



## Round "2" of the Celtic Series

twitter: @CelticSeriesTT

Facebook: <https://www.facebook.com/groups/321456027907246/>

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRAILS UNDER THEIR RULES AND REGULATIONS

**Thursday 31<sup>st</sup> May 2018 - RH9 – 20:09**

Timekeepers – Start: Tony Howell, Finish: Robin Field, Holder: Martyn Heritage-Owen

**EVENT SEC: Martyn Heritage-Owen 28 Clos Tyla Bach, St Mellons, Cardiff, CF3 0EJ**  
**Mobile: 0778 606 7819. Complaints should be made in writing to me within 24hrs.**

**Event HQ: Rhigos Rugby Club (CF44 9HJ) – open from 19:30**

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRAILS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

**REMEMBER to sign in and sign out after the race. Failure to do so will result in a disqualification. Signing in will be at the refreshment bar run by Sharon Preddy**

### **Course Description - RH/9 – Neath Bank**

Start at east end of Glynneath on unclassified road (old A465) at recessed drain cover south of junction with Ynys-y-Nos Ave at Pont Walby. Proceed uphill to FINISH at lay-by near summit by field gate 100 yards short of Cefn Rhigos sign. 1.6 miles OS references: start SN 891060, finish SN 912072.

**Object of the day:** Start at bottom of big hill, ride to top of big hill, collapse in a heap, roll back to the Rugby Club and eat cake.

**Prize List: Celtic Series Medals for 1<sup>st</sup> Man, 1<sup>st</sup> Women, 1<sup>st</sup> Juvenile and 1<sup>st</sup> Veteran to be presented at the Celtic Series / WCA awards dinner.**

**A Prizes presentation will be held at the end of the event with a podium for the top 3 in each category for Series Facebook page only.**

**Free tea or coffee on return of your number. Sharon Preddy Catering will be providing a selection of homemade cakes and rolls at reasonable prices.**

**Have a safe race - Martyn**

Have a safe ride and we hope to see you again at the next Realteam Celtic Series promotions:-  
Thu 14<sup>th</sup> Jun and Thu 29<sup>th</sup> June (R10/17).

No	Name	Club	Cat	Start
9	Julie Burkitt	www.realteam.co.uk	W50-59	20:09
10	Louise Hart	Sigma Sports	W	20:10
11	Shirley Howell	Port Talbot Whs CC	W50-59	20:11
12	Michelle Fishbourne	Team Backstedt Bike Performance	W50-59	20:12
13	Susan Shook	Bush Healthcare CRT	W60-69	20:13
14	Clare Greenwood	Bush Healthcare CRT	W50-59	20:14
15	Stephanie Post	Team Bottrill / Vanguard	W	20:15
16	Ian Gibson	Abercynon Road Club	M50-59	20:16
17	Morgan Lloyd	Towy Riders	Juv	20:17
18	Neil Meredith	Abercynon Road Club	M	20:18
19	Roger Wood	Pontypool Road Cycling Club	M60-69	20:19
20	Jon Vickery	Cwmcarn Paragon Road Club	M50-59	20:20
21	Leon Evans	Cardiff Ajax CC	M40-49	20:21
22	Thomas Dye	Cardiff Ajax CC	M	20:22
23	Paul Jones	Cwmcarn Paragon Road Club	M40-49	20:23
24	Chris Fishbourne	Team Backstedt Bike Performance	M40-49	20:24
25	David Brice	Bynea Cycling Club	M50-59	20:25
26	Lee Perrott	Cycle Specific	M	20:26
27	Nathan Leaves	Cwmcarn Paragon Road Club	M	20:27
28	Luke Dix	Cardiff Jif	M	20:28
29	Chris Gibbard	Bynea Cycling Club	M	20:29
30	Darran Carpenter (*)	Cwmcarn Paragon Road Club	M40-49	20:30

\* Former Welsh Hill Climb Champion

#### Notes:

1. Please do not warm up on the hill once the event has started.
2. Please line up off the "main" road in the unclassified road just before the start (at then end of the houses in Glynneath).
3. Remember there is NO push you are simply held.
4. There are laybys on the hill itself and just near the finish feel free to use those when not at the hall.
5. Please don't turbo outside of the house at the finish.
6. If you descend the hill after your ride please be mindful of the other riders.
7. No anti-social behaviour.