



# Addiscombe Cycling Club

## Open 10 mile Time Trial

### For the Arthur Rayner Trophy

*(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)*

14:00 Saturday July 21<sup>st</sup> 2017 – Course **G10/42**

**Event Record:** 19:51 W Sybrandy 2010

**HQ:** North Holmwood Village Hall  
Spook Hill, North Holmwood, Surrey, RH5 4JP

**Promoter Name:** Ian Bray  
**Address:** 22 Purley Bury Close, Purley, Surrey, CR8 1HU  
**Tel:** 07940346263  
**Email:** [open10@addiscombe.org](mailto:open10@addiscombe.org)

**Timekeepers:** Peter Delve & Mick Irons

#### Course Details:

OS Ref	Details	Distance
167469	START in Spook Hill, North Holmwood at PO Telephone Inspection Cover 30 yards from junction with A24  Proceed to A24 where LEFT (care). Proceed South	0.0
177428	Take 2 <sup>nd</sup> exit at Beare Green roundabout and follow Capel bypass (A24)	2.67
171397	TURN Take 5 <sup>th</sup> exit on Clark's Green roundabout (check)	4.91
177428	Take 2 <sup>nd</sup> exit straight on at Beare Green Roundabout	7.15
166472	FINISH at drain at North end of penultimate crash barrier 634 yards from North Holmwood roundabout	10.00

**Live timings:** To check live timings please use this link, pass to family and friends if required.

<https://www.hundredthidiot.co.uk/tt/public/results/2>

## SAFETY INSTRUCTIONS

- Competitors are requested not to warm up on the course after the first competitor has started.
- Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
- Competitors must exercise extra care when negotiating all roundabouts.
- No times will be given at the finish.
- CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Competitor's machines: it is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- Any participants under the age of 18 are required to present their completed parental consent form at the sign-on desk. No helmet, no parental consent then no ride.

### HEADS UP, RIDE SAFELY!

#### Prizes

Scratch:	1 <sup>st</sup> £30	2 <sup>nd</sup> £20	3 <sup>rd</sup> £10
Lady's:	1 <sup>st</sup> £30	2 <sup>nd</sup> £20	3 <sup>rd</sup> £10
Veterans:	1 <sup>st</sup> £30	2 <sup>nd</sup> £20	3 <sup>rd</sup> £10
Team:	1 <sup>st</sup> £30		

The scratch winner will also receive the Arthur Rayner trophy so please hang around for the award ceremony around 15.30pm

For final results and prizes check:

<https://www.hundredthidiot.co.uk/tt/public/results/2>

#### Notes on prizes:

- One prize per rider except for the Team prize the highest value prize being paid.
- A Team is the fastest 3 riders from a single club / team.
- Any prizes not awarded on the day will be sent out with the results sheet.

## Start sheet page 1:

Start No.	start time	First name	Last name	club	gender	category
1	14:01	Denise	Bray	Anerley BC	Female	Veteran
2	14:02	Niloofar	Maleki-raee	Addiscombe CC	Female	Senior
3	14:03	Martina	Ben-shaul	Dulwich Paragon CC	Female	Veteran
4	14:04	Pippa	Crouch	Crawley Wheelers	Female	Senior
5	14:05	Emma	Naylor	University of Bath Cycling Club	Female	Espoir
6	14:06	Maria Victoria	Vazquez-tojeiro	Crawley Wheelers	Female	Veteran
7	14:07	Mandy	Border	Crawley Wheelers	Female	Veteran
8	14:08	Katie	Simmonds	Horsham Cycling	Female	Senior
9	14:09	Sharon	Chladek	Crawley Wheelers	Female	Veteran
10	14:10	Charlotte	Roberge	Dulwich Paragon CC	Female	Veteran
11	14:11	Robyn	Yates	Addiscombe CC	Female	Veteran
12	14:12	Jennifer	George	Torelli-Beastwear-Brother	Female	Senior
13	14:13	Delia	Beddis	Les Filles Racing Team	Female	Senior
14	14:14					
15	14:15					
16	14:16	Jonathan	Gough	Old Portlians CC	Male	Senior
17	14:17	Stuart	Payne	Central Sussex CC	Male	Veteran
18	14:18	John	Froud	Festival Road Club	Male	Veteran
19	14:19	Ross	Gentry	South London Harriers	Male	Senior
20	14:20	Ian	Bray	Addiscombe CC	Male	Senior
21	14:21	Jamie	Freeland	South London Harriers	Male	Veteran
22	14:22	Dougie	Fox	Crawley Wheelers	Male	Veteran
23	14:23	Brian	Jones	Horsham Cycling	Male	Veteran
24	14:24	Adrian	Riddle	Crawley Wheelers	Male	Veteran
25	14:25	Martin	Headon	Dulwich Paragon CC	Male	Senior
26	14:26	Michael	Gates	Maison du Velo - Storck Bikes UK	Male	Senior
27	14:27	Kaushal	Sampat	Addiscombe CC	Male	Senior
28	14:28	Peter John	Dyer	Crawley Wheelers	Male	Veteran
29	14:29	Daniel	Quinn	South London Harriers	Male	Senior
30	14:30	Jonathan	Pontin	Addiscombe CC	Male	Senior

