

**Ribble Valley Crossroads Care Cycling Team**

10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Saturday 19th May 2017

Event Secretary: Jose Pinon Shaw, 61 Egerton Rd, Ashton, Preston, PR2 1AL

Tel 07764 366080

Timekeepers, Pete Briscoe and Mike Addis

Event H.Q. Sawley Village Hall, BB7 4LE. H.Q. will be open from 16.30

**COURSE L109**

**START on the A59 Clitheroe to Gisburn road at top of Sawley Brow at a point in line with the metal gateway at the western end of a large lay-by on the south side of road.**

**Proceed south west along the A59 to turn at first roundabout, junction with A671 (Clitheroe), (5.74m). Retrace along the A59 to finish at lamp post no 778 approximately 50 yards before the junction with local road to Chatburn. (10.00 miles)**

Directions to start. Turn left out of H.Q. carpark, at end of road turn left to top of Sawley Brow. Start is on the other side of the road at the end of the lay-by. Extra parking may be available in the lay-by. Please take care crossing the road.

Refreshments will be available at the H.Q. after the event. Donations (to go to Ribble Valley Crossroads Care) would be appreciated.

Please ride safely and enjoy the event. First Rider off at 18.01

**AWARDS**

1st Fastest - £30 1st VET40 - £10

2nd Fastest - £20 1st VET50 - £10

3rd Fastest - £10 1st VET60 - £10

1st Lady - £10 1st VET70 - £10

Fastest Team of 3 - £10 each 1st VET80 - £10

One rider one prize except for team prize. The prizes will be presented after the race, please try to stop if you can.

Cycling Time Trials North D. C.

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

CTT Regulation 17 :Signing On Sheet and Signing out Sheet:

1. The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing on sheet when collecting their number
2. In Type A events a competitor must return to the events H.Q. either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official Signing Out Sheet.

The signing On/Signing Out sheet and risk assessment sheet will be location at the H.Q. Failure to sign out will result in the rider being shown as DNF

Local Reg 5

In ALL events competitors prior to starting are not permitted to ride past the finish time keeper during the duration of the event.

Local Reg 6

Any competitor making a ‘U’ turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg 15

Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish (This constitutes obstruction and is a breach of regulations).

Riders must not ride with their heads down.

HELMETS:

All competitors under the age of 18 and/or JUNIORS must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard (see regulation 15). Cycling Time Trials strongly recommends All competitors to wear such a helmet.

Competitors Machine – Lights.

Cycling Time Trials recommends that a working rear light, either flashing or constant is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

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| No | Time Off | Name | Club | Cat |
| 1 | 18.01 | Paul Nelson | Ribble Valley Crossroads Care Cycling Team | Sen |
| 2 | 18.02 | Cyril Wynne | Stretford Wheelers CC | V80 |
| 3 | 18.03 | Russell Anderton | North Lancs Road Club | V50 |
| 4 | 18.04 | John Draper | North Lancs Road Club | V80 |
| 5 | 18.05 | Paul Russell | Springfield Financial Racing Team | V50 |
| 6 | 18.06 | Austin Foy | Fogertys Insurance Tri Team | V40 |
| 7 | 18.07 | Mick Braithwaite | Fylde Coasters Cycling Club | V40 |
| 8 | 18.08 | Craig Howarth | Rossendale Road Club | V40 |
| 9 | 18.09 | Peter Knott | Kent Valley Road Club | V80 |
| 10 | 18.10 | Derek Parkinson | Springfield Financial Racing Team | V40 |
| 11 | 18.11 | Philip Wade | Green Jersey RT | Sen |
| 12 | 18.12 | Malcolm Horner | Warrington Road Club/Horton Light Engineering/RS Cyclesport | V50 |
| 13 | 18.13 | Dave Smalley | Clayton Velo | V60 |
| 14 | 18.14 | Hope Kerry | Team Lusso | Lady |
| 15 | 18.15 | Sam Anderton | Transition Race Team | Sen |
| 16 | 18.16 | Tom Clayton | Manchester Wheelers | Sen |
| 17 | 18.17 | John Huggon | Ribble Valley C&RC | V50 |
| 18 | 18.18 | Derek Schofield | Rossendale RC | V60 |
| 19 | 18.19 | Christopher Thomas | Rossendale RC | V40 |
| 20 | 18.20 | Gethin Butler | Preston Wheelers | V40 |
| 21 | 18.21 | Paul Shallicker | Coveryourcar.co.uk RT-Fitted and Tailored Car Covers | V40 |
| 22 | 18.22 | Martin Furguson | Hoppers Rollers | V40 |
| 23 | 18.23 | Paul Hill | Lancashire Road Club | V40 |
| 24 | 18.24 | Charlotte Boothman | ABC Centreville | Lady |
| 25 | 18.25 | Mark Haydock | North Lancashire Road Club | V40 |
| 26 | 18.26 | Stephen Glenwright | VTTA (Merseyside) | V50 |
| 27 | 18.27 | Tim Berry | Preston Cycling Club | V50 |
| 28 | 18.28 | Martin Horrobin | Horwich Cycling Club | V50 |
| 29 | 18.29 | Adam Newall | Horwich Cycling Club | Sen |
| 30 | 18.30 | Dan Taylor | Coveryourcar.co.uk RT – Fitted and Tailored Car Covers | V40 |
| 31 | 18.31 | Sean Owens | Croston Velo | V40 |
| 32 | 18.32 | David Thompson | Rock to Roll CC | Sen |
| 33 | 18.33 | Martin Welsh | Pendle Forest Cycling Club | V50 |
| 34 | 18.34 | David Tabron | Horwich Cycling Club | Sen |
| 35 | 18.35 | Gary Murfin | VTTA (Yorkshire) | V40 |
| 36 | 18.36 | Nathan Turnbull | Leigh Premier Road Club | V40 |
| 37 | 18.37 | Benjamin Horrobin | Horwich Cycling Club | Espoir |
| 38 | 18.38 | Paul Blackburn | Coveryourcar.co.uk RT – Fitted and Tailored Car Covers | Sen |
| 39 | 18.39 | Martin Lee | Bury Clarion CC | V50 |
| 40 | 18.40 | David Allonby | Springfield Financial Racing Team | Sen |
| 41 | 18.41 | Steven Hankey | Warrington Road Club/Horton Light Engineering/RS Cyclesport | V40 |
| 42 | 18.42 | Richard Durham | Settle Wheelers | V60 |
| 43 | 18.43 | Andy Horner | Bury Clarion CC | V50 |
| 44 | 18.44 | Paul Warrener | Rossendale Road Club | V50 |
| 45 | 18.45 | Paul McGowan | Warrington Road Club/Horton Light Engineering/RS Cyclesport | V50 |