

# NORTH HAMPSHIRE ROAD CLUB.

## North Hampshire Road Club 10 Miles Time Trial.

For and on behalf of Cycling Time Trials under their rules and regulations.

**Saturday 26<sup>th</sup> May 2018**

**Time of Start 14:00**

**Event Secretary:** Barry Eeles  
13 Fairthorne Rise, Old Basing, Basingstoke RG24 7EH  
Mobile 07900 907287  
Please use my mobile number on the day

**Timekeepers:** Maggie Smith, North Hampshire RC  
Don Ashton , Farnborough & Camberley CC

**Event Headquarters: Bentley Memorial Hall,  
Alton Rd, Bentley GU10 5NB  
Open from 12.30.**

### IMPORTANT NOTES

- **Please respect the local residents of Bentley by parking considerately.** Do not park on the road near the headquarters, even for a short period of time. Please adhere to the guidance on the parking diagram included. If we receive complaints, we may lose Bentley Memorial Hall as an option for the HQ. This could potentially mean the end of up to 20 open events on the course during the year.
- Please **respect** the volunteers from NHRC and the timekeepers who are giving up their time to help out.
- Please sign on and collect your numbers from the headquarters.
- Position your main number so that it is visible from the rear when in the racing position.
- This event **may be subject to a Doping Control** - It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
- **No cleats or bikes in in the hall.**
- Please allow at least 10 minutes to get to the start.
- The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. Anyone seen doing so will be disqualified from the event.
- **Head-down riding kills** – if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers, shall be parked at the start or finish

## ADDITIONAL NOTES

Car parking is available at the HQ and in the lay-bys past the finishing point.



-  Please park considerately on these roads
-  Please DO NOT PARK on these roads

## LONDON WEST DC

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate

## DISTRICT REGULATIONS

No vehicles, except those of the timekeepers', shall be parked at the start or finish.

Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose

All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

## Additional notes

To reach the Headquarters at the Bentley Memorial Hall riders must only cross over to the other side of the A31 by using one of the breaks in the central reservation provided for that purpose. Any person associated with the event that is observed crossing to the other side by any other means will be reported to the police and the London West District Committee of the CTT.

To reach the start from the headquarters in Bentley, go eastwards through the village to join the A31 to cross to the right hand lane after 850 yards (there are lane markings) and cross over to the south side of the A31 at the Gravel Hill road junction and continue for 760 yards to the lay-by start point.

After finishing, riders must not stop but continue to one or other of the central reservation breaks, cross over with great care and go westwards and along the Bentley By-pass to fork left onto the slip road signposted 'BENTLEY'. Go right at the 'T' junction and the Bentley Memorial Hall is ahead of you.

## IN THE INTEREST OF YOUR OWN SAFETY

In the interest of your safety, *Cycling Time Trials* and the promoter strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

# Prize List.

In addition to the prizes below the Overall Winner will receive an extra £30.00  
2<sup>nd</sup> placed £20 and 3<sup>rd</sup> placed £10.00

## Men

Seniors	Vets 40 – 49	Vets 50 – 59	Vets 60 – 69	Vets 70 +
1 £30.00	1 £30.00	1 £30.00	1 £30.00	1 £30.00
2 £20.00	2 £20.00	2 £20.00	2 £20.00	2 £20.00
3 £10.00	3 £10.00	3 £10.00	3 £10.00	3 £10.00

## Ladies

1 £30.00
2 £20.00
3 £10.00

## Trike Riders

1 £30.00
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## COURSE H10/8 BENTLEY

OS Ref.	Dist.	Description
START		From the lead out of the lay-by on the south side of the A31 at the Bentley by-pass, approximately 800yd west of the BULL PH, 5yd beyond the penultimate drain grating and 25yd short of the large road direction sign marked 'Bentley 1/2'
795442	0.000	Join the A31 (CARE) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout. (TURN 1)
735403	4.704	Circle the Holybourne roundabout and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass.
FINISH	10.000	Finish at a point 10 yards beyond the concrete end of a water culvert on the north side and 63 yards short of the Gravel Hill Road minor crossroad and 163 yards short of The Bull to where finish

