



# Veterans Time Trials Association

## London and Home Counties Group

### 10 Mile Open Time Trial Result

### Sunday 15th July 2018

For and on behalf of Cycling Time Trials under their Rules & Regulations



#### **TIMEKEEPERS**

**Annette Lacey** (*Hemel Hampstead CC*)

**Peter Tasker** (*Ickneld RC*)

#### **EVENT SECRETARY**

**David Guy**

3 Gray's Inn Square

London WC1R 5AH

07711697900



**Cover Picture**  
**Event Winner**  
**Keith Ainsworth Plus 8:11**

**Above**  
**Helen Reynolds**  
**First Woman**  
**Plus 7:37**

*Photographs by Kimroy*

# RESULTS

1st	Keith Ainsworth	Sheffrec CC	0:19:21:	0:08:11
2nd	Simon Norman	Bedfordshire Road RT	0:18:48	0:07:44
3rd	Mark Jones	DRAG2ZERO	0:18:49	0:07:38
1st Woman	Helen Reynolds	Hemel Hempstead CC	0:21:26	0:07:37
2nd Woman	Claire Emons	Newbury RC	0:22:19	0:06:29
3rd Woman	Joy Payne	Amersham Road CC	0:23:36	0:06:23
1st Tandem	Phil Barnes Sharon Clifford	Team Swift SheHair Racing Team	0:21:20	0:08:01
Club Team Of Three	Helen Reynolds	Hemel Hempstead CC	0:21:26:	0:07:37
	John Lacey		0:20:31:	0:06:33
	Geoff Reynolds		0:21:08:	0:05:46
				0:19:56

The winners on standard to receive an invitation to the Annual Luncheon and Prize Presentation where they will be presented with medals

The Luncheon to be held on 13th January 2019

Position	Name	Club	Actual	Standard
1	Keith Ainsworth	Sheffrec CC	0:19:21:	0:08:11
2	Simon Norman	Bedfordshire Road RT	0:18:48:	0:07:44
3	Mark Jones	DRAG2ZERO	0:18:49:	0:07:38
4	Helen Reynolds (W)	Hemel Hempstead CC	0:21:26:	0:07:37
5	Nick Dwyer	Lewes Wanderers CC	0:19:41:	0:07:23
6	Chris Dyason	Cambridge CC	0:21:42:	0:07:20
7	Neil Mackley	Fareham Wheelers CC	0:19:46:	0:07:18
8	Jim Moffatt	CC Luton	0:20:39:	0:07:05
9	Michiel Vaal	Team Backstedt Bike	0:20:15:	0:06:59
10	Adam Bidwell	Kingston Wheelers CC	0:19:17:	0:06:47
11	Andy Hazell	Nova Raiders CC	0:22:28:	0:06:46
12	John J Murphy	Gloucester City Cycling Club	0:24:13:	0:06:45
13	David Rumm	Southborough & Dist. Whs	0:20:08:	0:06:42
14	Jon Puleston-Jones	Dulwich Paragon CC	0:19:46:	0:06:41
15	Mark Ellis	Team Milton Keynes	0:20:28:	0:06:36
16	Steven Cottington	Bath Cycling Club	0:20:40:	0:06:34
17	John Lacey	Hemel Hempstead CC	0:20:31:	0:06:33
18	Simon Hance	Ipswich BC	0:19:56:	0:06:31
19	Scott Leverington	Springfield Financial RT	0:19:52:	0:06:31
20	Claire Emons (W)	Newbury RC	0:22:19:	0:06:29
21	Colin Lizieri	Cambridge CC	0:21:23:	0:06:28
22	Joy Payne (W)	Amersham Road Cycling Club	0:23:36:	0:06:23
23	Ian Greenstreet	AeroCoach	0:20:45:	0:06:19
24	Stuart Stow	Twickenham CC	0:20:40:	0:06:19
25	Gillian Reynolds (W)	Willesden CC	0:24:58:	0:06:14
26	Graham Green	Team Bottrill / Vanguard	0:23:54:	0:06:13
27	Rob Vessey	Didcot Phoenix CC	0:20:56:	0:06:13
28	Mark Stafford	Portsmouth North End CC	0:19:59:	0:06:10
29	Vincent Jenkins	LeisureLakesBikes.com	0:24:50:	0:06:08
30	Richard Gifford	TrainSharp	0:21:01:	0:06:08
31	Tim Beaven	Bicester Millennium CC	0:20:13:	0:06:05
32	Andrew Green	Team Jewson - MI Racing	0:19:54:	0:06:05
33	Chris Massey	Team Backstedt Bike	0:20:23:	0:06:04
34	Matthew Saunders	Team Vision Racing	0:19:56:	0:06:03
35	Richard Hutt	Harp RC	0:21:46:	0:05:58
36	Adrian Cox	Team Milton Keynes	0:21:23:	0:05:57
37	Ralph Mullan	Shaftesbury CC	0:20:40:	0:05:56
38	Michael Bennett	Bicester Millennium CC	0:20:46:	0:05:55
39	David Clements	Eastbourne Rovers CC	0:20:32:	0:05:55
40	Michael Gowan	Festival Road Club	0:24:15:	0:05:52

