



The M24.8 CTT OPEN TIME TRIAL

Promoted for and on behalf of Cycling Time Trials under their rules & regulations. This is a Northumberland & Durham Cycling Association / Lakes and Lancs SPOCO BAR Event



EVENT SECRETARY:

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TIMEKEEPERS:

Peter Schultz
Frances Schultz

ASSISTANT TIMEKEEPER:

Sharon Dyson

EVENT HQ

Allendale Primary School Sports Hall,
Allendale Town.
Northumberland.
NE47 9PS.

There is ample parking at the School and on the road outside, but please park considerately. The HQ will be open from 9:00am for signing on / registration. Drinks and snacks will be provided throughout the morning, with a buffet provided following the event as the results come in. The event HQ is approximately 1 mile from the start. Please ensure that numbers are returned after the event and remember to sign off; otherwise your time won't be recorded in the official results.

The start is at 5 Lane Ends (Thornleygate), about 1 mile from the school. Turn left out of the school, go through the Village Square, Turn right down the steep Peth Hill and follow the road up a hill to the Thornleygate junction.



COURSE

This is the second year of using the M24.8 course, which is a scenic single hilly loop of approximately 25 miles starting and finishing on the outskirts of Allendale Town. With over 2600ft of climbing this is a challenging course, with more climbing per mile than any open CTT event in the NE region in 2018.

Time trial bike, road bike or a road bike with clip on tri bars? Last year the TT bikes had the edge, but not by much – it could be close....

CTT COURSE DESCRIPTION:

START at drain cover alongside field gate on minor road 100 metres south of the T-junction with the B6295 at Thornley Gate. Proceed south on the minor road through Carr Shield to the T-junction with the A689 near Nenthead. Turn left on to the A689 and continue south east to the T-junction with the B6295 at Cowshill. Turn left on to the B6295 and proceed north through Allenheads to FINISH at the south boundary sign of Allendale Town.

Route: <https://www.strava.com/routes/4690835>

5.5 Miles – Cattle grid on the descent of the first climb.

9 Miles – Turn 1 is approached downhill and is a 90 deg. left turn. Please take care and slow down in time. There will be a marshal with a red flag 100m before the turn warning you to adjust speed.

14 Miles – Turn 2 is a 150 deg. left turn up a sharp rise, so when approaching this please select an easier gear to be able to make the turn. Again there will be a marshal warning you.

17 Miles – you will pass through Allenheads Village at speed so please take care. Again there is a marshal here to increase safety.

24 Miles – The final approach into Allendale, passes under trees, which shade the road. Take care as the road surface here is in poor condition.

RIDER INSTRUCTION

- A working rear light is recommended.
- No U turns to be made by riders in the vicinity of the timekeeper at the start.
- Riders take extra care at junctions, turns, blind summits, on steep descents with bends, and through built-up areas.
- Riders must stay on the correct side of the road at all times.
- Head down riding is strictly forbidden.
- No dismounting by riders in finishing area.
- Riders should note that large parts of the course are minor rural roads, the condition of which may have degraded during the winter.
- Please shout your number as you pass the finishing timekeeper.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

All competitors under the age of 18 years and/or Juniors must wear a Protective Hard Shell Helmet.

ROAD BIKE CATEGORY

If you are entering the road bike category the N&DCA road bike rules apply, which prohibit the use of tri bars, TT helmets and wheels deeper than 60mm. Also please note that due to safety concerns the rules have recently been updated to prohibit riding with forearms resting on the bars – riders must race with hands in contact the bars. For the definitive rules for this please refer to the N&DCA Rules pages 4 and 5: <https://drive.google.com/file/d/0Bw21vA7dHXgkdUJlanVWVEViSEE/view>

When signing on please indicate your entry into the road bike category by adding an (R) after your name.

BEST ALL ROUNDER 2018

This event is a counting event in the N&DCA and L&L SpoCo BAR for 2018. In order to be eligible for BAR points your club or team must have affiliated to either organisation before the day of the race, if it has not done so already. For information on how to do this, further information and current standings please visit www.nanddca.org.uk or <http://www.lakesandlancsspoco.co.uk>

RESULTS

Cash prizes will be presented as soon as possible after the last competitor has finished in the HQ. **Please bear with us whilst we calculate all the results.**

The fastest rider of the day will also be awarded the Dave McManus Trophy.