## Start sheet page 2:

Start No.	start time	First name	Last name	club	gender	category
31	14:31	David	Churchill	Direct Power Cycling Team	Male	Veteran
32	14:32	Jim	Ford	Dorking Cycling Club	Male	Veteran
33	14:33	Barrie	Foster	Anerley BC	Male	Veteran
34	14:34	Viktor	Kazinec	Dulwich Paragon CC	Male	Senior
35	14:35	Pjotrs	Suhovs	Paceline RT	Male	Senior
36	14:36	Morten	Andersen	Dorking CC	Male	Veteran
37	14:37	Dan	Higginson	Pearson Cycling Club	Male	Veteran
38	14:38	Simon	Pontin	Addiscombe CC	Male	Espoir
39	14:39	Peter	Adams	Tri Surrey	Male	Senior
40	14:40	Luke	Maguire	Glasgow Green Cycle Club	Male	Senior
41	14:41	David	Lovell	Addiscombe CC	Male	Veteran
42	14:42	Craig	Swatton	Crawley Wheelers	Male	Senior
43	14:43	Barry	Packman	Epsom CC	Male	Veteran
44	14:44	Richard	Carrington	London Dynamo	Male	Veteran
45	14:45	Tim	Lynch	Aspire Velo Racing Team	Male	Senior
46	14:46	Alex	Ioannides	Dulwich Paragon CC	Male	Senior
47	14:47	Russell	Thorne-jones	Crawley Wheelers	Male	Veteran
48	14:48	Nigel	Robathan	Dorking Cycling Club	Male	Veteran
49	14:49	Steve	Birchall	Crawley Wheelers	Male	Veteran
50	14:50	Pat	Wright	Paceline RT	Male	Senior
51	14:51	Robert	Gilmour	Hounslow & District Whs	Male	Veteran
52	14:52	Mark	Hancock	Anerley BC	Male	Veteran
53	14:53	Jed	Rock	Dorking Cycling Club	Male	Veteran
54	14:54	Mark	Vowells	CC Bexley	Male	Veteran
55	14:55	Jon	Puleston-jones	Dulwich Paragon CC	Male	Veteran
56	14:56	Nolan	Heather	Worthing Excelsior CC	Male	Veteran
57	14:57	Matthew	Sim	Dorking Cycling Club	Male	Espoir
58	14:58	Nick	Marks	CC London	Male	Veteran
59	14:59	Rupert	Greatwood	Tri Surrey	Male	Veteran
60	15:00	Ben	Elliott	Paceline RT	Male	Senior

## Maps



## CAR PARKING

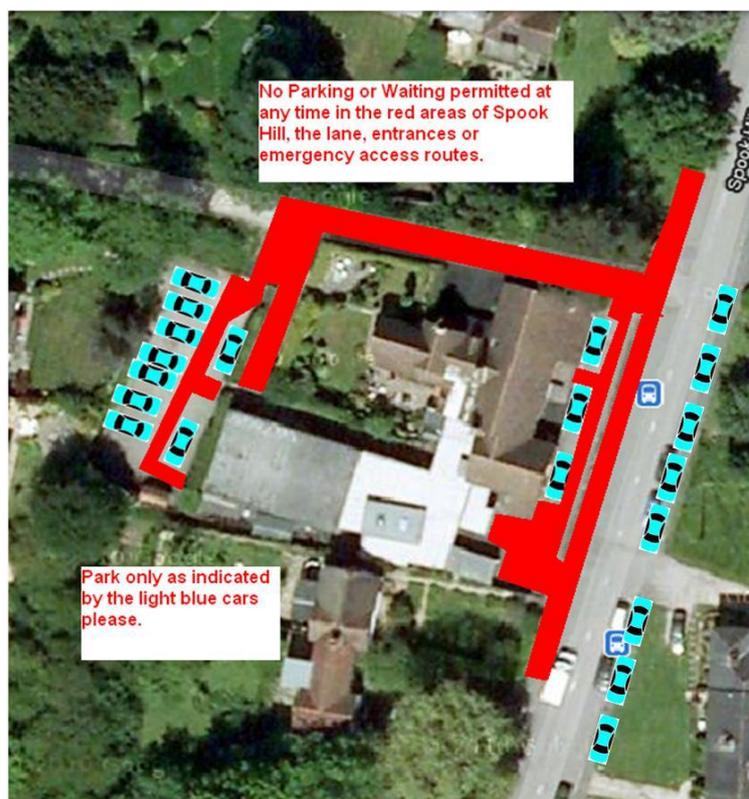
- We have received a polite reminder from the Emergency Services that on occasion cars are parked on both sides of the road causing an obstruction and delay to Emergency vehicles in Spook Hill.
- There is a CAR PARK at the rear of the premises please encourage all your group members to use it. Please ask parents/guardians that when collecting children they park either in the CAR PARK or the opposite side of the road. Children must not be left unsupervised or unattended.
- When parking at the front of the premises please do not obstruct the Disabled Entrance or the Main Doors, as these are FIRE EXITS.
- When parking in the rear car park, to maximise the numbers of cars, please park cars in a line with their front (or back) to the rear fence. There is then room for a small number of cars side on to the wall closest to the Village Hall.