41	Rob Hall	Salt and Sham Cycle Club	0:20:33: 0:05:50
42	Matthew Reader	Verulam CC	0:20:49: 0:05:47
43	Alison Vessey (W)	Didcot Phoenix CC	0:24:36: 0:05:47
44	Geoff Reynolds	Hemel Hempstead CC	0:21:08: 0:05:46
45	Alan Allcock	Didcot Phoenix CC	0:22:13: 0:05:46
46	Andy Court	Bicester Millennium CC	0:20:32: 0:05:41
47	Steve Hancock	Calder Clarion	0:21:30: 0:05:39
48	Les Liddiard	Team Jewson - MI Racing	0:22:05: 0:05:39
49	Steven Powell	Team Backstedt Bike	0:20:25: 0:05:34
50	Peter Cottington	Bath Cycling Club	0:21:40: 0:05:34
51	Andrew Wright	High Wycombe CC	0:21:12: 0:05:33
52	Jim Ford	Dorking Cycling Club	0:21:33: 0:05:31
53	Andy Sharman	Baines Racing	0:21:02: 0:05:30
54	Stu Wright	Planet X - Carnac	0:21:17: 0:05:28
55	Tony Baxter	Withington Wheelers	0:24:00: 0:05:26
56	Paul Smith	VeloRefined.com Aerosmiths	0:21:07: 0:05:20
57	Mark Woolford	Team Swindon Cycles	0:21:37: 0:05:17
58	James Hutchins	6AM Cycling	0:21:01: 0:05:17
59	Gavin Tillson	cyclisme du loup solitaire	0:20:57: 0:05:16
60	Jonathan Williams	Amersham Road Cycling Club	0:20:53: 0:05:16
61	Jez Willows	Velo Club Flintham	0:21:43: 0:05:16
62	Dan Charleston	High Wycombe CC	0:21:10: 0:05:13
63	Adrian Mason	Bicester Millennium CC	0:21:42: 0:05:08
64	Steve Shore	Southend Wheelers	0:24:08: 0:05:06
65	Paul French	Bedfordshire Road RT	0:21:08: 0:05:05
66	Jon Friend	Bedfordshire Road RT	0:21:49: 0:05:05
67	Fraser Hillcoat	Welwyn Wheelers	0:21:18: 0:05:05
68	Joe Schwartz	Team Swindon Cycles	0:22:10: 0:05:04
69	David Cook	Bedfordshire Road RT	0:22:51: 0:05:00
70	Ian Guilor	Mapperley CC	0:21:46: 0:04:59
71	Steve Legg	...a3crg	0:21:25: 0:04:58
72	Diane Wilson-Evans (W)	Bynea Cycling Club	0:24:40: 0:04:58
73	Roger Foster	Banbury Star Cyclists' Club	0:22:29: 0:04:57
74	Bernard Lamb	Hemel Hempstead CC (Trike)	0:27:03: 0:04:57
75	Clive Faine	Team Milton Keynes	0:24:30: 0:04:56
76	Ian Wroblewski	Lutterworth Cycle Centre RT	0:21:22: 0:04:56
77	Andrew Clarke	Mid Shropshire Wheelers	0:22:40: 0:04:52
78	Zoe Whiteside	Team Bottrill / Vanguard	0:23:32: 0:04:52
79	Duncan Emery	Twickenham CC	0:21:35: 0:04:48
80	Cliff Voller	Newbury RC	0:23:52: 0:04:40

81	John Sellars	London Phoenix CC	0:21:47:	0:04:40
82	John Martin	Elmsall Road Club	0:22:36:	0:04:38
83	Edward Mellor	Mapperley CC	0:21:25:	0:04:34
84	Michael Cope	Kettering CC	0:22:53:	0:04:33
85	Colin Holmes	VTTA (London & Home Counties)	0:25:46:	0:04:21
86	Caine MacNeil	Islington Cycling Club	0:21:59:	0:04:19
87	Paul Woodham	Bossard Wheelers	0:24:15:	0:04:17
88	Paul Allday	Fairly United Cycling Team	0:22:07:	0:04:16
89	Dean Kirkwood	Kingston Wheelers CC	0:21:48:	0:04:16
90	Garry Shuker	Walsall Roads Cycling Club	0:23:38:	0:04:13
91	Graham Pepperdine	Verulam CC	0:23:00:	0:04:04
92	Richard Moule	Bossard Wheelers	0:23:44:	0:04:00
93	Tony Flynn	Willesden CC	0:22:24:	0:03:59
94	David Rogers	Hemel Hempstead CC	0:23:40:	0:03:58
95	Jon Talbot	Wisbech Wheelers	0:22:31:	0:03:56
96	Daniel Reidenbach	Ratae RC	0:22:23:	0:03:55
97	Gillian Morgan (W)	Westerley Cycling Club	0:25:44:	0:03:48
98	Mick Case	Bedfordshire Road RT	0:23:03:	0:03:42
99	Mike Boyce	...a3crg	0:24:15:	0:03:36
100	Denese Hallahan (W)	Wisbech Wheelers	0:27:20:	0:02:54
101	David Lancaster	VC 10	0:24:04:	0:02:50
102	Hilary Walker (W)	Serpentine Running Club	0:27:36:	0:02:47
103	Robert Engers	Shorter Rochford RT	0:24:48:	0:02:32
104	Adrian Briers	Chronos RT	0:25:17:	0:02:27
105	Chris Summers	Sotonia CC	0:26:10:	0:02:13
106	Gerry Peppin	Corinium Cycle Club	0:25:08:	0:02:06
107	Reza Gorjestani	Hillingdon Triathletes	0:24:24:	0:02:03
108	James Mahoney	Sigma Sports	0:24:12:	0:01:57
109	Simon Craig-Mcfeely	...a3crg	0:25:36:	0:01:56
110	Ken Rayson	...a3crg	0:27:36:	0:01:38
111	Les Gardner	Maidenhead & District CC	0:28:28:	0:00:46

