



<http://www.cc-london.com>

10 mile Time Trials

Saturday 23rd June 2018 starting at 7pm (19:00)

This event is being held for and on behalf of Cycling Time Trials under their Rules & Regulations.

Headquarters:

Great Amwell Parish Hall, Hillside Lane, SG12 9SG.

Headquarters will be open from 6pm.

Signing on and number collection will be at the race HQ.

You are reminded that under CTT rules each individual rider must personally return to the HQ to return their number and sign out. No signature no time.

Refreshments will be available and numbers can be exchanged for a tea/coffee after the race.

Prize presentation will take place at the HQ immediately after the event.

Parking:

There is free parking in the small car park at the front of the race HQ. Please do not park in the road (Hillside Lane) leading up to the HQ. Some parking is possible nearer the start on the B1502 on the approach to the A10/A414 Rush Green interchange should you wish to drive there.

Timekeepers:

Frankie Hill and Paul Willis

Course description:

Course F20/10:- Start on the A10, in southern end of lay-by approximately half a mile south of Rush Green elevated RAB (junction of A10 and A414) at sixth cats eye north of post marked 51/28 (GR TL358126).

Proceed on A10 southbound carriageway past exits for Harlow (A414) and Hoddesdon (A1170) to turn by bearing left (4.6 miles) onto slip road (sign posted Broxbourne, Wormley, Turnford A1170) to Turnford elevated RAB.

Take third exit onto slip road to join A10 northbound carriageway.

Retrace outward route, past exits for Hoddesdon and Harlow (A414) to finish on A10 northbound carriageway, at first cats eye south of northern end of lay-by island (GR TL357126) approximately half a mile south of Rush Green elevated RAB.

The finish is on the A10 carriageway (opposite the start), do not enter the lay-by preceding the finish as your time will not be recorded, do not stop but continue riding on the A10 to take the next slip road exit to Rush Green to make your way back to the event HQ.

Please be aware that the start/finish are about 15 mins easy ride from the HQ. Directions to the start are attached.

There must be no parking of motor vehicles in the lay-bys at the start & finish points apart from those of the timekeepers and other officials.

Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.

No warming-up on the course after the event has started.

Cycling Time Trials strongly advise you to wear a HARD SHELL HELMET that meets internationally accepted safety standards.

It is recommend that riders use a tail-light.

The link to the course profile:

<https://www.cyclingtimetrials.org.uk/race-details/12030>

Event secretary:

Paul Willis, 58 Brackenbury Road, London, N2 0ST Mobile: 07957 362 214

Prizes:

Men:

