

**CHORLEY CYCLING CLUB - OPEN 10 MILES TIME TRIAL**

**SATURDAY, 21 JULY, 2018, STARTING AT 18:02 HRS**

**START SHEET**

***Promoted for and on behalf of Cycling Time Trials under their rules and regulations.***

**Promoter:** Jamie Carson, 17 Station Terrace, Abbey Village, Nr Chorley, PR6 8DE. Tel: 07946 440913. Email: jamiecarson01@yahoo.co.uk

**Timekeepers:** Tracy Moore and Peter Briscoe

**Event headquarters:** Winmarleigh Village Hall, Broad Lane, Winmarleigh, Preston, PR3 0LA

The Hall will be open from 4.30pm. Riders must sign on here and collect their numbers. There will be a copy of the course risk assessment at the signing on point; all riders should make themselves aware of its contents. Please allow plenty of time to get from event headquarters to the start. The results will be displayed here too; please note that finish times will not be given by the finish timekeeper. Riders and supporters should not be in the vicinity of the timekeepers and/or distract them. Parking on Cockerham Road is restricted to the south of the road and not within 100 yards of the traffic lights. There will be refreshments at the event HQ.

**Course L101:** *START* approx 700 yards north of the traffic lights on Garstang by-pass at a point in the cycle lane on the A6 which is directly opposite lamp-post No.423. Proceed north on the A6 to turn by encircling the traffic island at Hampson Green (4.87 miles). *(Please take care at the roundabout as some traffic will be approaching having just come off the M6.)* Retrace along the A6 through the starting point to *FINISH* at lamp-post No. 411 on the east side of the road 215 yards north of the traffic lights (10 miles).

**Regulations and instructions:** The following Local Regulations have been approved by the National Committee in accordance with Regulation 38. Any breach may lead to disciplinary action being taken.

* CTT Reg No.17 Signing-On and signing-out sheet: (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number. (b) Competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official signing-out sheet**.** The signing-on/signing-out will take place at the event HQ; Winmarleigh Village Hall, Broad Lane, Winmarleigh, Preston, PR3 0LA
* Local Reg No.2 - Motor vehicles must NOT be parked on grass verges on B5272 (Cockerham Road) west of the A6, or within 100 yards of the traffic lights. Thereafter, parking is only allowed on the SOUTH side of the road.
* Local Reg No.5 – In all events, competitors prior to starting are not permitted to ride past the finishing timekeeper during the duration of the event.
* Local Reg No.6 – Any competitors making a U turn in the vicinity of the start or finish will be disqualified from the event.
* Local Reg No.10 - Warming up on the course is not permitted during the duration of the event.
* Local Reg No.15 – Riders must keep to the left hand side of the road except when over taking. Failure to comply with the above may lead to disqualification.
* Local Reg No.16 – Competitors waiting at the start must keep off the A6 road, and use the adjacent cycle path, without causing an obstruction.
* Riders must shout their number out as they pass through the finish line and elsewhere on the course, if requested.
* Riders must NOT STOP on the A6 after passing the timekeeper as this is a clearway. (The clearway is from the south end of the Garstang by-pass to Hampson Green R.A.B.)
* Riders must NOT STSAND in the road at the start or finish. This constitutes obstruction and is in breach of the regulations.
* Riders must NOT ride with their heads down.
* Cycling Time Trials strongly recommends ALL competitors to wear a helmet. Juniors must wear a helmet that conforms to a recognised standard.
* Cycling Time Trials recommend that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.
* Riders should be aware that there can be a build-up of traffic approaching the finish, on occasion. Riders are reminded to obey the Highway Code and to ride safely.
* Turn right at the lights to return to the event headquarters. Please obey the Highway Code and only proceed when the lights are green.
* This event may be subject to a doping control. As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for doping control. Race numbers required for doping control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply.

