

MID CORNWALL CYCLING CLUB



29 / 04 / 2018

For and on behalf of CTT and under their rules and regulations Mid Cornwall CC are proud to be hosting the sporting SWDC on this testing 16 mile course

PRIZES

OVERALL	WOMEN	VETS 40-49	VETS 50-59	VETS 60+	JUNIOR	ROAD BIKE
1ST - £20	1ST - £20	1ST - £10	1ST - £10	1ST - £10	1ST - £10	1ST - £10
2ND - £15	2ND - £15					
3RD - £10	3RD - £10					

1 - HARDSHELL HELMETS RECOMMENDED

2 - Please observe the Highway Code. Ride with your head up. Do not "White Line," Wear bright clothing.

3 - Advice to all competitors It is recommended that a flashing or constant rear light be fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

4 - Event officials must not seek to regulate or interfere with other traffic.

5 - Paced & company riding in Time Trials; Regulations stipulate that should a competitor be caught by another rider, the over taken rider should full back to a distance of not less than 50 yards.

CTT REGULATIONS NOW REQUIRE ALL COMPETITORS TO SIGN BACK IN ON COMPLETION OF THE EVENT
WHEN RETURNING NUMBER, FAILURE TO DO SO WILL RESULT IN NO TIME BEING GIVEN

PLEASE SHOUT YOUR NUMBER AS YOU CROSS THE FINISH LINE

PLEASE RESPECT THE LOCAL RESIDENTS IN ROCHE BY PARKING CONSIDERATELY AND KEEPING NOISE
LEVELS DOWN

MAP OF COURSE IS ATTACHED

EVENT HQ

ROCHE VICTORY HALL
VICTORY ROAD
ROCHE
ST AUSTELL
PL26 8JF

EVENT SECRETARY - ADAM PEDLEY
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