### **Tandem**

Phil Barnes	Team Swift	0:21:20:	0:08:01
Sharon Clifford	SheHair Racing Team (W)	0:21:20:	0:08:01

5	Chris Symonds	North Road CC	DNF
46	Ed Watson	Ratae RC	DNF
69	Peter Anstey	Welwyn Wheelers	DNF
106	Simon Amies	Bicester Millennium CC	DNF
116	David Wilson-Evans	Bynea Cycling Club	DNF
119	John Mcglashan	Redmon CC	DNF
138	Phil Wright	Hartlepool CC	DNF
3	Hans Nilsson	London Phoenix CC	DNS
6	Matt J Smith	Port Talbot Wheelers CC	DNS
31	Steve Davies	Addiscombe CC	DNS
32	Andrew Halliday	Westerley Cycling Club	DNS
42	Tim Childs	Westerley Cycling Club	DNS
50	Simon Bowler	AS Test Team	DNS
56	Martin Winter	Twickenham CC	DNS
59	Paul James	VTTA West Group	DNS
63	Stephen Murphy	Shaftesbury CC	DNS
68	Brian Evans	North Road CC	DNS
70	Keith Lea	Paceline RT	DNS
71	Martin O'sullivan	Teddington and Turing Velo	DNS
77	Peter Smith	Team Jewson - MI Racing	DNS
79	David England	Crabwood CC	DNS
81	Hefin Jones	Didcot Phoenix CC	DNS
83	Paul King	Verulam CC	DNS
91	Mike Piper	Abellio - SFA Racing Team	DNS
102	Stuart Morgan	Mercedes AMG Petronas CC	DNS
105	Ashley Roue	Lutterworth Cycle Centre RT	DNS
130	Hannah Macdonald (W)	Liverpool Century RC	DNS
131	Alex Marzec (W)	OV Cycling Club	DNS
136	Simon Smith	Shutt Ridley RT	DNS
142	James Fawcett	Hampshire Road Club	DNS
	<b>Tandem</b>		
144	Christopher York	Maldon & District CC	DNS
144	Joanne York	Maldon & District CC (W)	

# FINAL WORDS

A perfect summer's morning, bright sunshine, no wind and low traffic levels. Some competitors thought the sun rather too hot, but fast times were recorded. Fastest on scratch by No 100 Simon Norman of Bedfordshire Road RT at 18:48 gave him second place on Standard to Sheffrec CC's Mark Norman, No 80, with 19:21 and a plus of 8:11.

The tandem of Sharon Clifford and Phil Barnes was the only other entrant to better 8 minutes on standard with a plus of 8:01.

Women were close behind the men on Standard with Helen Reynolds first woman and 4th overall with 7:37. In doing so she led Hemel Hampstead CC (with John Lacey and Geoff Reynolds) to take the team award with a plus of 19:56.

One particularly frustrating DNS was recorded by Tim Childs with a puncture in the starting queue!

A couple of riders DNFed after missing the first slip road where it is difficult to place a direction sign. All finishers followed the rule for pulling off the carriageway at the beginning of the finishing slip road so no rider was disqualified for breach of that rule. However four riders after the finish line were reported to "meander" out into the slip road. The marshal reported this as dangerous and they were lucky the motorists following were 'really patient'.

One rider lost his bag containing credit card and car keys on the road; a passing motorist picked it up and handed it in to a marshal. It was back at HQ before he was! Some motorists like cyclists it seems!

Thanks are due to Time Keepers, Peter Tasker and Annette Lacey, to Paul Marchant for pushing off all riders unaided and without a break, to Brian Foran, Trish Milligan and Kevin Hallahan for marshalling at the first turn, to Alex Marzec, Nikki Hunt and Richard Moule for marshalling at the second turn, to Richard Partington for acting as finish spotter and John Hoskins as recorder in sending results to HQ. to Jim Burgin for creating the traditional start and results sheets, to Alex Marzec for writing results on the board and to Audrey Hughes for controlling signing on and off, giving course directions and cutting up the cakes! As you all know such helpers are essential for the event.

David Guy

Event Organiser