**Prizes**

* Fastest £60, 2nd £30, 3rd £20, 4th £15 and 5th £10
* Lady £60 and 2nd £30 and 3rd £20
* Juvenile £12
* Fastest V40, 50, 60 and 70+ £10
* Fastest team of 3 riders £10 each
* Event record bonus: If the fastest male and female riders beat the event record there is a £25 bonus. The fastest male ride is by James Gullen with 18:51. The fasted female ride in this event is by Hope Kerry with 24:40.

Please note that there will be one rider, one prize, except for the team award and the event record bonus. **There is no prize presentation at the end of the event**. Cheques will be posted to award winners shortly after the event.

**2018 NLTTA 10 Mile Championships**

The event doubles up as the 2018 Senior NLTTA 10 Mile Championship, open to riders from clubs who are affiliated to the NLTTA. Trophies and medals for the NLTTA champions will be presented at the NLTTA Awards Lunch on Sunday, 18 November 2018 at The Crofters, Garstang.

Thank you for supporting the event.

**The Riders**

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| **No** | **Start** | **Name** |  | **Club** | **M/F** | **Cat** |
| 2 | 18:02 | Jason | Whiteley | Chorley Cycling Club | Male | V40 |
| 3 | 18:03 | Vanessa | Townshend | Springfield Financial Racing Team | Female | V40 |
| 4 | 18:04 | Brian | Moore | The Tricycle Association - North Western Region | Male | V60 |
| 5 | 18:05 | Craig | Battersby | Team Chronomaster | Male | V40 |
| 6 | 18:06 | Peter | Leonard | Southport CC | Male | V60 |
| 7 | 18:07 | Roger | Haydock | North Lancashire Road Club | Male | V60 |
| 8 | 18:08 | Barry | Teal | Chorley Cycling Club | Male | V60 |
| 9 | 18:09 | John | Draper | North Lancashire Road Club | Male | V70+ |
| 10 | 18:10 | Richard | Bickley | Border City Whs CC | Male | Snr |
| 11 | 18:11 | Mervyn | Wilson | North Lancashire Road Club | Male | V60 |
| 12 | 18:12 | Douglas | Holmes | Chorley Cycling Club | Male | V50 |
| 13 | 18:13 | Lindsey  | Styler | Croston Velo | Female | Snr |
| 14 | 18:14 | Graham | Collier | Chorley Cycling Club | Male | V40 |
| 15 | 18:15 | Andrew | Hathaway | BodyTorq Racing | Male | Snr |
| 16 | 18:16 | Katie | Lukas | Beacon Wheelers | Female | V40 |
| 17 | 18:17 | Jonathan | Clemson | Chorley Cycling Club | Male | V40 |
| 18 | 18:18 | Christopher | Thomas | Rossendale RC | Male | V40 |
| 19 | 18:19 | Alexander | Munro | SVTTA | Male | V70+ |
| 20 | 18:20 | Derek | Parkinson | Springfield Financial Racing Team | Male | V40 |
| 21 | 18:21 | Luke | Jackson | Harry Middleton CC | Male | Senior |
| 22 | 18:22 | Sue | Cheetham | North Lancashire Road Club | Female | V50 |
| 23 | 18:23 | Petet | Grindley  | Liverpool Century RC | Male | 40 |
| 24 | 18:24 | Tim | Rogers | Chorley Cycling Club | Male | V50 |
| 25 | 18:25 | Henry | Moss | Barrow Central Wheelers | Male | Snr |
| 26 | 18:26 | Tony | Workman | Lancashire RC | Male | V40 |
| 27 | 18:27 | Phil | Roberts | Lune RCC | Male | V60 |
