

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Charlottetown Cycling Club 10 Mile Time Trial

Saturday 3 September 2016 at 2 p.m.

EVENT SECRETARY: Daniel Sharp
17 Highfield Road, Chertsey, KT16 8BU
Tel: 07519648444
Email: charlottetown.tt@gmail.com

TIMEKEEPERS: Kathleen Collard-Berry & Chris Thomas

HEADQUARTERS: Bentley Memorial Hall
Hole Lane
Bentley
GU10 5NB

IMPORTANT NOTES

- Please **respect the local residents of Bentley by parking considerately**. Do not park on the road near the headquarters, even for a short period of time. Please adhere to the guidance on the parking diagram included. If we receive complaints, we may lose Bentley Memorial Hall as an option for the HQ. This could potentially mean the end of up to 20 open events on the course during the year.
- Please **respect** the volunteers from Charlottetown CC and the timekeepers who are giving up their time to help out.
- Please sign on and collect your numbers from the headquarters, exchange for a drink after finishing.
- This event **may be subject to a Doping Control** - It is your responsibility to check by returning to the HQ as soon as possible after you finish.
- **No cleats or bikes in in the hall.**
- Please allow at least 10 minutes to get to the start.
- The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. **Anyone seen doing so will be disqualified from the event.**
- No vehicles, except those of the timekeepers, shall be parked at the start or finish

ADDITIONAL NOTES

Car parking is available at the HQ and in the lay-bys past the finishing point.



 Please park considerably on these roads

 Please DO NOT PARK on these roads

LONDON WEST DC

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerably and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate

To reach the start from the HQ in Bentley, go eastwards through the village to join the A31, cross to the right hand lane after 850 yards (there are lane markings) and then cross over to the South side of the A31 at the Gravel Hill road junction just short of the 'Bull' PH and continue for 760 yards to the lay-by start point.

The normal dual carriageway of the A31 has been reduced to a single lane at a point approximately three miles from the start. The left hand lane has been cross-hatched for a distance of approx 400 yards to finish at a point opposite the Petrol filling station just beyond the Hen & Chicken Public House situated on the north side.

Returning from the Holybourne roundabout on the north side of the A31 the road has been reduced to a single lane by road cross-hatching on the right hand lane commencing approximately 220 yards before the junction to Mill Court on the south side and finishing adjacent to the Hen & Chicken Public House on the north side.

Competitors are to act in a manner appropriate to competing on a single lane road whilst within the restrictions imposed by the road cross-hatching area.

After finishing, riders must not stop but continue to one or other of the central reservation breaks, cross over with great care and go westwards passing the start point lay-by and along the Bentley by-pass to fork left onto the slip road signposted 'Bentley'. Turn right at the 'T' junction to the Bentley Memorial Hall which you can see ahead of you.

*Respect the residents of Bentley – respect the parking advice
Please allow at least 10 minutes to get from the headquarters to the start*

LOCAL REGULATIONS:

No vehicles, except those of the timekeepers, shall be parked at the start or finish .

The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. Anyone seen doing so will be disqualified from the event.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

COURSE DESCRIPTION FOR H10/8

O.S. Ref	Description	Distance
796442	Start at a point in the lead out onto the A31 from the lay-by on the south side at the commencement of the Bentley by-pass, approximately 800 yards west of the Bull Public House on the north side of the A31 and 5 yards beyond the last but one drain grating and 25 yards short of the large road direction sign marked 'Bentley ½m'.	0.000
736403	Proceed (Care) to join the A31 and continue to go westwards along the Bentley by-pass through Froyle to the Holybourne roundabout (Turn)	4.702
802443	Circle the roundabout (M2, M3, M4) (Check) and take the third exit back on to the A31 to retrace, going through Froyle and along the Bentley by-pass to a point 10 yards beyond the concrete end of a water culvert on the north side and 63 yards short of the Gravel Hill Road minor crossroad and 163 yards short of The Bull to where finish (Distance between start and finish is 697 yards)	10.000

Strava Segment: <https://www.strava.com/segments/643014>

There will be marshals and checkers but it is your responsibility to make sure you know the course.

If you do have any further questions regarding the course or getting to the start please do not hesitate to ask.