1st place £30

2nd place £20

3rd place £10

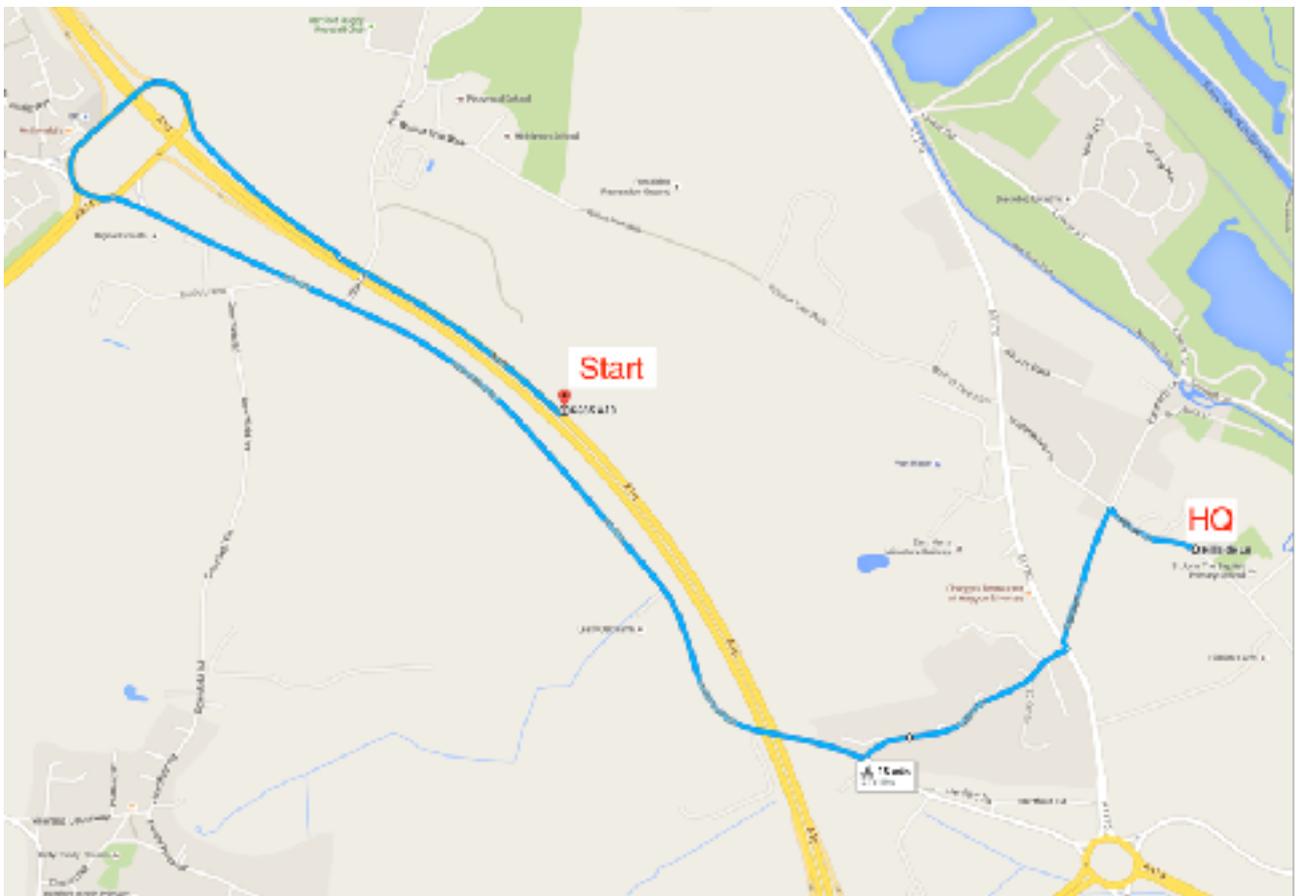
Fastest standard road bike (no tri-bars or disc wheels) £10

Women:

1st place £30

2nd place £20

3rd place £10



Riders:

No.	Start time	Name		Club
1	19:01:00	Julius	Reeves	CC London
2	19:02:00	Lee	Turner	Sigma Sports
3	19:03:00	Daniel	Wolman	London Phoenix CC
4	19:04:00	Philip	Hardy	Rapha Cycling Club
5	19:05:00	Adam	Fisher	Cambridge CC
6	19:06:00	Rehman	Haroon	Chelmer CC
7	19:07:00	Graham	Pepperdine	Verulam CC
8	19:08:00	Ann	Shuttleworth	Braintree Velo CRC
9	19:09:00	Sam	Morris	Islington Cycling Club
10	19:10:00	Mark	Ellis	Team Milton Keynes
11	19:11:00	Daryl	Maffey	YH-Training Scarborough RC
12	19:12:00	Geoff	Perry	Born to Bike - Bridgtown Cycles
13	19:13:00	Simon	Constable	Basildon CC
14	19:14:00	Andrew	Porter	Welwyn Whs
15	19:15:00	Karl	Willis	Herts Rouleurs Racing Club
16	19:16:00	Christopher	Wedge	Whitewebbs CC
17	19:17:00	Steve	Clarke	TMG Horizon Cycling Team
18	19:18:00	Nick	Marks	CC London
19	19:19:00	Jill	Bartlett	Hounslow & District Whs
20	19:20:00	Daniel	Northover	Finsbury Park CC
21	19:21:00	Anton	Blackie	Rapha Cycling Club
22	19:22:00	Andrew	Halliday	Westerley Cycling Club
23	19:23:00	David	Marshall	Hemel Hempstead CC
24	19:24:00	Robert	Jones	Cardiff 100 Miles RCC
25	19:25:00	Ross	Clarke	TMG Horizon Cycling Team
26	19:26:00	Jonathan	Williams	Amersham Road Cycling Club
27	19:27:00	Roger	Porter	Verulam CC
28	19:28:00	Thomas	Carding	NLTCBMBC
29	19:29:00	Karen	Dennett	Bishop's Stortford CC
30	19:30:00	Nick	English	AeroCoach

No.	Start time	Name		Club
31	19:31:00	Richard	Gifford	trainSharp
32	19:32:00	Paul	French	Bedfordshire Road RT
33	19:33:00	Peter	Walton	Hertfordshire Whs
34	19:34:00	Hamish	Brown	GS Avanti
35	19:35:00	William	Wallace	CC London