| 28 | 18:28 | Robert | Brown | EH Star Cycling | Male | V70+ |
| 29 | 18:29 | Karen | Cooper | North Lancashire Road Club | Female | V50 |
| 30 | 18:30 | Nicholas | Cooper | Rossendale RC | Male | Snr |
| 31 | 18:31 | Sean | Owens | Croston Velo | Male | V40 |
| 32 | 18:32 | Jeff | Garnett | Lancaster CC | Male | V50 |
| 33 | 18:33 | Graham | Sheard | North Lancashire Road Club | Male | V70+ |
| 34 | 18:34 | Robert | Seddon | Chorley Cycling Club | Male | V50 |
| 35 | 18:35 | Ben | Harrison | Crimson Performance Race Team | Male | Snr |
| 36 | 18:36 | Jess | Atkinson | Cambridge University CC | Female | Snr |
| 37 | 18:37 | Dave | Topping | North Lancashire Road Club | Male | 50 |
| 38 | 18:38 | Louise | Burnie | Manchester Wheelers  | Female | Snr |
| 39 | 18:39 | Fran | Walker | Chorley Cycling Club | Female | V40 |
| 40 | 18:40 | Sam  | Anderton | Transition Race Team  | Male | Snr |
| 41 | 18:41 | Paul | Shallicker | Coveryourcar.co.uk RT - Fitted and Tailored Car Covers | Male | V40 |
| 42 | 18:42 | Francis  | Woodcock | Bury Clarion CC | Male | Juv |
| 43 | 18:43 | Dave | Smalley | Clayton Velo | Male | V60 |
| 44 | 18:44 | Darryl | Nolan | East Lancashire RC | Male | V60 |
| 45 | 18:45 | Gethin | Butler | Preston Whs | Male | V40 |
| 46 | 18:46 | Paul | Hill | Lancashire RC | Male | V40 |
| 47 | 18:47 | Stuart | Blackburn | Springfield Financial Racing Team | Male | V50 |
| 48 | 18:48 | Richard | Tyson | Rock to Roll CC | Male | V50 |
| 49 | 18:49 | Derek | Black | Wigan Whs CC | Male | V60 |
| 50 | 18:50 | Steve | Daintith | Coveryourcar.co.uk RT - Fitted and Tailored Car Covers | Male | V40 |
| 51 | 18:51 | Phil | Barnes | Team Swift | Male | V60 |
| 52 | 18:52 | Neil | Hughes-Hutchings | Morden CRC | Male | Snr |
| 53 | 18:53 | Hope | Kerry | Team Lusso | Female | Snr |
| 54 | 18:54 | Joseph | Dobson | Manchester Bicycle Club | Male | Snr |
| 55 | 18:55 | Andy | Baiker | Runcorn CC | Male | Snr |
| 56 | 18:56 | Andrew | Newey | Ribble Valley C&RC | Male | Snr |
| 57 | 18:57 | Deborah | Moss | Team Merlin | Female | V40 |
| 58 | 18:58 | Ken | Addison | Southport CC | Male | V60 |
| **No** | **Start** | **Name** |  | **Club** | **M/F** | **Cat** |
| 59 | 18:59 | Peter | Knott | Kent Valley RC | Male | V70+ |
| 60 | 19:00 | Dan | Taylor | Coveryourcar.co.uk RT - Fitted and Tailored Car Covers | Male | V40 |
| 61 | 19:01 | James | Atkinson | Pendle Forest CC | Male | Snr |
| 62 | 19:02 | Sharon | Clifford | SheHair Racing Team | Female | V50 |
| 63 | 19:03 | Bill | Sedgwick  | Southport CC | Male | V60 |
| 64 | 19:04 | Ian | Brown | Stretford Wheelers CC | Male | V70+ |
| 65 | 19:05 | Paul | Russell | Springfield Financial Racing Team | Male | V50 |
| 66 | 19:06 | Phil | Shaw | Kent Valley RC | Male | V50 |
| 67 | 19:07 | Jocky | Johnstone | Icarus Racing | Male | V70+ |
| 68 | 19:08 | Graham | Balshaw | Team ASL-Bolton | Male | V50 |
