



DULWICH PARAGON CC Open Time Trial

This event qualifies for the SPOCO SE series (Group 2 event)

Also included in LWR TT League (event #5)

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Monday 7th May 2018 Course: **GS/484**

Event secretary Carl Ferri, 70 College Green, London SE19 3PN
email: timetrials@dulwichparagon.com
mobile: **07930 316291**

Start timekeeper Rob Gardner
Finish timekeeper Doug Finch
Volunteers The members and friends of Dulwich Paragon CC

Event headquarters: [Beare Green Village Hall](#), Merebank, Beare Green, Surrey, **RH5 4RD**

Race numbers will be collected at HQ where you are required to sign-in in person

Remember: You must now sign out of the race when you hand your number back at the HQ. Failure to do so will result in disqualification.

London South District Regulations

- No Vehicles, except those of the Timekeepers' and Event Officials, shall be parked in the vicinity of the start and finish areas.
- No parking on the A24 or its verges.
- No parking close to the start line on spook hill, please leave enough space for riders to congregate at the start.
- North Holmwood and Beare Green are residential areas – please be considerate to those who live there and park accordingly.
- **Please DO NOT park in front of houses in Beare Green**
- Competitors are requested NOT to warm up on the course after the first competitor has started.
- Competitors must ride entirely alone and unassisted and not ride in company or take shelter (commonly known as drafting) from other riders or vehicles. A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken.
- No times will be given at the finish.
- No time may be recorded if number is not correctly positioned.

Notes

Event headquarters will be open from 6:30AM, there is a small car park at the headquarters, if this is full please park in Beare Green near the HQ, but not in front of houses please.

Please be considerate of local residents and do not obstruct access to driveways or use turbo trainers on the pavements. Turbo trainers can be used at Inholms Lane Car Park which is away from residential area (see map for details).

Dorking Station (5 miles from event headquarters) has regular service from London

Victoria (calling points include Clapham Junction, Sutton and Epsom).

Important

IN THE INTERESTS OF YOUR OWN SAFETY, CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

PLEASE MAKE SURE YOU KNOW THE [COURSE](#). There will be signs and marshals at key turns to give directions, so please pay attention to them.

PLEASE KEEP YOUR HEAD UP AND WATCH OUT FOR POTHOLES, OBSERVE THE HIGHWAY CODE

Hazards

The road surface on the second half of the course is quite poor in some places, particularly on Marches Road, going towards Kingsfold village. Details of any hazards will be displayed at the HQ.

Prizes

Scratch men	£30 / £20 / £10 (1st / 2nd / 3rd place)
Scratch women	£30 / £20 / £10 (1st / 2nd / 3rd place)
First junior	£10
First team of three	£10 each
Veteran on standard	£20

Thanks to our Sponsors **Blue Door Bicycles** and **RAW MudFlap** for providing some generous prizes too!

Results

No results given at the finish. Provisional results will be displayed in the event headquarters and prize giving will take place as soon as possible. Official results will be sent via email after the event. Official Observers will be stationed around the course.

Route from HQ to Start

The HQ is in Beare Green village hall which is about 2.5 miles from the start. When exiting the Hall car park, take a left turn onto Merebank, then left again on Old Horsham Road and head towards the A24 going to North Holmwood (2 miles). At the next roundabout, take the 3rd exit on Spook Hill. The start is at the top of Spook Hill before the junction with A24.

Route from Finish to HQ

After the finish line, take the second exit at beare green roundabout and stay on the A24 for ½ mile, then exit the A24 for beare green village.

Bib	Start Time	Firstname	Lastname	Club	Gender	Category	VTTA std
3	07:53:00	Mike	Anderson	Velo Club Venta	M	Veteran	52:05
4	07:54:00	Oliver	Scott	Dulwich Paragon CC	M	Espoir	
5	07:55:00	Richard	Parrotte	Shaftesbury CC	M	Veteran	50:50
6	07:56:00	Harry	Boscawen	Dulwich Paragon CC	M	Senior	
7	07:57:00	Peter	Wood	Crystal Palace Triathletes	M	Veteran	49:57
8	07:58:00	BROCHAN	WATTS	Clapham Chasers	M	Senior	
9	07:59:00	Justin	Gillott	Dulwich Paragon CC	M	Veteran	49:40
10	08:00:00	Jon	Puleston-Jones	Dulwich Paragon CC	M	Veteran	49:49
11	08:01:00	Alistair	Chappelle	Ful-on Tri	M	Senior	
12	08:02:00	Will	Morgan	Dulwich Paragon CC	M	Senior	
13	08:03:00	Keith	Johnson	Medway Velo Club	M	Veteran	50:06
14	08:04:00	james	bromley	Becontree Wheelers CC	M	Veteran	51:52
15	08:05:00	Andrew	Thomas	...a3crg	M	Senior	
16	08:06:00	Alan	Scott	Clapham Chasers	M	Senior	
17	08:07:00	Gavin	Hughes	Kingston Phoenix RC	M	Veteran	50:23
18	08:08:00	Steven	Hughes	Kingston Wheelers CC	M	Senior	
19	08:09:00	Robert	Royston	Sydenham Whs	M	Veteran	52:45
20	08:10:00	Richard	Price	London Phoenix CC	M	Veteran	48:54
21	08:11:00	Wayne	Van Ry	Bigfoot CC	M	Veteran	49:49
22	08:12:00	Jon	Fry	Horsham Cycling	M	Veteran	49:57
23	08:13:00	Iain	Duncan	Crawley Wheelers	M	Veteran	49:49
24	08:14:00	Peter	Horsfield	Redmon CC	M	Veteran	53:49
25	08:15:00	James	Goward	Farnborough & Camberley CC	M	Veteran	49:57
26	08:16:00	Neal	Marrin	Finsbury Park CC	M	Veteran	50:06
27	08:17:00	Tim	Fitzpatrick	Dulwich Paragon CC	M	Veteran	50:32
28	08:18:00	David	Garratt	Onyx RT	M	Veteran	49:40
29	08:19:00	Ben	Webeck	ABCpure	M	Senior	
30	08:20:00	Gareth	Davies	Team Bottrill / Vanguard	M	Senior	
31	08:21:00	Graham	Blackwood	Penge Cycle Club	M	Veteran	50:50
32	08:22:00	Daniel	Sharp	Charlotteville Cycling Club	M	Veteran	49:40
33	08:23:00	Adam	Stone	North Road CC	M	Senior	
34	08:24:00	Jack	Hambleton	Clapham Chasers	M	Senior	
35	08:25:00	Barnabas	Purbrook	Nuun-Sigma Sport-London RT	M	Senior	
36	08:26:00	Matt	Crocker	Rapha Cycling Club	M	Senior	
37	08:27:00	Martin	Headon	Dulwich Paragon CC	M	Senior	
38	08:28:00	Helen	Ralston	Sigma Sports	W	Senior	
39	08:29:00	Lisa	Price	London Women's Racing CC	W	Veteran	54:06
40	08:30:00	Janet	Bassett	Team Bottrill / Vanguard	W	Senior	
41	08:31:00	Anne	Renshaw	PossibiliTTy Race Team	W	Veteran	52:57
42	08:32:00	Hayley	Parker	London Phoenix CC	W	Senior	
43	08:33:00	Reinet	Maas	London Women's Racing CC	W	Senior	
44	08:34:00	Gaby	Stevenson	London Women's Racing CC	W	Senior	

