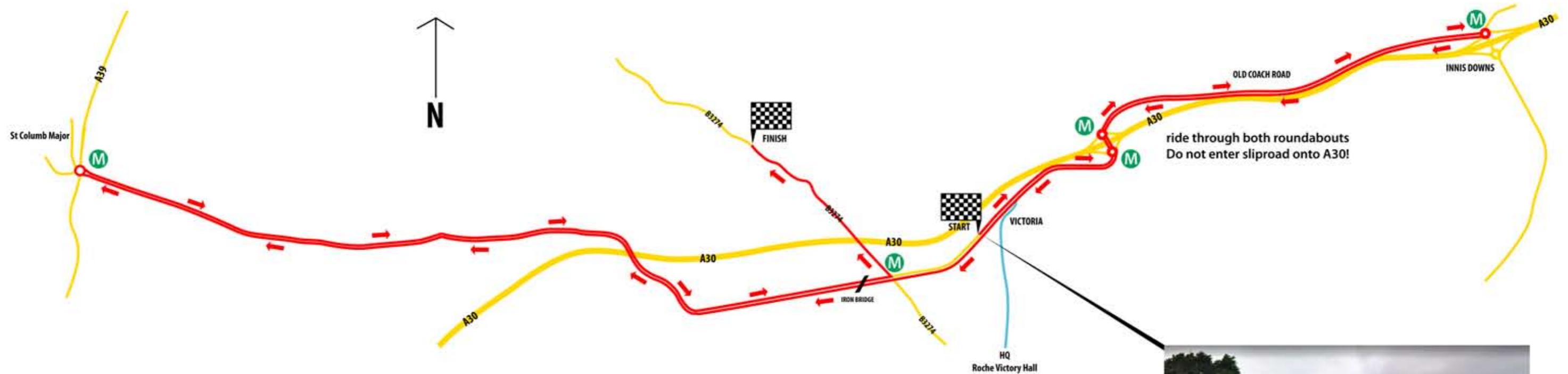


MID CORNWALL CYCLING CLUB OPEN 16 MILE SPORTING TT



M MARSHALL

Start adjacent to middle post of farm gate 10 yds west of "Magnet" Co. entrance on the old A30 at Victoria, (Grid ref SW618 985).

Proceed in easterly direction to Victoria Interchange (M)

Take 2nd exit over the A30 to the 2nd roundabout (M)

Take the 1st exit (M) to Innis downs roundabout (M)

Take the 4th exit to retrace to Victoria roundabout

Take the 2nd exit to cross the A30.

At the 2nd roundabout take the 2nd exit to retrace and pass the start.

Pass under iron bridge and continue to St Columb roundabout (M)

Take the 5th exit to retrace and pass under the iron bridge again.

Turn left onto the B3274 at next junction (M) sign posted Tregonetha/Padstow

Cross over the A30 to finish at the top of the climb at the bridleway sign opposite the layby,

(Grid ref SW 96863 62361)

16.5miles.

