



Hounslow and District Wheelers' Open 25 Mile Time Trial:

Promoted for and on behalf of Cycling Time Trials Limited under their Rules and Regulations.

Timekeeper Mr D Ashton Farnborough & Camberley C.C.

Assistant Timekeeper Mrs K Collard Berry a3crg

Assistant to Timekeepers Miss J Wells Hounslow & District Wheelers

Event Secretary Mr N Stagg 2 Morland Close Hampton TW12 3YX. 07565330944

Sunday 15th July 2018

First Rider **08:47**

Course **H25/8** Farnham

HQ address: Bentley Memorial Hall Alton Rd, Bentley GU10 5NB

Awards

1st rider on time £40 + the new Hudson Trophy to hold for 1 year.

2nd rider on time £20.

3rd rider on time £10.

1st Lady on time £40 + The Norman trophy to hold for 1 year.

2nd lady on time £20.

1st Vet on Standard £40.

2nd Vet on Standard £20

3rd Vet on Standard £10.

1st team of 3 riders on time £60 (£20 per rider).

Lanterne Rouge (1 prize) £10.

Ride safely, we wish you all a pleasant morning's sport.

Nic Stagg

Nic Stagg Event Secretary: 2 Morland Close Hampton TW12 3YX

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Sunday 15th July 2018 First Rider **08:47** Course **H25/8** Farnham

Course Details : H25/8 : A31 Bentley-Farnham-Holybourne

OS Ref

796442 Start at a point in the lead out onto the A31, from the lay-by on the South side at the start of the Bentley by-pass, approximately 800 yards West of the Bull Public House on the North side of the A31, 10 yards short of the last road drain at the lay-by Exit (Western end)
(Start).....0.000

736403 Join the A31 (**Care**) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout,
(Turn)4.704

828459 Circle the roundabout ((**M1, M2, M3**) (**Check**) and take the **Third Exit back onto the A31** to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull PH to the Farnham Roundabout at the junction with the A325
(Turn).....11.907

736403 Circle the Roundabout (**M4, M5, M6**) (**Check**) and take the **Fourth Exit back onto the A31** To retrace past the start point (**14.294 miles**) to go along the Bentley by-pass to the Holybourne Roundabout
(Turn).....18.998

813448 Circle the roundabout (**M1, M2, M3**) (**Check**) and take the **Third exit back onto the A31** to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull PH (**24.405 miles**) to a point **70 yards beyond the County boundary line and 23 yards** Beyond the start of a tarmac path on the North side where
FINISH.....25.000



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Getting to the Start (Allow 15 minutes riding time):
Road surface is very poor between the village and the A31 slip road, take great care.

1. From the hall: Turn left at the cross-roads through Bentley Village and follow this road which runs parallel with the A31.
2. Proceed until joining the A31 via a slip road. Watch out for earlier competitors coming up from behind you, who could be travelling at 40+ m.p.h.
3. Follow the A31 down the hill, East for approximately ½ a mile to the junction (minor X-Roads) just before the now closed Bull PH.
4. Turn (GREAT CARE) across the dual carriageway, retracing along the A31 for approximately ¼ mile up the hill to the first lay-by (**Start Point**);
5. On finishing continue to the next break in the carriageway. Turn (GREAT CARE) and proceed along the A31 past the start point (CARE) and leave the A31 at the next slip road (signpost Bentley);
6. Turn right at the 'T' junction and continue over the A31 to return to Bentley Memorial Hall.



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Assistant to Timekeepers Miss J Wells Hounslow & District Wheelers

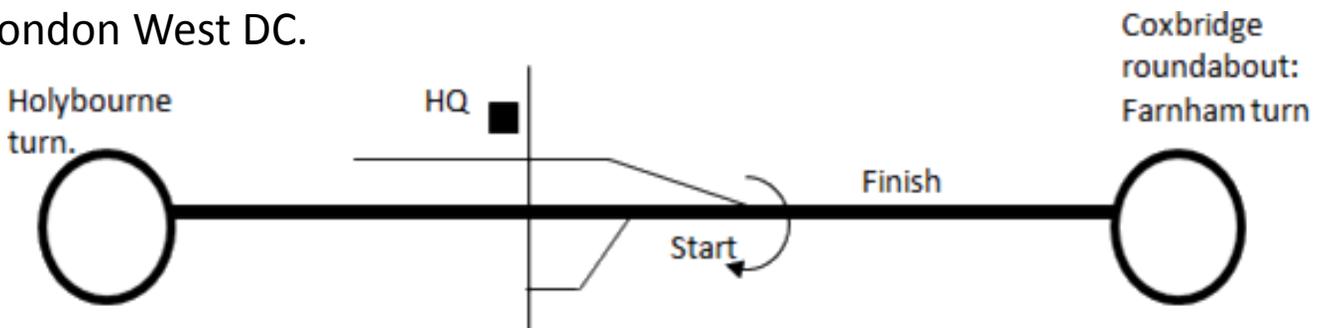
Event Secretary Mr N Stagg 2 Morland Close Hampton TW12 3YX. 07565330944

Sunday 15th July 2018 First Rider **08:47** Course **H25/8** Farnham

HQ address: Bentley Memorial Hall Alton Rd, Bentley GU10 5NB

LOCAL REGULATIONS applicable to the H25/8 course.

