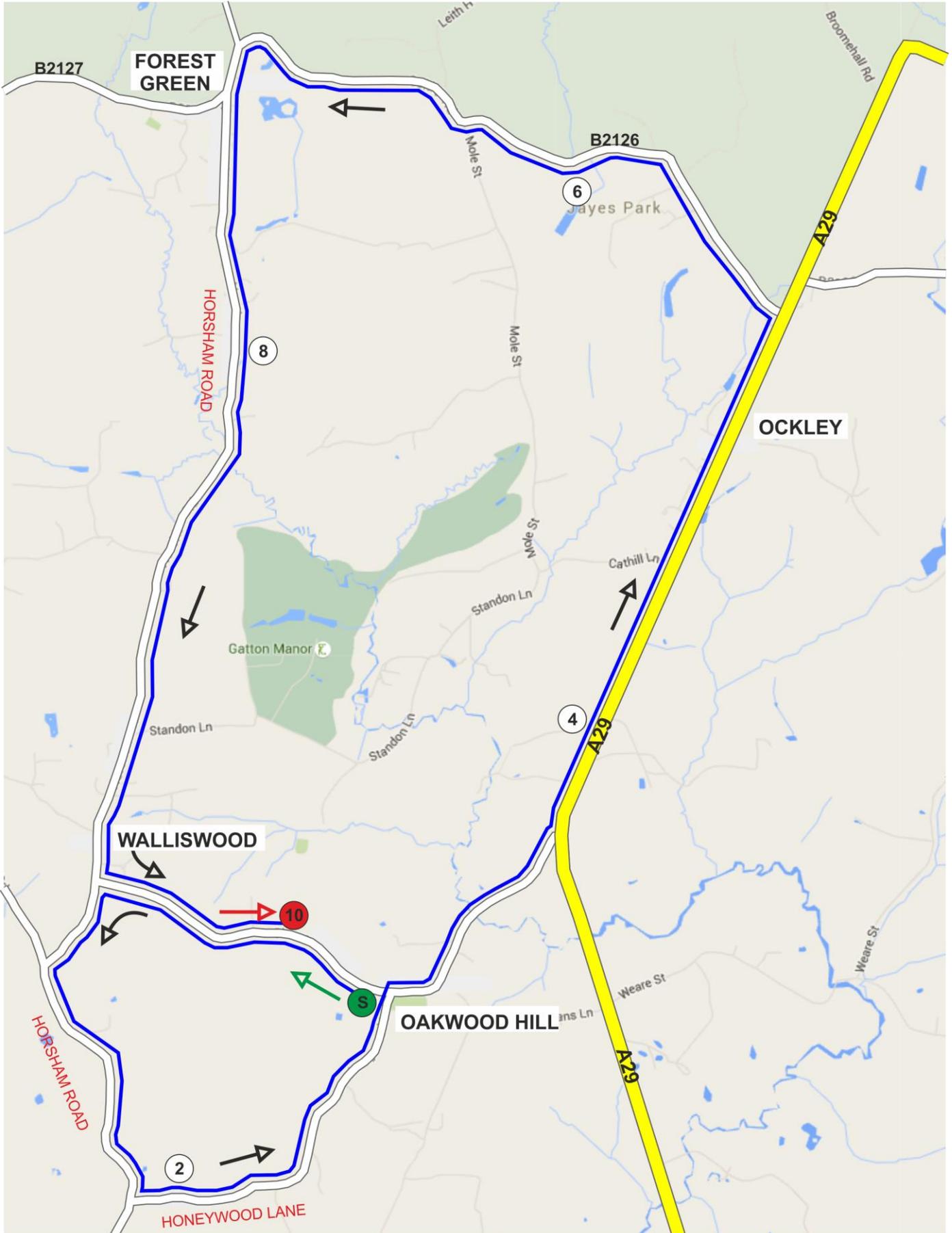
Please stay to receive your awards and/or applaud the recipients.

### Lottery Prizes

A bottle of wine, value £5, to each of the first three names drawn.

