BUXTON CYCLING CLUB OPEN 10 MILE TT

Incorporating Buxton CC/Sett Valley Cycles 10 mile club championship

Promoted for and on behalf of Cycling Time Trials Ltd under their Rules & Regulations

Thursday 28th June 2018 at 19:01

Course: J10/1

Event Secretary: Mark Horsley Frost, 4 Church Street, Hayfield, SK22

2JE (07734 193 913) (markhorsleyfrost@gmail.com)

<u>Timekeepers:</u> Tony Millington and Judith Soden

<u>Headquarters:</u> Whaley Bridge Bowling Club, 43 Buxton Road, Whaley Bridge, SK23 7HX. <u>Please familiarise yourself with whereabouts of HQ. Google maps/sat nav may show incorrect location. HQ entrance is near pedestrian crossing virtually opposite The Cock public house.</u>

<u>Start:</u> Lay-by on the A6 approximately 1 mile west of Bowden Lane Island SK047818. Please note that the start is approximately 3.1 miles from the HQ.

Prizes

1st man	£25	1st lady	£25	1st V40	£10
2nd man	£20	2nd lady	£20	1st V50	£10
3rd man	£15	3rd lady	£15	1st V60	£10
4th man	£10	4th lady	£10	1st V70	£10
5th man	£5	5th lady	£5	1st espoir	£10
				1st tandem	£10
Team	£10	Novice	£10	Athlete	£10
Lantern Rouge	£10	Course record man/lady*			£15

Team prize is per rider. Novice is for those riding their first Open 10 TT. Athlete is for those riding standard road bike, no tri-bars or clip ons, no aero helmet, no disc or deep sections greater than 60mm. Email secretary prior to event if you qualify for either Novice/Athlete category or mark start sheet next to your name at sign on with N or A accordingly. Prizes will be awarded after the event at the HQ

*men's record includes £15 roll over from 2017

Current course records: Men: 19:15 Scott Davis Women: 23:31 Alex Deck

Rider Instructions: Numbers will be available at the HQ. We are using the back room at the club which is to the right as you enter the club through the main door. You must sign on when collecting your number. Pin rear number low down. Riders **must** also sign out when leaving numbers (failure to sign out will result in a DNF)

<u>Directions to Start:</u> Leave the HQ turning left onto Buxton Road (A5004) and proceed for 1 mile to A6 roundabout. At roundabout take the 2nd exit towards Buxton/Chapel-en-le-Frith. Proceed for approximately 2.1 miles to lay-by on left hand side of carriageway.

<u>Warm-Up:</u> Riders are requested not to warm up on any part of the course after the event has started.

<u>Parking:</u> There is a large car park at the Headquarters. Please note that the Bowling Club members will be using the car park that evening. There should still be plenty of room for riders and officials but as always consider sharing lifts where possible.

<u>Finish:</u> Please ride clear of the finish line and retrace route given from Headquarters to Start above. Please do not return to the Headquarters on any part of the course during the event.

Refreshments and Prizes: Drinks, cakes and sandwiches will be available at the HQ. Results will be available at the HQ and prizes will be awarded on the night after the event finishes and all riders are back.

Full Course Description: J10/1: Start at the lay-by on the A6 approximately 1 mile west of Bowden Lane Island Sk047818. Proceed east to Bowden Lane Island SK062815. Retrace, heading west along the A6 to Bridgemont Island SK014824. Take the second exit and head east back to Bowden Lane Island. Return west along the A6 to finish at a point where the footbridge goes over the carriageway near Buxworth SK024820.

<u>Warnings and Safety:</u> Riders must negotiate both islands in a safe and sensible manner in accordance with CTT reg.20 and the rules of the road. Riders must be able to brake and stop at the islands if traffic conditions require this. Riders much not approach the islands using tribars. Remember traffic in the islands will have priority over traffic entering the islands (including riders).

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise that you wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Doping Control: This event may be subject to a Doping Control.