Prizes

MEN

1 st Place	£30
2 nd Place	£25
3 rd Place	£20

WOMEN

1 st Place	£30
2 nd Place	£25
3 rd Place	£20

1st Team of three: £30 (£10 for each rider)

Fastest Vet on Standard £20

4	14:04	Hilary	Walker	Serpentine Running Club	W	
5	14:05	Eva	Nyirenda	...a3crg	W	
6	14:06	Gemma	Hayes	East Grinstead CC	W	
7	14:07	Rosslyn	Young	Serpentine Running Club	W	
8	14:08	Nancie	Dawkins	Portsmouth North End CC	W	
9	14:09	Jan	Farmer	Serpentine Running Club	W	
10	14:10	Kate	Allan	DRAG2ZERO	W	
11	14:11	Mary	Corbett	Sotonia CC	Tandem	
		Stephen	Whitewick	VeloRefined.com Aerosmiths		
13	14:13	Daniel	Sharp	Charlotteville Cycling Club	M	
14	14:14	Thierry	Huser	Dulwich Paragon CC	M	
15	14:15	Gary	Parmenter	Andover Wheelers	M	
16	14:16	Nicholas	Cosgreave	Farnborough & Camberley CC	M	
17	14:17	Jorj	James	Maidenhead & District CC	M	
18	14:18	Fidel	Gonzalez	South Western Road Club	M	
19	14:19	Brian	James	Brighton Mitre CC	M	
20	14:20	Mark	Bashford	East Grinstead CC	M	
21	14:21	Jon	Saunders	Charlotteville Cycling Club	M	
22	14:22	Brian	Garrard	Bournemouth Arrow CC	M	
23	14:23	Daniel	Loveday	Charlotteville Cycling Club	M	
24	14:24	Barrington	Day	Fareham Wheelers CC	M	
25	14:25	William	Grainger	Andover Wheelers	M	
26	14:26	Nick	McCormick	Epsom CC	M	
27	14:27	Peter	Franks	Charlotteville Cycling Club	M	
28	14:28	Tom	Vaux	Team Wiggle	M	
29	14:29	Peter	Butler	Charlotteville Cycling Club	M	
30	14:30	Dave	Dawkins	Portsmouth North End CC	M	
31	14:31	Michael	Draper	Charlotteville Cycling Club	M	
32	14:32	Nigel	Brown	Newbury RC	M	
33	14:33	David	Butler	Charlotteville Cycling Club	M	
34	14:34	Philip	Burgin	Newbury RC	M	
35	14:35	Eddie	Allen	Redmon CC	M	
36	14:36	James	Ayton	Portsmouth North End CC	M	
37	14:37	Adam	Evans	Newbury RC	M	
38	14:38	Jon	Asbridge	Royal Navy & Royal Marines CA	M	
39	14:39	Stanley	Bennett	Farnham RC	M	
40	14:40	Gareth	Barnes	Charlotteville Cycling Club	M	

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41	14:41	Michael	Deen	Redmon CC	M	
42	14:42	James	Horan	South Downs Bikes	M	
43	14:43	Roger	Chapman	Farnham RC	M	
44	14:44	Norman	Harvey	Sotonia CC	M	
45	14:45	Max	Webber	Abbotts Ann Cycles	M	
46	14:46	Edmund	Leeming	Southampton UniversityRC	M	
47	14:47	Duncan	Emery	Twickenham CC	M	
48	14:48	John	Eames	Team Swift	M	
49	14:49	Robert	Jolliffe	New Forest CC	M	
50	14:50	Ben	Hopwood	Charlotteville Cycling Club	M	
51	14:51	Tommy	Frampton	Portsmouth North End CC	M	
52	14:52	Ian	White	Farnham RC	M	
53	14:53	Derek	Dowden	Charlotteville Cycling Club	M	
54	14:54	Leslie	Morris	VTTA (L & HC)	M	
55	14:55	Angus	MacInnes	RAF Cycling Association	M	
56	14:56:00	Andrew	Payne	Maidenhead & District CC	M	
57	14:57:00	Ian	Lakey	Newbury RC	M	
58	14:58:00	Matthew	Pepper	Fareham Wheelers CC	M	
59	14:59:00	Steve	Arcott	Berkshire Tri Squad	M	
60	15:00:00	Kevin	Tye	VeloRefined.com Aerosmiths	M	
61	15:01:00	Stephen	Ralston	London Dynamo	M	
62	15:02:00	Darren	Heath	Charlotteville Cycling Club	M	
63	15:03:00	Graham	Morrison	Newbury RC	M	
64	15:04:00	matthew	cove	Charlotteville Cycling Club	M	
65	15:05:00	Rob	Sharland	Paceline RT	M	
66	15:06:00	Gawie	Nienaber	Farnham RC	M	
67	15:07:00	Michele	Contrino	Charlotteville Cycling Club	M	
68	15:08:00	Steve	Newton	Alton CC	M	
69	15:09:00	Jeffrey	Davis	Farnborough & Camberley CC	M	
70	15:10:00	James	Boyman	Farnham RC	M	