To be eligible, be present at the prize presentation and be a finisher

**Open 10 miles Time Trial Saturday 17<sup>th</sup> March 2018**  
Course G10/46



# Open 10 miles Time Trial Saturday 17<sup>th</sup> March 2018

Course G10/46

OS REF (TQ)	COURSE DIRECTIONS – G10/46	MILES	
132374	<b>START</b> in Oakwood Hill, 35 yards west of triangle at junction with Honeywood Lane, opposite lamp post in grounds of house.	0.00	0.00
118378	Proceed westwards to junction with Walliswood Green Road.	0.89	0.89
120364	<b>LEFT</b> and follow Walliswood Green Road to junction with Horsham Road, <b>LEFT</b> on Horsham Road to junction with Honeywood Lane near Broadstone Farm (CHECK)	1.02	1.91
139381	<b>LEFT</b> along Honeywood Lane, past Start area, and junction with Walliswood to Oakwood Hill Road. Straight on past the Punchbowl Inn to junction with A29	1.78	3.69
148404	<b>LEFT</b> onto A29 (take care) to junction with B2126 at Ockley.	1.55	5.24
124413	<b>LEFT</b> on B2126, becoming B2127 at Forest Green, to junction with Horsham Road (CHECK)	2.01	7.25
118378	<b>LEFT</b> into Horsham Road, past the Parrot Inn, and south to Mayes Green. Straight on, now in Walliswood Green Road, to Walliswood Green, past the Scarlett Arms Public House to junction with Walliswood to Oakwood Hill Road, signposted "Oakwoodhill".	2.28	9.53
126376	<b>LEFT</b> along Walliswood to Oakwood Hill road to <b>FINISH</b> at start of grass on west side of entrance to Chapel House Farm, 0.42 miles before start.	0.47	10.00