No.	Start Time	First Name	Last Name	Club	Gender	Category	Result
1	14:01						
2	14:02						
3	14:03						
4	14:04						
5	14:05						
6	14:06						
7	14:07						
8	14:08						
9	14:09	Grant	Pyke	Kingston Phoenix RC	Male	Veteran	
10	14:10	Andrew	Avis	Kingston Phoenix RC	Male	Veteran	
11	14:11	Chris	Jolliffe	Crawley Wheelers	Male	Veteran	
12	14:12						
13	14:13	Brian	Moon	Willesden CC	Male	Veteran	
14	14:14	Jan	Farmer	Serpentine Running Club	Female	Veteran	
15	14:15	JOHN	FROUD	Festival Road Club	Male	Veteran	
16	14:16	ken	rayson	...a3crg	Male	Veteran	
17	14:17	Ali	Walters	Velo Club Godalming & Haslemere	Female	Veteran	
18	14:18	Les	Gardner	Maidenhead & District CC	Male	Veteran	
19	14:19	John	Stepney	Antelope Racing Team	Male	Veteran	
20	14:20	Peter	Rowe	Southborough & Dist. Whs	Male	Veteran	
21	14:21	Brian	James	Brighton Mitre CC	Male	Veteran	
22	14:22	Rachel	Green	Cheltenham & County Cycling Club	Female	Veteran	
23	14:23	Barrington	Day	Fareham Wheelers CC	Male	Veteran	
24	14:24	michael	wakely	Redmon CC	Male	Veteran	
25	14:25	Robert	Jolliffe	New Forest CC	Male	Veteran	
26	14:26	Peter	Horsfield	Redmon CC	Male	Veteran	
27	14:27	Pippa	O'Brien	RT PODA	Female	Veteran	
28	14:28	Rossllyn	Young	Serpentine Running Club	Female	Veteran	
29	14:29	Martin	Whitty	...a3crg	Male	Veteran	
30	14:30	Jaco	Van Gass	Para-T	Male	Unknown	
31	14:31	John	Dowling	Hemel Hempstead CC	Male	Veteran	
32	14:32	Duncan	Emery	Twickenham CC	Male	Veteran	
33	14:33	michael	harrison	North Hampshire RC	Male	Veteran	
34	14:34	Catherine	Pascoe	New Forest CC	Female	Veteran	
35	14:35	Philip	Watts	North Hampshire RC	Male	Veteran	
36	14:36	Gavin	Francis	London Dynamo	Male	Veteran	
37	14:37	Greg	Harding	Farnham RC	Male	Veteran	
38	14:38	Steve	Arscott	VTTA (Surrey & Sussex)	Male	Veteran	
39	14:39	Gemma	Hayes	Norwood Paragon CC	Female	Senior	
40	14:40	Mark	Bashford	East Grinstead CC	Male	Senior	
41	14:41	Matt	Harris	...a3crg	Male	Senior	
42	14:42	Colin	Barton	Worthing Excelsior CC	Male	Veteran	
43	14:43	Michael	Gowan	Festival Road Club	Male	Veteran	
44	14:44	Peter	Davies	Brighton Mitre CC	Male	Veteran	
45	14:45	Antony	Green	New Forest CC	Male	Veteran	
46	14:46	David	Walters	Velo Club Godalming & Haslemere	Male	Veteran	
47	14:47	Adam	Evans	Banjo Cycles.com/Raceware/Specialized	Male	Veteran	
48	14:48	Graham	Morrison	Newbury RC	Male	Veteran	
49	14:49	Steve	Davies	Addiscombe CC	Male	Veteran	
50	14:50	Tom	Chandler	Velolife	Male	Espoir	
51	14:51	Lee	Turner	Sigma Sports	Male	Veteran	

No.	Start Time	First Name	Last Name	Club	Gender	Category	Result
52	14:52	Martin	Beale	Velo Club St Raphael	Male	Veteran	
53	14:53	Jorj	James	Maidenhead & District CC	Male	Veteran	
54	14:54	Nicholas	Cosgreave	Farnborough & Camberley CC	Male	Veteran	
55	14:55	James	Churchard	Reading CC	Male	Veteran	
56	14:56	Thomas	Goodyer	Portsmouth North End CC	Male	Senior	
57	14:57	Stephen	Skinner	Velo Club St Raphael	Male	Veteran	
58	14:58	ben	fielden	GS Stella	Male	Veteran	
59	14:59	Jill	Bartlett	Hounslow & District Whs	Female	Veteran	
60	15:00	Richard	Gifford	trainSharp	Male	Veteran	
61	15:01	richard	keeping	Full Gas Racing Team	Male	Senior	
62	15:02	David	Wright	Cotswold Veldrijden	Male	Veteran	
63	15:03	Nick	Marks	CC London	Male	Veteran	
64	15:04	Daniel	Loveday	Charlottesville Cycling Club	Male	Veteran	
65	15:05	Michael	Parker	TMG Horizon Cycling Team	Male	Veteran	
66	15:06	Robert	Gilmour	Hounslow & District Whs	Male	Veteran	
67	15:07	Tony	Flynn	Willesden CC	Male	Veteran	
68	15:08	Peter	Cookson	Willesden CC	Male	Veteran	
69	15:09	Robin	Harris	Clapham Chasers	Male	Veteran	
70	15:10	Jon	Hughes	Velo Club Godalming & Haslemere	Male	Veteran	
71	15:11	Stuart	Martingale	Sotonia CC	Male	Veteran	
72	15:12	Andrew	Payne	Maidenhead & District CC	Male	Veteran	
73	15:13	Stuart	Carver	North Hampshire RC	Male	Veteran	
74	15:14	Joy	Payne	Amersham Road Cycling Club	Female	Veteran	
75	15:15	Pete	Dyson	East London Velo	Male	Senior	
76	15:16	Richard	Moore	WyndyMilla	Male	Veteran	
77	15:17	Jon	Wiggins	Frome and District Wheelers	Male	Senior	
78	15:18	Richard	Williams	Farnham RC	Male	Veteran	
79	15:19	Gillian	Reynolds	Willesden CC	Female	Veteran	
80	15:20	Andy	Langdown	Blazing Saddles	Male	Veteran	
81	15:21	Tim	Childs	Westerley Cycling Club	Male	Veteran	
82	15:22	Anthony	Harriss	MERCEDES AMG PETRONAS CC	Male	Senior	
83	15:23	Roger	Taylor	Frome and District Wheelers	Male	Veteran	
84	15:24	Jo	Buckland	Bush Healthcare CRT	Female	Veteran	
85	15:25	Ryan	Davies	AS Test Team	Male	Senior	
86	15:26	Mike	O'Gorman	Worthing Excelsior CC	Male	Veteran	
87	15:27	cliff	voller	Newbury RC	Male	Veteran	
88	15:28	Hans	Nilsson	London Phoenix CC	Male	Veteran	
89	15:29	julius	reeeves	CC London	Male	Veteran	
90	15:30	Kevin	Tye	VeloRefined.com Aerosmiths	Male	Veteran	