



East Sussex Cycling Association

2018 President Robin Johnson – Bright Mitre CC



ESCA 25m Time Trial – Sunday 22nd April 2018 – G25/89

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Start Sheet

Event Secretary **Chris Parker** (Hastings & St Leonards CC)
5 Limden Close, Stonegate, Wadhurst, East Sussex TN5 7EG
Telephone: 01580 200016 Email: chrisparkerpett@aol.com Mobile: 07902 630574

Timekeepers **Su Balcombe** (Brighton Excelsior CC) and **Emma Gearing** (Lewes Wanderers CC)

General Information

Event HQ Farwarp Village Hall, Nursery Lane TN22 3BD – Open from 6:45am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

Car Parking There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. Please do not block horsebox access for the property at the top of Nursery Lane.

Race Numbers Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.** After the event please return your race number to the HQ in exchange for a cup of tea or coffee.

Start The start is less than a mile from the hall. Proceed out of the car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

This is a qualifying event for

ESCA Points Competition 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies Counts towards the fastest junior, fastest lady, fastest rider under 60 minutes, and the fastest team of three from an ESCA affiliated club over 25 miles – the best performance at either this, or the **September 25**, will be eligible for these awards at the annual prize presentation in early 2018.

ESCA BAR Qualifying event for all the Best All Rounder competitions.

Prize List

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00
Fourth	£15.00
Fifth	£10.00

Fastest Lady

First	£30.00
Second	£25.00
Third	£20.00

Fastest Jun/Juv

First	£15.00
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Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 40	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 or over	£10.00

Fastest Team of Three

First	£15.00 each
Second	£10.00 each

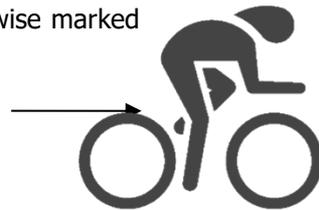
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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing out** All competitors must return to the HQ and sign out, otherwise marked as DNF.

Please pin your number here



Course Details

Course details can also be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g2589.html

OS Ref	Course G25/89	Distance
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m

Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

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Order of Start

Race No.	Start Time	Rider	Club	Gend.	Age	Category
2	07:32	David Beale	Lewes Wanderers CC	M	72	Veteran
3	07:33	Jason Earle-Henson	Hastings & St. Leonards CC	M	46	Veteran
4	07:34	Paul Valks	Lewes Wanderers CC	M	74	Veteran
5	07:35	James Hennessy	Eastbourne Rovers CC	M	50	Veteran
6	07:36	Peter Davies	Brighton Mitre CC	M	61	Veteran
7	07:37	Robert Royle-Evatt	Addiscombe CC	M	50	Veteran
8	07:38	Robin Johnson	Brighton Mitre CC	M	69	Veteran
9	07:39	Martin Yardley	Southborough & Dist. Whs	M	52	Veteran
10	07:40	Alan Yule	Crawley Wheelers	M	47	Veteran
11	07:41	David Pena	Blazing Saddles	M	38	Senior
12	07:42	James Cheeseman	Crawley Wheelers	M	32	Senior
13	07:43	John Mankelow	Lewes Wanderers CC	M	70	Veteran
14	07:44	Mark Gidney	Southborough & Dist. Whs	M	56	Veteran
15	07:45	Mik Onions	Brighton Mitre CC	M	41	Veteran
16	07:46	Elliot Brown	Eastbourne Rovers CC	M	21	Espoir
17	07:47	Peter Barling	Lewes Wanderers CC	M	35	Senior
18	07:48	Bruce English	Eastbourne Rovers CC	M	53	Veteran
19	07:49	Michael Valks	Lewes Wanderers CC	M	47	Veteran
20	07:50	Nathan Russell	trainSharp	M	29	Senior
21	07:51	Geoff Smith	Eastbourne Rovers CC	M	67	Veteran
22	07:52	Donanld Parker	Brighton Mitre CC	M	69	Veteran
23	07:53	Malcolm Daly	Hastings & St. Leonards CC	M	57	Veteran
24	07:54	Mark Frost	Lewes Wanderers CC	M	50	Veteran
25	07:55	Sam Winter	Bayeux Cycling Team	M	31	Senior
26	07:56	Colin Toppin	Brighton Excelsior CC	M	45	Veteran
27	07:57	Adam Rogers	Eastbourne Rovers CC	M	43	Veteran
28	07:58	Chris Parker	Hastings & St. Leonards CC	M	62	Veteran
29	07:59	Brett Davis	Lewes Wanderers CC	M	45	Veteran
30	08:00	Robert Hoodless	Mid Sussex Triathlon Club	M	54	Veteran
31	08:01	Kate Mankelow	Lewes Wanderers CC	F	38	Senior
32	08:02	Anita Turner	Eastbourne Rovers CC	F	47	Veteran
33	08:03	Jennifer Wood	San Fairy Ann CC	F	43	Veteran
34	08:04	Katerina Avramides	Brighton Mitre CC	F	37	Senior
35	08:05	Olivia Webb	Eastbourne Rovers CC	F	49	Veteran
36	08:06	Clare Parkholm	Lewes Wanderers CC	F	47	Veteran
37	08:07	Rachel Baker	Mid Sussex Triathlon Club	F	44	Veteran
38	08:08	Ruth Summerford	Eastbourne Rovers CC	F	27	Senior
39	08:09	Lisa Davis	Lewes Wanderers CC	F	43	Veteran
40	08:10	Pip Jenkins	Southborough & Dist. Whs	F	30	Senior
41	08:11	David Dixon	Hastings & St. Leonards CC	M	57	Veteran
42	08:12	David Earl	trainSharp	M	50	Veteran
43	08:13	Tobias Bunyan	Eastbourne Rovers CC	M	43	Veteran
44	08:14	Dominic Lowden	Lewes Wanderers CC	M	60	Veteran
45	08:15	Peter Hooper	Eastbourne Rovers CC	M	33	Senior
46	08:16	John Powell	Team ASL	M	40	Veteran
47	08:17	John Tindell	Brighton Excelsior CC	M	31	Senior
48	08:18	Mark Edwards	Eastbourne Rovers CC	M	43	Veteran