**Mileage Signs** at 5, 4, 3, 2, 1 mile(s) to go.

**Open 10 miles Time Trial Saturday 17<sup>th</sup> March 2018**  
**Course G10/46**

Bib	Start Time	Firstname	Lastname	Club	Gender	Category	Age On Day
2	14:02:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	69
3	14:03:00	Alex	Ferri	VC de Londres	Male	Juvenile	15
4	14:04:00	Peter	Smith	Kingston Phoenix RC	Male	Veteran	62
5	14:05:00	Tom	Houghton	Brighton Excelsior CC	Male	Veteran	46
6	14:06:00	Simon	Trehearn	Kingston Phoenix RC	Male	Veteran	43
7	14:07:00	Robert	Royston	Sydenham Whs	Male	Veteran	63
8	14:08:00	Lee	Kennedy	Army Cycling Union	Male	Senior	35
9	14:09:00	Gavin	Hughes	Kingston Phoenix RC	Male	Veteran	50
10	14:10:00	Carl	Ferri	Dulwich Paragon CC	Male	Veteran	48
11	14:11:00	Nolan	Heather	Worthing Excelsior CC	Male	Veteran	42
12	14:12:00	Jay	Chisnall	VTTA (Surrey & Sussex)	Male	Veteran	57
13	14:13:00	Gina	McGeever	Lewes Wanderers CC	Female	Veteran	46
14	14:14:00	James	Bromley	Becontree Wheelers CC	Male	Veteran	58
15	14:15:00	Rich	Heath	Oxted Cycle Club	Male	Senior	37
16	14:16:00	Tony	Venus	Dorking Cycling Club	Male	Veteran	42
17	14:17:00	Alan	Robinson	Central Sussex CC	Male	Veteran	77
18	14:18:00	Tom	Pemberton	New Malden Velo	Male	Senior	31
19	14:19:00	Ray	Smith	Brighton Mitre CC	Male	Veteran	70
20	14:20:00	Paul	Batten	Crawley Wheelers	Male	Senior	34
21	14:21:00	Jon	Fry	Horsham Cycling	Male	Veteran	47
22	14:22:00	Jonathan	Hemming	Addiscombe CC	Male	Veteran	48
23	14:23:00	David	Percival	Kingston Phoenix RC	Male	Veteran	49
24	14:24:00	Nigel	Robathan	Dorking Cycling Club	Male	Veteran	52
25	14:25:00	Martin	Headon	Dulwich Paragon CC	Male	Senior	38
26	14:26:00	David	Churchill	Bigfoot CC	Male	Veteran	59
27	14:27:00	Stephen	Allport	Bec CC	Male	Veteran	42
28	14:28:00	Alan	Tilbury	Brighton Mitre CC	Male	Veteran	63
29	14:29:00	Grant	Pyke	Kingston Phoenix RC	Male	Veteran	81
30	14:30:00	Richard	Parrotte	Shaftesbury CC	Male	Veteran	53
31	14:31:00	Mark	Wright	Velo Club Godalming & Haslemere	Male	Veteran	46
32	14:32:00	Bryn	Reeves	Horsham Cycling	Male	Veteran	51
33	14:33:00	Liz	Saul	London Dynamo	Female	Unknown	28
34	14:34:00	Suzanne	Shaw	Kingston Phoenix RC	Female	Veteran	51
35	14:35:00	Adrian	Blacker	Norwood Paragon CC	Male	Veteran	54
36	14:36:00	Charlie	Foster	Worthing Excelsior CC	Male	Junior	17
37	14:37:00	Gary	Boyd	Hub Velo	Male	Veteran	49
38	14:38:00	Tim	Holmes	Brighton Excelsior CC	Male	Veteran	55
39	14:39:00	Steve	Braddick	Anerley BC	Male	Veteran	58
40	14:40:00	Alexander	Kew	Kingston Phoenix RC	Male	Veteran	47
41	14:41:00	Jacintha	Hamilton-Love	Dulwich Paragon CC	Female	Senior	33
42	14:42:00	Peter	Cottington	Bath Cycling Club	Male	Veteran	55
43	14:43:00	Jackie	Dodd	Kingston Phoenix RC	Female	Veteran	56
44	14:44:00	Mike	Morley	Kingston Phoenix RC	Male	Veteran	76
45	14:45:00	Dale	Lush	Kingston Phoenix RC	Male	Senior	39
46	14:46:00	Iain	Duncan	Crawley Wheelers	Male	Veteran	45
47	14:47:00	Daniel	Arthur	Epsom CC	Male	Veteran	51
48	14:48:00	Bill	Dolan	New Malden Velo	Male	Veteran	50
49	14:49:00	Lee	Jardine	Kingston Phoenix RC	Male	Veteran	50
50	14:50:00	Christian	Yates	East Grinstead CC	Male	Veteran	55
51	14:51:00	Andy	Tedd	South Downs Bikes / Casco Europe	Male	Veteran	50
52	14:52:00	Shaun	Marlor	Bec CC	Male	Veteran	45
53	14:53:00	David	Eccles	Redmon CC	Male	Veteran	70
54	14:54:00	Paul	Davey	Kingston Phoenix RC	Male	Veteran	53
55	14:55:00	Mark	Newton	Elite Cycling	Male	Veteran	51
56	14:56:00	Andrew R	Green	Bec CC	Male	Veteran	43
57	14:57:00	Neil	Giles	Mid Sussex Triathlon Club	Male	Veteran	44
58	14:58:00	Christopher	Rosam	Epsom CC	Male	Veteran	57
59	14:59:00	Steve	Hillier	Kingston Phoenix RC	Male	Veteran	59
60	15:00:00	Jamie	Pine	Nuun-Sigma Sport-London RT	Male	Veteran	40
61	15:01:00	Carl	Stephens	Basildon CC	Male	Veteran	48
62	15:02:00	Russell	Thorne-Jones	Crawley Wheelers	Male	Veteran	45
63	15:03:00	Simon	Lang	Crawley Wheelers	Male	Veteran	40
64	15:04:00	Timo	Hendy	Chevaliers	Male	Senior	32

65	15:05:00	Mark	Smith	Crawley Wheelers	Male	Veteran	44
66	15:06:00	Philip	Murrell	Finsbury Park CC	Male	Veteran	48
67	15:07:00	Dale	Baldwin	Horsham Cycling	Male	Veteran	41
68	15:08:00	James	Cheeseman	Crawley Wheelers	Male	Senior	32
69	15:09:00	Jack	Smith	Brighton CC	Male	Senior	26
70	15:10:00	Pat	Wright	Paceline RT	Male	Senior	33

**BOTH EVENTS – PLEASE REMEMBER TO SIGN ON FOR YOUR NUMBER.**

**AFTER FINISHING, SIGN BACK IN WHEN RETURNING YOUR NUMBER.....**

**UNDER 18's: bring a completed parental consent form along with your helmet.**

# Open 25 miles Time Trial Sunday 18<sup>th</sup> March 2018

Course G25/43

## G25/43 Course Records – “25”

Scratch:	55:04	Pat Wright	2017
Vets	58:21	Mark Smith	2017
Ladies:	1:08:46	Michelle Arthurs	2017
Trike	1:20:35	Lez Young	2017