45	08:35:00	Kathryn	Innes	Dulwich Paragon CC	W	Senior	
46	08:36:00	Rosamund	Bradbury	Sigma Sports	W	Senior	
47	08:37:00	Katia	Hadaschik	Dulwich Paragon CC	W	Veteran	53:47
48	08:38:00	Judi	Levoir	London Women's Racing CC	W	Veteran	54:15
49	08:39:00	Natalie	Ruffell	ABCpure	W	Senior	
50	08:40:00	Toni	Wilkes	London Women's Racing CC	W	Junior	
51	08:41:00	Kate	Vergette	Penge Cycle Club	W	Veteran	53:08
52	08:42:00	Jen	Kingwill	Twickenham CC	W	Senior	
53	08:43:00	Gill	Thom	Kingston Wheelers CC	W	Veteran	54:54
54	08:44:00	Linda	Wijlaars	Dulwich Paragon CC	W	Senior	
55	08:45:00	Julie	Chasin	Twickenham CC	W	Veteran	53:18
56	08:46:00	Claire	Pepper	Dulwich Paragon CC	W	Senior	
57	08:47:00	Nicola	Whittock	London Women's Racing CC	W	Veteran	54:44
58	08:48:00	Gemma	Hobson	Sussex Nomads CC	W	Senior	
59	08:49:00	Helen	Bridgman	Kingston Wheelers CC	W	Senior	
60	08:50:00	Ruth	Purbrook	Ful-on Tri	W	Senior	
61	08:51:00	Helena	Hayes	London Women's Racing CC	W	Senior	
62	08:52:00	Lenka	Vackova	Rapha Cycling Club	W	Senior	
63	08:53:00	Rebecca	Goodwin	London Women's Racing CC	W	Senior	
64	08:54:00	Michelle	Sellars	London Phoenix CC	W	Veteran	52:57
65	08:55:00	Pip	Jenkins	Southborough & Dist. Whs	W	Senior	
66	08:56:00	Fiona	Inskip	Boot Out Breast Cancer Cycling Club	W	Veteran	53:08
67	08:57:00	Kiera	Lyness	Dulwich Paragon CC	W	Veteran	54:34
68	08:58:00	Helen	Sharp	Twickenham CC	W	Senior	
69	08:59:00	MJ (gosia)	Cyganowska	Rapha Cycling Club	W	Senior	
70	09:00:00	Elise	Sherwell	Blazing Saddles	W	Veteran	53:08
71	09:01:00	malcolm	davies	Dulwich Paragon CC	M	Veteran	



Course Directions and maps

OS REF (TQ)	COURSE DIRECTIONS – GS/484	MILES	
167469	START in Spook Hill, North <u>Holmwood</u> at PO Telephone Inspection Cover 30 yards from junction with A24.	0.00	0.00
177428	Proceed to A24 where LEFT into acceleration lane to join A24. Proceed southwards to <u>Beare Green</u> RBT (roundabout).	2.67	2.67
171397	Straight on 2 nd exit and follow A24 to Clark's Green RBT where TURN	2.24	4.91
177428	5 th exit to retrace on A24 to <u>Beare Green</u> RBT	2.24	7.15
146356	LEFT 1 st exit and follow A29 through <u>Ockley</u> to Northlands Farm junction (CHECK)	5.83	12.98
171397	SHARP LEFT into <u>Marches Road</u> and proceed to junction with A24 at <u>Kingsfold</u> . LEFT and follow A24 to Clark's Green RBT	3.85	16.83
172422	Straight on 2 nd exit to FINISH on Capel by-pass at paint mark 20 yards south of end of continuous white line on southern edge of entrance to <u>Wigmore Lane</u> .	1.82	18.65

