

BEACON WHEELERS

Open 15 Mile SpoCo Time Trial

SATURDAY 7th APRIL 2018

This is a Lakes & Lancs SpoCo Counting Event
Promoted for & on behalf of Cycling Time Trials
under their rules & regulations



Organiser - Russell McLean
132 Scholars Green
Wigton
Cumbria
CA7 9BT
Tel – 07836623266
Email – russell@serental.co.uk

Timekeepers - Mr Richard Abram, Mr Keith Bickley

First Rider - 11.02am (List of competitors on PDF attachment)

Course - L155

- Start on Askham road at junction with unnamed road leading to Lowther Castle and Gardens.
- **TAKE CARE with Sheep, also please be aware of the 2 Cattle Grids & the steep descent from the start in Lowther Park**
- Proceed along Askham lane in a westerly, then southerly direction
- **Marshal 1** - Bear right over Askham bridge and then to 'T' junction in Askham (1.1m).
- **Marshal 2** - Turn left onto Helton road
- Bear right (1.3m) onto Wideworth Farm road.
- Continue through Butterwick and Bampton on unclassified road to meet Keld lane then Pow lane on the outskirts of Shap.
- **Marshal 3** - Take a sharp left to join A6 North (8.9m).
- **Marshal 4** - Continue on A6 to Lowther (14.5m) where left into New Road
- Continue to finish 50m before Junction (14.9m)

Risk Assessment

- A copy of the CTT Risk Assessment will be displayed at the event HQ

Rider Warning

- Due to the winter weather; road conditions on the District's road have somewhat deteriorated with potholes and surface issues causing problems in some areas.
- However the circuit has weathered the winter surprising well
- Any significant hazards will be recorded on the On The Day Dynamic Risk Assessment
- Results will not be available from the Finish area – please return directly to HQ.

Event Headquarters:

- Askham & District Community Centre / Swimming Pool Penrith Cumbria CA10 2PG

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Car Parking

- Please do not park to the South side of the Village on the course

Numbers, Signing on and Results Board

- Will be available at the HQ
- The HQ will be open from 09.30

Refreshments

- Will be available after the event at the HQ
- Any donations welcomed

Signing Out

- All competitors are required to personally return their number
- All competitors are required to sign the signing out sheet
- Failure to do will result in the competitor being recorded as DNF

Local regulations

- The following local regulations have been approved by the CTT National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.
- Local regulation No. 5 In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.
- Local regulation No. 6 Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.
- Local regulation No. 15 Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

In addition to the above

- Riders must give their number at the finish and elsewhere on the course if requested.
- Riders must NOT stand in the road at the start or finish.
 - (This constitutes obstruction, and is a breach of regulations).
- Riders must NOT ride with their heads down.

Helmets

- All competitors under the age of 18 and/or juniors must wear a HELMET of
- HARD/SOFT SHELL construction that conforms to a recognised Standard (See regulation 15).
- Cycling Time Trials strongly recommends ALL competitors to wear such a helmet.
- Cycling Time Trials recommends that a working rear light, either constant or flashing, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

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AWARDS

(One rider, one prize rule – highest prize value awarded first)

Prize	1st	2nd	3rd
Overall	£20	£15	£10
Rider Name / Number			
Women	£20	£15	£10
Rider Name / Number			
Prize	1st	Prize	1st
V40	£10	A	£10
Rider Name / Number		Rider Name / Number	
V50	£10	B	£10
Rider Name / Number		Rider Name / Number	
V60	£10	C	£10
Rider Name / Number		Rider Name / Number	
Jun / Juv / Espoir	£10	D	£10
Rider Name / Number		Rider Name / Number	
Prize Fund		E	£10
£180			
50% Entry Fees (49 x £9) - CTT Levy (49 x £2)		Rider Name / Number	
£171.50			