



Veterans Time Trials Association

London and Home Counties Group

10 Mile Open Time Trial

Sunday 15th July 2018

For and on behalf of Cycling Time Trials under their Rules & Regulations



Event HQ

opens at 06:30

Aylesbury Rugby Club

Brook End, Weston Road, Weston Turville

Aylesbury HP22 5RN

PRIZE LIST

1st Veteran on Standard	Gold Medal
2nd Veteran on Standard	Silver Medal
3rd Veteran on Standard	Bronze Medal
1st Women Veteran on Standard	Gold Medal
2nd Women Veteran on Standard	Silver Medal
3rd Women Veteran on Standard	Bronze Medal
Best Club team of three Riders on standard (each)	Gold Medals
Best Tandem on Standard	Gold Medals

The winners on standard to receive an invitation to the Annual Luncheon and Prize Presentation to be held on 13th January 2019

**Timekeepers
Annette Lacey (Hemel Hampstead CC)
& Peter Tasker (Ickneld RC)**

**Event Secretary
David Guy
3 Gray's Inn Square
London WC1R 5AH
07711697900
ovcyclingclub@hotmail.co.uk**

Special Note:

**For safety reasons
finishing riders MUST leave the main carriageway
at the START of the exit slip road to B489.
Failure to do so will be recorded as DNF and no time given**

The cover picture by Barry Quick

No.	Name	Club	Standard	Start Time
1	Richard Moule	Bossard Wheelers	27:44	08:01
2	David Lancaster	VC 10	26:54	08:02
3	Hans Nilsson	London Phoenix CC	27:51	08:03
4	Simon Craig-mcfeely	...a3crg	27:32	08:04
5	Chris Symonds	North Road CC	26:18	08:05
6	Matt J Smith	Port Talbot Whs CC	26:09	08:06
7	Michael Cope	Kettering CC	27:26	08:07
8	Robert.a. Engers	Shorter Rochford RT	27:20	08:08
9	James Mahoney	Sigma Sports	26:09	08:09
10	Mark Ellis	Team Milton Keynes	27:04	08:10
11	Stu Wright	Planet X - Carnac	26:45	08:11
12	Steve Hancock	Calder Clarion	27:09	08:12
13	David Cook	Bedfordshire Road RT	27:51	08:13
14	Michael Gowan	Festival Road Club	30:07	08:14
15	Gavin Tillson	cyclisme du loup solitaire	26:13	08:15
16	Steven Powell	Team Backstedt Bike Performance	25:59	08:16
17	Jon Talbot	Wisbech Whs	26:27	08:17
18	Steve Shore	Southend Wheelers	29:14	08:18
19	Colin Holmes	VTTA (London & Home Counties)	30:07	08:19
20	Ian Greenstreet	AeroCoach	27:04	08:20
21	Steve Legg	...a3crg	26:23	08:21
22	Paul Smith	VeloRefined.com Aerosmiths	26:27	08:22
23	Caine Macneil	Islington Cycling Club	26:18	08:23
24	Ken Rayson	...a3crg	29:14	08:24
25	Mark Woolford	Team Swindon Cycles	26:54	08:25
26	Jonathan Williams	Amersham Road Cycling Club	26:09	08:26
27	Jez Willows	Velo Club Flintham	26:59	08:27
28	Mick Case	Bedfordshire Road RT	26:45	08:28
29	Clive Faine	Team Milton Keynes	29:26	08:29
30	Chris Massey	Team Backstedt Bike Performance	26:27	08:30
31	Steve Davies	Addiscombe CC	28:14	08:31
32	Andrew Halliday	Westerley Cycling Club	26:27	08:32
33	Edward Mellor	Mapperley CC	25:59	08:33
34	Mike Boyce	...a3crg	27:51	08:34
35	Michael Bennett	Bicester Millennium CC	26:41	08:35
36	Ralph Mullan	Shaftesbury CC	26:36	08:36
37	Paul Allday	Fairly United Cycling Team	26:23	08:37
38	Cliff Voller	Newbury RC	28:32	08:38
39	Gerry Peppin	Corinium Cycle Club	27:14	08:39
40	Simon Hance	Ipswich BC	26:27	08:40