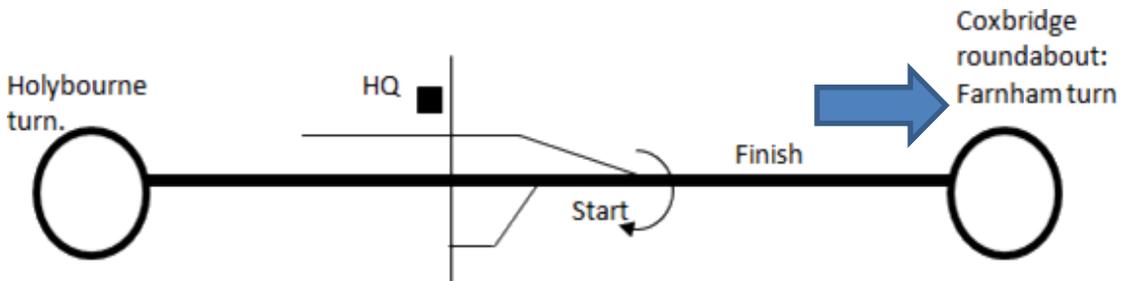
- **Shoulder numbers** must be prominently displayed on the **LEFT ARM**.
- **Any rider seen crossing the central reservation**, before ,during or after the event, except at one of the specific breaks in the reservation made for that purpose may be disqualified and will reported to the London West DC.



- **Any rider seen steering using their Tribars**, when entering, navigating and exiting any part of the Coxbridge (Farnham) roundabout may be disqualified, and will be reported to the London West DC.
- **In the interests of your safety** you must use the **widest part** of your handlebars.
- Cycling Time Trials Limited and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard.
- It is also recommended that a working rear light, either flashing, or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.



Safety Notice.



There is a deep trench on the minor road leading from the HQ to the start area as you approach the main A31 carriageway (Eastbound) take great care.

The (A31) road surface **approaching** Coxbridge roundabout **from the West** is in a very poor state of repair. A rider fell here in an event in May 2016, with no other vehicles involved. Take extra care, and under no circumstances attempt to enter the roundabout whilst steering with your triathlon bars. You must use the widest part of your handlebar. This is a D.C. Regulation.



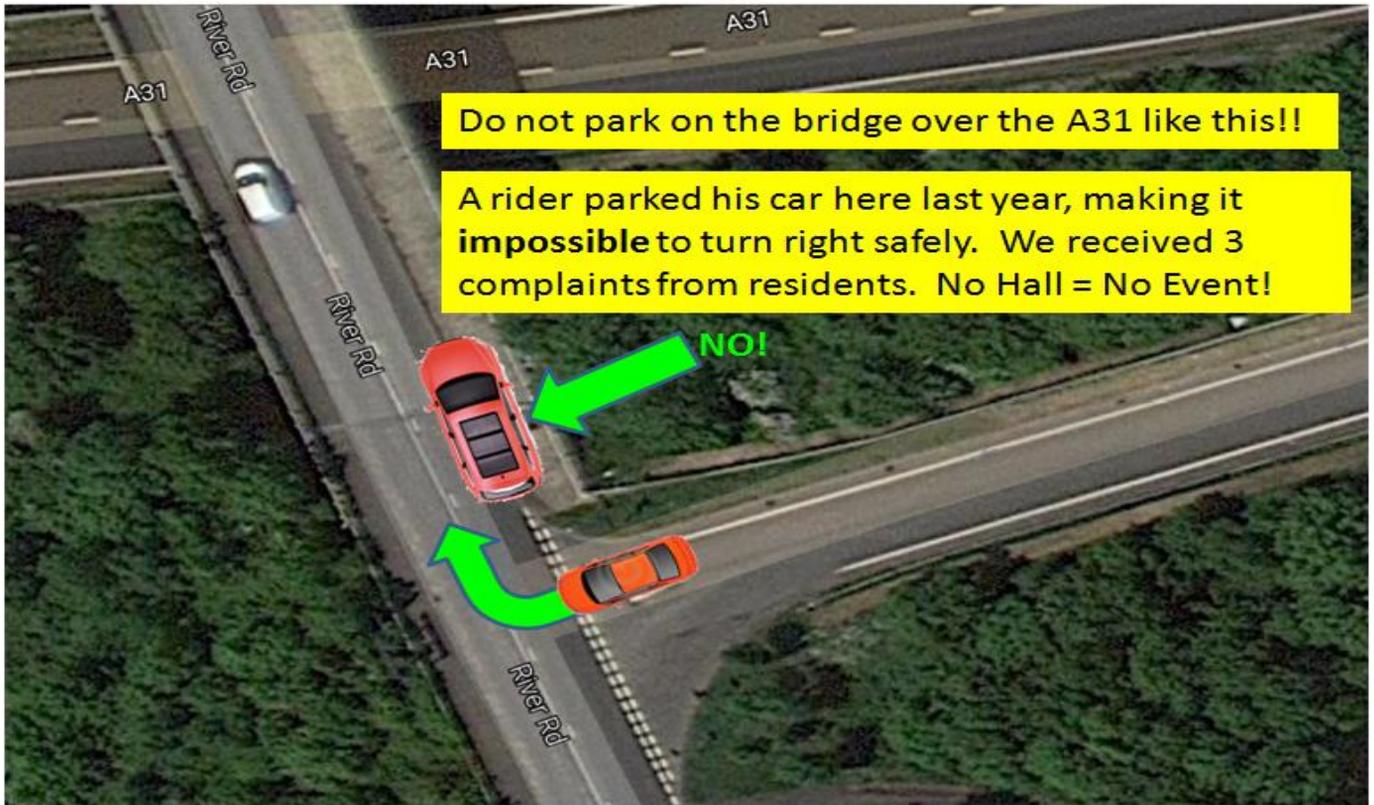
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2019? No HQ = No Event