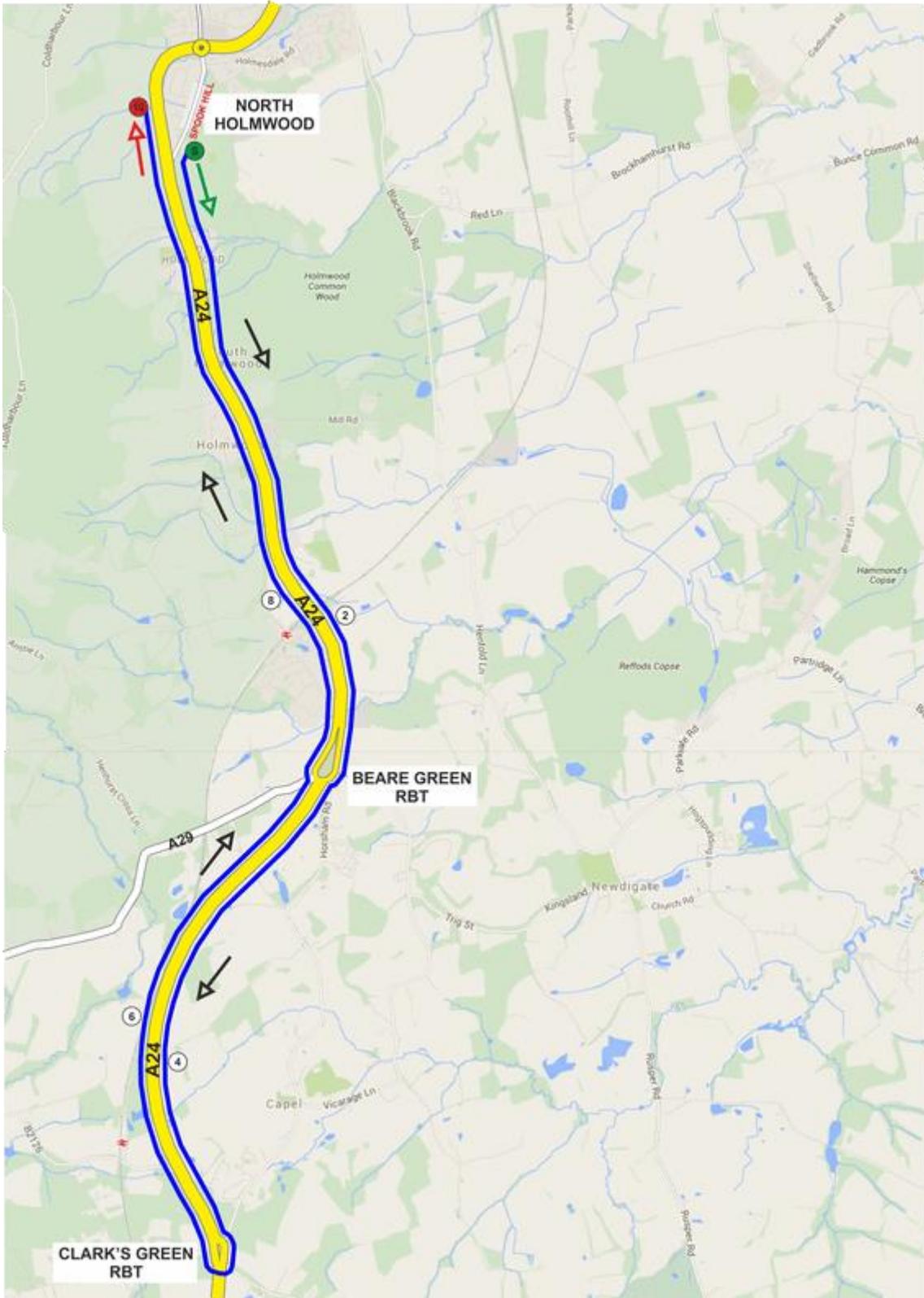
### **The Don'ts! (Please!)**

Drivers MUST NOT, park on the Village Hall side of the road. There is both an Ambulance & Fire Station just up the road from the hall, and it is imperative that they have clear access along Spook Hill AT ALL TIMES. Additionally, it is a residential area, so we ask that drivers park considerately, and not on the curb. Directly opposite the hall is a row of Victorian terrace houses, and the residents don't have drives, so they park along the road in front of their homes. If at all possible, we would ask that this area be left free please. No one should park in the