



CRAWLEY WHEELERS

In partnership with Evans Cycles
Proud supporters of St. Catherine's Hospice
President: Douglas Fox



Dave Stokes Memorial Open 10 Mile TT Incorporating The Ernie Dore Trophy G10/97 Saturday 7th July 2018

*Promoted for and on behalf of **Cycling Time Trials** under their Rules
and Regulations*

Event James Cheeseman, 2 Orchard Cottages, Ardingly Road,
Secretary: West Hoathly, RH19 4RD
Tel: 07919501295
Email: jpcheeseman@hotmail.co.uk
Timekeepers: Mr. Mick Irons and Mr. Mike Labram
Event HQ The Steyning Centre, Fletchers Croft, Steyning, BN44 3XZ



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CTT REGULATIONS/RECOMMENDATIONS

- **Helmets:** In the interest of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards. CTT regulations require the compulsory use of helmets for the under 18's.
Under 18's need to bring a completed parental consent form with their helmet and present these "before signing on". No helmet, no parental consent, NO ride.
- **Lights:** It is recommended that a working rear light, either flashing or constant, is fitted in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up:** Competitors are requested not to warm up on the course after the first rider has started.
- **Vehicles:** No Vehicles, except those of the Timekeepers' and Event Officials, shall be parked in the vicinity of the start and finish areas.
- **Observers:** Official Observers will be stationed around the course.

EVENT HQ

The Steyning Centre, Fletchers Croft, Steyning, BN44 3XZ

HQ will be open from 6am.

There are toilets on site.

Tea, coffee and cake will be available. We kindly ask for donations in exchange. The money raised will go to St Catherines Hospice.

Parking: There is plenty of parking available at HQ



which is free until 9am, it then becomes pay & display. There is also the option of free parking along the road by the church. Please be courteous of the public.

Thank you in advance for not wearing cycling shoes or cleats inside the HQ



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NUMBERS WILL BE AT THE HQ. CTT regulations require that you sign in AND SIGN OUT in person. Numbers are to be returned to the HQ after the event. **Failure to do so will result in the competitor being recorded as DNF.**

Body numbers should be positioned in accordance with **Regulation 16**. Please note that no time may be recorded if the rider's number is not correctly positioned.

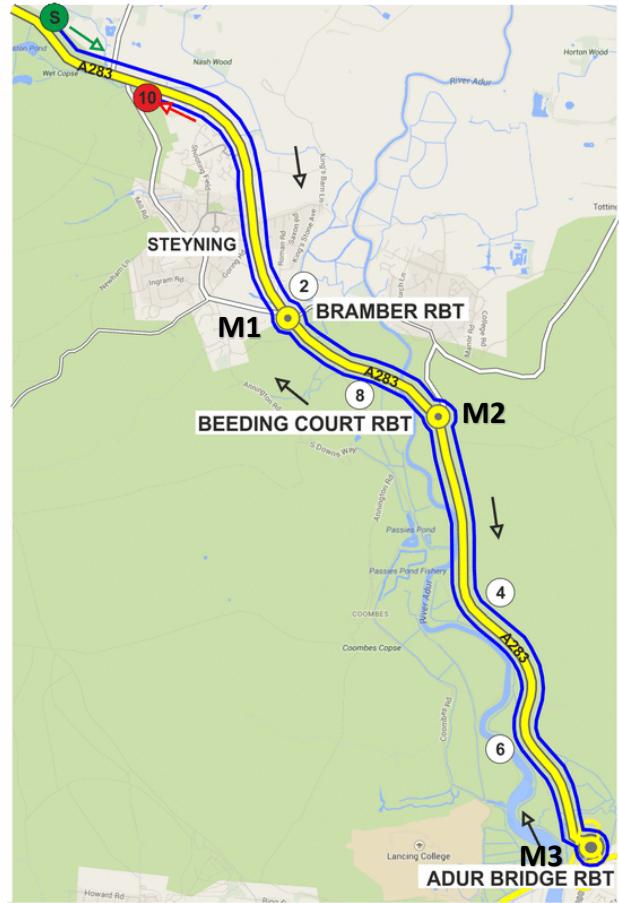
HQ to the start (1.83miles): Turn left out of the car park to the mini roundabout, turn right onto the High Street. Head North to the A283 Junction, turn left and proceed west on A283 for 0.7miles. (See map on previous page)

COURSE DETAILS – G10/97

START on A283 at yellow paint mark 39 yards east of centre of entrance to Hammes Farm (and Studio) and 0.52 miles west of junction B2135 (**0 miles**)

Proceed south-eastwards along A283 via Bramber Castle and Beeding Court RBTs to Adur Bridge RBT, Shoreham, where **TURN (CHECK) (5.41miles)**

4th exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to **FINISH** at yellow paint mark 25 yards west of "Public Bridleway" sign and 271 yards before turn into Steyning (**10 miles**)



After passing the finish, riders are requested to continue on to HQ where the result board will be located. **No times will be given out at the finish line.**

There will be marshals located on the roundabouts to assist (**M1, M2, M3**), but please familiarise yourself with the course. Link to GPX below:

<https://connect.garmin.com/modern/course/6406528>



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HAZARDS

PLEASE KEEP YOUR HEAD UP AND OBSERVE THE HIGHWAY CODE

Competitors must exercise extra care at the start and when negotiating all roundabouts.

To date there are no other hazards, however details of any additional hazards will be displayed or advised at the signing on point at HQ. All Competitors must take note of these details when they sign on.

PRIZES

Dave Stokes Trophy will be awarded to the overall winner.

Ernie Dore Trophy will be awarded to the fastest rider who has never broken 24 minutes and who breaks it on the day.

