

## CITY ROAD CLUB [HULL]

**Good Friday 10 MTT.**

**Mens/Ladies/Tandem [150 Max]**

**Friday March 30th 2018.**

**Course V718 / V714/1 Start– 09.01.**

**HQ OPEN FROM 07.30.**

Promoted for, and on behalf of, Cycling Time trials under their Rules and Regulations.

**Event Secretary :** Geoff Backshall,  
21, Manorfield Road,  
DRIFFIELD,  
E.Yorks.  
YO255JE.  
**Tel:** 01377257389.  
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E mail. backshallg@gmail.com

**Timekeepers:** Richard Foster, Betty Philipson

**Clerk,** Julie King

**Pushers Off,** Tony Gee.

**Marshalls :** Friends and Members of CRC[Hull].

**Event HQ :** GILBERDYKE MEMORIAL HALL.

**HU15 2UG**

All race administration, Toilets and Changing Rooms.

**OPENS @ 07.30**

**NOTES TO ALL COMPETITORS.**

**PLEASE READ ADDITIONAL SHEET CAREFULLY.**

Please use the toilets provided at Race HQ and not the car park or road side areas in close proximity to housing.

**NO U TURNS NEAR THE START – PLEASE  
DISMOUNT AND CROSS CAREFULLY.**

**STRICTLY NO PARKING NEAR START OR FINISH  
DO NOT PARK ON GRASS VERGES PLEASE.**

**NO FOLLOWING / SUPPORT CARS.**

## COURSE DETAILS - V718.

The course is approximately 5.5 miles from race HQ so be sure to allow adequate time to get to the start.

Start on the A1034, just south of South Cave and approx 30 yds from the 30 mph speed sign and 2 yds from the lamp post. Proceed South and immediately bear LEFT onto the slip road to join the A63 [CARE]. Continue East along the A63 and bear Left at slip road signposted N.Ferriby B1231 [4.10 mls]. Continue to roundabout and take 3<sup>rd</sup> exit [M62 Leeds, Goole A63] cross over the A63 to next roundabout [4.5 mls] take 3<sup>rd</sup> exit [M62 Leeds, Goole A63] to drop down slip road to rejoin A63 West.[CARE]. Continue West along A63 to finish at the end of the vehicle check lay-by adjacent to crash barrier at a paint mark in the road. [10 mls].

### ESSENTIAL NOTE TO COMPETITORS:

After the second roundabout at the turn please stay on the slip road until it joins the A63. This is a long run in and there is no advantage in getting onto the main road sooner.

## WARM UP AREA.

Those riders who wish to put final touches to warm ups near the start **are not to ride through South Cave**. Please use the road south of the start signposted to Elloughton / Brough. This is a wide, smooth surfaced and quiet road ideal for the purpose and will not upset local villagers. If we wish to maintain frequent use of this fast course please help all race organisers to keep on the right side of local residents.

**Any rider unable to compete please  
ring / email / message secretary.**



[Craigzadphotos.zenfolio.com](http://Craigzadphotos.zenfolio.com)

## AWARDS.

**Fastest Rider with New Course Record - +£50.**

**New Ladies Course Record- + £50.**

**Current Records – 16.35 / 18.36.**

**V718 Only.**

**MENS - £80, £50, £30, £20, £15.**

**Ladies - £80, £30, £20. £15**

**Junior. £80. £30. £15**

**Tandems First Team - £30.**

**Best Team of 3 men - £15 each.**

**Best Ladies Team of 2 - £15 each.**

Age related prizes MAY be awarded once the final event costs have been calculated.

**One rider one prize except team & records.**

**IN THE INTEREST OF YOUR OWN SAFETY,  
CYCLING TIME TRIALS AND THE EVENT  
PROMOTERS STRONGLY ADVISE THAT  
YOU WEAR A HARD SHELL HELMET  
THAT MEETS AN INTERNATIONALLY  
ACCEPTED SAFETY STANDARD.**

**ALL UNDER 18 AND JUNIOR RIDERS MUST  
WEAR SUCH A HELMET.**

It is recommended that a **working rear light**, either flashing or constant, be fitted in a visible position to the rear of the bike and be **functioning throughout the event.**

**ESSENTIAL INFORMATION TO RIDERS. PLEASE READ.**

**TURBO TRAINERS ARE NOT TO BE USED ON ROAD SIDES WITHIN ANY VILLAGES.**  
**PLEASE USE THE HALL CARPARK / LAYBYES / LOCAL LANES PLEASE.**

**PLEASE BE AWARE THAT ALL RIDERS ARE TO RETURN TO THE VILLAGE HALL HQ, IN GILBERDYKE, WITH THEIR RACE NUMBERS AND SIGN OUT FROM THE EVENT. FREE RAFFLE DRAW.**

**RIDERS ARE NOT TO GO BEYOND STONEPIT LANE IN TO SOUTH CAVE.**

**NO U TURNS NEAR THE START.**

**ASSEMBLE ON THE FOOTPATH OR AREA BEHIND THE TK TO AWAIT YOUR START SLOT.**

**RIDERS ARE TO REMAIN ON THE LEFT SIDE OF THE LEFT HAND LANE ON THE A63 UNLESS MOVING OUT TO OVERTAKE ANOTHER RIDER.**

**RIDERS ARE TO LEAVE THE A63 AT THE TURN USING THE LEFT HAND LANE ONLY UNTIL APPROXIMATELY HALF WAY UP THE SLIP ROAD.**

**THERE WILL BE OFFICIAL OBSERVERS AT THIS EVENT. FAILURE TO FOLLOW OUR REQUESTS WILL RESULT IN DISQUALIFICATION.**

**Geoff Backshall.  
Event Organiser.  
City Road Club [Hull]**