Headquarters: **GU10 5NB** Bentley Memorial Hall.

- **No bicycles** to be taken into the Hall.
- Only leather or soft rubber soled shoes may be worn in the hall. No cleated cycling shoes (even if recessed 'SPD') to be worn in the hall **If you are not sure, just wear your socks!**
- **NO turbo-training in the car park** You must be at least 50 metres **SOUTH** of the crossroads.
- Numbers and signing on will be **at the Headquarters.**
- **Allow 15 minutes to reach the start area.**



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LONDON WEST DC

EVENT PARKING

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should **NOT PARK** on the Eastern side between Main Rd and the new estate





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No.	Start	Rider		Club or Team	Category	VTTA std
47	08:47	Peter	Butler	Charlotteville CC Tandem	Tandem	
		David	Butler	" " "	"	
49	08:49	Bruce	McMichael	Hounslow & District Whs	Veteran	01:08:14
50	08:50	Mark	Corliss	Horsham Cycling	Veteran	01:11:16
51	08:51	Rosslyn	Young (W)	Serpentine Running Club	Lady Vet	01:22:35
52	08:52	Matthew	Wicks	Woking Cycle Club	Senior	n/a
53	08:53	Jill	Bartlett (W)	Hounslow & District Whs	Lady Vet	01:15:25
54	08:54	Gemma	Hayes (W)	Norwood Paragon CC	Senior	n/a
55	08:55	Atish	Nazir	Twickenham CC	Senior	n/a
56	08:56	Lenka	Vackova (W)	Rapha Cycling Club	Lady	n/a
57	08:57	Jackie	Dodd (W)	Kingston Phoenix RC	Lady Vet	01:14:53
58	08:58	Simon	Kidd	Charlotteville CC	Veteran	01:09:49
59	08:59	David	Steel	Hereford & Dist Whs CC	Veteran	01:14:36
60	09:00	Emma	Angove (W)	73°CC WestSide Coaching	Lady	n/a
61	09:01	Pasquale	Chionchio	Hillingdon Triathletes	Veteran	01:06:39
62	09:02	Derrick	Thirlwell	Kingston Wheelers CC	Veteran	01:06:00
63	09:03	Maurice	Joseph	Paceline RT	Senior	n/a
64	09:04	John	Froud	Festival Road Club	Veteran	01:19:14
65	09:05	Paul	Cloudsdale	Bigfoot CC	Veteran	01:07:03
66	09:06	Pete	Robins	DRAG2ZERO	Veteran	01:07:15
67	09:07	David	Earl	trainSharp	Veteran	01:08:02
68	09:08	Vernon	Schutte	Farnborough & Camberley CC	Veteran	01:11:36
69	09:09	Aidan	Culhane	Kingston Wheelers CC	Veteran	01:06:13
70	09:10	David	French	Weybridge Wheelers	Veteran	01:07:03