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## Prizes

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1 <sup>st</sup>	£30 + Champagne (value £30)	1 <sup>st</sup> Veteran (40-44)	Wine (value £5)
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4 <sup>th</sup>	£7 + Wine (value £5)	1 <sup>st</sup> Veteran (55-59)	Wine (value £5)
5 <sup>th</sup>	£4 + Wine (value £5)	1 <sup>st</sup> Veteran (60-64)	Wine (value £5)
1 <sup>st</sup> Lady	£12 + Wine (value £5)	1 <sup>st</sup> Veteran (65-69)	Wine (value £5)
2 <sup>nd</sup> Lady	£7 + Wine (value £5)	1 <sup>st</sup> Veteran (70-74)	Wine (value £5)
3 <sup>rd</sup> Lady	Wine (value £5)	1 <sup>st</sup> Veteran (80-84)	Wine (value £5)
1 <sup>st</sup> Team	£12 + Wine (value £5) each		
2 <sup>nd</sup> Team	Wine (value £5) each		

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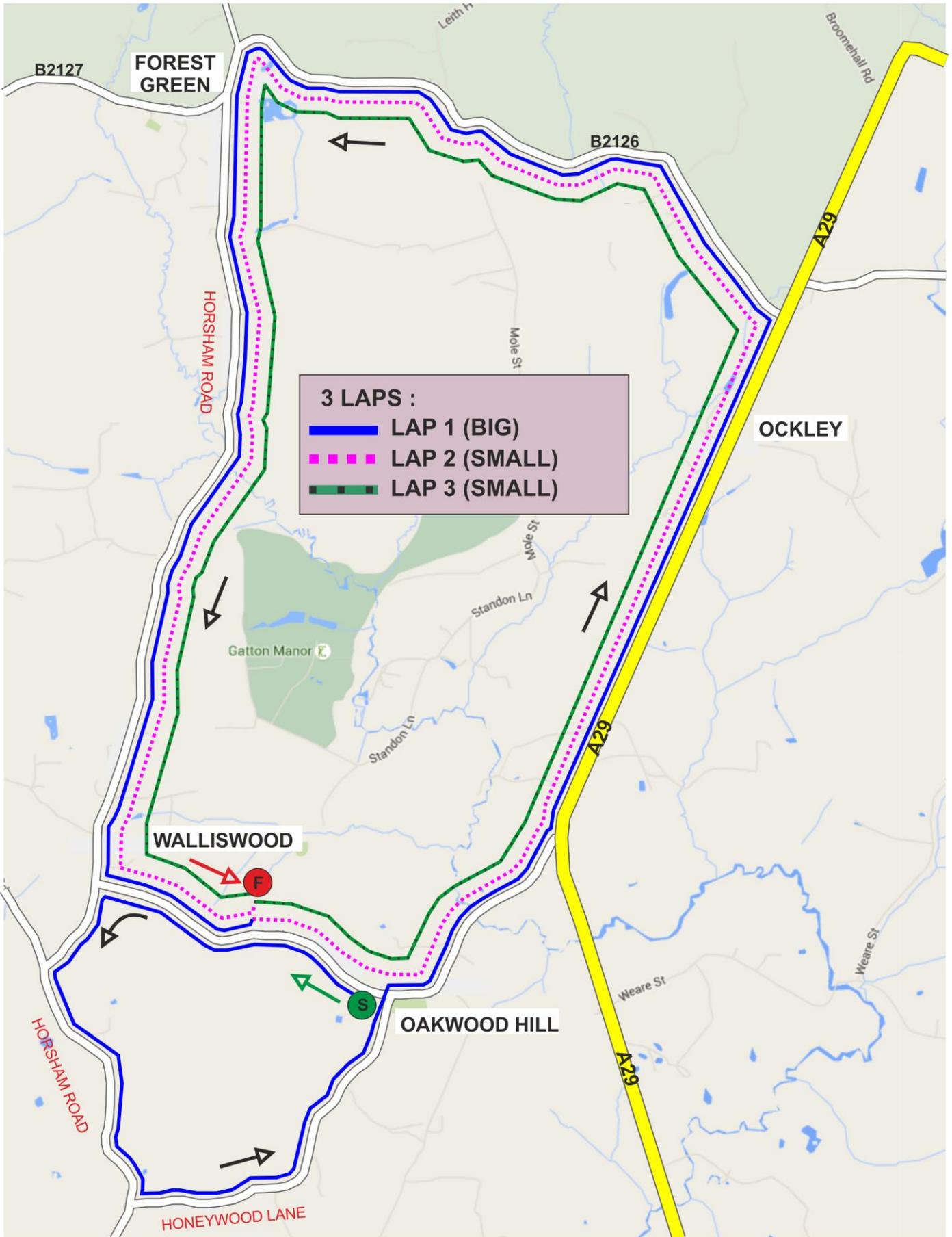
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# Open 25 miles Time Trial Sunday 18<sup>th</sup> March 2018

