



Summer10 Mile TT Under CTT Regulations

COURSE NUMBER: P901/10

Distance: 10 Miles

Short Description: Fontwell/Tangmere/Westhampnett/Fontwell

Officials

Timekeepers Kathy-Collard Berry (A3CRG) Mike Marchant (SDV)

On the night event coordinator and Recorder John Rowlands (SDV)

Event Secretary Shaun Smart 12 Somerset Gardens Bognor Regis West Sussex

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Awards

First fastest £30

Second fastest £20

Third fastest £15

Fastest team £30

Fastest Lady £20

Second Lady £10

FULL COURSE DESCRIPTION

START in layby on A27 at north end of Fontwell Racecourse at drain cover approx 20yds west of LP181/08.

Proceed west to Tangmere RBT where straight across and continue to slip road to A285.

At top of slip road turn right and continue north for approximately 500yds to Temple Bar (3.72).

Left on to unclassified road (old A285) (signposted Westhampnett Amenity Tip) to Westhampnett RBT.

Take 1st exit onto old A27 to Portfield RBT (5.39), take 1st exit on to A27 (Westhampnett bypass) to Tangmere RBT, straight across to continue on A27 to

FINISH 10yds beyond entrance to house called 'Westergates' and approximately 200yds short of start.

Course Record 19.14 Sean Yates 8th July 1999

EVENT HEADQUARTERS

Eastergate Memorial Hall

SAFE ROUTES TO START

The safe route from the Eastergate Memorial Hall is turn left on leaving HQ then right at War Memorial. Proceed to top of Fontwell Avenue and turn left at roundabout. Start is approximately 200 meters along at the end of the lay by.

SAFE ROUTES FROM FINISH

The safe route back to Eastergate Memorial Hall is to take the first exit at Fontwell West RAB after the FINISH to stay on A27. Then turn 1st LEFT into Duke's Road and immediately LEFT again to take the subway under the A27 to London Road to approach Fontwell West RAB from the East.

Turn LEFT and retrace to the Headquarters on the A29 via Fontwell Avenue, and then left at the War Memorial.

Any rider turning **RIGHT** at Fontwell West RAB to leave the A27 **WILL be DISQUALIFIED**

SAFETY INSTRUCTIONS

Riders must:

- not cross the A27 in the Start and Finish areas

- use the recommended safe routes to the Start and to return to the Headquarters
- not warm up on the Course
- exercise care at the following locations
 - crossing Tangmere RAB both ways
 - turning LEFT at Temple Bar. Caution 150-degree change of direction
 - passing exit and acceleration lanes at Tangmere Flyover
- not turn RIGHT at Fontwell West RAB after the FINISH but should continue on A27 to turn LEFT into Duke's Road to return to the Event Headquarters.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport should be disqualified and reported to the South District Council of cdv

Hard Shell

"All competitors in this event are recommended to wear HARD SHELL HELMETS, which should meet an internationally accepted safety standard".

SAFETY REAR LIGHTS

"In the interests of your Own Safety, Cycling Time Trials and the Event Promoters strongly advise competitors that a working rear light, either flashing or fixed, is fitted to your machine in a position clearly visible to following road users". This is to alert motorists to the competitor's presence on the highway and give them time to make driving alterations if necessary.