| 69 | 19:09 | Syd | Brown | Stretford Wheelers CC | Male | Juv |
| 70 | 19:10 | Philip | Jones  | Transition Race Team  | Male | Snr |
| 71 | 19:11 | Paul | Nelson | Ribble Valley Crossroads Care Cycling Team | Male | Snr |
| 72 | 19:12 | Tom | Kelsall | Garstang CC | Male | Snr |
| 73 | 19:13 | Deb | John | Lune RCC | Female | V50 |
| 74 | 19:14 | John | Leach | Rossendale RC | Male | V70+ |
| 75 | 19:15 | John | Morgan | Coveryourcar.co.uk RT - Fitted and Tailored Car Covers | Male | V40 |
| 76 | 19:16 | Charlotte | Boothman | ABC Centreville | Female | Snr |
| 77 | 19:17 | Andy | Stubbs | Barrow Central Wheelers | Male | V60 |
| 78 | 19:18 | David | Hilditch | Ribble Valley C&RC | Male | V60 |
| 79 | 19:19 | Anthony | Bowles | Bolton Clarion CC | Male | V70+ |
| 80 | 19:20 | Tom | Rigby | Croston Velo | Male | Snr |
| 81 | 19:21 | Tom | Roper | University of Liverpool Cycling Club | Male | Snr |
| 82 | 19:22 | Andrew | Greenhalgh | Team ASL-Bolton | Male | V50 |
| 83 | 19:23 | Craig | Howarth | Rossendale RC | Male | V40 |
| 84 | 19:24 | George | Skinner | Royal Albert CC | Male | V70+ |
| 85 | 19:25 | Hamish  | Graham | Green Jersey RT | Male | Snr |
| 86 | 19:26 | Kenneth  | Brown  | Velo Club Cumbria | Male | Snr |
| 87 | 19:27 | Joseph | Cadwallader | Bury Clarion CC | Male | V40 |
| 88 | 19:28 | John  | Gore  | Chorley Cycling Club | Male | V50 |
| 89 | 19:29 | Neil | Bluer | Lancashire RC | Male | V40 |
| 90 | 19:30 | Richard | Bideau | Pendle Forest CC | Male | V40 |
| 91 | 19:31 | Mick  | Black | Springfield Financial Racing Team | Male | V70+ |
| 92 | 19:32 | Neil | Higgins | Team ASL-Bolton | Male | V50 |
| 93 | 19:33 | Thomas | Eccles | Chorley Cycling Club | Male | Snr |
| 94 | 19:34 | Chris | Jones | Calderdale Tri Club | Male | V40 |
| 95 | 19:35 | Ian | Cox | Fogartys Insurance Tri Team | Male | V40 |
| 96 | 19:36 | Garry | Brown | Up and Active | Male | V50 |
| 97 | 19:37 | Theresa | Taylor | Ribble Valley Crossroads Care Cycling Team | Female | V50 |
| 98 | 19:38 | Liam | Towers | Tri Preston | Male | Snr |
| 99 | 19:39 | Chris | Turner | Chorley Cycling Club | Male | V40 |
| 100 | 19:40 | David | Allonby | Springfield Financial Racing Team | Male | V40 |
| 101 | 19:41 | Alistair  | Woodman | Team Swift | Male | V40 |
| 102 | 19:42 | Martin | Welsh | Pendle Forest CC | Male | V50 |
| 103 | 19:43 | John | Huggon | Ribble Valley C&RC | Male | V50 |
| 104 | 19:44 | Stephen | Faller | Chorley Cycling Club | Male | V40 |
| 105 | 19:45 | Paul | Braithwaite | Pendle Forest CC | Male | V40 |
| 106 | 19:46 | Paul | Curley | Chorley Cycling Club | Male | Snr |
| 107 | 19:47 | Mark | Hulme | West Pennine Road Club | Male | V50 |
| 108 | 19:48 | Neil | Pilkington | Chorley Cycling Club | Male | V50 |
| 109 | 19:49 | Daniel | Hosker  | Ribble Valley Triathlon Club | Male | Snr |
| 110 | 19:50 | Stephen | Irwin | North Lancashire Road Club | Male | V40 |

**Good luck to all riders!**