No	Name	Club	Standard	Start Time
41	James Hutchins	6AM Cycling	26:18	08:41
42	Tim Childs	Westerley Cycling Club	27:14	08:42
43	Rob Hall	Salt and Sham Cycle Club	26:23	08:43
44	Christopher Rosam	Epsom CC	27:26	08:44
45	Jim Moffatt	CC Luton	27:44	08:45
46	Ed Watson	Ratae RC	26:13	08:46
47	Joe Schwartz	Team Swindon Cycles	27:14	08:47
48	Vincent Jenkins	LeisureLakesBikes.com	30:58	08:48
49	Adrian Briers	Chronos RT	27:44	08:49
50	Simon Bowler	AS Test Team	26:54	08:50
51	Andrew Wright	High Wycombe CC	26:45	08:51
52	Andrew Clarke	Mid Shropshire Wheelers	27:32	08:52
53	Dean Kirkwood	Kingston Wheelers CC	26:04	08:53
54	Roger Foster	Banbury Star Cyclists' Club	27:26	08:54
55	Michiel Vaal	Team Backstedt Bike Performance	27:14	08:55
56	Martin Winter	Twickenham CC	27:04	08:56
57	Duncan Emery	Twickenham CC	26:23	08:57
58	Daniel Reidenbach	Ratae RC	26:18	08:58
59	Paul James	VTTA West Group	26:32	08:59
60	Jon Puleston-Jones	Dulwich Paragon CC	26:27	09:00
61	Mark Stafford	Portsmouth North End CC	26:09	09:01
62	Paul French	Bedfordshire Road RT	26:13	09:02
63	Stephen Murphy	Shaftesbury CC	27:51	09:03
64	Chris Summers	Sotonia CC	28:23	09:04
65	Tim Beaven	Bicester Millennium CC	26:18	09:05
66	John Martin	Elmsall Road Club	27:14	09:06
67	Les Liddiard	Team Jewson - MI Racing	27:44	09:07
68	Brian Evans	North Road CC	26:50	09:08
69	Peter Anstey	Welwyn Whs	27:38	09:09
70	Keith Lea	Paceline RT	26:36	09:10
71	Martin O'sullivan	Teddington and Turing Velo	26:13	09:11
72	Geoff Reynolds	Hemel Hempstead CC	26:54	09:12
73	Reza Gorjestani	Hillingdon Triathletes	26:27	09:13
74	David Rogers	Hemel Hempstead CC	27:38	09:14
75	John Lacey	Hemel Hempstead CC	27:04	09:15
76	Andy Court	Bicester Millennium CC	26:13	09:16
77	Peter Smith	Team Jewson - MI Racing	27:38	09:17
78	Graham Green	Team Bottrill / Vanguard	30:07	09:18
79	David England	Crabwood CC	30:07	09:19
80	Keith Ainsworth	Sheffrec CC	27:32	09:20

No	Name	Club	Standard	Start Time
81	Hefin Jones	Didcot Phoenix CC	26:23	09:21
82	Rob Vessey	Didcot Phoenix CC	27:09	09:22
83	Paul King	Verulam CC	26:54	09:23
84	Tony Baxter	Withington Wheelers	29:26	09:24
85	Nick Dwyer	Lewes Wanderers CC	27:04	09:25
86	Steven Cottingham	Bath Cycling Club	27:14	09:26
87	Andy Sharman	Baines Racing	26:32	09:27
88	Adrian Mason	Bicester Millennium CC	26:50	09:28
89	Ian Wroblewski	Lutterworth Cycle Centre RT	26:18	09:29
90	Adam Bidwell	Kingston Wheelers CC	26:04	09:30
91	Mike Piper	Abellio - SFA Racing Team	26:09	09:31
92	Colin Lizieri	Cambridge CC	27:51	09:32
93	Alan Allcock	Didcot Phoenix CC	27:59	09:33
94	Peter Cottingham	Bath Cycling Club	27:14	09:34
95	David Rumm	Southborough & Dist. Whs	26:50	09:35
96	Matthew Reader	Verulam CC	26:36	09:36
97	Jon Friend	Bedfordshire Road RT	26:54	09:37
98	Graham Pepperdine	Verulam CC	27:04	09:38
99	Paul Woodham	Bossard Wheelers	28:32	09:39
100	Simon Norman	Bedfordshire Road RT	26:32	09:40
101	Neil Mackley	Fareham Wheelers CC	27:04	09:41
102	Stuart Morgan	Mercedes AMG Petronas CC	25:59	09:42
103	David Clements	Eastbourne Rovers CC	26:27	09:43
104	Tony Flynn	Willesden CC	26:23	09:44
105	Ashley Roue	Lutterworth Cycle Centre RT	26:41	09:45
106	Simon Amies	Bicester Millennium CC	26:41	09:46
107	Chris Dyason	Cambridge CC	29:02	09:47
108	John Sellars	London Phoenix CC	26:27	09:48
109	Les Gardner	Maidenhead & District CC	29:14	09:49
110	Mark Jones	DRAGZZERO	26:27	09:50
111	Bernard Lamb	Hemel Hempstead CC (Trike)	32:00	09:51
112	Stuart Stow	Twickenham CC	26:59	09:52
113	Andy Hazell	Nova Raiders CC	29:14	09:53
114	Fraser Hillcoat	Welwyn Whs	26:23	09:54
115	Andrew Green	Team Jewson - MI Racing	25:59	09:55
116	David Wilson-Evans	Bynea Cycling Club	27:44	09:56
117	Richard Hutt	Harp RC	27:44	09:57
118	Adrian Cox	Team Milton Keynes	27:20	09:58
119	John Mcglashan	Redmon CC	28:32	09:59
120	Ian Guilor	Mapperley CC	26:45	10:00