lane to the side of the Village Hall (It leads to the car park at the back of the hall & to residential homes.)

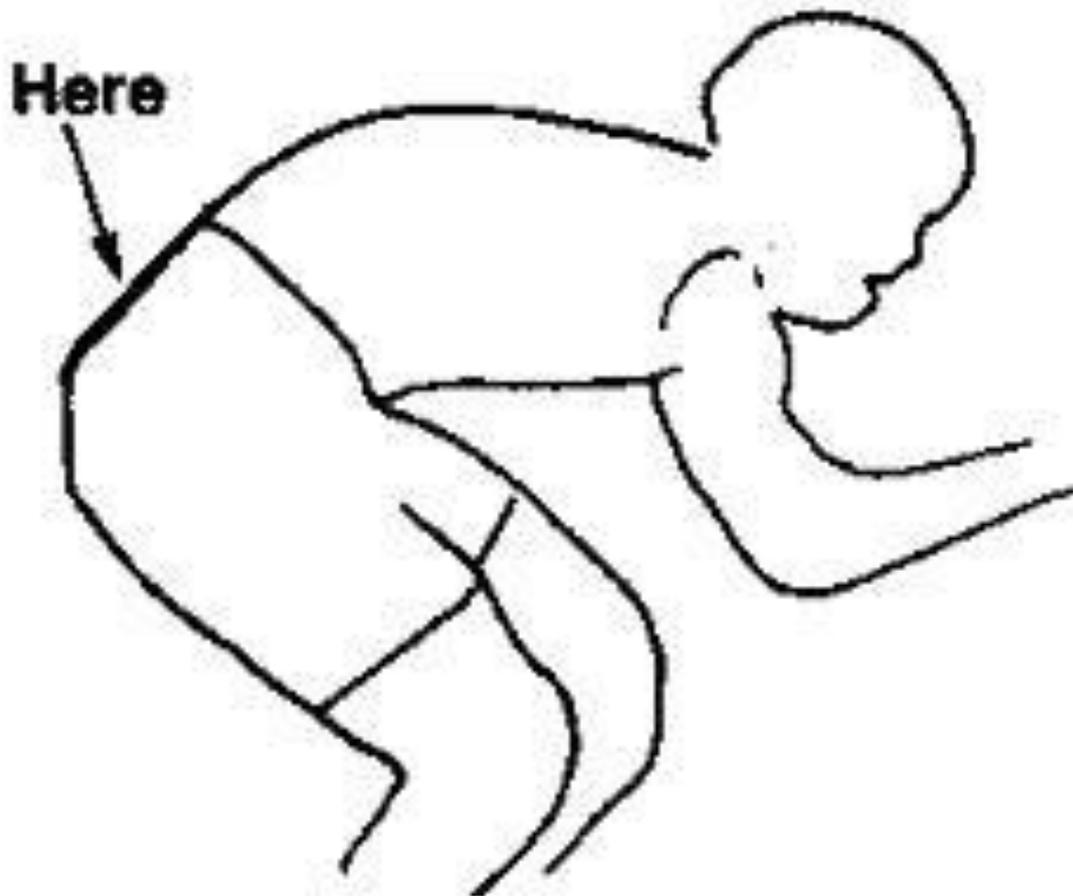
### **The Do's**

We do have a car park at the back of the hall for about 15 cars. There is room to park further up Spook Hill after the Victorian terrace houses. Additionally, I would suggest that you make use of the National Trust Car Park in North Holmwood, which is just a bit further up from the Church, and cycle down, which they could do in a couple of minutes.





**NUMBERS MUST BE FIXED BELOW  
WAIST**



**NO TIME MAY BE RECORDED IF NUMBER  
IS NOT CORRECTLY POSITIONED.**