START LIST

No	First name	Surname	Club	Start Time
4	Craig	Bell	Allen Valley Velo	10:04
5	chris	mather	Derwentside CC	10:05
6	Paul	Pickett	Allen Valley Velo	10:06
7	Craig	Hodgson	Muckle Cycle Club	10:07
8	Jock	Bolam	Breeze Bikes RT	10:08
9	Stewart	Beaty	Allen Valley Velo	10:09
10	Dan	Pons	Blaydon CC	10:10
11	Howie	Buckingham	Allen Valley Velo	10:11
12	Richard	Belk	Kent Valley RC	10:12
13	Michael	Brunskill	Muckle Cycle Club	10:13
14	Brendon	Jackson	Allen Valley Velo	10:14
15	Ian	Norris	Blumilk.com	10:15
16	Andrew	Dickson	Berwick Wheelers Cycling Club	10:16
17	Martin	Bluck	Allen Valley Velo	10:17
18	Sebastian	Stockbridge	Blaydon CC	10:18
19	Sheena	Harrison	Allen Valley Velo	10:19
20	Jamie	Johnson	Barnesbury CC	10:20
21	Toby	Price	Allen Valley Velo	10:21
22	Benjamin	Horrobin	Horwich Cycling Club	10:22
23	Roy	Flanagan	Rosendale RC	10:23
24	Melanie	Annable	Allen Valley Velo	10:24
25	Ross	Gray	Allen Valley Velo	10:25
26	Paul	Hague	Gosforth RC	10:26
27	Jon	Longworth	Bury Clarion CC	10:27
28	claire	jackson	Allen Valley Velo	10:28
29	Ben	Walker	Muckle Cycle Club	10:29
30	Philip	Addyman	Pedalling Squares	10:30
31	sharon	loidge	Barrow Central Wheelers	10:31

32	Bryan	Pool	Border City Whs CC	10:32
33	Michael	Stobbart	Allen Valley Velo	10:33
34	Gemma	Frost	Team Swift	10:34
35	chris	burns	Reifen Racing	10:35
36	Neil	Harrison	Allen Valley Velo	10:36
37	Neil	Withington	Beacon Wheelers	10:37
38	peter	mcglynn	Allen Valley Velo	10:38
39	Sandy	Cheung	Reifen Racing	10:39
40	Ali	Bailey	GS Metro	10:40
41	Duncan	Orme	Kent Valley RC	10:41
42	Martin	Horrobin	Horwich Cycling Club	10:42
43	Fiona	Burnie	GS Metro	10:43
44	Mark	Elliot	Allen Valley Velo	10:44
45	Lee	Ager	Blaydon CC	10:45
46	Chip	Ponsford	Allen Valley Velo	10:46
47	Lee	Statham	Houghton CC	10:47
48	Clive	Allan	Allen Valley Velo	10:48
49	David	Headon	Horwich Cycling Club	10:49
50	Eoin	Gormley	Blaydon CC	10:50
51	David	Jones	EMC Cycling	10:51
52	Michael	Woodhouse	Allen Valley Velo	10:52
53	David	Nearney	South Shields Velo Cycling Club	10:53
54	Chris	Annable	Allen Valley Velo	10:54
55	Phil	Hall	Breeze Bikes RT	10:55
56	Bryan	Laycock	Alnwick Cycling Club	10:56
57	Terry	Parvin	Ferryhill Whs	10:57
58	Tim	Nichol	Blaydon CC	10:58
59	darryl	manning	Allen Valley Velo	10:59
60	James	Meadows	Cleveland Wheelers CC	11:00
61	richard	hirst	Allen Valley Velo	11:01
62	Dougan	Collins	Ferryhill Whs	11:02
63	Josh	Craven	Muckle Cycle Club	11:03
64	Neil	Parkin	Derwentside CC	11:04
65	Nick	Badcock	Allen Valley Velo	11:05
66	Tim	Bennett	Kent Valley RC	11:06
67	Michael	Dowson	Pedalling Squares	11:07
68	Christian	Roberts	Allen Valley Velo	11:08
69	Neil	Wilkinson	Cestria C.C.	11:09
70	Marcus	Cram	Blaydon CC	11:10
71	Keith	Sibbald	Cramlington CC	11:11
72	Christopher	Beaty	Allen Valley Velo	11:12
73	Ross	Strachan	Loudoun Road Club	11:13
74	Mal	Gray	Reifen Racing	11:14
75	Matthew	Atkinson	Velo Club Cumbria	11:15