No	Name	Club	Standard	Start Time
121	Zoe Whiteside	Team Bottrill / Vanguard	28:24	10:01
122	Diane Wilson-Evans (W)	Bynea Cycling Club	29:38	10:02
123	Alison Vessey (W)	Didcot Phoenix CC	30:23	10:03
124	Gillian Morgan (W)	Westerley Cycling Club	29:32	10:04
125	Helen Reynolds (W)	Hemel Hempstead CC	29:03	10:05
126	Joy Payne (W)	Amersham Road Cycling Club	29:59	10:06
127	Gillian Reynolds (W)	Willesden CC	31:12	10:07
128	Denese Hallahan (W)	Wisbech Whs	30:14	10:08
129	Hilary Walker (W)	Serpentine Running Club	30:23	10:09
130	Hannah Macdonald (W)	Liverpool Century RC	28:02	10:10
131	Alex Marzec (W)	OV Cycling Club	29:03	10:11
132	Claire Emons (W)	Newbury RC	28:48	10:12
133	Scott Leverington	Springfield Financial RT	26:23	10:13
134	John J Murphy	Gloucester City Cycling Club	30:58	10:14
135	Garry Shuker	Walsall Roads Cycling Club	27:51	10:15
136	Simon Smith	Shutt Ridley RT	26:13	10:16
137	Jim Ford	Dorking Cycling Club	27:04	10:17
138	Phil Wright	Hartlepool CC	27:59	10:18
139	Dan Charleston	High Wycombe CC	26:23	10:19
140	Matthew Saunders	Team Vision Racing - Silverhook	25:59	10:20
141	Richard Gifford	TrainSharp	27:09	10:21
142	James Fawcett	Hampshire Road Club	26:54	10:22

TANDEM

No	Name	Club	Standard	Start Time
144	Christopher York Joanne York	Maldon & District CC Maldon & District CC (W)	28:11	10:24
146	Sharon Clifford Phil Barnes	SheHair Racing Team (W) Team Swift	29:21	10:26

F11/10 (Tring & Aston Clinton by-passes) Course Details

Start (A on Map) on southbound slip road to A41 on the Western Tring junction approximately 40 yards from the start of the slip road.

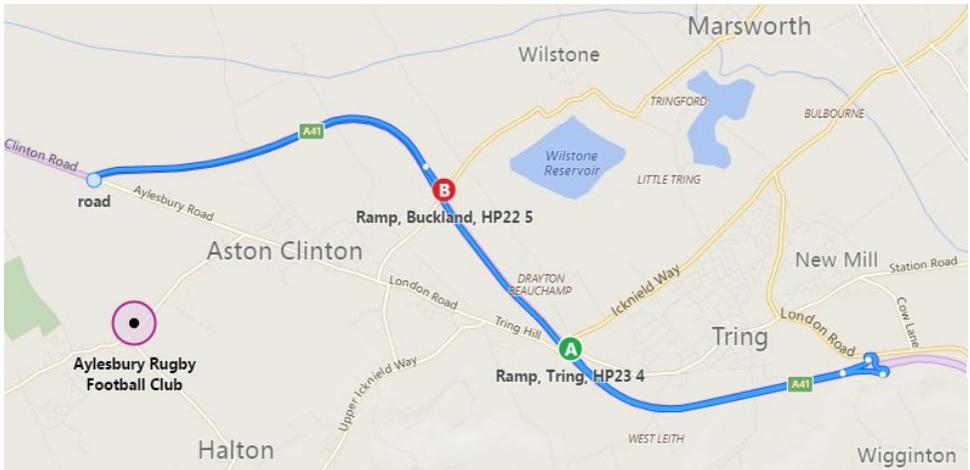
Proceed along A41 to come off at first slip road (Eastern Tring junction) to

Turn (approximately 2.0 miles) by taking 4th exit out of roundabout and under the A41, going around 2nd roundabout to take 2nd exit back onto the A41 westbound and continue past all junctions to roundabout at end of Aston Clinton by-pass to

Turn (7.87 miles) by taking 3rd exit out of roundabout back along the by-pass, again ignoring College Road junction to

Finish (B on Map) on Buckland slip road 9 yards south-east of manhole cover on grass verge, about 91 yards north-west of (i.e. before) separation of slip road and main carriageway, also about 460 yards north-west of the B489 overbridge.