Position	1 st	2 nd	3 rd
Overall	£30	£25	£20
Ladies	£30	£25	£20
Vets on standard	£30	£25	£20
Fastest Team of 3	£10 / rider	-	-
Ernie Dore Trophy	£15	-	-

Please note that prizes will be distributed with the results sheet following the event

Prize winners: Crawley Wheelers ride in support of St. Catherine's Hospice. Anyone who would like to support this great cause by donating their prize money can do so by arranging with the event secretary.



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START LIST

Bib #	Start Time	First Name	Last Name	Club	Gender	Category
4	07:04:00	Craig	Swatton	Crawley Wheelers	Male	Senior
5	07:05:00	Peter	Baker	Lewes Wanderers CC	Male	Veteran
6	07:06:00	Pippa	Crouch	Crawley Wheelers	Female	Senior
7	07:07:00	Guy	Walker	Brighton Mitre CC	Male	Veteran
8	07:08:00	Maria Victoria	Vazquez - Tojeiro	Crawley Wheelers	Female	Veteran
9	07:09:00	Steve	Birchall	Crawley Wheelers	Male	Veteran
10	07:10:00	David	Clements	Eastbourne Rovers CC	Male	Veteran
11	07:11:00	Stuart	Payne	Central Sussex CC	Male	Veteran
12	07:12:00	Mandy	Boarder	Crawley Wheelers	Female	Veteran
13	07:13:00	Sabina	Hickmet	Crawley Wheelers	Female	Veteran
14	07:14:00	Robert	Royal – Evatt	Addiscombe CC	Male	Veteran
15	07:15:00	Gavin	Ash	Worthing Excelsior CC	Male	Senior
16	07:16:00	Gemma	Hobson	Sussex Nomads CC	Female	Senior
17	07:17:00	Alison	Lewis	Brighton Mitre CC	Female	Veteran
18	07:18:00	Darren	Bird	Sussex Nomads CC	Male	Senior
19	07:19:00	Amanda	Harman	Brighton Mitre CC	Female	Veteran
20	07:20:00	Richard	Parrotte	Shaftesbury CC	Male	Veteran
21	07:21:00	Paul	Tomlinson	Crawley Wheelers	Male	Veteran
22	07:22:00	Mark	Corliss	Horsham Cycling	Male	Veteran
23	07:23:00	Ben	Cumpstone	Brighton Mitre	Male	Veteran
24	07:24:00	Stephen	Wilkey	VTTA Sussex & Surrey	Male	Veteran
25	07:25:00	David	Clark	Eastbourne Rovers CC	Male	Veteran
26	07:26:00	Brian	Jones	Horsham Cycling	Male	Veteran
27	07:27:00	Katie	Simmonds	Horsham Cycling	Female	Veteran
28	07:28:00	Sharon	Chaldek	Crawley Wheelers	Female	Veteran
29	07:29:00	Alan	Dainty	Sussex Nomads CC	Male	Veteran
30	07:30:00	Simon	Church	In-Gear Quickvit Italy Bike Tours RT	Male	Veteran
31	07:31:00	Barry	Packman	Epsom CC	Male	Veteran
32	07:32:00	Juah	Aaltonen	Brighton Mitre CC	Male	Senior
33	07:33:00	Iain	Duncan	Crawley Wheelers	Male	Veteran
34	07:34:00	Adrian	Bennett	Sussex Nomads CC	Male	Veteran
35	07:35:00	Philip	Murrell	Finsbury Park CC	Male	Veteran
36	07:36:00	Clive	Jackson	Central Sussex CC	Male	Veteran
37	07:37:00	Russell	Thorne – Jones	Crawley Wheelers	Male	Veteran
38	07:38:00	Dougie	Fox	Crawley Wheelers	Male	Veteran
39	07:39:00	John	Ferguson	Brighton Mitre	Male	Veteran
40	07:40:00	Paul	Byford	Crawley Wheelers	Male	Veteran
41	07:41:00	Adrian	Riddle	Crawley Wheelers	Male	Veteran
42	07:42:00	Alan	Yule	Crawley Wheelers	Male	Veteran
43	07:43:00	Colin	Toppin	Brighton Excelsior CC	Male	Veteran
44	07:44:00	Luke	Maguire	Glasgow Green CC	Male	Senior



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45	07:45:00	Dave	Dawkins	Portsmouth North End CC	Male	Veteran
46	07:46:00	Thomas	Sanders	Saddleworth Clarion CC	Male	Senior
47	07:47:00	Michael	Gates	Maison Du Velo Storck Bikes UK	Male	Senior
48	07:48:00	Clive	Jarman	Trainsharp	Male	Veteran
49	07:49:00	Ion	Tsakalis	Brighton Mitre CC	Male	Veteran
50	07:50:00	Paul	Morris	Fareham Wheelers CC	Male	Senior
51	07:51:00	Colin	Harrison	East Grinstead CC	Male	Veteran
52	07:52:00	Matt	Lawrence	Jackpot Racing	Male	Senior
53	07:53:00	James	Horan	South Downs Bike Casco Europe	Male	Veteran
54	07:54:00	David	Churchill	Direct Power Cycling Team	Male	Veteran
55	07:55:00	Christopher	Mcnamara	Nuun-Sigma Sport- London RT	Male	Veteran
56	07:56:00	David	Jones	Norwood Paragon CC	Male	Senior
57	07:57:00	Jason	Blenkarn	Sussex Nomads CC	Male	Senior
58	07:58:00	James	Stone	Brighton Excelsior CC	Male	Veteran
59	07:59:00	Nolan	Heather	Worthing Excelsior CC	Male	Veteran
60	08:00:00	Mark	Smith	Crawley Wheelers	Male	Veteran

Thank you again for entering

We look forward to seeing you all on the day

Crawley Wheelers Team



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