Course G25/43



**Open 25 miles Time Trial Sunday 18<sup>th</sup> March 2018**

Course G25/43

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132374	<b>START</b> in Oakwood Hill, 35 yards west of triangle at junction with Honeywood Lane, opposite Lamp post in grounds of house.	0.00	0.00
118378	Proceed westwards to junction with Walliswood Road	0.89	0.89
120364	<b>LEFT</b> and follow Walliswood Road to junction with Horsham Road. <b>LEFT</b> on Horsham Road to junction with Honeywood Lane near Broadstone Farm (CHECK)	1.02	1.91
139381	<b>LEFT</b> along Honeywood Lane, past Start area, and junction with Walliswood to Oakwood Hill Road, <b>Straight on</b> past The Punchbowl Inn to junction with A29	1.78	3.69
148404	<b>LEFT</b> and proceed on A29 to junction with B2126 at Ockley	1.55	5.24
124423	<b>LEFT</b> on B2126, becoming B2127 at Forest Green, to junction with Horsham Road (CHECK)	2.01	7.25
118378	<b>LEFT</b> into Horsham Road, past the Parrot Inn, Proceed south to Mayes Green <b>Straight on</b> now in Walliswood Green Road, past the Scarlett Arms PH to junction with Walliswood to Oakwood Hill Road signposted "Oakwoodhill".	2.28	9.53
132374	<b>LEFT</b> and proceed to junction with Honeywood Lane, opposite Oakwood Hill Village Hall	0.92	10.45
132374	<b>LEFT</b> and repeat the circuit via A29, Ockley, Forest Green, Walliswood, Oakwood Hill	7.47	17.92
126376	<b>LEFT</b> and repeat the circuit via A29, Ockley, Forest Green, Walliswood, Oakwood Hill to <b>FINISH</b> in Walliswood to Oakwood Hill Road 65 yards east of "OKEWOODHILL" boundary sign.	7.08	25.00

