

Manchester and District Ladies' Cycling Association

Saturday, 2nd June 2017 on the J2/9 course

Ladies Open Handicapped 25 mile Time Trial

Round 9 of the M&DTTA Cheshire Courses Points Competition

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

Handicapped using standard tables

Timekeepers: Graham Lawrence & Tony Millington First rider off at 2.08 pm

Event HQ: Allostock Village Hall WA16 9LN (open from 12 noon)

Numbers at the headquarters – riders must sign the signing on sheet when collecting their number.

		Prizes	
Fastest	£15	1st handicap	£12
2^{nd}	£14	2 nd handicap	£11
3^{rd}	£13	3 rd handicap	£10
Fastest	£10 each		

One rider one prize except team

Certificate to be awarded to fastest Association Vet on standard at the Annual Dinner

Course: J2/9

START at a JS2 mark in Bomish Lane (Badger Bank to Goostrey road) at telegraph pole no.2 approx. 300yds west of the A535. Proceed east to the A535 and forward on the A535 to:

Chelford Island (2.169 mls) where 2nd exit left onto the A537 to Seven Sisters Lane at:

Ollerton Cross-roads (5.219 mls) where left along the lane to the A50 and left at Twemlow Lane at:

Cranage (11.408 mls) where left into and along the lane to join the A535 at Twemlow Green, left to:

Chelford Island (18.064 mls) where 2nd exit left onto the A537 to Seven Sisters Lane, left along the lane to join the A50, left again to:

FINISH (25.000 mls) at the J2/9 mark opposite the right hand field gate post, opposite and just before the entrance to the Mount Pleasant Nursing Home.

Event Organiser: Robbie Harcourt, 68 Bradford Road, Eccles, Manchester M30 9FT, Tel: 0161 787 9085

Event Refreshments: Refreshments will be available at the HQ as will the results board.

RACE NUMBERS: Available at HQ. Sign the Sign On sheet when you collect your number. Please note that all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.

Salford CC 25 to follow this event.

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Order of Start

No	Name	Club	Cat	Н.Сар	Standard	Start
8	Jan Scotchford	North Lancashire Road Club	٧	00:21:56	01:13:41	14:08
9	Samantha Hewitt	Ashley Touring CC	S	00:29:53		
10	Jayne Dickens	Vision Racing /Delamere Dairy/GRM		00:11:05	01:13:15	
		Property Consultants/Swinnerton Cycles	V	00.11.03		14:10
11	Liz Mathison	Leigh Premier Road Club	V	00:12:11	01:13:15	
12	Alisa Healy	The Racing Chance Foundation	S	00:19:36		
13	Tarja Barnes	North Cheshire Clarion	٧	00:22:10	01:13:15	
14	Polly Wilding	Congleton CC	٧	00:27:57	01:12:10	
15	Holly Carter	Rapha Cycling Club	S	00:15:16		14:15
16	Alix Archer	Maxx R. T.	٧	00:16:06	01:13:28	
17	Alison Stephenson	Congleton CC	٧	NQT	01:13:02	
18	Sandra Griffiths	Vision Racing /Delamere Dairy/GRM		s 00:23:20		
		Property Consultants/Swinnerton Cycles	S			
19	Jeanette Barber	Seamons CC	٧	00:19:50	01:16:01	
20	Steph Mottram	Torelli-Beastwear-Brother	S	00:10:12		14:20

Warnings:

Care at road junctions:

Riders **must** exercise caution at all junctions. Any competitor whose riding line causes her/him to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action. Any rider making a U turn in the vicinity of the start or finish will be disqualified. Observers will be used in this event. At the 'Give Way' exit from Seven Sisters Lane onto the A50 riders MUST avoid traffic on the major road and stop if it is unsafe to proceed.

Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Regulation 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders <u>MUST NOT</u> approach the island using tri-bars. Remember – traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

Vehicles must not be parked, however briefly, in any part of the access area to Mount Pleasant Nursing Home, opposite the finish.

Other M&DLCA Events 2017

Dist	Date	Organiser	In conjunction with:
50	19 th June:	Ian Ross	M&DTTA
10	1 st July:	Kath Jackson	M&DLCA Ladies Invitation
25	8 th July:	Mavis Ross	Nova CC

Each year the M&DLCA awards several prizes and trophies to members of the M&DLCA and affiliated clubs, which are presented at our annual dinner dance. An M&DLCA 10 and any 25 and 50 on a J course will qualify for the BAR as long as copies of the start and result sheets are sent to the M&DLCA BAR Secretary, Kath Jackson, at the end of the season.

Dinner Dance and prize presentation Friday 16th November 2017 at the Alma Lodge, Stockport.