Finishing riders MUST leave the main carriageway at the START of the exit slip road to B489. Failure to do so will be recorded as DNF and no time given



Start

Local Regulation 1. – No U Turns should be made at any time while riding on the public highway.

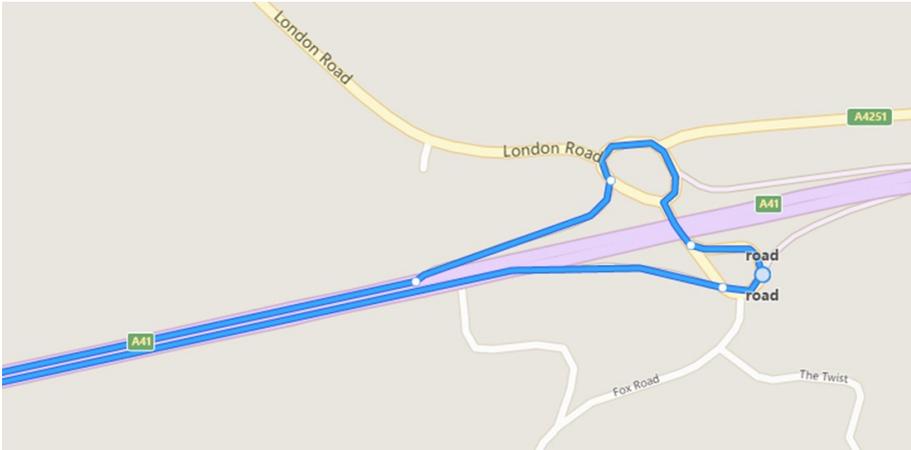
Car Parking

There must be no parking of motor vehicles on any part of the A41 apart from those of the officials. ALL PARKING MUST BE IN THE HQ CAR PARK. Although this a very large car park as there are a large number of riders please park carefully and leave the area in front of the HQ for officials. Changing facilities are available directly from the car park. No cleats in the main Hall please.

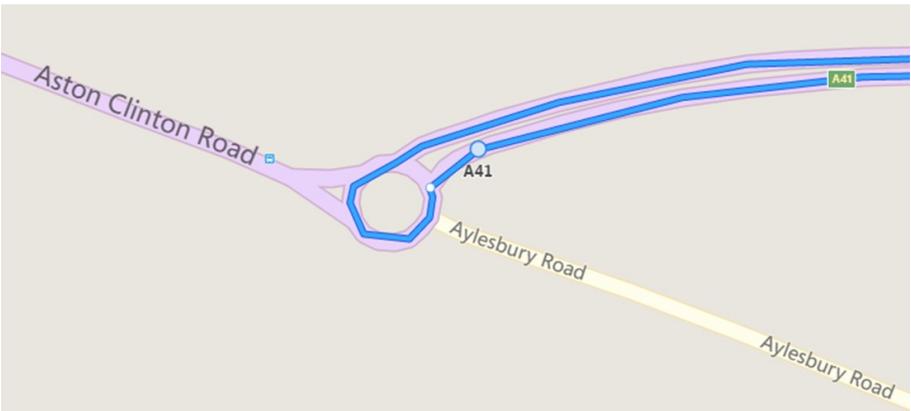
HQ to start route

Please note that one of the 3 miles is up a steep hill so allow at least 15 minutes to get to the start from the HQ. It does provide a good warm-up.

First Roundabout After Two Miles



Last Roundabout—Two Miles to Go



Roundabouts

Please keep your head up at all times. At roundabouts the traffic coming from the right has priority over you, so please give way. In particular the first one at the bottom of the off slip road does not have good line of sight for traffic coming from the right so please take great care here. Make yourself familiar with the layout of the 1st roundabout as riders all too frequently go wrong and waste a fast time.

Number and Signing on

You must sign on in advance of your start at the HQ where you can collect your number and receive any last minute instructions or warnings. **New for 2017 is that you need to sign out of the event otherwise you will be disqualified.** Please return number with all pins to HQ in exchange for a free tea/coffee/soft drink.