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Race No.	Start Time	Rider	Club	Gend.	Age	Category
49	08:19	Sam Dixon	Hastings & St. Leonards CC	M	23	Senior
50	08:20	Michael Davey	Eastbourne Rovers CC	M	40	Veteran
51	08:21	John Marinko	Brighton Mitre CC	M	52	Veteran
52	08:22	Damen Foord	Direct Power Cycling Team	M	34	Senior
53	08:23	Stephen Morgan	Tooting BC	M	50	Veteran
54	08:24	Daniel Ellis	Eastbourne Rovers CC	M	37	Senior
55	08:25	Paul Smith	VeloRefined.com Aerosmiths	M	46	Veteran
56	08:26	Pete Morris	Team ASL	M	39	Senior
57	08:27	David Clements	Eastbourne Rovers CC	M	46	Veteran
58	08:28	Tom Hilder	Hastings & St. Leonards CC	M	29	Senior
59	08:29	John Cordner	Eastbourne Rovers CC	M	48	Veteran
60	08:30	Dan Sadler	RT 316	M	41	Veteran
61	08:31	Mark Amon	Rye & District Wheelers CC	M	53	Veteran
62	08:32	Theo Tadros	trainSharp	M	16	Junior
63	08:33	Tony Reeves	GS Stella	M	46	Veteran
64	08:34	Robert Rollings	Lewes Wanderers CC	M	31	Senior
65	08:35	Howard Shaw	Eastbourne Rovers CC	M	32	Senior
66	08:36	Aidan McConville	Lewes Wanderers CC	M	39	Senior
67	08:37	David Clark	Eastbourne Rovers CC	M	49	Veteran
68	08:38	Adam Wolley	Rapha Cycling Club	M	29	Senior
69	08:39	Neil Couchman	Southborough & Dist. Whs	M	40	Veteran
70	08:40	Nick Dwyer	Lewes Wanderers CC	M	54	Veteran
71	08:41	Peter Baker	Lewes Wanderers CC	M	60	Veteran
72	08:42	Steven Kane	Team ASL	M	29	Senior
73	08:43	David Rumm	Southborough & Dist. Whs	M	50	Veteran
74	08:44	Euan Davies	Dulwich Paragon CC	M	25	Senior
75	08:45	James Rix	Team Bottrill / Vanguard	M	42	Veteran

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA Website www.eastsussexca.org.uk/
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