**Mileage Signs** relate to distances from the finish on the third lap.

# Open 25 miles Time Trial Sunday 18<sup>th</sup> March 2018

Course G25/43

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2	09:02:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	69
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4	09:04:00	Stephen	Roach	Norwood Paragon CC	Male	Veteran	46
5	09:05:00	Chris	Holmes	Twickenham CC	Male	Veteran	42
6	09:06:00	Jack	Steven	East London Velo	Male	Senior	31
7	09:07:00	Jason	Hunter	Pearson Cycling Club	Male	Veteran	54
8	09:08:00	Shaun	Marlor	Bec CC	Male	Veteran	45
9	09:09:00	Gavin	Hughes	Kingston Phoenix RC	Male	Veteran	50
10	09:10:00	Dale	Lush	Kingston Phoenix RC	Male	Senior	39
11	09:11:00	Greg	Hunt	RT 316	Male	Veteran	52
12	09:12:00	Ewan	Tuohy	Dartford Road Club	Male	Senior	24
13	09:13:00	Stephen	Allport	Bec CC	Male	Veteran	42
14	09:14:00	Mike	Morley	Kingston Phoenix RC	Male	Veteran	76
15	09:15:00	Alex	Napier	Racing Club Ravenna	Male	Veteran	44
16	09:16:00	Jonathan	Pontin	Addiscombe CC	Male	Senior	27
17	09:17:00	Simon	Trehearn	Kingston Phoenix RC	Male	Veteran	43
18	09:18:00	Iain	Duncan	Crawley Wheelers	Male	Veteran	45
19	09:19:00	Simon	Pontin	Addiscombe CC	Male	Espoir	21
20	09:20:00	Ben	Elliott	Paceline RT	Male	Senior	35
21	09:21:00	Alexander	Kew	Kingston Phoenix RC	Male	Veteran	47
22	09:22:00	Pete	Ritchie	London Dynamo	Male	Veteran	47
23	09:23:00	Suzanne	Shaw	Kingston Phoenix RC	Female	Veteran	51
24	09:24:00	David	Eccles	Redmon CC	Male	Veteran	70
25	09:25:00	Howard	Bayley	Blazing Saddles	Male	Veteran	43
26	09:26:00	Phil	Ember	Paceline RT	Male	Veteran	44
27	09:27:00	Donald	Parker	Brighton Mitre CC	Male	Veteran	68
28	09:28:00	Oliver	Dewhurst	Windrush	Male	Senior	28
29	09:29:00	Sharon	Chladek	Crawley Wheelers	Female	Veteran	52
30	09:30:00	Matt	Peel	C and N Cycles RT	Male	Senior	33
31	09:31:00	Mike	Marchant	Southdown Velo	Male	Veteran	60
32	09:32:00	Mike	Boyce	...a3crg	Male	Veteran	62
33	09:33:00	Andrew	Green	Old Portlians CC	Male	Veteran	51
34	09:34:00	Gemma	Freeman	Brighton Triathlon Club	Female	Senior	30
35	09:35:00	Mark	Newton	Elite Cycling	Male	Veteran	51
36	09:36:00	John	Marinko	Brighton Mitre CC	Male	Veteran	52
37	09:37:00	Vince	Freeman	Brighton Triathlon Club	Male	Senior	38
38	09:38:00	David	Percival	Kingston Phoenix RC	Male	Veteran	49
39	09:39:00	Katerina	Avramides	Brighton Mitre CC	Female	Senior	37
40	09:40:00	Mark	Smith	Crawley Wheelers	Male	Veteran	44

## PAST WINNERS

	"10"		"25"		OVERALL
1993	Gary Dodd	24:00	Nick McCormick	1:02:27	Chris Weekly
1994	Peter Main	23:31	Peter Main	1:00:59	Peter Main
1995	Peter Main (2 wins)	22:37	Steve Dennis	59:41	Steve Dennis
1996	Tim Stevens	22:19	Tim Stevens	56:40	Tim Stevens
1997	Tim Stevens	22:33	Tim Stevens	56:21	Tim Stevens
1998	Keith Reed	22:58	Keith Reed	58:39	Keith Reed
1999	David Akam	22:23	Tim Stevens	56:54	Tim Stevens
2000	Bryan Taylor	24:07	Mark Jones	1:00:32	Bryan Taylor
2001	Paul Smith	24:06	Tim Stevens (4 wins)	59:00	Tim Stevens
2002	Steve Dennis	23:32	Steve Dennis	58:47	Steve Dennis
2003	Tim Stevens	23:12	Paul Pickup	57:54	Tim Stevens
2004	Jason White	22:40	Mark Jones (2 wins)	59:47	Tim Stevens (6 wins)
2005	Tim Stevens (4 wins)	23:00	Paul Mill	55:56	Colin McDermott
2006	Steve Dennis (2 wins)	23:22	Steve Dennis	58:29	Steve Dennis (3 wins)
2007	Peter Tadros	22:40	Peter Tadros	57:21	Peter Tadros
2008	Matthew Miles & Jerome Walters	Both 23:28	Not held; snowed	----	----
2009	Ben Instone	22:07	Ben Instone	53:18	Ben Instone
2010	Peter Tadros	22:10	Ben Instone (2 wins) & Steve Dennis	53:40	Peter Tadros (2 wins)
2011	Nic Hutchings	22:27	Steve Dennis (5 wins)	55:01	George Brent
2012	Rupert Burbridge	22:32	Jerome Walters	54:13	Rupert Burbridge
2013	Wouter Sybrandy	22:08	Sebastian Ader	54:14	Steve Kane
2014	Elliott Porter	21:28	Elliott Porter	53:50	Elliott Porter
2015	Chris McNamara	22:24	John Dewey	57:05	Jack Donaldson
2016	Pat Wright	21:33	Steve Kane	59:09	Steve Kane
2017	Rob Sharland	21:55	Pat Wright	55:04	Mark Newton
2018					