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71	09:11	Shaun	Marlor	Bec CC	Veteran	01:07:03
72	09:12	Richard	Boley	Hemel Hempstead CC	Veteran	01:07:26
73	09:13	Ryan	Sheppard	G.S. Henley	Senior	n/a
74	09:14	Harry	Boscawen	Dulwich Paragon CC	Senior	n/a
75	09:15	Darren	Clarke	Festival Road Club	Veteran	01:06:51
76	09:16	Mark	Thomas	Bigfoot CC	Veteran	01:09:05
77	09:17	Grant	Woodthorpe	Twickenham CC	Veteran	01:07:26
78	09:18	Gavin	Hughes	Kingston Phoenix RC	Veteran	01:08:14
79	09:19	David	Millis	Southborough & Dist. Whs	Veteran	01:09:34
80	09:20	Peter	Caro	Watford Velo Sport	Veteran	01:07:15
81	09:21	Gregory	Woodford	Reading CC	Veteran	01:09:34
82	09:22	Adrian	Blacker	Norwood Paragon CC	Veteran	01:08:52
83	09:23	Jerry	Bromyard	...a3crg	Veteran	01:11:36
84	09:24	Toby	Maloy	Team Milton Keynes	Senior	n/a
85	09:25	David	Triska	V.C. Godalming & Haslemere	Senior	n/a
86	09:26	Gavin	Ash	Worthing Excelsior CC	Senior	n/a
87	09:27	Jamie	Richardson Paige	Chippenham & Dist Whs	Senior	n/a
88	09:28	Barry	Eeles	North Hampshire RC	Veteran	01:08:14
89	09:29	Evan	Jardine-skinner	Sotonia CC	Veteran	01:06:13
90	09:30	Thomas	Whatley	Paceline RT	Senior	n/a
91	09:31	Philip	Watts	North Hampshire RC	Veteran	01:09:49
92	09:32	Tim	Lynch	Aspire Velo RT	Senior	n/a
93	09:33	James	Cadman	Hounslow & District Whs	Senior	n/a
94	09:34	Neil	Crowther	Worthing Excelsior CC	Veteran	01:07:03



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95	09:35	Mark	Newton	Elite Cycling	Veteran	01:08:14
96	09:36	Nick	Andrews	Portsmouth North End CC	Veteran	01:08:26
97	09:37	Darren	Heath	Charlotteville CC	Veteran	01:07:15
98	09:38	Nolan	Heather	Worthing Excelsior CC	Veteran	01:06:13
99	09:39	Matthew	Butler	Charlotteville CC	Senior	n/a
100	09:40	Howard	Shaw	Eastbourne Rovers CC	Senior	n/a
101	09:41	Nic	Stagg	Hounslow & District Whs	Veteran	01:07:26
102	09:42	Paul	Haywood	Epsom CC	Veteran	01:06:39
103	09:43	Simon	Trehearn	Kingston Phoenix RC	Veteran	01:06:51
104	09:44	Liam	Smith	Kingston Wheelers CC	Senior	n/a
105	09:45	Benjamin	Allen	Westerley Cycling Club	Veteran	01:06:39
106	09:46	Graham	Giggs	Bath Road Club	Senior	n/a
107	09:47	Adam	Stone	North Road CC	Senior	n/a
108	09:48	Wolfgang	Emmerich	London Phoenix CC	Veteran	01:08:26
109	09:49	Ian	White	Farnham RC	Veteran	01:09:05
110	09:50	Liam	Maybank	Twickenham CC	Veteran	01:07:15
111	09:51	Mark	Bashford	East Grinstead CC	Senior	n/a
112	09:52	Alex	Ioannides	Dulwich Paragon CC	Senior	n/a
113	09:53	Daniel	Homer	London Phoenix CC	Veteran	01:07:38
114	09:54	Jon	Fry	Horsham Cycling	Veteran	01:07:26
115	09:55	Dale	Lush	Kingston Phoenix RC	Senior	n/a
116	09:56	Lee	Turner	Sigma Sports	Veteran	01:07:50
117	09:57	Keir	Odonnell	VTTA (Surrey & Sussex)	Veteran	01:08:02
118	09:58	Peter	Gray	Old Portlians CC	Veteran	01:11:36
119	09:59	Stephen	Wood	Antelope RT	Veteran	01:09:05
120	10:00	Stuart	Travis	Team Bottrill / Vanguard	Senior	n/a



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This event may be subject to a Doping Control

It is your responsibility to check

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

**Remember, it is up to you to check and ensure that
you comply**

If required you must report to Doping Control after finishing without delay





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I see you forgot to **sign out** today!



It is your responsibility to **sign out**!

Please bring your race numbers back to HQ and sign out.

Did not sign out = D.N.F.