

The Finsbury Park



Cycling Club

Start Sheet

Under C.T.T. Regulations

Mens Memorial Trophy and Womens Quaich Trophy - 50 miles Time Trial Solo and Team Awards

Sun 1st July 2018

Course F1B/50 (2008)

Start Time 07:00

Event Secretary:- Vince Freeley
13 The Orchard
LONDON
N21 2DN

Tele:- 020 8340 9780
Mob:- 07970 462554

Timekeepers:- Mr G.A.Hart, Icknield RC.
Headquarters:- Stuart Memorial Hall, Tempsford, Beds.

Awards Men

1st £50 and Memorial Trophy (one year).

2nd £30 3rd £20

Vet/Std 1st £15 2nd £10

Awards - Women

1st £25 and Quaich Trophy (one year). 2nd £15

Vet/Std 1st £15

Awards - Team

1st Team of three - £10 each.

One rider, one prize; except team award.

Vince Freeley.

Bib	Start	Name	Club	Gen	Cat	V.std
6	00:07:06	Peter Lloyd	A5 Rangers CC	Male	Veteran	02:15:35
7	00:07:07	Alex Peeke	Welwyn Whs	Male	Veteran	02:18:18
8	00:07:08	Chris Symonds	North Road CC	Male	Veteran	02:17:26
9	00:07:09	Heather Larson	VTTA (London & Home Counties)	Female	Veteran	02:27:53
10	00:07:10	Daniel Northover	Finsbury Park CC	Male	Veteran	02:16:04
11	00:07:11	Darren Preston	Team Secret Squirrel	Male	Veteran	02:16:59
12	00:07:12	Chris Ford	High Wycombe CC	Male	Veteran	02:22:19
13	00:07:13	Steve Clarke	TMG Horizon Cycling Team	Male	Veteran	02:27:06
14	00:07:14	John Howells	Corinium Cycle Club	Male	Veteran	02:41:26
15	00:07:15	Neil Allonby	Icknield RC	Male	Veteran	02:19:09
16	00:07:16	Fraser Hillcoat	Welwyn Whs	Male	Veteran	02:17:52
17	00:07:17	Matt Price	Icknield RC	Male	Senior	
18	00:07:18	Martin Arundel	Verulam CC	Male	Veteran	02:21:21
19	00:07:19	Paul Breeze	Peterborough CC	Male	Veteran	02:20:27
20	00:07:20	John Lacey	Hemel Hempstead CC	Male	Veteran	02:21:49
21	00:07:21	tony may	TMG Horizon Cycling Team	Male	Veteran	02:25:05
22	00:07:22	Helen Gravatt	CC Ashwell	Female	Veteran	02:32:41
23	00:07:23	Matt Donovan	Bedfordshire Road RT	Male	Senior	
24	00:07:24	Peter Anstey	Welwyn Whs	Male	Veteran	02:25:05
25	00:07:25	Joe Gorman	Stevenage CC	Male	Senior	
26	00:07:26	Dena Ford	High Wycombe CC	Female	Veteran	02:32:10
27	00:07:27	Mark Mossop Dominic	Team Secret Squirrel	Male	Senior	
28	00:07:28	Whitehead	St Ives CC	Male	Veteran	02:24:29
29	00:07:29	Nigel Croxford	High Wycombe CC	Male	Veteran	02:25:43
30	00:07:30	Ross Clarke	TMG Horizon Cycling Team	Male	Senior	
31	00:07:31	Daniel Ryan	North Road CC Ely & District CC/B&T Motor	Male	Senior	
32	00:07:32	John Manlow	Repairs	Male	Veteran	02:19:34
33	00:07:33	Richard Moule	Bossard Whs	Male	Veteran	02:25:43
34	00:07:34	Andy Proffitt	Ipswich BC	Male	Veteran	02:17:52
35	00:07:35	Julian Pegg	Hitchin Nomads CC	Male	Veteran	02:22:19
36	00:07:36	Henry Farrell	Full Gas Racing Team	Male	Senior	
37	00:07:37	Robert Saunders	North Bucks RC	Male	Veteran	02:23:54
38	00:07:38	Jason Stuart	CC Ashwell	Male	Veteran	02:20:27
39	00:07:39	Alan Crane	Chronos RT	Male	Veteran	02:19:34
40	00:07:40	Gray Turnock	Finsbury Park CC	Male	Veteran	02:19:34

NO WARMING UP ON STATION ROAD, Tempsford, 700 yards north of start point.

Regulation 16. Competitors Clothing.

All riders are reminded of the requirement to pin your number below the waist in a position so as to be clearly visible from behind. This enables the number checkers to ensure your finish time is correctly recorded.

No competitor may carry advertising except as a member of a club that has paid the advertising fee.

Local Regulations.

- No.1. No U turns should be made in sight of the start or finish areas while riding on the public highway.
- No.3. No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.
- No.4. Due to complaints from residents of Tempsford village; you **MUST** park away from houses. No parking south of the Wheatsheaf public house.
- Absolutely no parking on any part of the course, at any time.
 - Any infringement of these instructions/regulations will result in disqualification and possibly further disciplinary action.
 - Please collect race numbers in person at the H.Q. and sign the required form. Return to HQ after your ride and 'SIGN OUT' as per regulation.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL** helmet that meets an internationally accepted safety standard.

Flashing rear lights are growing in popularity and may contribute to rider safety.

This event may be subject to a doping control.

As soon as you have finished, you should return to event HQ as it is your responsibility to check if you are required for Doping Control.

If your number is displayed, you should report, immediately, to Doping Control, which will be nearby.

REMEMBER, it is up to you to check and ensure you comply.

Course F1B/50 - (2008)

START on B1043, approx. 425 yards north of Tempsford flyover; 25 yards north of south end of kerb and 55 yards south of the south end of Armco barrier. (GR164526).

Proceed south, straight on at 1st RAB to join A1 (CARE) and continue over Sandy, North Biggleswade (Warden Lane) and South Biggleswade RABs to:-
LEAVE A1 (11.96 miles) by bearing left onto slip road at commencement of A1(M) approx. 2 miles north of Baldock. Take 3rd exit off RAB onto A507 to:-
TURN (12.77 miles) at 1st RAB Norton/Stotfold, retrace along A507 to A1 to:-
TURN LEFT up slip road to rejoin A1 northbound carriageway. Retrace outward route over all junctions to Tempsford where:-
TURN (25.26 miles) by turning left off the A1 and within 80yards turn right (CARE), right at small RAB, over the A1, right at next small RAB to rejoin the A1 (care) southbound and continue over Sandy, North Biggleswade (Warden Lane) and South Biggleswade RABs to:-
LEAVE A1 (36.98 miles) by bearing left onto slip road at commencement of A1(M) approx. 2 miles north of Baldock. Take 3rd exit off RAB onto A507 to:-
TURN (37.79 miles) at 1st RAB Norton/Stotfold, retrace along A507 to A1 to:-
TURN LEFT up slip road to rejoin A1 northbound carriageway. Retrace outward route over all junctions to:-
FINISH by bearing left off the A1 at Blunham Lane to finish at Clearway sign. (GR162522).

Police Area(s) Bedfordshire.

LOCAL REGULATIONS No. 1, 3 and 4 apply.

Marshalls - Please note the Norton/Stotfold RAB has lamp-posts 51,52,57 & 58 adjacent.

The Start from HQ (Tempsford Village Hall) - go south through Tempsford then left over the bridge over the A1, then left onto the B1043 northbound, distance about 1 mile.